

# Big Lake Bass Team

2023 Junior Practice Season

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**BIG LAKE**  
**BASS TEAM**



# Agenda

- Practice Schedule
- Practice What to Bring
- Daily Fishing Logs
- Rod and Reel Types
- Where to Start
- Knots
- Casting drill at home



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# What to Expect 2023

- **Practices Onshore (More tackle and fishing instructions)**
  - Indoors if bad weather
- **Boat Practices (2-3 Kids Per Boat)**
  - Indoors if bad weather
  - Kayak Seminar and Big Bass Contest
- **In-House Month-Long Virtual Tournaments**
  - Fish Donkey App
- **SAO Virtual Tournaments**
- **B.A.T.S. In-Person Tournaments**



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# BLBT Junior Practice Schedule



3/12	INDOOR 5-7P BIG LAKE HIGH SCHOOL
3/26	INDOOR 5-7P BIG LAKE HIGH SCHOOL
4/16	INDOOR 5-7P BIG LAKE HIGH SCHOOL
4/30	INDOOR 5-7P BIG LAKE HIGH SCHOOL
5/17	ON-SHORE 6-8P BIG LAKE
5/21&24	BOAT 6-8P BIG LAKE
6/4&7	BOAT 6-8P EAGLE LAKE
6/14	ON-SHORE 6-8P BIG LAKE
6/18&21	BOAT 6-8P PULASKI
6/25&28	BOAT 6-8P BIG LAKE
7/12	ON-SHORE 6-8P BIG LAKE
7/16&19	BOAT 6-8P BRIGGS
7/23&26	BOAT 6-8P MAPLE LAKE
7/30&8/2	BOAT 6-8P BIG LAKE
8/6&9	BOAT 6-8P SUGAR LAKE
8/13&16	BOAT 6-8P CONSTANCE LAKE
8/23	FINAL ON-SHORE 6-8P BIG LAKE

**All Practices 5:45p – 8p**

**All Practices will be weather dependent**

# Practice What to Bring

## Recommended Equipment

- 1-2 Bait Casters
- 1-2 Spinning Rods
- Life Jacket (Must Bring)
- Sunglasses (Must Bring) - REQUIRED
- Rain Jacket
- Quick dry clothing – pants, shorts and shirts
- Team jersey, team hat
- Tackle Bag and extra line
- Water and Snacks

**Weather – Be sure pack based on the weather outlook and be prepared for the worst**



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# Daily Fishing Log

Fishing logbook or regular notebook

Items to note

- Lake and area fished
- Lures used
- Number and size of fishing caught
- Note fish caught
  - Where (shallow, docks, weed line, deep, etc)
  - Area of lake caught
  - When
  - What lure(s)
- Weather
- Barometric Pressure



# Rods and Rod Types

COACH LAWRENCE'S FAVORITES (MODIFY AS EACH ANGLER WANTS)

## Casting Rods

Buzz Baits (7 – 7 ½' MHF Rod, 30lb Braid, 12lb Mono Leader)

Carolina Rigs (7 – 7 ½' Rod MHF, 30lb Braid, 15lb Leader)

Chatterbaits (7 – 7 ½' Rod MHM, 17lb Floro)

Deep Diving Crankbaits (7 – 7 ½' Rod MHM, 15lb Floro)

Shallow/Mid Diving Crankbaits (7 – 7 ½' Rod MHM, 15lb Floro)

Football Jigs (7 – 7 ½' Rod MHF, 30lb Braid, 20lb Floro Leader)

Frogs (7 – 7 ½' Rod HF, 65lb Braid)

Grass/Structure Jigs (7 – 7 ½' Rod MHF, 30lb Braid, 20lb Floro Leader)

Topwater (Popping, Prop, Walking) (6 ½ – 7' Rod MF, 30lb Braid, 12lb Mono Leader)

Jerkbaits (6 ½ – 7' Rod MF, 17lb Floro)

Swimbait (7 ½ - 8' Rod HF, 17lb Floro)

Spinnerbaits (7 – 7 ½' Rod MHM, 17lb Floro)

Swim Jigs (7 – 7 ½' Rod MHF, 30lb Braid)

Texas Rigs (Pitch/Fip) (7 – 7 ½' Rod MHF, 30lb Braid, 20lb Floro Leader)

