

Long Covid Hope Project – A Collaborative Craft Celebration



At Brain Health Breakthrough CIC, we invited our wonderful community to share their creative ideas and designs for a collaborative craft piece — a celebration of our shared journey and a tribute to the courage it takes to live with the daily challenges of Long Covid.

Meet the Team & Explore Support for Energy-Limiting Conditions

Come and meet the Brain Health Breakthrough CIC team to discover practical ways to manage symptoms of energy-limiting conditions such as Long Covid, ME/CFS, and more.

 Friday 11th & Friday 25th October

 1:00pm – 3:00pm

 The Bureau, Blackburn

✨ Open Community Event – All Welcome

This launch event is open to both community members and professionals. Join us for an inclusive gathering to connect, learn, and celebrate together.

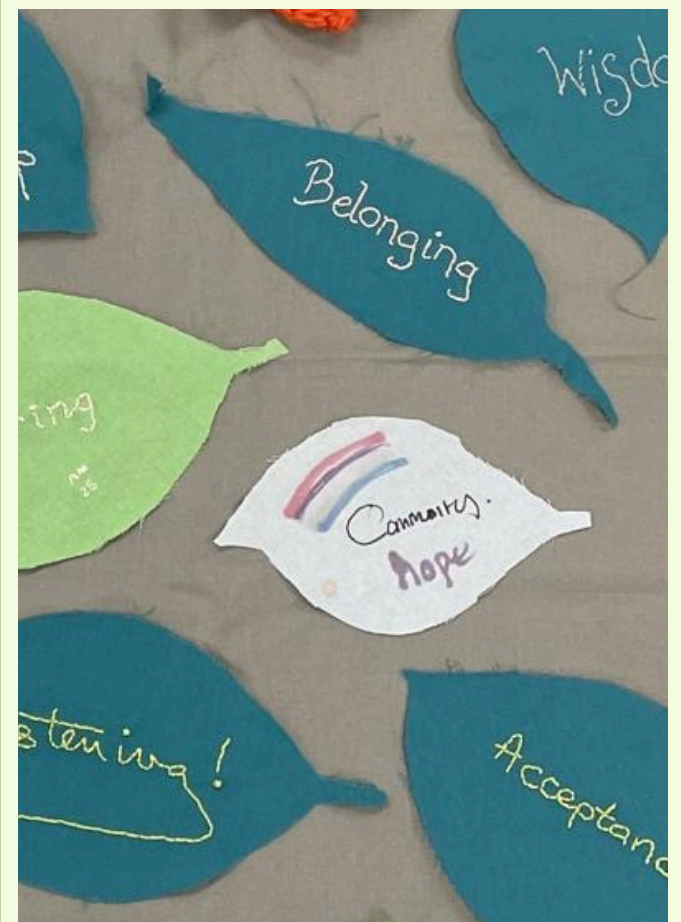
 Date: Friday 10th October

 Time: 1:00pm – 3:00pm

 Venue:

The Bureau Centre for the Arts

5 Exchange Street, Blackburn BB1 7JN



We're proud that our craft project is being displayed at The Bureau Centre for The Arts, as part of the British Textile Biennial.

 Exhibition Dates:

Saturday 4th October – Friday 1st November 2025



Brain Health
BreakthroughCIC