



THE GOLDEN

# Valley

STEAKHOUSE & GRILL

ENJOY YOUR LUNCH!

## OUR MISSION

The Golden Valley Restaurant is locally owned and operated and has been serving the Quinte area since 1977. Our mission has been, and continues to be, to provide excellent and affordable family dining, in a relaxed and friendly environment.

We measure our success in terms of customer satisfaction. To this end, we use only the finest quality ingredients to prepare our meals, and we train our staff to make your dining out an enjoyable experience. Should you feel that something requires our attention, please notify one of our hosts and we will promptly take care of it.

Thank you for your patronage, and enjoy your meal!

[goldenvalleyrestaurant.com](http://goldenvalleyrestaurant.com)

# STARTERS & SALADS

## STUFFED MUSHROOM



Mushroom caps stuffed with crabmeat, garlic butter and baked with Mozzarella cheese with a side of garlic bread ..... 13

### BREADED PICKLES



Breaded pickles, deep-fried and served with garlic dip ..... 11.5

### THE BIG SPINACH DIPPER



Freshly prepared, creamy spinach and cheese spread. Served with tortilla and pita chips ..... 14

### LOADED POTATO SKINS

Crispy potato skins smothered in a blend of cheeses, real bacon bits and green onions. Served with garlic dip ..... 12.5

### FRENCH ONION SOUP

HOMEMADE & DELICIOUS

Caramelized onions served in an onion broth then baked with Swiss and Mozzarella cheese ..... 8.5

### BRUSCHETTA



A traditional topping of tomatoes, onions, herbs and olive oil. Served on toasted Vienna bread ..... 10  
WITH FETA CHEESE ..... 12.5

### SAUTÉED SHRIMP

Savoury shrimp sautéed in our garlic butter sauce and served with a piece of garlic bread ..... 14.5

### MOZZARELLA STICKS



Lightly breaded and deep-fried cheese sticks. Served with garlic dip ..... 11.5

### ESCARGOT



Sea snails baked in our Valley garlic butter TOPPED WITH MOZZARELLA CHEESE ..... 11.5

### CALAMARI

Lightly breaded, served with homemade tzatziki and cocktail sauce ..... 13.5

### CHICKEN WINGS

One pound of breaded chicken wings served with celery and carrots. MILD, MEDIUM, HOT OR HONEY GARLIC ..... 20

### GARLIC BREAD



Fresh Vienna bread brushed with our homemade garlic spread ..... 8  
WITH MOZZARELLA CHEESE ..... 10.5

### COMBO PLATTER

A Delicious Platter of potato skins, breaded mushrooms, Mozzarella sticks and onion rings! ..... 21

## THE GREENER SIDE OF THINGS



\$4 FOR GRILLED CHICKEN OR \$5 FOR 1 SHRIMP SKEWER

### CAESAR SALAD

Fresh, crisp lettuce, croutons, bacon bits and Parmesan cheese tossed in our signature caesar dressing.  
SM ..... 9 LG ..... 13

### TRADITIONAL GREEK

Fresh lettuce, tomatoes, red onions, Kalamata olives, cucumbers and Feta cheese, tossed in our family recipe.  
SM ..... 10 LG ..... 14

### VALLEY HOUSE SALAD

A mix of assorted lettuces with your choice of dressing.  
SM ..... 7 LG ..... 10



VEGETARIAN



CUSTOMER FAVOURITE



SIGNATURE DISH



# BURGERS & SANDWICHES

## CUSTOMIZE YOUR MEAL

Each Sandwich or Burger is served with your choice of 1 of the following:

FRIES — SOUP — HOUSE SALAD

+ \$2 ONION RINGS

UPGRADE YOUR SALAD

+ \$2 SIDE CAESAR SALAD

+ \$3 SIDE GREEK SALAD

## SWISS BURGER

A 6oz. beef burger topped with Swiss cheese, sautéed mushrooms and grilled onions..... 14.5

## BEEF BURGER

This 6oz. beast will stop your growling stomach in its tracks!..... 12.5  
CANADIAN CHEDDAR CHEESE BURGER ..... 13.5  
BACON CHEDDAR BURGER ..... 14.5

## ROAST BEEF DIP

Thinly sliced roast beef on a Vienna roll and a side of au jus for dipping..... 15.25

## CHICKEN STUFFED PITA

Tender chicken strips, lettuce, tomatoes, red onions, Feta cheese and our own homemade tzatziki..... 14.5

## STEAK SANDWICH

5oz. New Yorker cooked to perfection then topped with caramelized onions..... 16

## MONTREAL SMOKED MEAT

Thinly sliced smoked meat piled high on rye with mustard..... 14.25

## CHICKEN BRUSCHETTA

Grilled chicken breast topped with our bruschetta mix and Mozzarella cheese ..... 15.25

## CLASSIC CLUB HOUSE

Triple-decker, stacked with chicken, bacon, crisp lettuce, tomato and mayonnaise ..... 15

## CALIFORNIA CHICKEN SANDWICH

Chicken breast, peppers, onions, cheese, tomato, pesto and chipotle mayonnaise on a fresh Vienna roll ..... 15

## CLASSIC CHICKEN CAESAR WRAP

Grilled chicken breast, romaine lettuce, bacon bits and signature Caesar dressing ..... 15

## GRILLED CHICKEN SANDWICH

Grilled chicken breast, Swiss cheese, lettuce, tomato and mayonnaise..... 15.25

## CLASSIC REUBEN

Montreal smoked meat with Swiss cheese and sauerkraut. This classic never gets old!..... 15.25



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# BEEF, RIBS, & WINGS

WE USE QUALITY CUTS OF BEEF, PORK, CHICKEN AND VEAL THEN COOK IT JUST HOW YOU LIKE IT AND SERVE IT HOT!

