



# OFFICIAL MEDIA BOILERPLATE

[www.nephrowarriors.org](http://www.nephrowarriors.org)

Nephro Warriors is a grassroots kidney wellness organization dedicated to empowering individuals navigating the daily realities of chronic kidney disease (CKD) and dialysis. Built on the guiding principle "Together We Thrive," the organization provides a relatable, community-driven bridge between clinical medical advice and the lived patient experience. Through practical "how-to" tutorials, motivational content, and authentic peer support, Nephro Warriors helps patients master their nutrition, understand their treatments, and reclaim their mental strength.

Driven by a mission to ensure no one fights kidney disease alone, the organization advocates for a "warrior-centric" approach that dignifies the patient journey. By fostering a culture of resilience and proactive health management, Nephro Warriors is working to reduce health disparities and build a supportive global community for kidney health. For more information, media inquiries, or to support our mission, visit [nephrowarriors.org](http://nephrowarriors.org)

## Media Contact:

Patrick Colson
Email: <a href="mailto:nephrowarriors@gmail.com">nephrowarriors@gmail.com</a>
Phone: (877)717-1132
Socials: <a href="https://linktr.ee/Nephrowarriors">https://linktr.ee/Nephrowarriors</a>