

501 E. Hazelwood Ave., Rahway, NJ 07065 (732) 680-9800 ext. 231

April 2023 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 Elio's Pizza w/extra mozzarella cheese 2oz Iceberg lettuce w/shredded carrots, red cabbage 1/2c Applesauce 4oz LFW Milk	4 Chicken Patty Sandwich 2oz (served w/lettuce & pickle) Hamburger Bun 1svg French Fries 1/2c Peaches 4oz LFC Milk	5 Salisbury Steak w/gravy 2oz Mashed Potatoes 1/2c Corn Bread 1 svg Diced Pears 4oz LFW Milk	6 Chicken Cesar Salad 2oz w/Grilled Chicken Whole Wheat Tortilla Wrap 1svg Lettuce Waffle Fries 1/2c Pineapple Tidbits 4oz LFC Milk	7 Good Friday Spring Break DASH closed
10	11	12	13	14
Spring Break Closed	Spring break closed	Spring break closed	Spring break closed	Spring break Closed
17 Fish Sticks 2oz Macaroni Salad 1/2c Dinner Roll 1 svg Carrot sticks 1/4c Applesauce 4oz LFW Milk	18 Popcorn Chicken 2oz Corn on the Cob 1 svg Veggie Straws Chip 1svg Mandarin Orange fruit cup 4oz LFW Milk	19 Beef Hot Dogs 2oz Hot Dog Bun 1svg Waffle Fries 1/2c Applesauce 4oz LFC Milk	20 Baked Ziti w/mozzarella cheese Ground Beef 2oz Penne Pasta 1/2c Zucchini 1/2c Peach's 4oz LFW Milk	21 Beef Hamburger 2oz w/yellow amer cheese Hamburger Bun 1svg Tater Tots 1/2c Halo Orange 1 svg LFC Milk
24 BBQ Chicken Wings 2oz Mashed Potatoes 1/2c Peas 1/2c Applesauce 4oz LFW Milk	25 Jamaican Beef Patty 2oz Iceberg lettuce w/cucumber & tomato 1/2c Peaches 4oz LFC Milk	26 Beef Meatball sub w/mozz cheese 2oz Hero Bread 1 svg French Fries 1/2c Halo Oranges 1 svg LFW Milk	27 Elio's Pizza w/extra mozzarella cheese 20z Cesar Salad 1/2c Applesauce 40z LFC Milk	28 Chicken Nuggets 2oz Roasted Garlic Potatoes 1/2c Cooked Carrots 1/2c Diced Pears 4oz LFW Milk

- This project was funded by the CACFP 2.0 Program (USDA)
 - This institution is an equal opportunity provider

WW = whole wheat

^{**} All Meals are served with Fruit and milk (1% Low-fat White or Low-Fat Chocolate 8 oz)**

^{**}Menu subject to change due to availability of grocery items**