

# Everyday Safety

## Tailgate Talks

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# Disposable Glove Removal

*This Everyday Safety Tailgate Talk is written using information from the Centers for Disease Control and Prevention and the World Health Organization*

Gloves are the first line of defense when you must handle hazardous materials. Single-use, disposable gloves are the preferred form of hand Personal Protective Equipment (PPE) for working with biological hazards and some chemical hazards. Once you complete your work, it is important to remove contaminated gloves, without touching the hazardous material on the outside of the gloves. The CDC steps for proper glove removal on page 2 show the right way to remove disposable gloves so you can stay healthy, safe, and contamination free.



Remember - while disposable gloves are an important source of protection against contamination, workers should understand that gloves do not provide **complete** protection against hand contamination. Pathogens may gain access to the hands via small defects in gloves or by contamination of the hands during glove removal. *Proper hygiene*, especially by thoroughly washing hands, remains the basic to guarantee hand decontamination after glove removal.

### **Resources and References:**

CLRP Tailgate Talk Hygiene in the Workplace  
<https://cornell.app.box.com/v/Hygiene-Workplace>

WHO Glove Use Information Leaflet  
[https://www.who.int/gpsc/5may/Glove\\_Use\\_Information\\_Leaflet.pdf](https://www.who.int/gpsc/5may/Glove_Use_Information_Leaflet.pdf)

CDC Steps for Proper Glove Removal  
<https://www.cdc.gov/vhf/ebola/pdf/poster-how-to-remove-gloves.pdf>

Video Highlighting Proper Glove Removal from Public Health Ontario  
<https://www.youtube.com/watch?v=WDI0Zj573Js>

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## Hanover Testing Labs



# How to Remove Gloves

To protect yourself, use the following steps to take off gloves



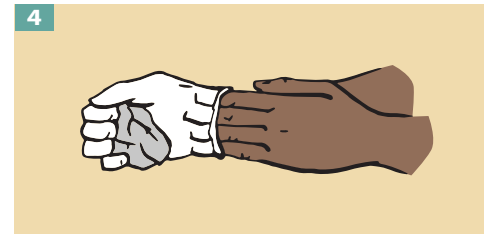
1 Grasp the outside of one glove at the wrist. Do not touch your bare skin.



2 Peel the glove away from your body, pulling it inside out.



3 Hold the glove you just removed in your gloved hand.



4 Peel off the second glove by putting your fingers inside the glove at the top of your wrist.



5 Turn the second glove inside out while pulling it away from your body, leaving the first glove inside the second.



6 Dispose of the gloves safely. Do not reuse the gloves.



7 Clean your hands immediately after removing gloves.