Texas Rigs (Worming) (7 – 7 ½' Rod MHF, 30lb Braid, 20lb Floro Leader)

## Spinning Rods

Drop Shot (6 ½ - 7' Rod MF, 10-15lb Braid, 8-10lb Floro Leader)

Finesse Hair Jigs (6 ½ - 7' Rod MF, 10-15lb Braid, 8-10lb Floro Leader)

Ned Rigs (6 ½ - 7' Rod MF, 10-15lb Braid, 8-10lb Floro Leader)

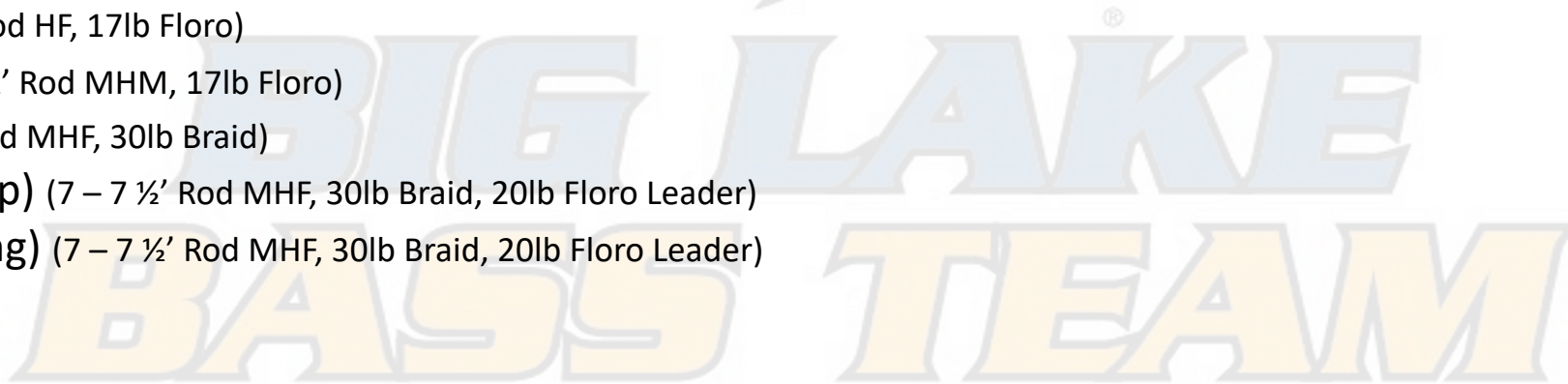
Neko Rigs (6 ½ - 7' Rod MF, 10-15lb Braid, 8-10lb Floro Leader)

Shakey Heads (6 ½ - 7' Rod MF, 10-15lb Braid, 8-10lb Floro Leader)

Spybaits (6 ½ - 7' Rod MF, 10-15lb Braid, 8-10lb Floro Leader)

Tubes (6 ½ - 7' Rod MF, 10-15lb Braid, 8-10lb Floro Leader)

Wacky Rigs (6 ½ - 7' Rod MF, 10-15lb Braid, 8-10lb Floro Leader)



# RODS WHERE TO START

## **Casting Rods**

7 – 7 ½' Rod Med Heavy Fast, 30lb Braid Line, 20lb Florocarbon Leader

- Buzzbait, Carolina Rigs, Football Jigs, Frogs, Jigs, Topwater, Swim Jigs, Texas Rigs, Swimbaits

7 – 7 ½' Rod Med Heavy Moderate, 17lb Florocarbon Line

- Chatterbaits, Crankbaits, Jerkbaits, Spinnerbaits

## **Spinning Rods**

7 – 7 ½' Rod Med Fast, 10-15lb Braid Line, 8-10lb Florocarbon Leader

- Drop Shot, Ned Rig, Neko Rig, Shakey Head, Spybait, Tubes, Wacky Rigs



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# Knots and Leaders

**Uni to Uni Knot (Line to Leader)**

<https://youtu.be/IfFTTsdvrVs>

**Palomar Knot (Line/Leader to Lure)**

[https://www.youtube.com/watch?v=5EsV\\_tEHJSg](https://www.youtube.com/watch?v=5EsV_tEHJSg)

**Starting Next Weeks Practice Anglers will be tested on these two knots with regular line!!!!**

- **Anglers need to pass before MN Fishing Opener!! ;-)**

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# Casting

Accuracy, Accuracy Accuracy!

