

You are the most powerful cocreator. You can create an ABUNDANT THRIVING LIFESTYLE by intentionally choosing to change your subconscious beliefs, actions, and feelings to support your passions and purpose. Because we all need some inspiration, here are 5 GLO-Win tips to help you align with your tailor made purpose.



1. Ask for divine guiadance.

Surrender control and begin to pray and ask for daily guidance to move forward in the direction of your purpose and passions.

2. Let go of attachment to outcomes.

There are many ways your purpose can manifest in your life. Cultivate an open mind and an unwavering sense of trust and faith in unfolding your purpose.

3. Live in the present moment.

Stop reliving the past or worrying about the future, you will miss out on the blessings around you. Get in tune with the present moment by appreciating your "right here, right now" moments.

4. Celebrate your wins.

Don't get so hung up on the things that are not working. Look for every opportunity to celebrate how you have grown and your daily wins big and small.

5. Clean up clutter.

When you hold on to liabities you are not making room for assets in your life. Let go of ANYTHING that no longer serves you or does not help you to feel your best.

p.s. Are you tired of waiting until the new year to start a new resolution? Are you desperately wanting to manifest abundance, love, or success? Are you tired of attending all the self-help workshops and seminars and still not changing? Does the idea of discovering your purpose feel overwhelming or confusing? Does fear or doubt block you from taking action or maintain zeal? Are you craving 'more' in all areas of your life? Take your purpose to the next level to UNLEASH your tailor made purpose with me, Your Transformation Lifestyle Coach in our signature vision board workshop Paint with a Purpose.

