

**2024 Lyman's Bleed Blue
Basketball Camp**

Registration

Participant Name:

Gender: _____ Grade: _____ Age: _____

Parent's name:

Tel: _____

Allergies: _____

Emergency Contact:

Name: _____

Tel: _____

Shirt Size:

YS YM YL S M L XL

Checks made to: Lebanon Sports Camps

Send registration and check to:

David F. Lopez

307 Beaumont Hwy. Lebanon, CT 06249

(Before July 8 to order the t-shirts)

Check here if you would like your child to participate in the Elite skills development, from 8am to 9am for an additional charge of \$50.00



Lyman's Bleed Blue Basketball Camp
Session 2

Lyman Memorial High School
917 Exeter Rd, Lebanon, CT 06249

david.lopez@lebanonct.org
aaron.lorenzo@lebanonct.org



**2024 Bleed Blue
Basketball Camp**

July 15-19

5 Day Camp

9am-2pm Grades 3-9

Cost \$160

Elite Skills 8-9am

Additional \$50



COACHES

David Lopez

David.lopez@lebanonct.org

- Girls Varsity Head Coach at Lyman Memorial High School
- Girls Team were ECC Champs Division 4
- Lyman Girls were #1 seed in ECC D2 Tourney, #6 seed in state
- Co-founder, Director and Coach of the AAU CT Spartans Elite Basketball Program
- Head coach of the CT Spartans Elite Basketball College Exposure teams
- Assistant Coach @ Idream 16U, CT's only Nike sponsored girls team

Aaron Lorenzo

aaron.lorenzo@lebanonct.org

- Boys Varsity Head Coach at Lyman Memorial High School
- Bacon Academy All State Player alumni
- Uconn Avery Point basketball player, where he earned as a sophomore an All Conference honors, and played in the All New England All Star game.
- Uconn graduate with a degree in communications
- Winner of the Scholar Athlete Award
- During the 2022-2023 season he led the Lyman Varsity boys team to their first state tournament semi-final since 1967
- Basketball trainer at Progression Training.

David Lopez Jr.

- Girls Varsity Assistant Head Coach at Lyman
- Girls Head JV Coach at Lyman
- Assistant Coach for 8th grade CT Spartans team
- 3x All Conference First Team All State
- 4 Year Starting Point Guard at Elms College

All three coaches are certified in First Aid and CPR

Trophies for MVPs Trophies for Finals MVPs Skills Challenge Trophies Championship Medals

Learn individual skills as well
as team concepts

What will you learn?

- ⇒ How to become a better ball handler
- ⇒ Techniques to improve your shot
- ⇒ How to be a better offensive and defensive teammate
- ⇒ Improve your skills with foot-work, passing, rebounding, free throws and dribbling
- ⇒ How to use your skills in a formal game
- ⇒ Exercises to use at home to become a better player
- ➔ Increase your basketball IQ
Most importantly - HAVE FUN!

The Elite Skills Session

(Not for beginners)

For player looking to get more advanced skill work:

- ♦ Guard skill work—2 ball handling, double and triple moves, advanced finishing such euro step, veer and hi finishing
- ♦ Big man post work—drop steps, jump hook, reverse, up and under
- ♦ Skills shooting—using Lyman's own Shoot Away Gun 8K shooting gun where athletes will be able to get over 200 shots

