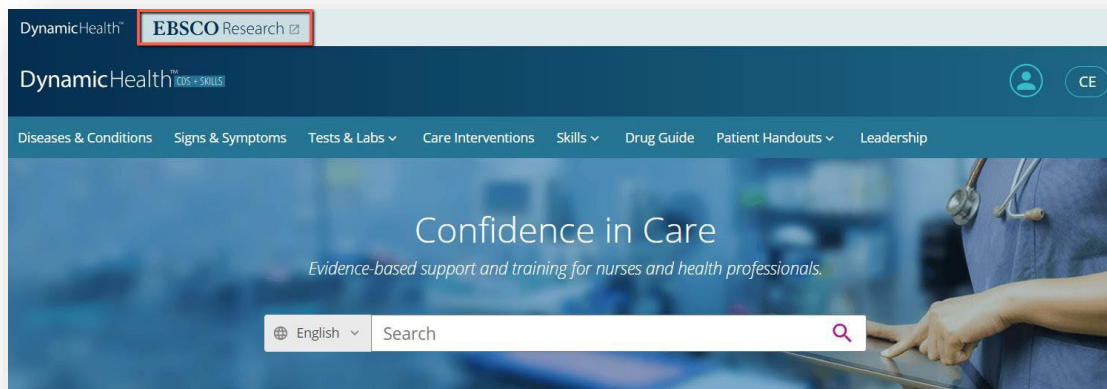


Welcome to STARsmartRN



SCAN & Click EBSCO TAB

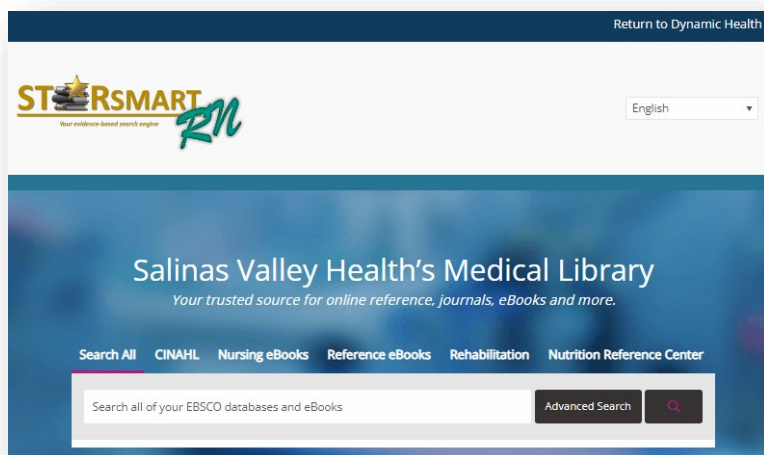


Dynamic Health & Our EBSCO Research Tabs - STARsmartRN

Finally, the tools you need... in one place... Dynamic Health and STARsmart. Now, with the EBSCO Research tab added to Dynamic Health, this new platform provides fast access our newest version of STARsmart... **STARsmartRN**.

In Dynamic Health, Click on the EBSCO Research tab to open a new browser tab, allowing you to switch between Dynamic Health and **STARsmartRN** tabs without losing your place.

Research Tab



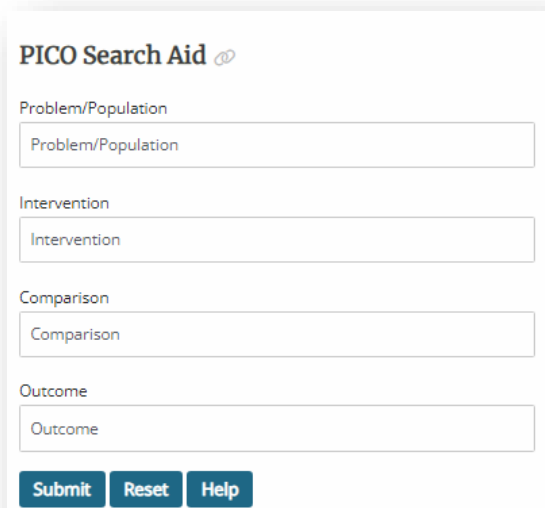
The tabs on **STARsmartRN** include all of our evidence-based resources:

