

# POPP DAPP

ROVE 2024

BARCELONA  
NICE

Attractions, history, must-visits, & food!

BARCELONA  
BRIDAL  
FASHION WEEK 2024

*Aleksandra Starynets*  
On competence, sophistication, travel, & artistry!

THE TRAVEL ISSUE

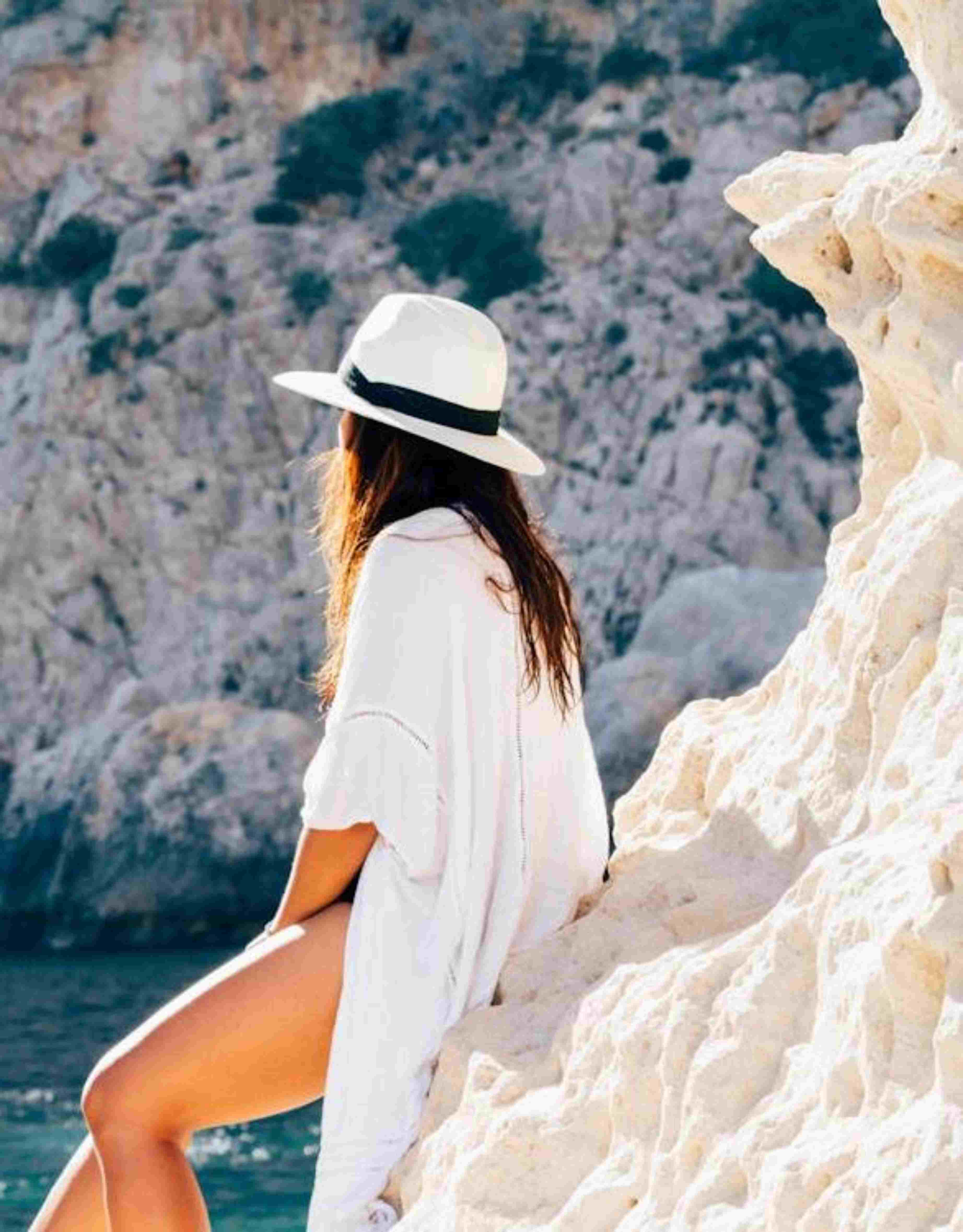




# POPP DAPP ROVE

Popp Dapp Rove is an annual travel doorway with admirably interesting travel locations & stirring pieces for those who adore travel. Venture on tempting global experiences with us!

