

PLAY-BASED + HANDS-ON LEARNING

Our Pinecones program is a playful, discovery-driven outdoor program that focuses on guided exploration of our natural world. Kids engage in hands on sensory-rich activities that spark curiosity, build confidence and nurture a life-long love of the wild. The most memorable and impactful learning happens through play and hands on experiences - which is why this is a core focus in our Forest Kids programming.

## EEKLY NATURE-BASED CURRICULUM

Each session includes a variety of nature study lessons, taught through story telling, science experiments, nature crafts, hand-on observation and group games - all rooted in the rhythms of the seasons. Our nature study curriculum ensures kids learn all about the magic and fun of being in nature and encourages them to appreciate and respect each plant, animal and little creature, as an important part of our world.

At Forest Kids, peer mentorship is an integral part of our programming as it provides endless benefits for both age groups, ranging from positive role modelling + leadership development, to social-emotional growth and community building. Our mentors are long time Forest Kids ambassadors who are learning and implementing the 7 habits of happy kids (Leader in Me program), and take turns researching and teaching their own nature based mini lessons to the group. Seeing the magic that this mentorship group brings to my Pinecones program is maybe my most favourite part of Forest Kids!









