

THE GOLDEN

# Valley

STEAKHOUSE & GRILL

**ENJOY YOUR LUNCH!**

## **OUR MISSION**

The Golden Valley Restaurant is locally owned and operated and has been serving the Quinte area since 1977. Our mission has been, and continues to be, to provide excellent and affordable family dining, in a relaxed and friendly environment.

We measure our success in terms of customer satisfaction. To this end, we use only the finest quality ingredients to prepare our meals, and we train our staff to make your dining out an enjoyable experience. Should you feel that something requires our attention, please notify one of our hosts and we will promptly take care of it.

**Thank you for your patronage,  
and enjoy your meal!**

[goldenvalleyrestaurant.com](http://goldenvalleyrestaurant.com)

# STARTERS & SALADS

## STUFFED MUSHROOM #1

Mushroom caps stuffed with crabmeat, garlic butter and baked with Mozzarella cheese with a side of garlic bread ..... **13**

### BREADED MUSHROOMS 🌿

Breaded button mushrooms, deep-fried and served with garlic dip..... **10.50**

### THE BIG SPINACH DIPPER 🌿

Freshly prepared, creamy spinach and cheese spread. Served with tortilla and pita chips..... **13.50**

### LOADED POTATO SKINS

Crispy potato skins smothered in a blend of cheeses, real bacon bits and green onions. Served with garlic dip..... **12.50**

### FRENCH ONION SOUP HOMEMADE & DELICIOUS

Caramelized onions served in an onion broth then baked with Swiss and Mozzarella cheese..... **8**

### BRUSCHETTA 🌿

A traditional topping of tomatoes, onions, herbs and olive oil. Served on toasted Vienna bread..... **10**  
**WITH FETA CHEESE ..... 12**

### SAUTÉED SHRIMP

Savoury shrimp sautéed in our garlic butter sauce and served with a piece of garlic bread..... **13.50**

### MOZZARELLA STICKS 🌿

Lightly breaded and deep-fried cheese sticks. Served with garlic dip..... **11.50**

### ESCARGOT ★

Sea snails baked in our Valley garlic butter sauce and served with garlic toast..... **9**  
**TOPPED WITH MOZZARELLA CHEESE ..... 11.50**

### CALAMARI

Lightly breaded, served with homemade tzatziki and cocktail sauce..... **13.50**

### CHICKEN WINGS

One pound of breaded chicken wings served with celery and carrots.  
**MILD, MEDIUM, HOT OR HONEY GARLIC ..... 19**

### GARLIC BREAD 🌿

Fresh Vienna bread brushed with our homemade garlic spread..... **8**  
**WITH MOZZARELLA CHEESE ..... 10**

### COMBO PLATTER

A Delicious Platter of potato skins, breaded mushrooms, Mozzarella sticks and onion rings!..... **20**

## THE GREENER SIDE OF THINGS

+ \$4 FOR GRILLED CHICKEN OR \$5 FOR 1 SHRIMP SKEWER

### CAESAR SALAD 🌿 ★

Fresh, crisp lettuce, croutons, bacon bits and Parmesan cheese tossed in our signature caesar dressing.

**SM..... 8 LG ..... 12**

### TRADITIONAL GREEK 🌿

Fresh lettuce, tomatoes, red onions, Kalamata olives, cucumbers and Feta cheese, tossed in our family recipe.

**SM..... 9.50 LG ..... 13.50**

### VALLEY HOUSE SALAD 🌿

A mix of assorted lettuces with your choice of dressing.

**SM..... 7 LG ..... 10**

### HARVEST SALAD 🌿

Spring mix lettuce, tossed with apples, dried cranberries, walnuts & sunflower seeds with a light vinaigrette dressing.