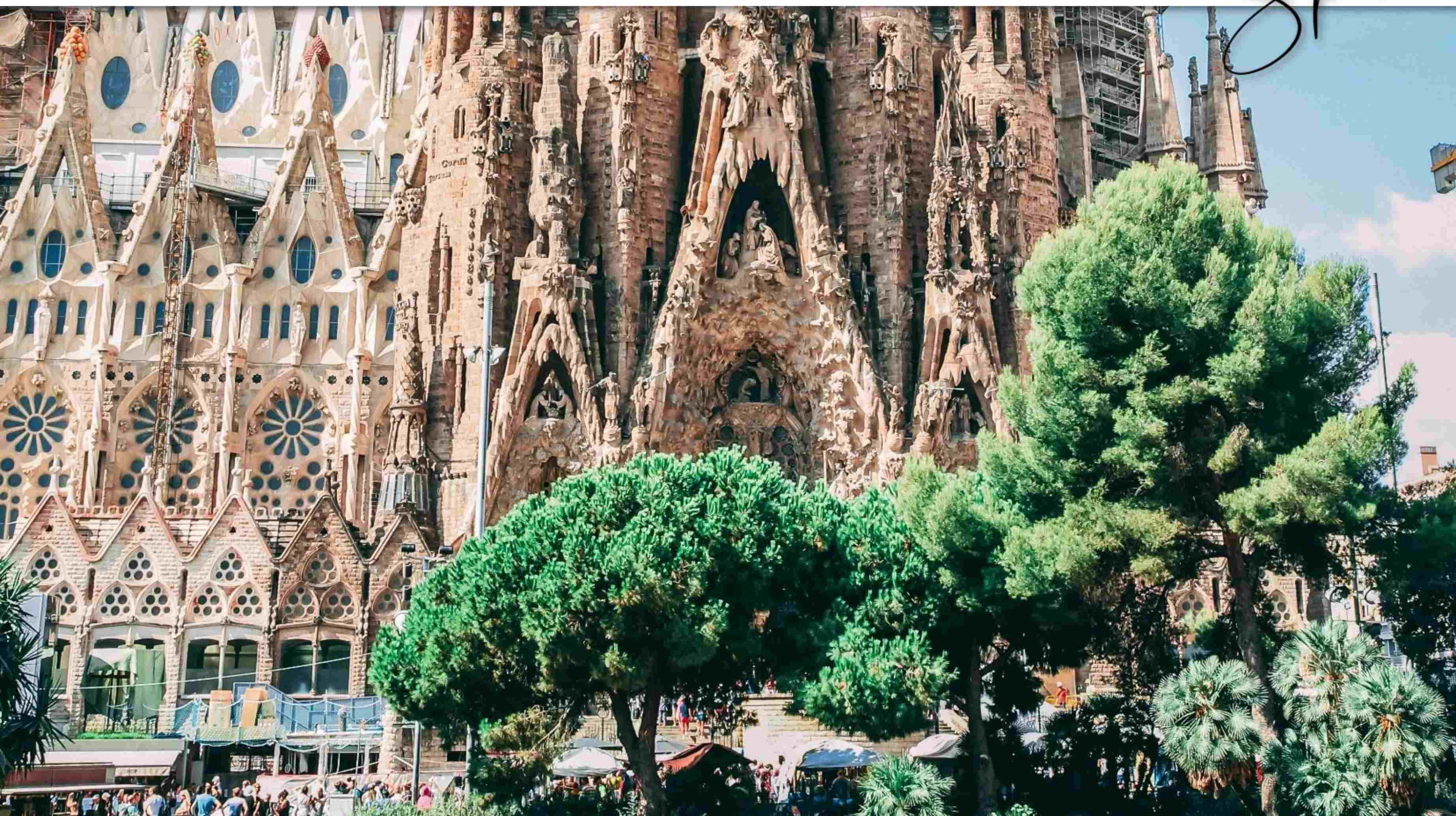








# BARCELONA *Spain*

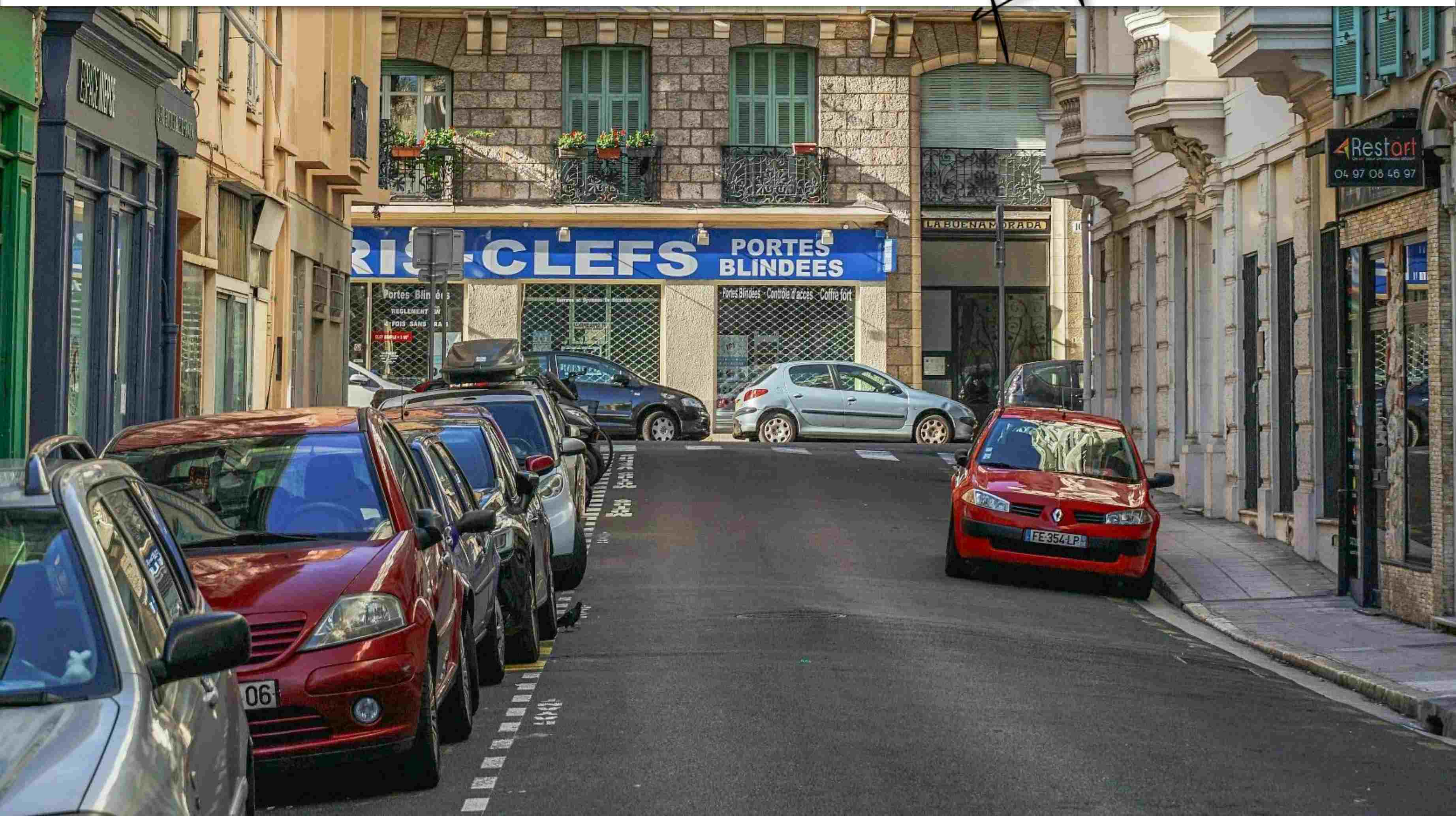




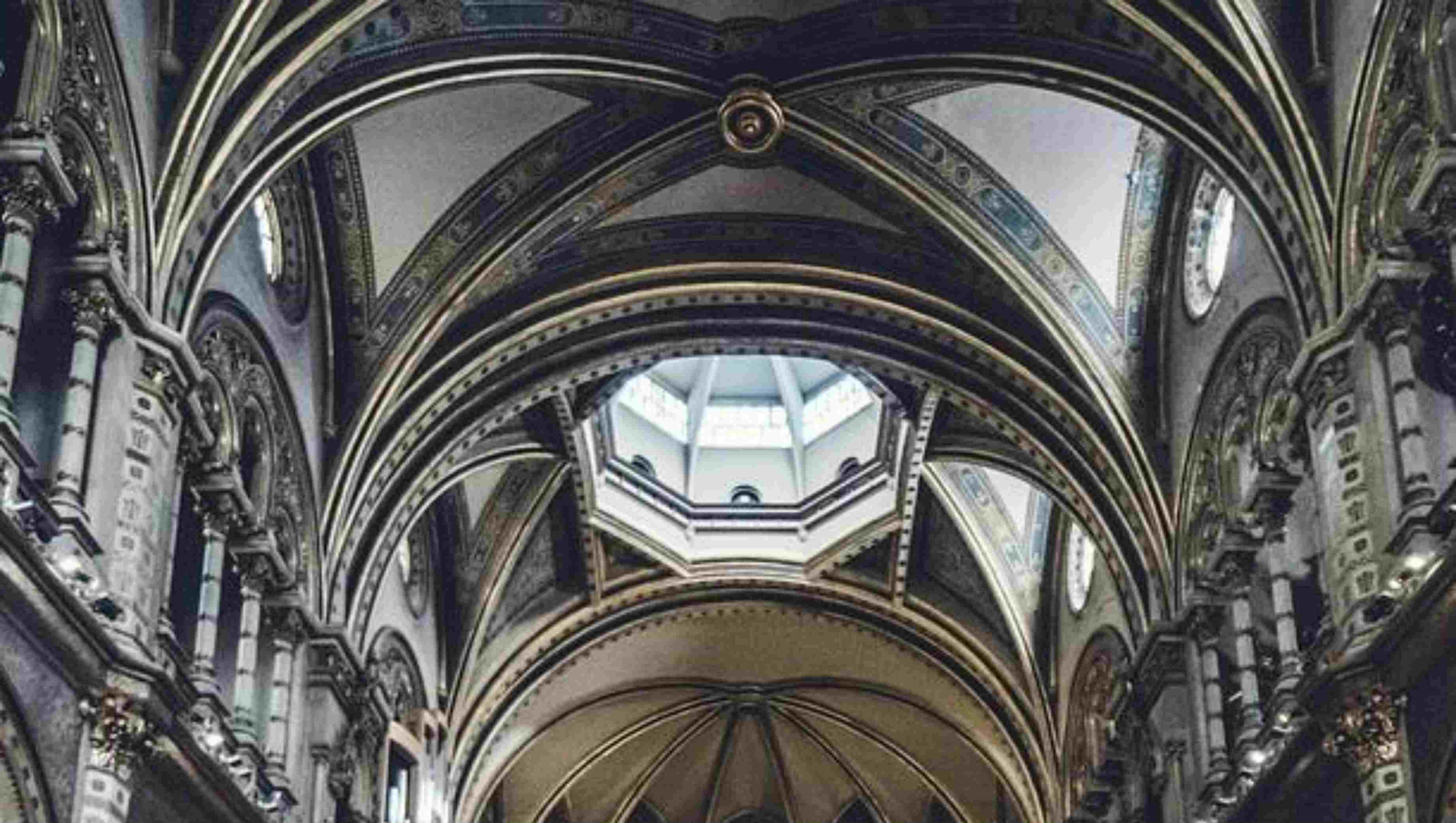


# NICE

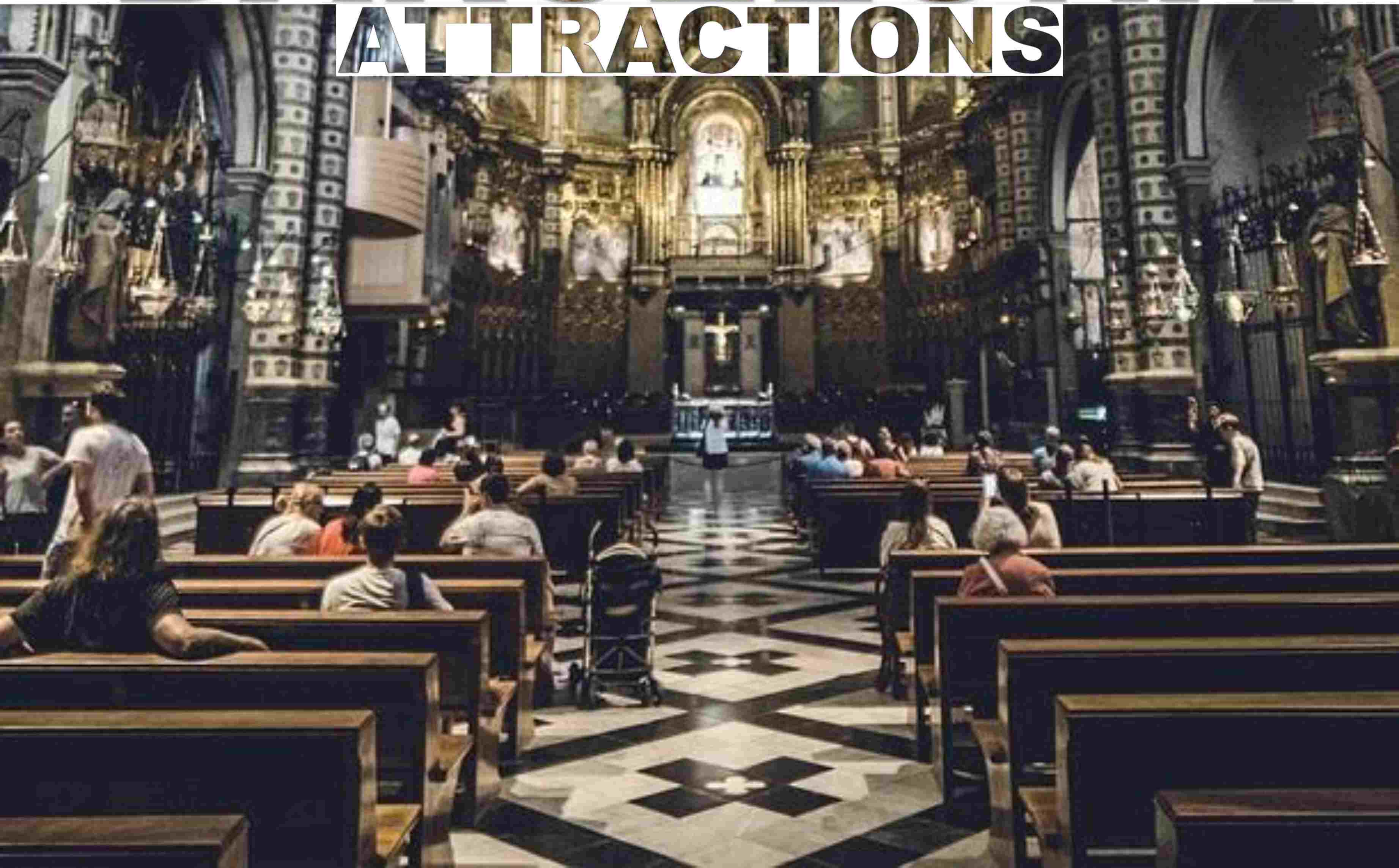
*France*







# BARCELONA ATTRACTIONS







## ABOUT THE CITY

**S**pain has lately evolved into a prominent travel & sightseeing magnet where people want to scour something distinguishable from usual travel destinations. Barcelona being the second largest city in Spain and extending its charisma with FC Barcelona, has become a must-visit for people planning to visit Europe.

