

The Therapy Garden
London, United Kingdom

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Date:

Client Ref: HBT0115

Dear

Welcome to The Therapy Garden. My name is Michelle and I have over twenty years work experience in the mental health and natural healthcare fields. Your initial Homeobotanical Therapy session is booked for: Monday 1st January 2023 at 1pm.

An Assessment Form is emailed to you before your therapy session, attached to the Welcome email and this Welcome letter. Please download the Assessment Form and fill it in as best you can, either by typing into the form or printing and writing on it. The more information you provide about your past and present symptoms and personal development aspirations, the easier it will be for me to create the right homeobotanical remedy for you. Please return your completed Assessment Form to me via email or post at least two days before your homeobotanical therapy session, so that during the session we can spend time exploring the causes and conditions surrounding your symptoms and personal development needs, so they can be relieved, changed and achieved.

The homeobotanical therapy session will take place online via the Zoom meeting application. Please create a free Zoom account online. You will receive an email with a Zoom link that you simply click on at the date and time of your appointment. You will be prompted to login to your Zoom account and then the meeting will open.

During the initial assessment I listen to your story and what your symptoms are now. I ask questions to get further clarification and learn what the lifestyle causes and conditions may be. After I have gained a good picture of your health status, I then make a choice of homeobotanical remedies for you and let you know what they are, why I have chosen them for you, and what I think is the best way forward for you.

Following your consultation, I will undertake a detailed case analysis and when that process is complete a personalised homeobotanical remedy will be created for you. It will be posted to you with an information leaflet explaining the ingredients in your homeobotanical remedy. You will also be sent a homeobotanical therapy review card, setting out your treatment review timeframe, and invited to email or call to provide feedback on how your homeobotanical remedy is working for you, how your symptoms are alleviating, and how your health and wellbeing is improving.

Please don't hesitate to contact me if you have any questions. For your information, I also attach my policy document with this Welcome letter. I hope you have all the information you need to begin your natural health and wellbeing journey. Warm wishes, Michelle.