

NEPHRO WARRIORS

United for Kidney Wellness, Together We Thrive

Our Purpose

The purpose of Nephro Warriors is to help raise awareness of the widespread issue of chronic kidney disease (CKD) and the critical need for living kidney donation. We aim to provide a dedicated service focused on patient advocacy, empowering individuals to navigate every stage of their renal health journey. We dispel common misconceptions about dialysis—including its various modalities and methods—and lifestyle considerations so that patients, care partners, and loved ones can make informed decisions regarding their care. Furthermore, we provide a supportive space for people to connect, exchange information, and share experiences within a caring, non-judgmental environment rooted in positivity, community support, and collective action.

The Reality of Kidney Disease

There is a troubling lack of public attention surrounding kidney disease, even though an estimated 35 million people suffer from some form of the condition—representing nearly 1 in 7 adults. Despite these staggering numbers, mainstream media rarely discusses the scale of the crisis. Nephro Warriors is committed to increasing visibility, fostering robust support for research and development, and driving momentum toward innovative treatments and, ultimately, a cure.

Our Origin & Lived Experience

Nephro Warriors was born out of a profound personal experience. In October 2024, Founder and Executive Director Patrick Kurtis Colson was diagnosed with End-Stage Renal Disease (ESRD) following an urgent visit to his optometrist, who discovered sky-high blood pressure and severe retinal hemorrhaging. Three years prior, a heart attack and Type 2 diabetes diagnosis had gone inadequately managed by overwhelmed HMO doctors who failed to properly monitor kidney function or schedule timely follow-ups.

After facing emergency hospitalization and starting dialysis, Patrick navigated the complexities of In-Center treatment, Peritoneal Dialysis, and Home Hemodialysis. Demonstrating the resilience forged over 20 years in the heavy equipment and construction industry building roads and infrastructure, Patrick fought not just to survive, but to thrive. That journey culminated in a successful **kidney transplant on September 1, 2026**. Today, Nephro Warriors stands as a beacon of hope spanning diagnosis, dialysis, transplantation, and lifelong wellness.

Our Core Values

Our organizational framework is built upon six foundational principles:

Value	Commitment
Compassion	For the patients, care partners, and loved

Value	Commitment
	ones walking this path.
Courage	To empower patients to take charge of their health and make informed decisions.
Integrity	Ensuring all shared information is rigorously verified, vetted, and reliable.
Collaboration	Working hand-in-hand with medical professionals, advocacy groups, and community partners.
Boldness	Raising awareness fearlessly and bringing urgent national attention to kidney disease.
Encourage	Promoting registration and active participation in living donor programs.

Looking to the Future

Operating as a California nonprofit public benefit corporation, Nephro Warriors is built for lasting impact. From our foundational community initiatives like Battle Buddies and Nephro Corps to our expanding advocacy through music, media, and local engagement with the Lake Forest Chamber of Commerce, we look to the future with clear vision. We aim to establish a dedicated foundation that expands support programs for dialysis patients, transplant recipients, and their families, while funding innovative research and development for new treatments.

At the end of the day, we are motivated to make a difference. Join us in building a community of change-makers.

“We Don’t Get Bitter, We Get Better”