Not just the ancient monuments like Arc de Triomf or Casa Vicens, Barcelona has recently found its other attractions such as Mercat dels Encants a modern commercial space – which is as picturesque as any other tourist spot! Of course, there are some not-so-welcomed changes that tourism brings with it, like congested market spaces, souvenir stands on the roads, overrated food & stay, etc.

But when we compare these hassles with the scenic beauty, historical monuments, and state of art commercial & residential spaces, and the vibe – all this is worth it! Barcelona is a unique mix of full-of-life theme parks & contemporary city attractions and distinguished & elegant museums!

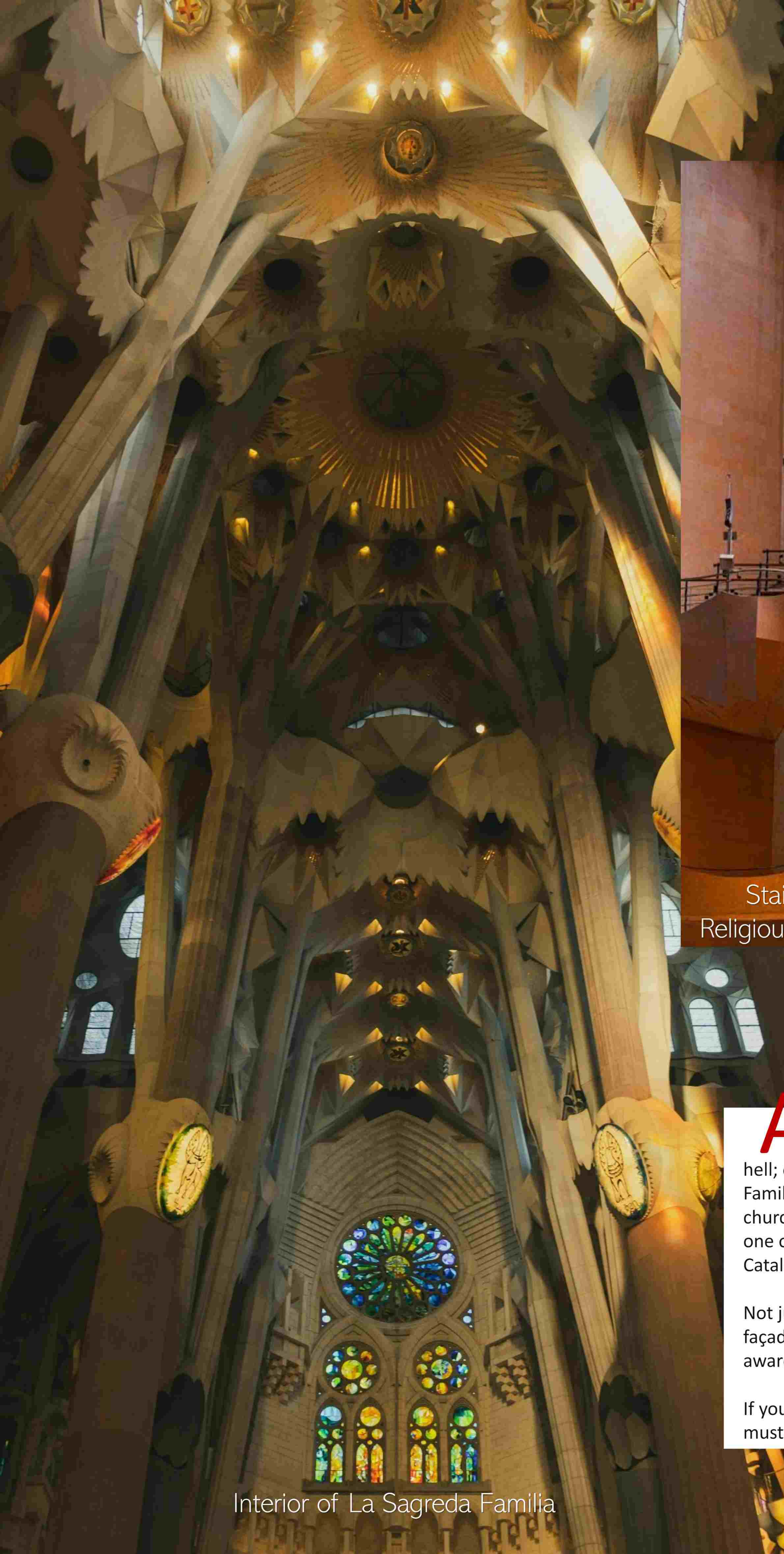
POPP DAPP provides you with a complete listicle for you to explore the city's historical haven, la cafeteria, restaurants, clubs, & sports bars. Vamos (Let's go!)



