



Top Notch Sports Men's Elite League

Integrity, Character, Leadership

2026 Rules and Regulations

1. Each game consists of two 20-minute halves.
2. The clock runs continuously except for the last 2 minutes of the 2nd half.
3. Overtime: If the game is tied at the end of regulation, a 3-minute overtime period will be played. The clock will stop with less than 1 minute remaining. Each team will receive one additional timeout. If the game is still tied after the first overtime, additional overtime periods will continue until a winner is determined. No extra timeouts will be given after the first overtime.
4. A 4-point shot can be made if BOTH feet are within the logo boundary, or if one foot is planted within the 4-point shot logo and the other foot is in the air.
5. Foul shots: A 1-and-1 free throw occurs on the 7th team foul, and two free throws are awarded on the 10th team foul.
6. Teams are allowed three timeouts, each lasting 60 seconds, per game.
7. Ball advancement is allowed once per half following a timeout.
8. Players must:
 - a. Wear an approved uniform that matches the team's colors and includes a number. One technical foul will be assessed for each player infraction, resulting in 2 points for the opposing team. For example, four illegal uniforms result in 8 points for the opposing team.
 - b. Arrive with at least four players who are appropriately dressed 15 minutes before the game. Failure to comply will result in a forfeit, and entry fees will not be refunded. Teams are still responsible for paying the officials' fees.
9. Fighting, aggressive behavior, and profanity will result in ejection from the game without a refund.
10. No player roster changes are allowed after the 3rd week of each session.
11. Players must participate in at least three games to qualify for the tournament.
12. Teams must pay a \$30 referee fee per official 15 minutes before the game.