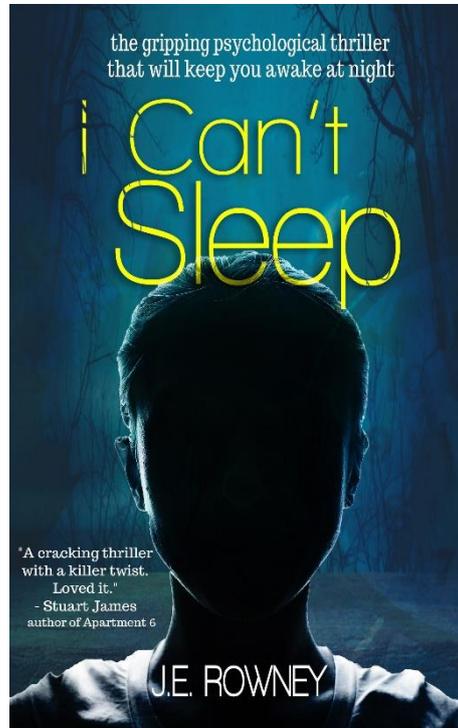


J.E. Rowney - I Can't Sleep: The gripping psychological thriller that will keep you awake at night.

On sale: October 16th, 2020
Pages: 285
CONTACT: J.E. Rowney
email: jayne@jerowney.com



A gripping psychological thriller about a young woman losing her grip on reality in a world where she can't even trust her own mind.

Editorial Review

"A cracking thriller with a killer twist. Loved it." – Stuart James (author of Apartment 6)

Advance Reader Reviews

"I recommend for all lovers of the psychological thriller!—**Alexandra Arnott – Goodreads Reviewer**

"This book kept me on the edge of my seat. Is she imagining someone watching her or is someone really there and, if so, who?" – **Rachel Axford – Goodreads Reviewer**

"Wow I couldn't put it down. I thought I knew what was going to happen, but I was totally unprepared for the shocking ending. The author certainly kept me guessing." – **Linda – Goodreads Reviewer**

"Absolutely loved this book...thrilling easy read...didn't see it coming" – **Naz Hutchings – Goodreads Reviewer**

About the Book:

"I can't sleep.

Not since June 16th, 2018.

Not since what happened..."

Traumatised by the events of her past, exhausted by insomnia, Becky Braithwaite believes that a new start will help her to recover. She leaves home to fulfil her brother's dreams, and honour the life he never had... but she soon finds that escaping from the past is not as easy as she imagined. Is her fatigued mind playing tricks on her, or is danger really lurking in the shadows? This unputdownable psychological thriller will keep you turning the pages to find out the truth.

The best psychological thrillers take the reader on a journey to the edge, and dangle them over. ***I Can't Sleep*** hooks readers from the outset, and keeps them addicted.

The book is dark and full of twists, leading to an ending that readers will not see coming.

About the Author:

J.E. Rowney spent several years in the cold Yorkshire hills and now lives in Dorset. She started writing novels when she commuted from Leeds to London in her previous life as a change management specialist.

"Charcoal", her debut, was published in 2012 to wide critical acclaim, and was a bestselling novel on Amazon within days of release. Her third novel, "Ghosted", was released in January 2020 and quickly also became a bestseller. When she's not writing, Ms. Rowney enjoys reading a wide range of books, and walking by the sea.



Ms. Rowney says: "I always dreamed of being a writer, until I realised that I was. Then I started to write."

I Can't Sleep by J.E. Rowney

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For more information

Website: <http://jerowney.com/>

You can find the author on Twitter, Facebook, Instagram and Pinterest: @jerowneywriter