- **Search All** tab – Searches all of STARsmart
 - **CINAHL** – Searches only CINAHL Ultimate resources
 - **Nursing eBooks** – Search our Nursing eBook Collections from EBSCO & R2Digital Libraries
 - **Reference eBooks** tab – Search all of STAT!Ref reference eBooks
 - **Rehabilitation** – Search our Rehabilitation Reference Center
- and our Rehabilitation & Sports Medicine Journal collection
- **Nutrition Reference Center** – Search our Nutrition resources

Search Resources

1. Choose the resources to be searched by clicking on a tab.
2. Enter your search term and click Search.

PICO Search Aid



PICO Search Aid ⓘ

Problem/Population

Intervention

Comparison

Outcome

When searching for the answer to a clinical question in **STARsmartRN** (our evidence-based search tool), it is easier if you can focus that clinical question.

A clinical question needs to be directly relevant to the patient or problem at hand and phrased in such a way as to facilitate the search for an answer.

PICO makes this process easier. **PICO** is a mnemonic used to describe the four elements of a clinical question. If your search includes those elements, you will be on target.

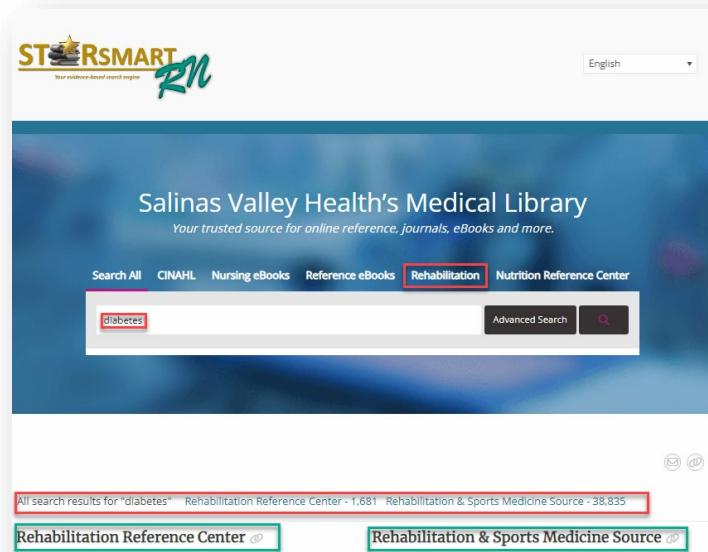
Find the **PICO** Search on the home page of **STARsmartRN** and search with focus. Answer these four elements... and SEARCH!

- **Patient/Population**
 - **REQUIRED:** Identify the *patient problem or population*. Describe either the *patient's chief complaint or generalize the patient's comparison to a larger population*.
- **Intervention**
 - **REQUIRED:** Include the use of a specific diagnostic test, treatment, adjunctive therapy, medication or recommendation to the patient to use a product or procedure.
- **Comparison**
 - **RECOMMENDED:** The main alternative you are considering. It should be specific and limited to one alternative choice.
- **Outcome**
 - **[OPTIONAL]:** Specify the result(s) of what you plan to accomplish, improve or affect and should be measurable. Specific outcomes will yield better search results and allow you to find the studies that focus on the outcomes you are searching for.

You are prompted with a description of each element, as you complete the form.

Result List

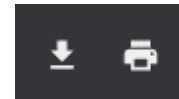
- The top 5 results for resource each type are listed with details.
- Use **"See More"** link to switch to a resource tab with further limiter and filter options.



Full Text Access

Read Online

Use **Read Online** to access the full text viewer. The full text can be downloaded or printed.



Use Read More to open the detail record on EBSCOhost.

