



Lip Filler

Aftercare Instructions

- Avoid **kissing or massaging your lips** for at least **24 hours** (especially if it's your first filler), and do not **drink through a straw** during the first **2 days**. Skip **smoking or vaping for 3 days**, and avoid **alcohol and intense exercise** for **24 hours** post-treatment. Refrain from **facial massages** for **2 weeks**.
- Be **gentle when washing** your face, and avoid using **exfoliants or harsh brushes** near the lips. If there's any swelling or tenderness, you can apply a **cold compress gently** to the area. Bruising is common and usually resolves in a few days.
- If you experience **pain that feels like a deep bruise**, that **appears to be spreading or growing**, it may be a sign of **vascular occlusion**. This is rare but serious—**contact 512 Aesthetics immediately** if you suspect this.