Volunteer Work-based Skills Description

An opportunity for adults and young people to gain work-based skills in an outdoor environment, plus opportunities to gain accredited qualifications in Basic Horse Care-Grooming and Cleaning of Horses and Tack.

Work-based training may include:

- Mucking out the stables
- Preparing fresh bedding
- Refilling and checking water supplies
- Sweeping yard
- Mix feeds for horses
- Bring in horses from the field into the stable
- Horsemanship/grooming including being sensitive to the animal's behavior
- Leading with rope work

Other skills may include:

- Learn about the wildlife around the farm
- Follow instructions
- Implementation of Health and Safety around the yard
- Increased confidence, and ability to regulate emotions through interaction with horses
- Calming techniques/emotional self-awareness
- Being part of a team

Location:

Adventure Neighground, Accrington (Green Haworth) off Willows Lane at the top

To book, or for more information, contact: karen@brainhealthbreakthrough.co.uk

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