Note: You may need to sign in depending on your institution settings.

Detail Page

Click on a title to show the full details for the article/eBook.

Access Now

Use **Access Now** to access the full text viewer. The

full text can be downloaded or printed.



InterLibrary Loan

If an article is not in our collection, you can request a copy through InterLibrary Loan

[Request this item through interlibrary loan](#)

Result Page

The results page will show for the chosen resource(s)

The screenshot shows the Salinas Valley Health's Medical Library search results page. The header includes the library name and tagline. Below is a search bar with 'diabetes' entered. The results section shows 81 - 90 of 36,788 EBSCO results. A filter for 'Content Provider: Rehabilitation & Sports Medicine Source' is applied. The main result is titled 'Mediation of the Relationship of Acculturation With Glycemic Control in Asian Americans With Diabetes.' and includes details about the publication type, source, authors, abstract, and subjects. A 'Read Online' button is visible at the bottom of the result card.

Refine Search

- Use the limiter, expander and filter options to refine the search
- Use the chevron to expand or collapse each Filter.
- The list is automatically refreshed after every selection
- Filters applied to the search are displayed at the top of the result list.

This close-up shows the 'Limiters' section of the search results page. It includes a dropdown arrow and three checkboxes: 'References Available', 'Full Text', and 'Academic (Peer-Reviewed) Journals'. The 'Full Text' checkbox is currently selected.

Result Display

- Results can be displayed in list or grid style.
- Up to 50 results can be displayed per page.
- Results can be sorted by Relevance or Date.

The screenshot displays the STARSMART search results page for the query "diabetes". The interface includes a sidebar with filters (Limiters, Expanders, Refine Search, Subject, Publisher, Publication, Language, Content Provider) and a main results area. The results are shown in a grid style, displaying three articles:

- Mediation of the Relationship of Acculturation With Glycemic Control in Asian Americans With Diabetes.**
Publication Type: Academic Journal
Source(s): American Journal of Health Promotion, Feb2022, Vol. 36 Issue 2, p279-287, 9p.
Authors: Sanjeevi, Namrata
Abstract: Purpose: To assess the role of physical activity and healthcare access in mediating the association of acculturation with cardiometabolic health in Asian American adults with diabetes. Design: Cross-sectional study. Setting: National Health and Nutriti...
- Perceived Stress as a Pathway for the Relationship Between Neighborhood Factors and Glycemic Control in Adults With Diabetes.**
Publication Type: Academic Journal
Source(s): American Journal of Health Promotion, Feb2022, Vol. 36 Issue 2, p269-278, 10p.
Authors: Egede, Joshua K, Campbell, Jennifer A., Walker, Rebekah J.
Abstract: Purpose: Neighborhood factors such as crime, discrimination, and violence are increasingly recognized as correlates of poor glycemic control. However, pathways for these relationships are unclear. This study examined stress and self-efficacy as potenti...
- The effect of health-promoting lifestyle education program provided to women with gestational diabetes mellitus on maternal and neonatal health: a randomized controlled trial.**
Publication Type: Academic Journal
Source(s): Psychology, Health & Medicine, Jul2021, Vol. 26 Issue 6, p657-670, 14p, 1 Diagram, 5 Charts.
Authors: Ural, AsliKizilkaya Beji, Nezihe
Abstract: Gestational diabetes is associated with adverse health outcomes for mother and offspring. The purpose of this study is to investigate the effects of the Health-Promoting Lifestyle Education Program provided to women with gestational diabetes on materna...

Full Text Access



Use Read Online to access the full text viewer.
The full text can be downloaded or printed.

Helpful Resource Links

Also, provided for easy access: links to **STARsmart**, **Nutrition Reference Center** and **Rehabilitation Center** for their additional features.

The Resources section displays three links:

- STARSMART**: Your evidence-based search engine
- Nutrition Reference Center**: EBSCO
- Rehabilitation Reference Center**: EBSCO