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CRPO 1686

AGREEMENT OF INFORMED CONSENT II (January 2025)

TELEPSYCHOTHERAPY SERVICES

Prior to beginning video-conferencing services, we have discussed and agreed to the following:

There are potential benefits and risks of video-conferencing (e.g.) limits to patient confidentiality) that differ from in-person sessions.

Confidentiality still applies for tele-psychotherapy services and no one will record the session without permission being provided by the other person (s).

We agree to use the video-conferencing platform selected (VirtualCare, Psychology Today Sessions, secure Zoom) for our virtual sessions and the psychotherapist will explain how to use it.

You will need to use a webcam or smart phone during the session. Virtual Care must be signed into using a browser, not an app, and works best with Chrome.

It is important to be in a quiet, private space that is free from distractions (including cell phone or other devices) during the session.

It is important to use a secure internet connection rather than public/free Wi-Fi.

It is important to be on time. If you need to cancel or change your tele-appointment, you will notify the psychotherapist in advance as per Agreement of Informed Consent Form I.

We must have a back-up plan in place (phone number where you can be reached) to restart the session or to reschedule it, in the event of technical problems

We must establish a safety plan that includes at least one emergency contact person and the closest ER to your location, in the event of a crisis situation.

You will need to confirm with your insurance company that the video sessions will be reimbursed. If they are not reimbursed, you agree to be responsible for full payment.

Client(s): _____ Date _____

Psychotherapist: _____ Date _____

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