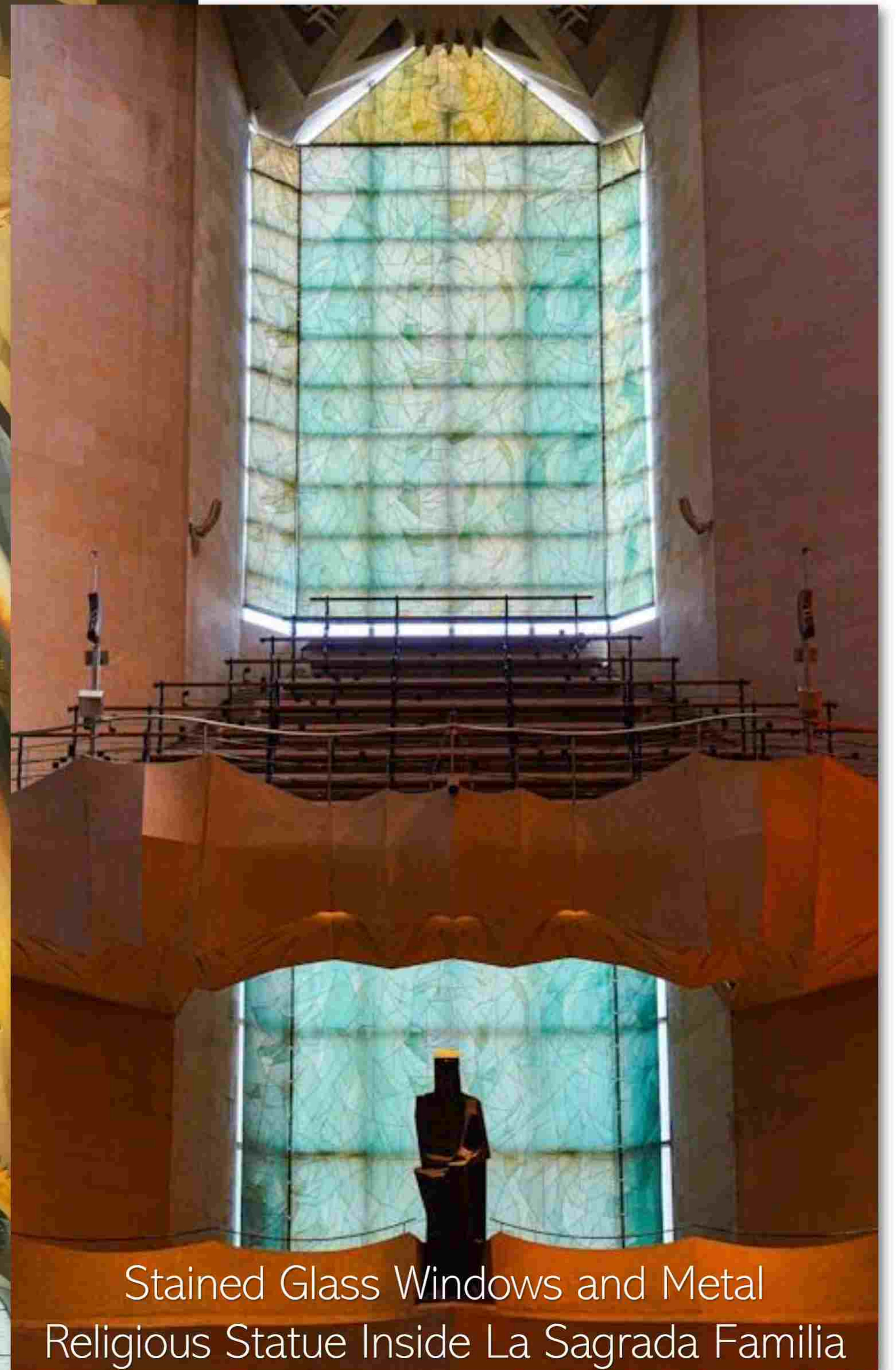


# LA SAGRADA FAMILIA





Interior of La Sagrada Família



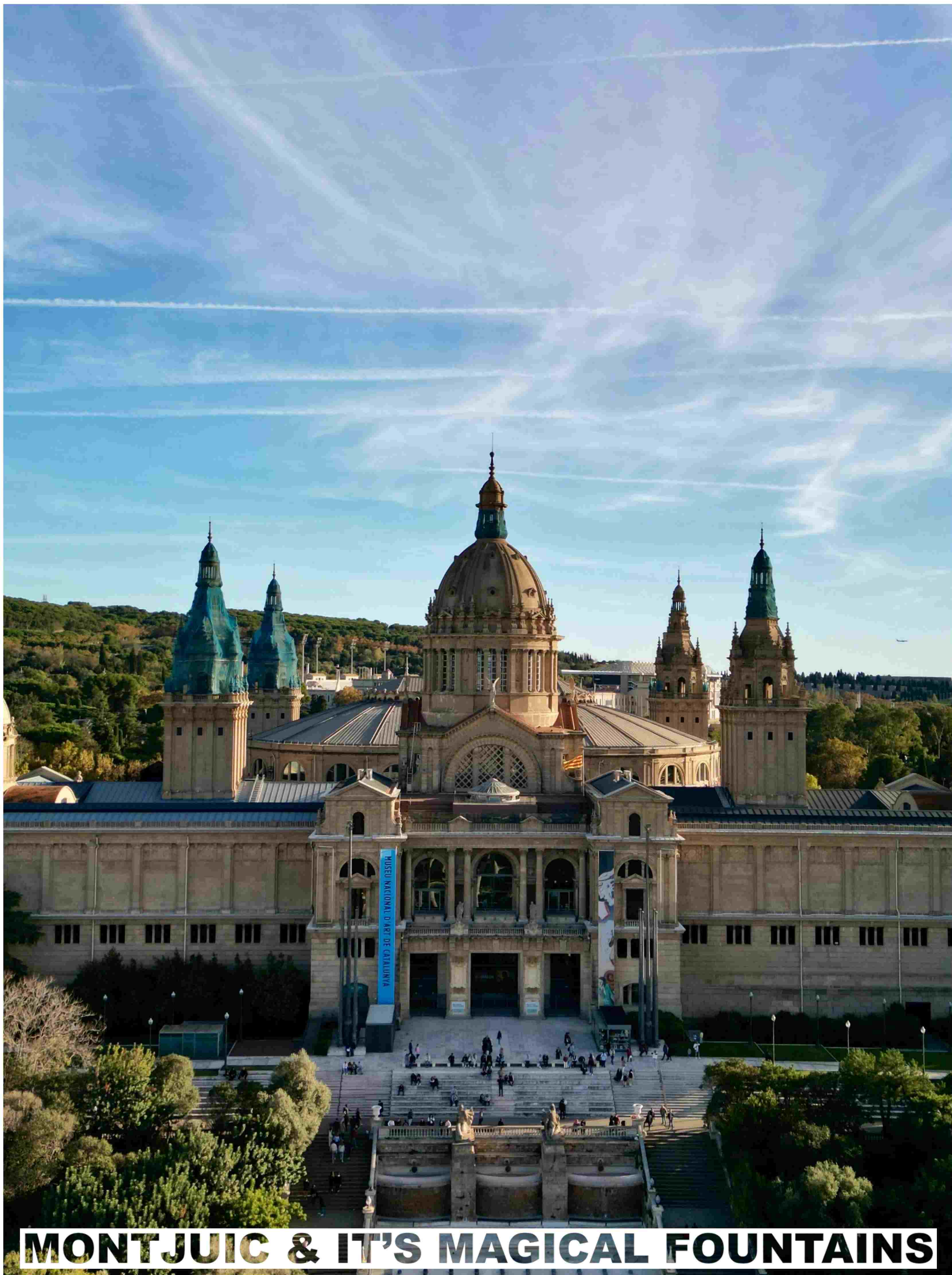
Stained Glass Windows and Metal Religious Statue Inside La Sagrada Família

**A**s they say, “There is no such thing as hell; only unfinished business”. La Sagrada Família is the world’s largest unfinished church, started its construction in 1882, and is one of the major art pieces of Antoni Gaudí, a Catalan architect & designer of Spain.

Not just a historical masterpiece, the nativity façade & crypt of La Sagrada Família is also awarded UNESCO World Heritage status.

If you are visiting Barcelona, it is certainly a must-visit!





# **MONTJUIC & IT'S MAGICAL FOUNTAINS**





**A** breathtaking exhibit of luminescence, colors, & melody at the foot of the Montjuic Mountains. This picturesque water stage dancing is the perfect spot to enjoy a serene romantic evening.

Surrounded by the scenic beauty of the mountains, amid the surroundings of ancient culture & history, and showcasing the contemporary reverence of youth!