**SM..... 9.50 LG ..... 13.50**



VEGETARIAN



CUSTOMER FAVOURITE



SIGNATURE DISH

# BURGERS & SANDWICHES

## CUSTOMIZE YOUR MEAL

Each Sandwich or Burger is served with your choice of **1** of the following:

### FRIES – SOUP – HOUSE SALAD

+ \$2 ONION RINGS

### UPGRADE YOUR SALAD

+ \$2 SIDE CAESAR SALAD

+ \$3 SIDE GREEK SALAD

## SWISS BURGER

A 6oz. beef burger topped with Swiss cheese, sautéed mushrooms and grilled onions..... **14**

## BEEF BURGER

This 6oz. beast will stop your growling stomach in its tracks!..... **12**

**CANADIAN CHEDDAR CHEESE BURGER**..... **13**

**BACON CHEDDAR BURGER**..... **14**

**BEYOND MEAT BURGER** ..... **14**

## ROAST BEEF DIP

Thinly sliced roast beef on a Vienna roll and a side of au jus for dipping..... **14.50**

## CHICKEN STUFFED PITA

Tender chicken strips, lettuce, tomatoes, red onions, Feta cheese and our own homemade tzatziki..... **14**

## STEAK SANDWICH

5oz. New Yorker cooked to perfection then topped with caramelized onions..... **15**

## MONTREAL SMOKED MEAT

Thinly sliced smoked meat piled high on rye with mustard..... **13.50**

## CHICKEN BRUSCHETTA

Grilled chicken breast topped with our bruschetta mix and Mozzarella cheese.. **14.50**

## GRILLED CHICKEN SANDWICH

Grilled chicken breast, Swiss cheese, lettuce, tomato and mayonnaise..... **14.50**

## CLASSIC REUBEN

Montreal smoked meat with Swiss cheese and sauerkraut. This classic never gets old!..... **14.50**

## BLT

Crisp slices of bacon piled high with lettuce, tomato and mayonnaise..... **14.50**

## CLASSIC CLUB HOUSE

Triple-decker, stacked with turkey, bacon, crisp lettuce, tomato and mayonnaise..... **14.50**

## CRISPY CHICKEN SANDWICH

Breaded chicken breast with lettuce, tomatoes, Swiss cheese and mayonnaise on a fresh bun..... **14.50**

## CALIFORNIA CHICKEN SANDWICH

Chicken breast, peppers, onions, cheese, tomato, pesto and chipotle mayonnaise on a fresh Vienna roll..... **14.50**

## VEGETARIAN WRAP

Grilled eggplant, zucchini, onions, peppers, tomatoes, Mozzarella cheese and chipotle mayonnaise..... **13.50**

## CLASSIC CHICKEN CAESAR WRAP

Grilled chicken breast, romaine lettuce, bacon bits and signature Caesar dressing..... **14.50**



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SIGNATURE DISH

# BEEF, RIBS, & WINGS

WE USE QUALITY CUTS OF BEEF, PORK, CHICKEN AND VEAL THEN COOK IT JUST HOW YOU LIKE IT AND SERVE IT HOT!

## CUSTOMIZE YOUR MEAL

Each entrée is served with the following:

RICE or POTATOES, VEGETABLES AND FRESH BREAD

ADD A STARTER SALAD:

+ \$3 CAESAR SALAD + \$3 HOUSE SALAD + \$4 GREEK SALAD

### ADD-ONS:

Mushrooms or Onions.....	3	2 Skewers of Shrimp.....	9
Peppercorn Sauce.....	3	Neptune.....	5
		(Crab meat, asparagus tips, and hollandaise sauce)	

### PRIME RIB #1

Our famous Valley Prime Rib starts with aged USDA prime, topped with a light au jus and horseradish. Simple and delicious!

7oz.....	25.50
10oz.....	29.50

### CALF LIVER ☆

Lightly breaded, choice of bacon or onion or mushrooms.....	18
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### PRIME RIB STEAK

A hearty 10 oz. Prime Rib Steak, grilled just the way you like it. Paired with sautéed mushrooms.....	27.50
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### FILET MIGNON ☆

6oz. bacon-wrapped Canadian AAA+ Angus Filet with sautéed mushrooms.....	27.50
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### NEW YORK STRIPLOIN

8oz. USDA with sautéed mushrooms.....	23
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## RIBS & WINGS

RIB & WING COMBO	24	1/2 Rack of pork back ribs + chicken wings.
1/2 RACK BBQ RIBS	19	Pork back ribs with BBQ sauce.



