

See More, Be More

A Self-Discovery Program

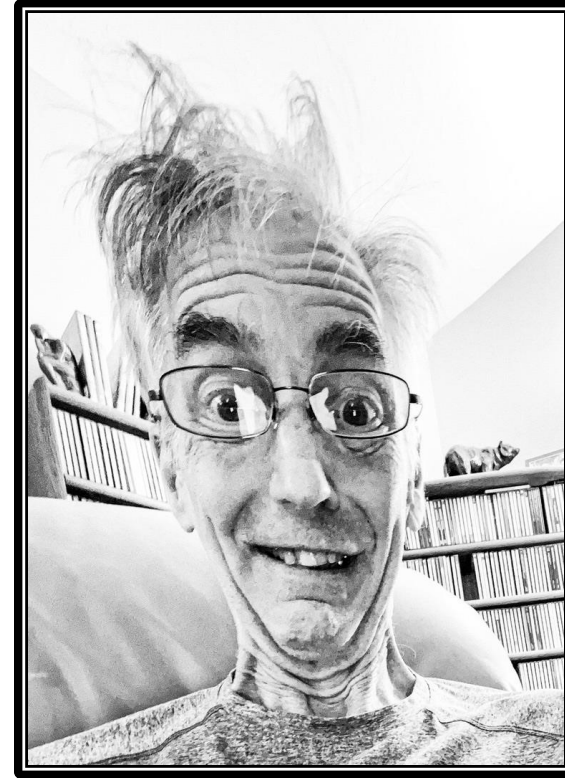
by Hal Mitcheltree

Farrell Foundation
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From Eye Sight to "I Sight "

What enters your eyes:

- Changes your brain
- Impacts who become
- Affects the rest of your life



Goals for Improving Your "I Sight"

Goals:

- Engage your brain
- Stir your emotions
- Spark your imagination

Approach to Improving Your "I Sight"

Approach:

- Take a thoughtful look at various images
- Discuss your reactions and observations with a small group
- Share with everyone what you and your group found most interesting

Exercising Both Eye Sight and I-Sight



Image subjects

Waterfalls



Clouds

Waves Crashing



Flowers



Animals



Architecture



Musical Instruments



Lake Erie



One Photographer's Toolbox

Visual Inputs

- Subject / Content
- Perspective
- Focus of Attention
- Depth of Field
- Colors
- Light
- Lines



Subjective Outputs

- Cognitive Observations
- Emotional Responses



Thank You!

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