

## Biodynamic Lymphatic Drainage

### Examination Questions:

Briefly describe your experience with the cork in the bowl of water:

How many node areas and where are they found in the head and the neck starting at the clavicle bone and ending at the forehead? Nodes are sometimes referred to as gateways.

For example: The Terminus-under the clavicle bone

Does lymphatic fluid have the ability to carry fatty acids and larger molecules that do not fit inside blood vessels and arteries?

Yes OR No

Which direction is the lymph flowing *inside* the facial cone?

The Terminus is the only place in the body where the lymph fluid passes across the body or laterally.

True Or False

The lymphatic system is a two way system.

True or False

What is the purpose of the lymphatic system

- A. Process and eliminate foreign agents in the body
- B. Transport larger molecules such as fatty acids
- C. To place chemical signatures on toxic elements to be destroyed
- D. All of the above

What is the name of the the lymphocyte that eat toxins and excrete protein? Hint: They are working inside the lymph nodes.

Name two things a client or a non practitioner can do to increase the vitality of the lymphatic system at home.

What happens if you press firmly when providing lymphatic drainage treatment to the face and neck?

The lymph nodes are located deeper in the body than the vessels?

True Or False

There are 3X more blood vessels and arteries than lymphatic vessels and capillaries.

True Or False

Why is grounding important to practice along with lymphatic drainage?

During which phase should you perform the palpation?

Passive Active In Between Passive and Active