# THE GOTHIC QUARTER



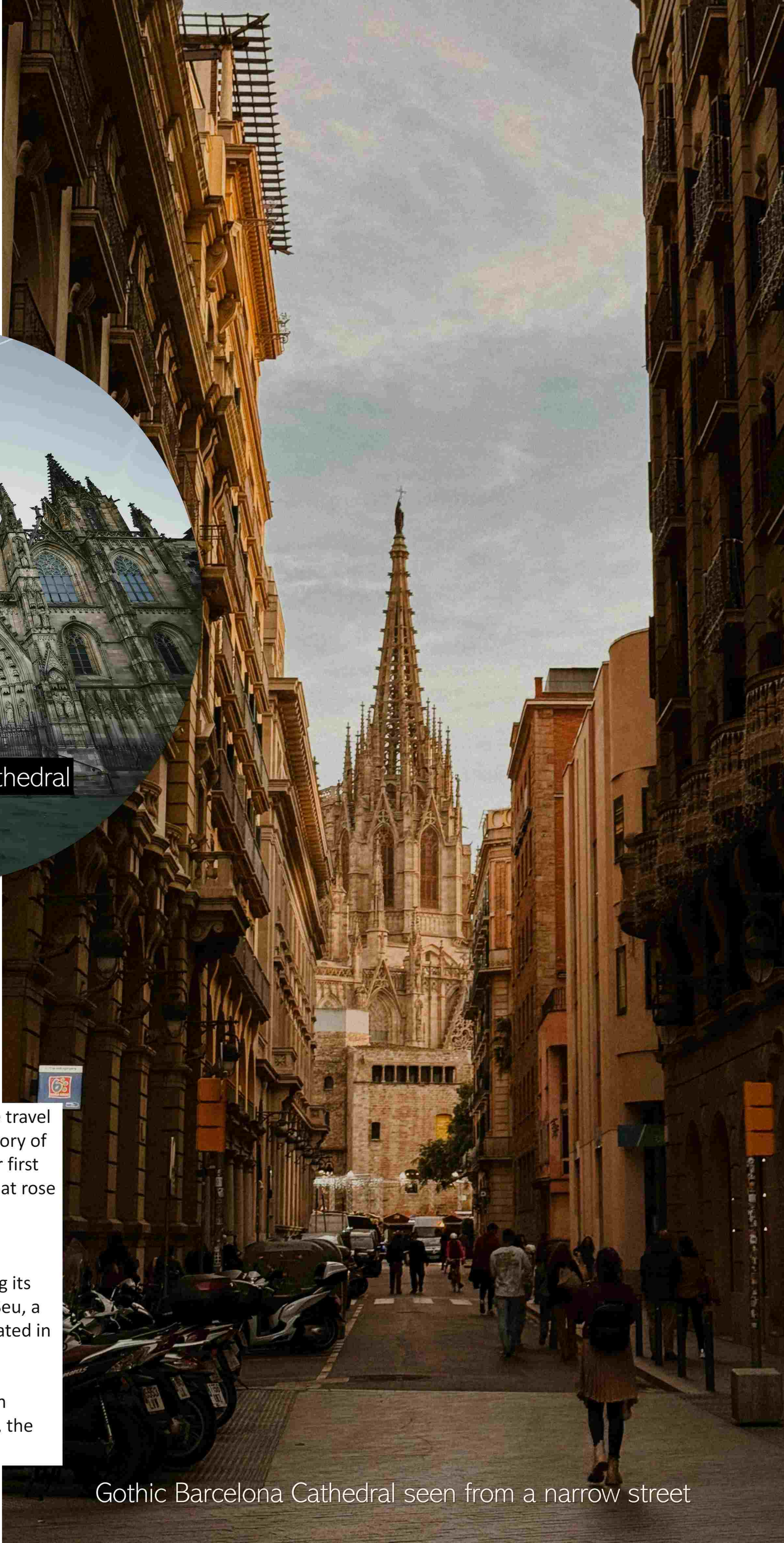


Facade of Barcelona Gothic Cathedral

If you are ready for a gothic time travel – this is the location for you! With a history of Romans claiming the land, building their first settlement, and fortifying a thick wall that rose to 60 feet and boasted 78 towers.

A historical location filled with characters & stories is open for exploring its narrow lanes & remains of the wall. La Seu, a Gothic architecture cathedral is also located in the middle of the monument.

Though the quarter is now much populated with sweet & souvenir shops, the real essence of its history is still intact!



