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Dear Management:  Do you have random thoughts all over the place???  
  
Nothing with you, to write them down... and then end up losing them?  
  
Been there...    
  
But then I started doing this little trick and it's helped me greatly.  
  
I downloaded a voice recorder to my phone.    
  
So now, anytime I have a thought... I don't want to forget.  
  
I push a button and talk it out...  
  
With the best person I can...    
  
Myself.   :)  
  
Now... go talk to yourself!