## CUSTOMIZE YOUR MEAL

Each entrée is served with the following:

RICE or POTATOES, VEGETABLES AND FRESH BREAD

ADD A STARTER SALAD:

+ \$3 CAESAR SALAD + \$3 HOUSE SALAD + \$4 GREEK SALAD

### ADD-ONS:

Mushrooms or Onions..... 3

Peppercorn Sauce ..... 3

2 Skewers of Shrimp..... 9

Neptune..... 5

(Crab meat, asparagus tips, and hollandaise sauce)

### PRIME RIB



Our famous Valley Prime Rib starts with aged USDA prime, topped with a light au jus and horseradish. Simple and delicious!

7oz..... 26.5

10oz..... 30

### CALF LIVER



Lightly breaded, choice of bacon or onion or mushrooms..... 19

### NEW YORK STRIPLOIN

8oz. USDA with sautéed mushrooms..... 24

### MILET MIGNON

6oz. USDA with sautéed mushrooms..... 30.5

## RIBS & WINGS

RIB & WING COMBO 24 1/2 Rack of pork back ribs + chicken wings.

1/2 RACK BBQ RIBS 19 Pork back ribs with BBQ sauce.



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# ENTRÉES

## A TASTE FOR EVERYONE

### CUSTOMIZE YOUR MEAL

Each entrée is served with the following:

RICE or POTATOES, VEGETABLES AND FRESH BREAD

ADD A STARTER SALAD:

+ \$3 CAESAR SALAD + \$3 HOUSE SALAD + \$4 GREEK SALAD

#### ADD-ONS:

Mushrooms or Onions..... 3

Peppercorn Sauce ..... 3

2 Skewers of Shrimp..... 9

Neptune..... 5

(Crab meat, asparagus tips, and hollandaise sauce)



#### ATHENIAN CHICKEN

Lightly breaded chicken breast stuffed with feta & spinach, topped with a rosé sauce and a splash of wine..... 19

#### CHICKEN BREAST

Grilled, with lemon butter and served with sautéed mushrooms ..... 18.5

#### VEAL CUTLET

Breaded Provini veal, topped with tomato vegetable sauce or gravy.....21.50

#### STIR FRY

Fresh medley of vegetables stir-fried in a honey-ginger sauce.

VEG..... 16 CHKN/BEEF .....19

#### MEDITERRANEAN CHICKEN

Chicken breast topped with sautéed red onions, bell peppers, sun-dried tomatoes, black olives & feta cheese.....20

#### SOUVLAKI

2 Skewers of marinated chicken or pork grilled and served with homemade tzatziki.

CHICKEN/PORK.....19

#### BAKED PARMIGIANA

Lightly breaded and topped with tomato sauce and Mozzarella cheese.

CHICKEN..... 20.5 VEAL.....23.5

#### PORK SCHNITZEL

Breaded pork, topped with a tomato vegetable sauce or gravy.....17

#### PORK TENDERLOIN

Grilled pork medallions with your choice of mushrooms or sautéed onions..... 18.5



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# SEAFOOD & PASTA



Each entrée is served with the following (except Fish and Chips):  
RICE or POTATOES, VEGETABLES AND FRESH BREAD

ADD A STARTER SALAD:

+ \$3 CAESAR SALAD + \$3 HOUSE SALAD + \$4 GREEK SALAD

## FISH 'N CHIPS

Homemade, battered haddock served with french fries.  
1 PIECE ..... 14 2 PIECES ..... 18

## SHRIMP DINNER

Sautéed shrimp in garlic butter or breaded and deep-fried, your choice!.....20

## ATLANTIC SALMON

Grilled filet of salmon, topped with lemon butter or hollandaise sauce .....22

Each Pasta entrée is served with a SLICE OF GARLIC BREAD

ADD A STARTER SALAD:

+ \$3 CAESAR SALAD + \$3 HOUSE SALAD + \$4 GREEK SALAD



## BAKED LASAGNA

Noodles layered with signature meat sauce, then baked with Mozzarella cheese ..... 16.5

## VEGETABLE FETTUCCINE

In a creamy Alfredo sauce with red and green peppers, cauliflower, broccoli and tomatoes ..... 19.5

## CHEESE CAPPELLETTI

Tossed with rosé sauce then baked with Mozzarella cheese..... 17.5

## FETTUCCINE ALFREDO

Fettuccine noodles tossed in our homemade creamy Alfredo Sauce ..... 16.5  
TOPPED WITH CHICKEN..... 20.5

## SPAGHETTI

Perfectly cooked pasta topped with our signature meat sauce..... 14  
+ MEATBALLS..... 17  
+ MEATBALLS, MUSHROOMS & GREEN PEPPERS ..... 19



VEGETARIAN



CUSTOMER FAVOURITE



SIGNATURE DISH