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# ENTRÉES

## A TASTE FOR EVERYONE

### CUSTOMIZE YOUR MEAL

Each entrée is served with the following:

**RICE or POTATOES, VEGETABLES AND FRESH BREAD**

**ADD A STARTER SALAD:**

**+ \$3 CAESAR SALAD + \$3 HOUSE SALAD + \$4 GREEK SALAD**

### ADD-ONS:

Mushrooms or Onions.....	<b>3</b>	2 Skewers of Shrimp.....	<b>9</b>
Peppercorn Sauce.....	<b>3</b>	Neptune.....	<b>5</b>

(Crab meat, asparagus tips, and hollandaise sauce)



### ATHENIAN CHICKEN

Lightly breaded chicken breast stuffed with feta & spinach, topped with a rosé sauce and a splash of wine..... **19**

### CHICKEN BREAST

Grilled, with lemon butter and served with sautéed mushrooms..... **17.50**

### VEAL CUTLET

Breaded Provini veal, topped with tomato vegetable sauce or gravy..... **19.50**

### STIR FRY

Fresh medley of vegetables stir-fried in a honey-ginger sauce.  
**VEG.....15.50 CHKN/BEEF....18.50**

### MEDITERRANEAN CHICKEN

Chicken breast topped with sautéed red onions, bell peppers, sun-dried tomatoes, black olives & feta cheese. **19.50**

### SOUVLAKI

2 Skewers of marinated chicken or pork, grilled and served with homemade tzatziki.  
**PORK.....17 CHICKEN.....18**

### BAKED CORDON BLEU

Lightly breaded and stuffed with ham and Swiss cheese, topped with tomato vegetable sauce and Mozzarella cheese.  
**CHICKEN.....20 VEAL.....22.50**

### BAKED PARMIGIANA

Lightly breaded and topped with tomato sauce and Mozzarella cheese.  
**CHICKEN.....19.50 VEAL.....20.50**

### PORK SCHNITZEL

Breaded pork, topped with a tomato vegetable sauce or gravy..... **16**

### PORK TENDERLOIN

Grilled pork medallions with your choice of mushrooms or sautéed onions..... **17.50**



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# SEAFOOD & PASTA



Each entrée is served with the following (except Fish and Chips):

**RICE or POTATOES, VEGETABLES AND FRESH BREAD**

**ADD A STARTER SALAD:**

**+ \$3 CAESAR SALAD + \$3 HOUSE SALAD + \$4 GREEK SALAD**

## FISH 'N CHIPS ☆

Homemade, battered haddock served with french fries.

**1 PIECE ... 13 2 PIECES ... 17**

## SHRIMP DINNER

Sautéed shrimp in garlic butter or breaded and deep-fried, your choice!.....**19**

## ATLANTIC SALMON

Grilled filet of salmon, topped with lemon butter or hollandaise sauce .....**21**

## RAINBOW TROUT

Fresh rainbow trout topped with a lemon butter sauce.....**21**

Each Pasta entrée is served with a **SLICE OF GARLIC BREAD**

**ADD A STARTER SALAD:**

**+ \$3 CAESAR SALAD + \$3 HOUSE SALAD + \$4 GREEK SALAD**



## BAKED LASAGNA (#1)

Noodles layered with signature meat sauce, then baked with Mozzarella cheese .....**16.50**

## MEDITERRANEAN PENNE 🌿

Grilled peppers, red onions, black olives, tossed in a sun-dried tomato sauce and topped with feta .....**16.50**

**TOPPED WITH CHICKEN ..... 20.50**

## BAKED PENNE 🌿

Baked penne in a creamy rosé sauce, oven baked with Mozzarella cheese.....**16**

**TOPPED WITH CHICKEN ..... 20.50**

## BAKED MANICOTTI 🌿

Pasta tubes, filled with cheese and tossed in a rosé sauce, then baked with Mozzarella cheese.....**16.50**

## FETTUCCINE ALFREDO ☆

Fettuccine noodles tossed in our homemade creamy Alfredo Sauce ...**15.50**

**TOPPED WITH CHICKEN ..... 19.50**

## VEGETABLE FETTUCCINE 🌿

In a creamy Alfredo sauce with red and green peppers, cauliflower, broccoli and tomatoes.....**18.50**

## CHEESE CAPPELLETTI 🌿

Tossed with rosé sauce then baked with Mozzarella cheese .....**16**

## SPAGHETTI

Perfectly cooked pasta topped with our signature meat sauce .....**14**

**+ MEATBALLS ..... 17**

**+ MEATBALLS, MUSHROOMS & GREEN PEPPERS ..... 19**



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SIGNATURE DISH