Gothic Barcelona Cathedral seen from a narrow street





**LA RAMMBLA**



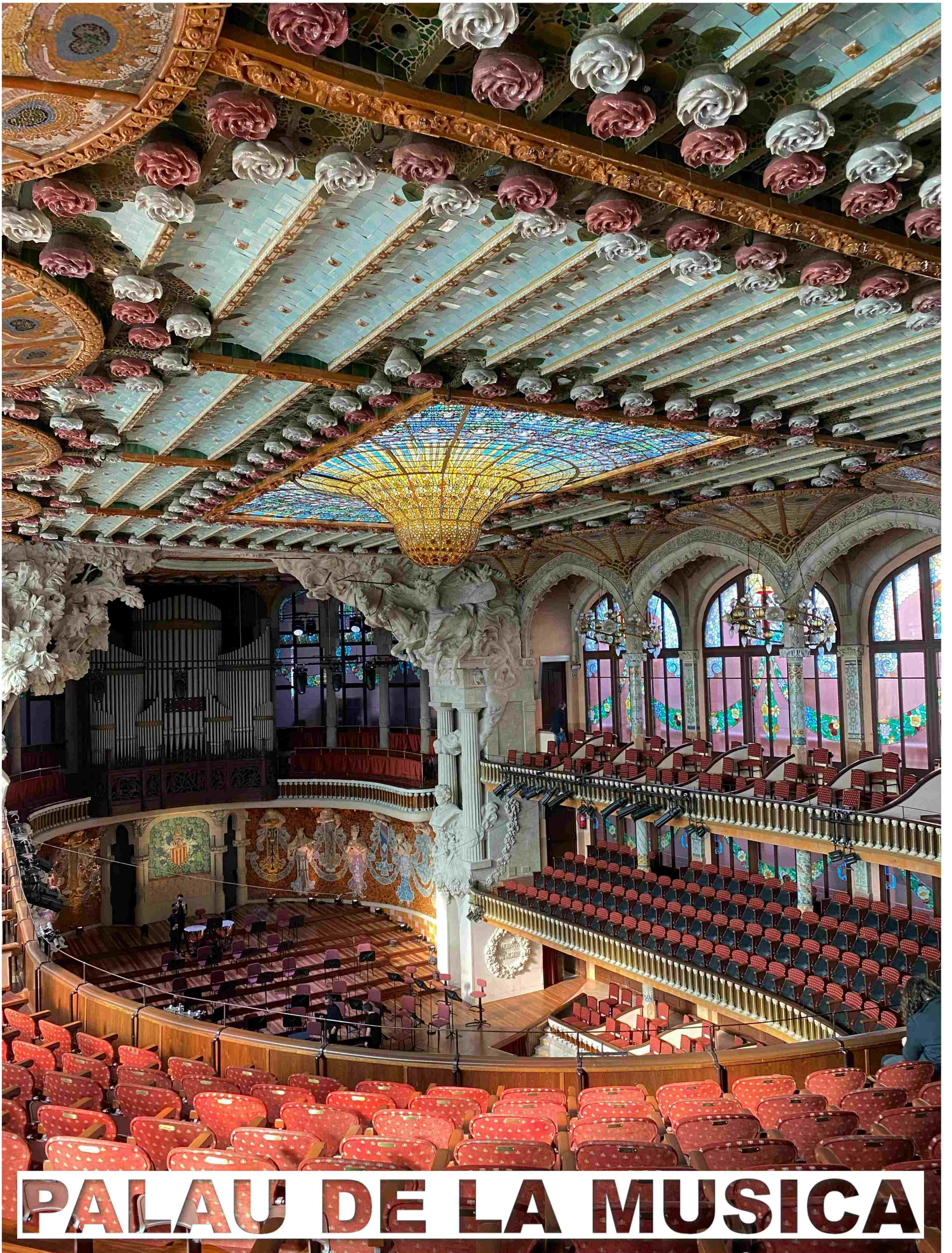


**A**lmost a mile-long footslogger avenue from Plaça Catalunya to Port Vell captures the true essence of Barcelona. A city that has integrated its rich antiquity with the newfangled charm.

Initially fragmented into five small Ramblas (rambles), Rambla de Canaletes, Estudis, Sant Josep, Caputxins, and Santa Mònica – now is one long street.

La Rambla (or Las Ramblas) is filled with vintage florists, gelaterías, and sweet shops where you can relish the taste of the city with all your senses!

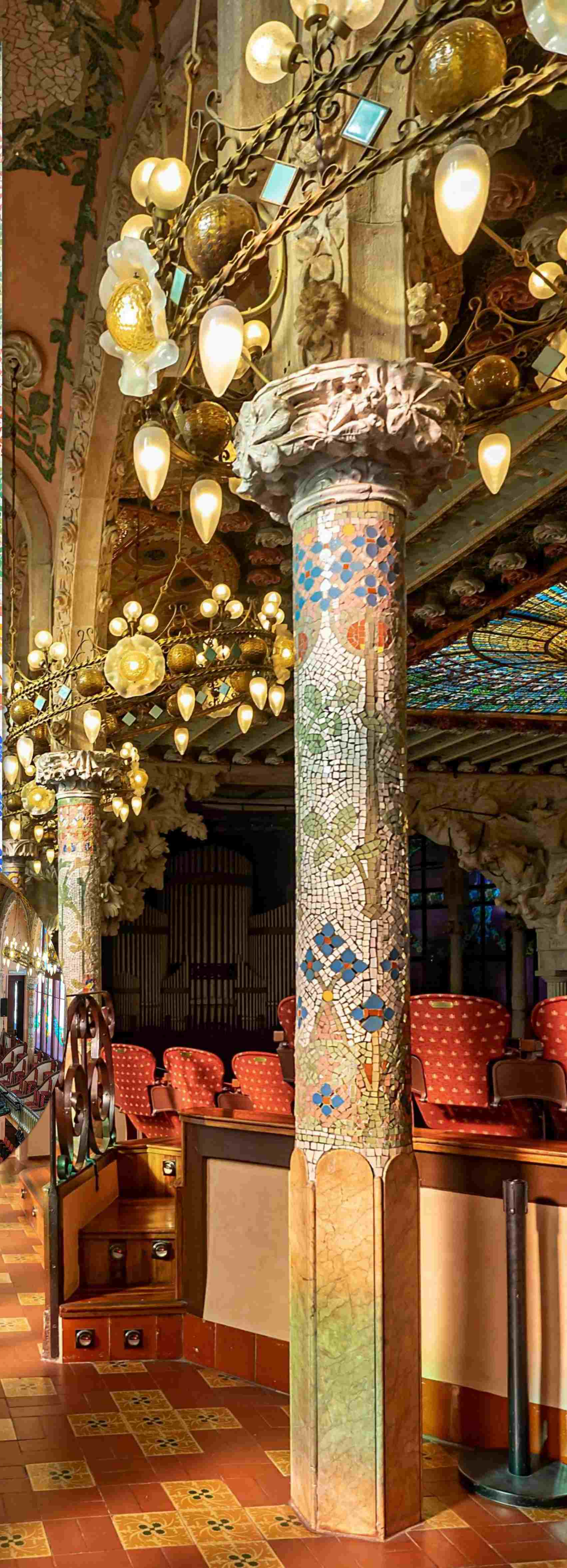




# PALAU DE LA MUSICA



Columns Decorated with Mosaic at Palau de la Música Catalana



**S**tained glass, sculpted stone, and brick concert hall constructed by the finest Catalan artisans of the time (from 1905 to 1908). Palau De La Musica now contains a beguiling hallway, antechamber, and exquisite restaurant areas which further connect you to the mosaic-adorned pillars ennobling the fore sundeck.

The main auditorium/ concert hall is a vision and true example of expeller architecture & artistry.

It's a treat for the music & art lovers!

