



THE CENTER *for*  
**HEALTHY**  
MASCULINITY

# Inner Work, Outer Life Spirituality and Men's Mental Health

November 6, 2025, 10 am - 4 pm

Pepperdine University (West LA Campus)

Graduate School of Education and Psychology

## Why This Symposium Matters

This symposium brings together practitioners and experts across the many fields connected to men's mental health, inviting each to reflect on the ways **spirituality** and **faith** help them meet the objectives of their work.

Our aim is to identify the rich diversity of **connections between spirituality and psychology** as they appear in practice — whether in social work, therapy, psychology, community activism, volunteer and non-profit work, or religious, interfaith, and ecumenical work. From there, we highlight how leaders in these fields translate principle into practice, inviting students, faculty, and community leaders into a vibrant dialogue about how we help men build lives on solid values, drawing on the many touchstones of spiritual growth.

The Center for Healthy Masculinity is a 501(c)(3) nonprofit organization, so all sponsorship contributions are fully tax-deductible to the extent permitted by law.



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## Contact CHM

We welcome the opportunity to customize sponsorship recognition to align with your organization's mission and values.

For **questions** or to **confirm your sponsorship**, please **contact**:

Center for Healthy Masculinity

Dr. Jordan Smith (Executive Director)

Email: [jordan@thecenterforhealthymasculinity.org](mailto:jordan@thecenterforhealthymasculinity.org)

Phone: 310-745-6161

*Thank you for partnering with us to strengthen conversations  
about the inner work that transforms outer lives.*

## About the Symposium

### **Inner Work, Outer Life: Spirituality and Men's Mental Health @ Pepperdine University's West L.A. Graduate Campus**

## Event Overview

This one-day symposium brings together practitioners and experts across multiple disciplines—therapy, psychology, social work, spiritual direction, theology, community activism, and non-profit work—to explore the vital connections between spirituality, faith, and men's mental health.

We invite all attendees to reflect on how spirituality and spiritual practice inform their professional work and personal lives. The symposium identifies the rich diversity of spiritual and faith traditions that support men's wellbeing, and highlights how leaders across disciplines translate these principles into compassionate, effective practice.

Through keynote presentations, facilitated conversations, and interactive “circle” dialogues, we create space for students, faculty, practitioners, and community leaders to deepen their understanding of how men can build lives grounded in spiritual bedrock and guided by meaningful touchstones of growth.



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## Key Topics and Themes

- The intersection of spirituality and mental health in men's recovery and wellbeing
- Faith, values, and meaning-making in times of crisis, trauma, and transition
- Interdisciplinary approaches: theology, psychology, social work, and spiritual direction in dialogue
- Spiritual practice and contemplative traditions as resources for healing
- Building inclusive, spiritually-informed communities that support men

## Confirmed Speakers and Leaders

**Dr. Dee Dee Mayer, DMin, LCSW**, Chaplain of Pepperdine University

**Joe Provisor, MA, LMFT**, Circle Ways co-founder

**Rabbi Igael “Iggy” Gurin-Malous**, Head Rabbi at Beit T’Shuvah Addiction Treatment Center

**Dr. Chris Norris**, Pepperdine University, Graduate School of Education and Psychology

**Dan Griffin, MA**, CEO of Griffin Recovery Enterprises, co-founder & Board Chair The Center for Healthy Masculinity

**Dr. Jordan Smith**, President at Casa Tendo, Adjunct Professor UCLA Department of Asian Languages & Cultures, CHM co-founder

## Target Audience

This symposium is designed for **any interested humans**, which will especially include mental health professionals, therapists, social workers, chaplains, spiritual directors, counselors, educators, clergy, community leaders, activists, volunteers, researchers, and students—anyone committed to understanding and supporting men's spiritual and mental wellbeing.