

PROFESSIONAL CARERS

Keeping Service Users and Carers up to date on the latest news, information, events and initiatives.

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NEWSLETTER

October 2020 - Autumn

Welcome to Professional Carers latest newsletter, providing you with an update on recent news, information, events and initiatives. We understand that some of you don't have access to our website or social media, so sending newsletters is a great way to keep you up to date with latest information. If you require this in a bigger font please let us know ☺



Get your Flu Jab!!

Winter is well and truly upon us. Now it is more important than ever to protect yourself not only against coronavirus, but also flu.

Every year flu is responsible for many thousands of deaths in the UK. The flu virus changes every year so even if you have previously had the vaccination you won't be protected against this year's strain.



Some at-risk groups, such as all those over 65 years and people with long-term health conditions, are eligible for a free flu vaccination on the NHS. If you are a health and social care worker, you are also entitled to this free of charge. Contact your GP, pharmacist or the Professional Carers team for more information.

PROTECT YOURSELF THIS WINTER AND BECOME A FLU FIGHTER!!

Face – Hands - Space



The Wirral is now deemed as a 'High Alert' area for the chances of catching coronavirus. This is a reminder that you should continue to protect yourself at every opportunity. The Hands, Space, Face is an easy way of remembering how you can stay protected and reduce your risk of infection.

Don't forget, following the changes to local lockdown restrictions, you must not meet socially with friends and family indoors in any setting unless they are part of your household or bubble. You must also not meet with people outside of your household or bubble in a private garden or in most outdoor public venues. Full guidance concerning this can be found by visiting www.wirral.gov.uk. Here you will find a host of information including support and infection control guidance plus much more.

Welcome To The Office Team!

A huge congratulations to Sally Martin and Shannon Mattocks who both join the head office team following internal promotions. Sally is our new Trusted Assessor working alongside Pauline West, whilst Shannon will be joining us as a Trainee Care Coordinator. Both staff have worked for us for many years in the roles of care, senior carer and more recently at Arrowe Park Hospital as part of the Home to Assess team. It is great to see that we are able to offer promotion and development opportunities to our existing workforce. We are sure you will join us in congratulating them in their new role ☺ Well done guys!!



VOTING NOW OPEN AGAIN FOR TEAM MEMBER OF THE MONTH!

Our care teams really have shone over the last few months. Working throughout the pandemic has been difficult for everyone involved – and despite the risk, our carers have continued to work tirelessly to ensure you and your loved ones are kept safe and well. This is why we have reopened our 'Team Member of the Month' award, with the next winner being announced at the end of October.



Following feedback from our staff, we have now also changed the prize, which includes an extra days paid holiday on us. Each carer will also receive a certificate plus an extra special 'Gold Badge' which the carer can wear with pride on their lanyard. No one likes a show-off, however on this occasion why not 😊

We have also made how you can vote easier, with our online voting form. If you know someone who deserves some recognition, or receive care from an outstanding individual, vote now and visit our website www.professional-carers.co.uk – you will then see a section that says 'VOTE FOR TEAM MEMBER OF THE MONTH'

The form only takes a few seconds to complete. All we ask for is your name, and a few details of why you believe this individual deserves 'Team Member of the Month'. GET VOTING NOW!!



AS A RESIDENT IN WIRRAL DID YOU KNOW YOU CAN CONTACT WIRRAL BOROUGH COUNCIL FOR HELP AND SUPPORT ?

CONTACT : 0151 666 5050



This helpline can help with numerous issues such as :-

- Self-isolation support payments
- Help with urgent food supplies
- Help if you are struggling with your council tax
- Details of local support services

The Help Hub

Have you been struggling emotionally since the pandemic began. The Help Hub offers free 20 minute online emotional support session for any individual who has found themselves struggling emotionally due to Covid-19. If you have found yourself on your own and feeling isolated and fearful - help Hub is here to help. Are you worried about your health or the health of another? Or do you have concerns about money, maybe you are feeling loss and confusion or grief – these are all valid reasons to get in touch. It is run by over 800 professional qualified therapists and counsellors who you can access via video call or telephone call through their online booking system - you can use the service as many times as you need and all you need to do is book an appointment via their website:-

www.thehelphub.co.uk



Remember... it's good to talk, ask your colleague and service user how they are doing today! This simply question could really make a difference.

CONGRATULATIONS CAROL LEECH AND ANGELA BUCKLEY – Both have been named our new 'Activity Coordinators' at St Oswald's Court Extra Care Scheme – In the new year, once the pandemic has eased, Carol and Angela will be assisting the scheme management in the coordination of events and activities for our residents 😊 We have lots of ideas pending and we can't wait to tell you what we've got planned. WATCH THIS SPACE!!

GOOD LUCK EMILY – Enjoy your maternity leave, love from all the team. Keep in touch xx

Need to contact a member of the team, telephone us as normal on 0151 638 4500. Alternatively, send us an email to info@professional-carers.co.uk or chat to us via social media! We are always here for you to help regardless of coronavirus! 😊