

Catering: Our place or your place - take out and delivery available!

Also offering special events at Ocean Institute Dana Point

## Lunch

SERVED FROM 11:00AM - 3:00PM DAILY

### Salads

#### Tony's Briosia

organic baby greens topped with lean chicken breasts, almonds, feta cheese and strawberries; served with a side a light balsamic vinaigrette

12.00

#### Katia's

organic baby greens topped with lean chicken breast, candied walnuts, feta cheese, & dried cranberries served in a light raspberry vinaigrette

12.00

#### Cobb

chopped lean chicken breast with fresh tomato, avocado, bacon, hardboiled egg, & bleu cheese on a bed of romaine lettuce; served with ranch dressing

12.99

#### Classic Caesar

chicken breast, chopped romaine lettuce, shaved parmesan cheese, & homemade croutons in our traditional Caesar dressing

12.00

#### Salmon

15.95

#### Chicken or Tuna Salad

served on a bed of baby greens, topped with tomato, cucumbers and croutons.

11.50

#### Tuscan Salad

tomato, basil, onion, cannellini beans, & balsamic vinaigrette

11.99

#### Petite Mixed Greens

tomato, cucumber, feta cheese & croutons tossed in a light balsamic vinaigrette

5.95

### Sandwiches

your choice of fresh sourdough, squaw, wheat, rye, or focaccia bread/served with pasta, fruit or green salad

#### Chicken Salad Sandwich

lettuce & tomato

11.50

#### Albacore Tuna Sandwich

lettuce & tomato

11.99

#### Egg Salad Sandwich

lettuce & tomato

9.99

#### Ham and Swiss Sandwich

swiss cheese, lettuce, tomato & mustard

10.99

#### Turkey Breast Sandwich

provolone cheese, lettuce, tomato & mayonnaise

10.99

#### Grilled Veggie Sandwich

provolone cheese, mushrooms, squash, eggplant, onions, peppers, oil & vinegar

11.99

#### Fresh Veggie Sandwich

provolone cheese, lettuce, tomato, cucumbers, carrots, sprouts & avocado

11.99

#### Panini

Chicken Pesto - mozzarella, tomato, basil & pesto sauce  
Eggplant & Mozzarella - basil & marinara sauce  
Pastrami & Swiss - tomato & mustard

11.99

#### Tony's famous Soup of the day

5.50

#### Soup & Salad

11.00

#### Soup & Sandwich

10.50

#### Quiche & Soup

12.75

### Old Favorites

#### Stuffed Tomato

your choice of tuna, chicken, or egg salad; served with green, pasta or fruit salad

11.95

#### Quiche du Jour

served with your choice of pasta, fruit or green salad

11.99

#### Eggplant Parmesan

10.95

### Bistro Kids

chicken fingers & fries

8.95

macaroni & cheese

7.00

2 mini burger sliders with fries or fruit

7.00

angel hair pasta with parmesan & butter sauce

7.00

### Desserts

Chocolate Decadence

6.75

Tiramisu

5.50

Pannacotta

4.95

Crème Brûlée

5.50

Tina's Famous Coconut Cream Cake

6.75

## Beverages

Gourmet Coffee	Small	Large	Drinks	Small	Large
House blend	2.00	2.50	Soda	2.75	
Cappuccino	2.95	4.00	Iced Tea	2.75	
Mocha	2.95	4.00	Arnold Palmer	2.75	
Latte	2.95	4.00	Bottled Water		1.65
Chi Tea Latte	4.25		Homemade Lemonade	2.75	
Espresso	2.25	3.00	Orange Juice	2.45	2.95
Soy Latte	4.25		Mixed Berry Smoothie	4.95	
Milk	1.50		Banana Smoothie	4.95	
Hot Chocolate	2.95				

A 18% gratuity for parties of 6 or more will automatically be added to your check.

Catering available, ask your server for details.