Practice flipping at home in a hallway into a cup

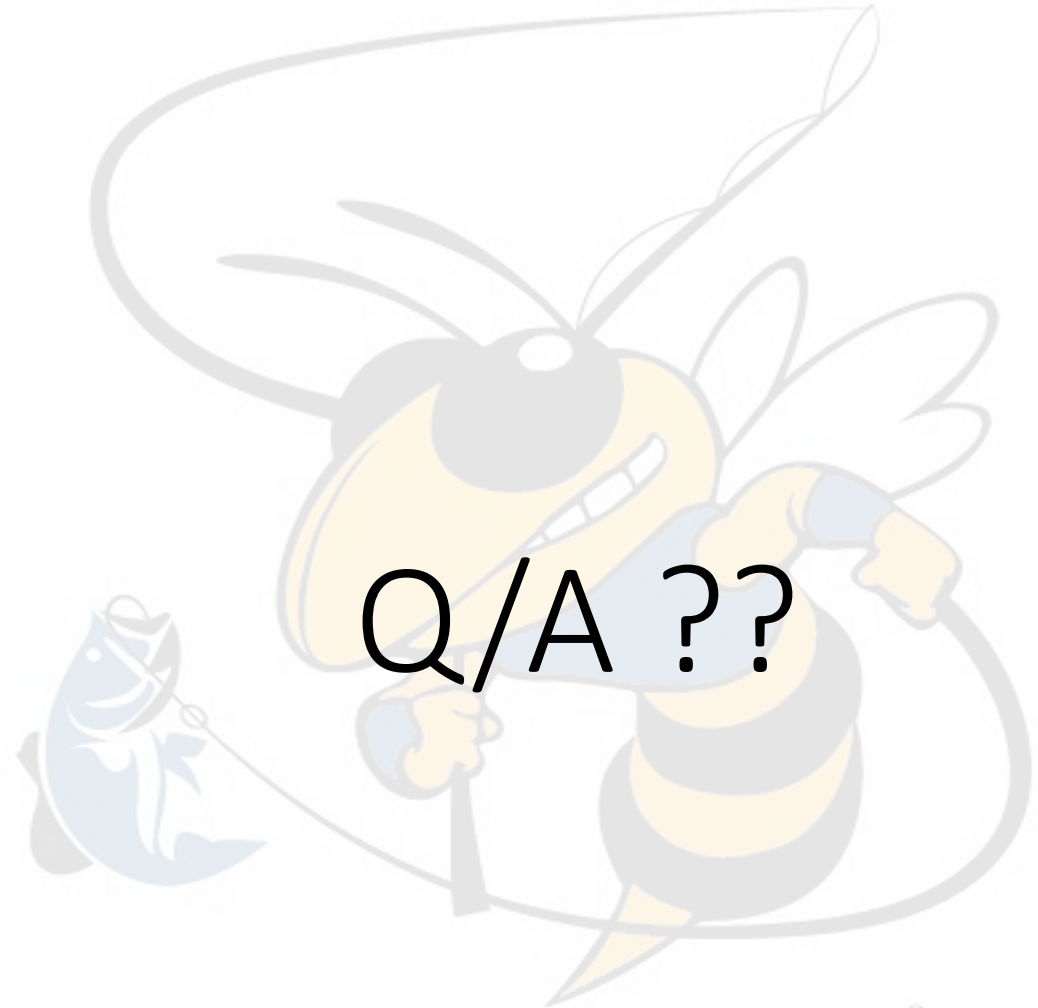
Put duct tape or electrical tape around the jig to cover the hook

- How to Cast a baitcaster – Tape trick
  - <https://www.youtube.com/watch?v=BzjyLa6uCwc&t=1s>
- How to use a Baitcast reel
  - <https://www.youtube.com/watch?v=OMxysFjcRS8&list=PLP4RmY1AWIS6IRHI3e2iB2Tu5J5njfWx0>
- Pitch and Flip
  - <https://www.youtube.com/watch?v=OklvPueR9xs>

Coach will demonstrate flipping into a coffee cup

**There will be a casting course setup for the March 26 and April 16 practices!**

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Q/A ??

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