



ARIZONA TRAVEL BALL

COVID19 SAFETY PROTOCOLS

Arizona Travel Ball (ATB) is committed to providing a safe and healthy environment for our players, coaches and families. We have developed the guidelines below as a resource for our organization as we navigate through the COVID-19 pandemic. Please note that these guidelines are fluid and are subject to change at any time in accordance to CDC guidelines for youth sports.

Safety Measures

ATB has implemented the following Safety Measures to ensure all players, coaches and families are as safe a possible during practices and games:

- All coaching staff will be responsible for wiping down all shared equipment (balls, nets, etc.) that will be used, prior to the beginning of each practice/game with disinfecting wipes. Once equipment is disinfected, it will be placed on the field/in the dugout for use.
- Temperature checks will be performed prior to each player's scheduled practice or game. Please try to arrive 15 minutes early to practice to allow for proper temperature checks. If a player has a temperature of 100.4° F or higher, a parent or legal guardian will be contacted immediately, and the player will not be able to continue with the practice or game that day.
- All coaches will wear face coverings at every practice and game. It is highly recommended, but not mandatory, for players to wear face coverings in close contact areas and situations where applicable. We will have ATB gaiter masks available for purchase.
- Coaches will provide hand sanitizer/sanitizing wipes to each player at the end of every practice.

Practice Structure

In alignment with our new safety measures in place, practices will look a bit different this year. We will still hold scrimmages and team-based drills to allow for team development but will be incorporating position focused drills to our existing practice structure.

- Players will be pre-assigned to designated dugouts. All dugout designations will be posted on the ATB schedule weekly. Please make sure you are checking the schedule prior to coming to practice as changes may occur.
- Players will be grouped by primary and secondary playing positions with a maximum of 10 players per station. Players will rotate between positions and fields as time allows.
- Practices will continue to take place twice a week but to accommodate for the rotating schedule, practices will be between 2 to 2.5 hours long.

Player/Parent Responsibilities

- Players and staff will be expected to limit touching of their faces and one another at practice and during games.
- Pre and post-practice handwashing is mandatory and the responsibility of the player and parents.
 - Parents please speak with your children about the importance of safety during practices and games as outlined in our safety measures. If any of the coaching staff witnesses inappropriate behavior such as touching, spitting etc. the player will receive a verbal warning. If the behavior continues, the issue will be escalated to Ernesto Ortiz who will be reaching out to the parent/s of the player for further disciplinary action.
- Parents will be responsible for sanitizing their child's personal equipment (bats, helmets, catcher's gear etc.) after every use.
 - Players are encouraged to bring their own equipment and to not share with others for safety purposes. Each player's equipment should be kept separate and in individual bags.
- Players will be required to bring their own individual water jug with them to practice/games. Please make sure that all water jugs are labeled with the player's first and last name. Sharing between players/coaches WILL NOT be permitted at any time.
- We ask that parents/family members limit their interactions and practice social distancing as much as possible. We also encourage all in attendance to wear face coverings and wash their hands regularly.
- Parents/family members WILL NOT be permitted in the dugouts. Please make sure that your child has all necessary equipment, water etc. with them prior to practice or games.

COVID-19 Reporting

Per the CDC, people with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear **2-14 days after exposure to the virus**. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This list does not include all possible symptoms. Arizona public health will continue to update this list as we learn more about COVID-19

Guidelines for Stay at Home Protocol:

- If a player has tested positive for COVID-19 or is being evaluated (i.e. waiting for test results) for COVID-19 infection by a health care provider, we ask that they please stay home and monitor their symptoms to help prevent the disease from spreading to others.

- If a player is symptomatic and awaiting COVID-19 test results, we ask that they stay home or under isolation until results are available. Once results are available, please follow the proper recommendations based on results.
- If a player is symptomatic and tests positive for COVID-19, we ask that they please stay home in isolation for 14 days past when the symptoms started AND that at least 3 days (72 hours) have passed since their fever, respiratory symptoms (cough, shortness of breath/difficulty breathing, sore throat, congestion/runny nose, and loss of taste/smell) have improved.
- If a player has symptoms and has tested negative for COVID-19, we ask that they please stay home until 3 days (72 hours) have passed since their symptoms have gone away without the use of fever reducing medications and their respiratory symptoms (cough, shortness of breath/difficulty breathing, sore throat, congestion/runny nose, and loss of taste/smell) have improved.
- If a player previously had symptoms and tested positive for COVID-19, does not have symptoms now, are being retested at the end of the 14-day isolation period and the repeat COVID-19 test is positive, please have them remain in isolation for 14 more days following their repeat positive test.
- If a player is symptomatic and has not been tested for COVID-19, please have them stay home away from others or under isolation precautions until they have no fever for at least 3 days (72 hours) without the use of medicine that reduces fevers and other symptoms have improved and at least 14 days have passed since symptoms first appeared.
- If a player lives in the same home or has been in close contact (within 6 feet for longer than 15 minutes) with someone with COVID-19, please have them stay at home for 14 days after their last contact with the person who has tested positive for COVID-19.

If a player meets any of the criteria above, a parent or legal guardian must notify Ernesto Ortiz immediately of a potential or confirmed COVID-19 diagnosis. Per HIPPA regulations, names and personal/medical information will not be disclosed. Players and coaches who have been in contact with that player will be notified that someone has reported a possible or confirmed COVID-19 diagnosis.

We appreciate your compliance with these requirements and expectations. If you have any questions, comments or concerns, please feel free to contact Ernesto Ortiz.

I acknowledge that I have received, read and understand each and every one of the above provisions in this protocol. I will abide by its rules and regulations and understand that the protocols stated above are subject to change at any time which will be communicated in a timely manner to all parties involved.

Print Player's Name:	
Print Parent/Legal Guardian Name:	
Parent/Legal Guardian Signature:	
Date Signed:	