



Destiny After School Haven
501 E. Hazelwood Ave., Rahway, NJ 07065 (732) 680-9800 ext. 231

March 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Jamaican Beef Patty 1 svg Yellow rice w/green pigeon peas 1/2c Iceberg Salad w/shredded carrots & red cabbage 1/2c Applesauce 4 oz LFW Milk	2 Dr. Seuss' BD Green Ham & Eggs Ham 2oz Turkey Sausage 2oz Green Eggs 1/2c Biscuits 1svg Green Grapes LFC Milk	3 Ellio's Pizza w/extra mozz cheese 2oz Cesar Salad 1/2c Peaches 4oz LFW Milk
6 Corn Dog 1svg French Fries 1/2c Carrots & celery 1/2c Apple Slices 1 svg LFC Milk	7 Beef Hamburgers 2oz Yellow Amer Cheese Macaroni Salad 1/2c Halo Oranges 1 svg Carrot Sticks 1/2c LFW Milk	8 Chicken Noodle Soup w/extra chicken 1c Turkey sandwich Turkey 2oz Whole Wheat Sliced Bread 1 svg Applesauce 4 oz LFW milk	9 Chicken & cheese Taqitos 2oz Yellow Rice 1/2c Brussel Sprouts 1/2c Mixed Fruit 4oz (Pineapple, Peach, Pears) LFC Milk	10 Chicken Nuggets 2oz Mashed Potato 1/2c Cooked Carrots 1/2c Diced Pears 4oz LFW Milk
13 Schools Closed School Prof Dev DASH Closed	14 National Chip Day Beef Hot Dogs 2 oz Hot Dog bun 1 svg Veggie Straw Chips 1svg Pineapple Tidbits 4oz LFC Milk	15 Fish Sticks 2oz Kraft Mac & Cheese ½ c Broccoli 1/2c Applesauce 4oz LFC milk	16 Chicken Teryaki 2oz Broccoli & Carrots 1/2c White Rice 1/2c Apple Slices 1svg LFW Milk	17 St. Patrick's Day Turkey sandwich 2oz Yellow Amer cheese 1svg Lettuce & Pickle Potato Salad 1/2c Mixed Fruit 4oz (pineapple, peach, pear) LFC Milk
20 Beef Tacos Ground beef 2oz Flour Taco Shell 1svg Chopped tomato, onion, shredded cheese and taco sauce (Ortega Original) 1/2c Peach fruit cup 4oz LFW Milk	21 Popcorn Chicken 2oz Kraft Mac & Cheese 1/2c w/broccoli 1/2c Applesauce 4oz LFW Milk	22 Beef Meatball sub 2oz Hero bread 1svg Caesar salad 1/2c Diced Pears 4oz LFC Milk	23 Chicken Parm Patty 2oz Hamburger bun 1svg French Fries 1/2c Mandarin Oranges 1svg LFW milk	24 Chicken Nuggets Waffle Fries Macaroni Salad 1/2c Peaches 4oz LFC Milk
27 Beef Hot dogs 2oz Hot dog bun 1svg Curly Fries 1/2c Carrots 1/2c Mixed Fruit 4oz (Pineapple, Peach, Pears) LFC milk	28 Vegetable Spring rolls 2oz Yellow rice 1/2c Iceberg salad 1/2c (shredded red cabbage & carrots) Pears 4oz LFW Milk	29 BBQ Chicken Wings 2oz Roasted Garlic Potatoes 1/2c Applesauce 4oz LFW Milk	30 Chicken Alfredo w/grilled chicken 2oz Penne pasta 1/2c Cesar Salad Pears LFW Milk	31 Breakfast for Lunch French Toast Sticks 2oz Turkey Sausage 2oz Scrambled eggs 1/2c Peaches 4oz LFC Milk

- This project was funded by the CACFP 2.0 Program (USDA)
- This institution is an equal opportunity provider.

** All Meals are served with Fruit, and milk (1% Low-fat White or Low-Fat Chocolate 8 oz)**

Menu subject to change due to availability of grocery items