

PROFESSIONAL CARERS

Keeping Service Users and Carers up to date on the latest news, information, events and initiatives in Wirral.

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NEWSLETTER



Winter 2022 Edition

It's the most wonderful time....

Of the year!!!! Christmas is finally upon us, where has the year gone!!!! 2022 has brought with it lots of fond memories for our organisation as we finally came out the other side of COVID19. Because of this though, we have felt like the year has flown by. In this issue, we will be showcasing some of our most recent news including our latest award winners, details of our Alzheimer's 'Elf Day' charity event as well as our regular 'In the Spotlight' article.



The Christmas Festivities Continue!

Great to see our team at St Oswalds Court Extra Care arranging so many activities over the Christmas period this winter! Recent events have included an afternoon of 'Mince Pie and Carols' and also a special visit from Bidston Village CE Primary School Choir who serenaded us with their angelic voices!! We even had a dance or two to get those hips moving!

Well done...

To our latest "Team Member of The Month Award Winners" Tracy Worthington [attached to our Mobile Nights Team] and Jasmine Jones [attached to our Day Care Team].

Both recognized for outstanding caring competence and reliability, they each receive an additional days leave in their holiday entitlement. Well done ladies!



MERRY CHRISTMAS TO ALL OUR WONDERFUL SERVICE USERS AND STAFF!

We have been blown away with the generosity of many of our service users and staff who have sent us cards and gifts into the office for our wonder operations and frontline staff. Your thoughtfulness is appreciated, and we wanted to say 'Thank You'.

Thank you also to our staff working over the festive period who are working to support those who still require our support, sacrificing much of their own time to care for those in need. #HEROESDON'TWEARCAPES!

We wish you all a joyful, safe and happy Christmas this year as we enter the festive period.

In the Spotlight

Meet Mike Noyce, our Finance and I.T Lead. The go to person for all our payroll, finance and computer problems!! He keeps our systems running smoothly and makes sure our staff receive their wages on time! A very important job we are sure you will all agree with.



1] So Mike, how long have you worked in care and what roles have you completed.

I have worked for Professional Carers for nearly 5 years doing finance, payroll and IT

2] What do you enjoy about your job role?

No two days really being the same, the projects which end up on my desk and the problem solving which comes along every day.

In the Spotlight

3] If you could do another job for just one day, what would it be and why?

TV sound or lighting engineer because I love messing around with sound and lighting technology.

4] If you had to eat one meal, every day for the rest of your life, what would it be?

Probably a curry!

5] If you were stuck on an island what three things would you bring?

A laptop, a flute and a steady supply of red wine!
[For those of you that don't know, Mike is our resident musician!!]

6] Tell us an interesting fact about you that nobody knows.

I have a paddleboard leader permit which allows me to take groups out paddleboarding.

7] Tell us three words to best describe you.

Active, conscientious, loyal [we agree with that Mike, you are always on the go!!!!]

8] What is the one thing you can't live without.

Scouting.

Who would you like to see in the spotlight next time ... get in touch and let us know! You can contact the team on 0151 638 4500 or via email to info@professional-carers.co.uk ☺

COLD WEATHER ADVICE AND TIPS!



We've been seeing particularly low temperatures recently with some areas dropping anywhere up to -7 overnight.

Please be prepared this winter and follow our advice and guidance to stay safe.

Tips to keep your home warm, efficient and safe:

- Cold weather can have a serious impact on health, and it is therefore important to try and heat the rooms you use to at least 18°C if you can, particularly if you have reduced mobility, are 65 and over, or have a health condition such as heart or lung disease.

- Overnight, people may find bedroom temperatures of at least 18°C are good for their health.

- If you can't heat all the rooms you use, heat the living room during the day and your bedroom just before you go to sleep.

- Get your heating system and cooking appliances checked and keep your home well ventilated.

- If you have an electric blanket, use it as instructed and get it tested every three years. Never use a hot water bottle with an electric blanket.

- Do not use a gas cooker or oven to heat your home; it is inefficient and there is a risk of carbon monoxide poisoning which can kill.

Employee Perk Alert

Did you know that our staff and their families can receive discounts for Invigor8 gym and leisure facilities across Wirral. Find out more by visiting the blog section of our website.



Struggling with your mental health?

We recently invested in several of our team to complete 'Mental Health First Aid At Work' courses. This included our Registered Manager Carly, Sally our Trusted Assessor and Helen our company Trainer. If you are struggling with your mental health, get in touch to see how we can help and how we can sign post you to further support. It's ok to not be ok!

A huge thank you to our amazing team who recently took part in National Elf Day, helping to raise money for Alzheimer's. On 02nd December 2022 our team dressed up as 'Elves', bringing some early Christmas cheer and joy to our service users. We also supplied hot lunches to our staff, delivered mince pies to service users and held a raffle. In total we raised £1099.41 in cash donations – which was amazing!! Thank you to everyone who took part.



We've gone green ... meet our latest vehicles to hit the road!! We have recently purchased a fleet of fully electric pool cars to support our Care Workers and keep them on the road when they face difficulties with their own vehicles, avoiding delays in attending our service users care calls.

Fully insured, charged and available for use ... make sure you wave if you see them out and about ☺ Thinking about the environment and also reducing our carbon foot print, we love them that much, we are considering increasing the fleet to 4 in 2023/24.