



April Update!

Thank you for your continued support for PFLAG Somerset! We hope that you are all safe and well during this difficult time. Although the decision was made to cancel the monthly virtual support meeting for April, the PFLAG Somerset Board is working on some creative endeavors for future support meetings. There are many exciting opportunities planned in the coming months that we can not wait to share with you!



Chill Out and Proud 2020

The Chill Out and Proud Organizing committee will be coming together in the coming weeks to work on a variety of virtual opportunities for celebration and community. We care about our community's health and well being as well as the desire for Chill Out & Proud. If you are interested in sharing your art or talents virtually, please sign up using the sign-up button below:

Sign-up

We look forward to hearing from you!



Contact Information:

If you or anyone you know are in need of support, here are a list of resources available to you!

- Pulaski
County
Food
and
Medical
Essentials
Hotline:
606-
451-
0810
- KY
COVID-
19
Portal:
<https://kycovid19.ky.gov>
- KY
Unemployment
Portal:
<https://uiclaims.des.ky.gov/ebenefit/>
- National
Suicide
Prevention
Lifeline:
1-

800-
273-
8255
or
<https://suicidepreventionlifeline.org>
to
chat

■ Trevor
Project:
1-
866-
488-
7386
or
<https://thetrevorproject.org>

■ Crisis
Text
Line:
text
“START”
to
741-
741

■ The
GLBT
National
Youth
Talkline
(youth
–
25
years
old):
1-
800-
246-
7743
or
<https://glbthotline.org/talkline>

■ National
Domestic
Violence
Hotline:
1-
800-
799-

7233

or

<https://www.thehotline.org/>

to

chat.

Additional resources can be found at <https://pflag.org/hotline>

For more information, please visit our Facebook page:

[Facebook](#)

Questions? Email us at pflagsomerset@gmail.com



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