



Registration Now Open for Healing the Whole Parent™

A TRAUMA-INFORMED PARENTING CURRICULUM

for Growth and Connection

ABOUT THE PROGRAM

Healing the Whole Parent™ is a **10-week**, interactive journey designed to help parents heal, gain practical tools, and build deeper connections with their children and themselves. Through meaningful conversations, evidence-based strategies, and a supportive community, you'll discover you're not alone—and that healing is possible.

PARTICIPANTS WILL RECEIVE:



10 Interactive Sessions
90 minutes each



Practical Parenting Strategies
you can use right away



Participant Workbook
with practical tools



Personal Growth and Healing



Supportive Group Discussions
in a safe, non-judgmental environment



Closing Celebration
honoring your journey and achievements

Take the Next Step!

Spaces are limited to just 20 parents.
Don't miss this opportunity to invest in you
and your family!



PROGRAM DATES

September 9, 2026 – November 11, 2026
Wednesdays
6:30 PM – 8:30 PM



LOCATION

In-person sessions will be held at
Cottonwood Meadows in Manor, Texas,
a peaceful country setting designed for
gathering, connection, and reflection.



COST FREE! ♥



REGISTRATION DEADLINE
August 31, 2026



Connect With Us ♥



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