



**Hello, Friends!**



### **Do You Follow Football?**

My church has always done February as the "Souper" Bowl of Caring. In addition to our regular church offerings, our children collect can goods and bring them to our local Food Pantry. It's a great way to get our kids involved in serving our community and it helps families in need.

On another note... do you like football? I have been a fan for many years and growing up near Syracuse University and all the events they compete in each season makes you understand why! I wanted the Buffalo Bills to be in the Souper Bowl. :(



## Poetry Lesson for February

I normally give you a lesson and a poem that I wrote. This month there is so much information to work with that there is no room for my poem. So; William Shakespeare will have to say it for me in Sonnet 114.

### Common Types of Feet in Poetry

In English poetry, the most common types of metrical feet are two syllables and three syllables long. They're characterized by their particular combination of stressed syllables and unstressed syllables. They include:

- Trochee. Pronounced DUH-duh, as in "ladder."
- Iamb. Pronounced duh-DUH, as in "indeed."
- Spondee. Pronounced DUH-DUH, as in "TV."
- Dactyl. Pronounced DUH-duh-duh, as in "certainly."
- Anapest. Pronounced duh-duh-DUH, as in "what the heck!" (Anapestic poetry typically divides its stressed syllables across multiple words.)

### Common Types of Meter in Poetry

Metrical feet are repeated over the course of a line of poetry to create poetic meter. We describe the length of a poetic meter by using Greek suffixes:

- one foot = monometer
- two feet = dimeter
- three feet = trimeter
- four feet = tetrameter
- five feet = pentameter
- six feet = hexameter
- seven feet = heptameter
- eight feet = octameter

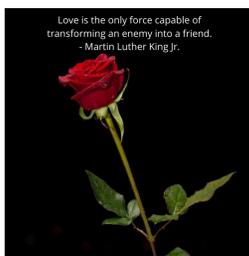
### Examples of Meter in Poetry

- When you combine the stress patterns of specific poetic feet with specific lengths, you unlock the many possibilities of poetic meter. A good example of this is "iambic pentameter," which can be found in English language poetry across many centuries.
- Iambic pentameter contains five iambs per line, for a total of ten syllables per line. Every even-numbered syllable is stressed. William Shakespeare is the most famous practitioner of iambic pentameter in the English literary canon. Each of Shakespeare's 154 sonnets features rhyming iambic pentameter—specifically adhering to an ABAB CDCD EFEF GG pattern.

### This is exemplified by "Sonnet 114":

Those lips that Love's own hand did make  
Breathed forth the sound that said 'I hate'  
To me that languish'd for her sake;

But when she saw my woeful state,  
 Straight in her heart did mercy come,  
 Chiding that tongue that ever sweet  
 Was used in giving gentle doom,  
 And taught it thus anew to greet:  
 'I hate' she alter'd with an end,  
 That follow'd it as gentle day  
 Doth follow night, who like a fiend  
 From heaven to hell is flown away;  
 'I hate' from hate away she threw,  
 And saved my life, saying 'not you.'



Rev. Dr. Martin Luther King Jr.

## Some Special Posts from January

With COVID-19 still raging in our country and around the world, many are inside and cruising the social media sites A LOT! Statistics on viewership has rocketed in engagements online. Here are four of the ones that got the most hits and shares. If you can find and get a vaccine, please do. We want to be able to get out and live and we can't do that squirreling ourselves away inside our homes.

The faster and completely we can become vaccinated against this pandemic, the sooner we can return to some semblance of life. Peace and health to you all.



I have been having issues with my laptop. It can be so annoying to have it in the shop to be wiped and reloading all my programs and websites again. This week will make #3 in a month. Something is getting missed by the three different programs I've tried to nail the problem with. I have AVG, Webroot, and McAfee. None have determined why my internet connection keeps dropping or why my programs won't open



and my browser keeps asking for permission before opening... Any suggestions? I'm getting tired of having to spend hours reloading all of my programs. My different security barriers are not catching something that keeps becoming an issue. I did manage to get this letter done and my posts for next week, but there is this issue with the nine other websites I manage... I did get one up and a new program listed on it... <https://AffiliMarkets.com> is going now and I hope you have a moment to look. Have a safe month and stay healthy.

Kind regards,  
Cynthia Saarie

**PS: If you didn't notice on my website's home page I have my \$25 video special promo going on until Feb. 28th. If you are a church or a non-profit religious organization, you can get a 1-minute video for \$25. And, \$5 of every video order is sent to my own church's mission; Loads of Love Laundry Mission where we do our communities' laundry for free once a month. We spend an average of \$300 a month helping our neighbors. We are in our second year! You can find out more about that mission on my church's website; <https://phoenixnyumc.com> Even if you are not open yet, With God's help... I hope we all will be soon. If you order your video before Feb. 28th I will fill it so it will be ready for you to use by June 30th! Cheers! :)**



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