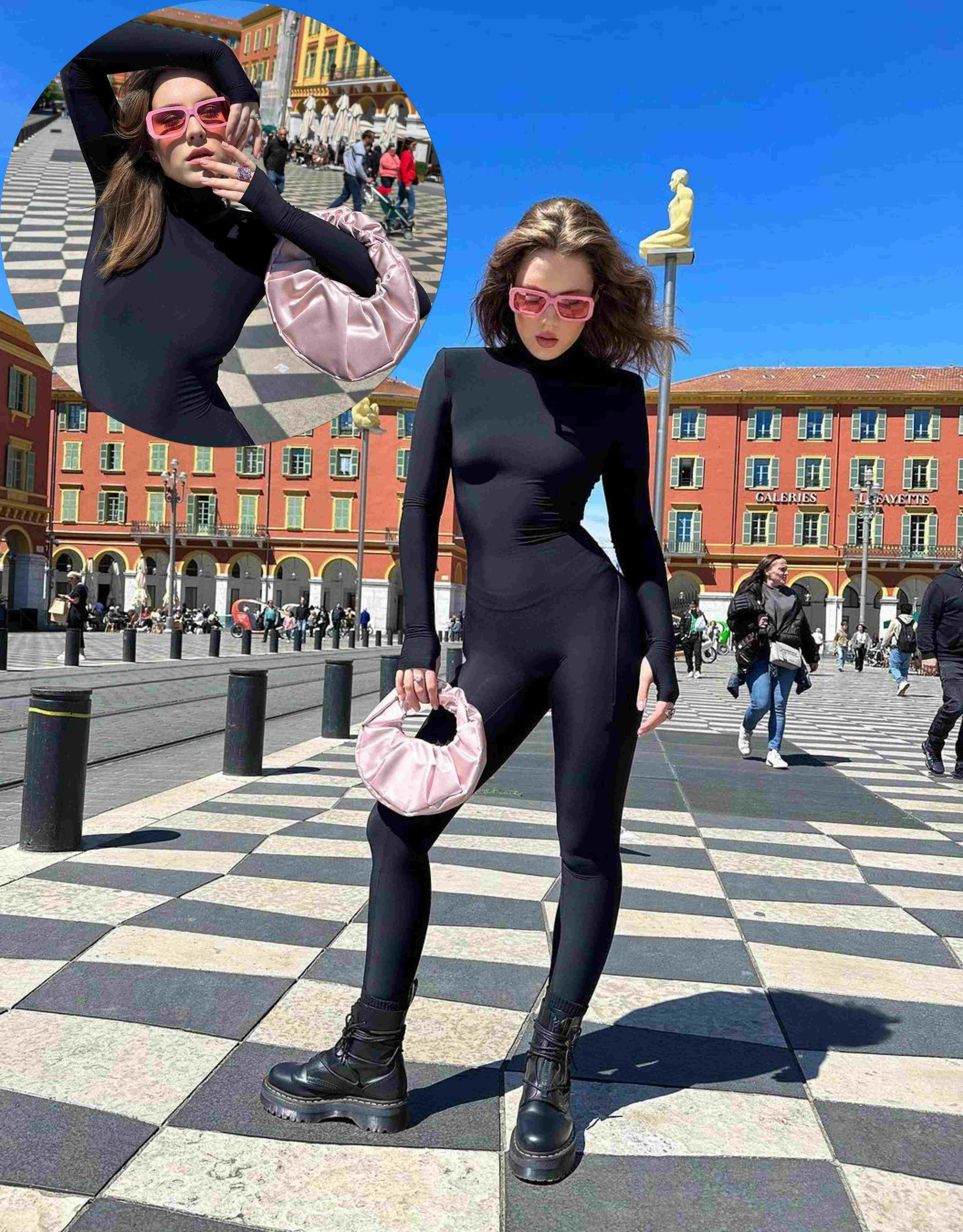




# OLEKSANDRA STARYNETS

Fashion model, content creator, and travel & food blogger.







## LET'S TALK! With Oleksandra Starynets

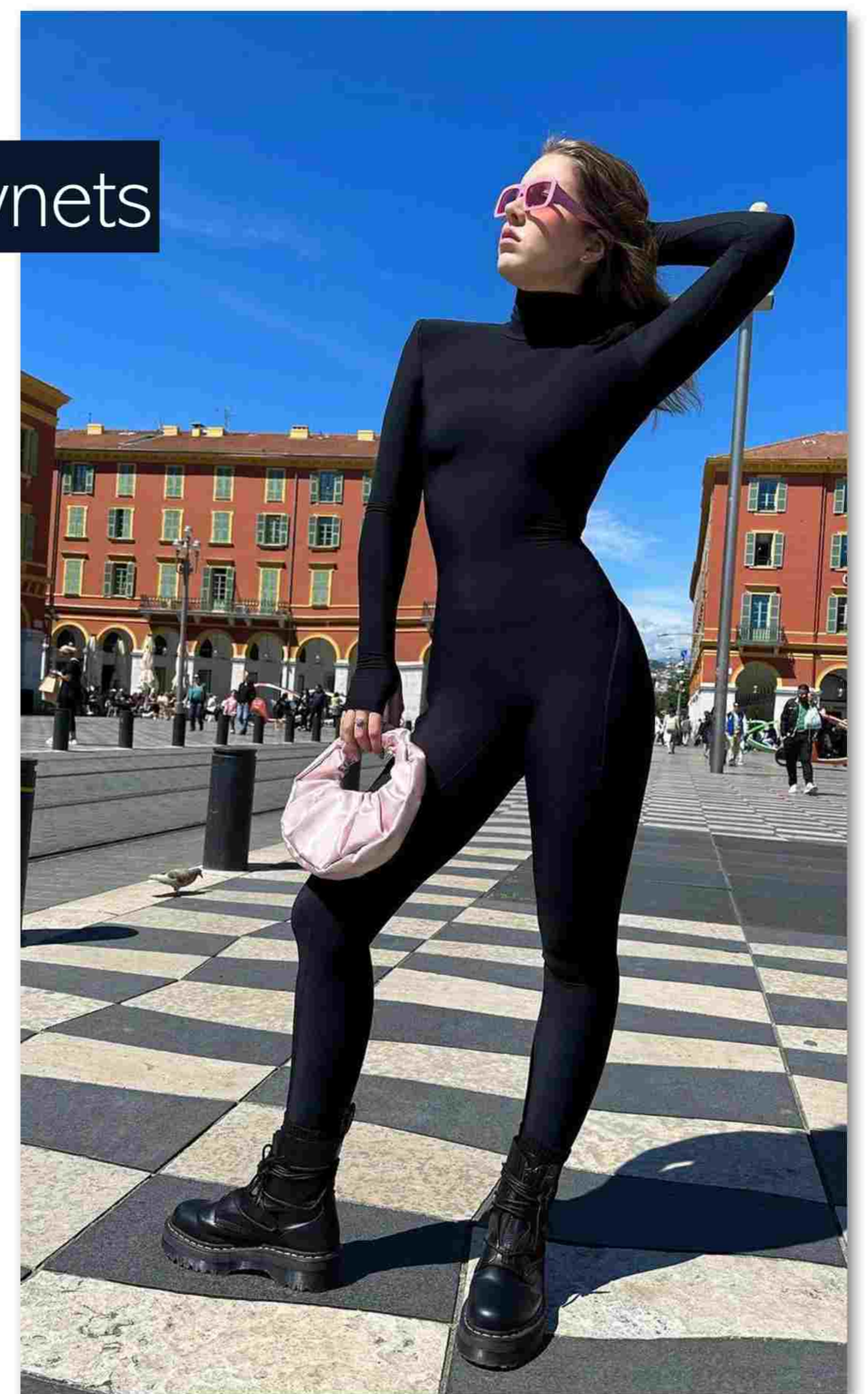
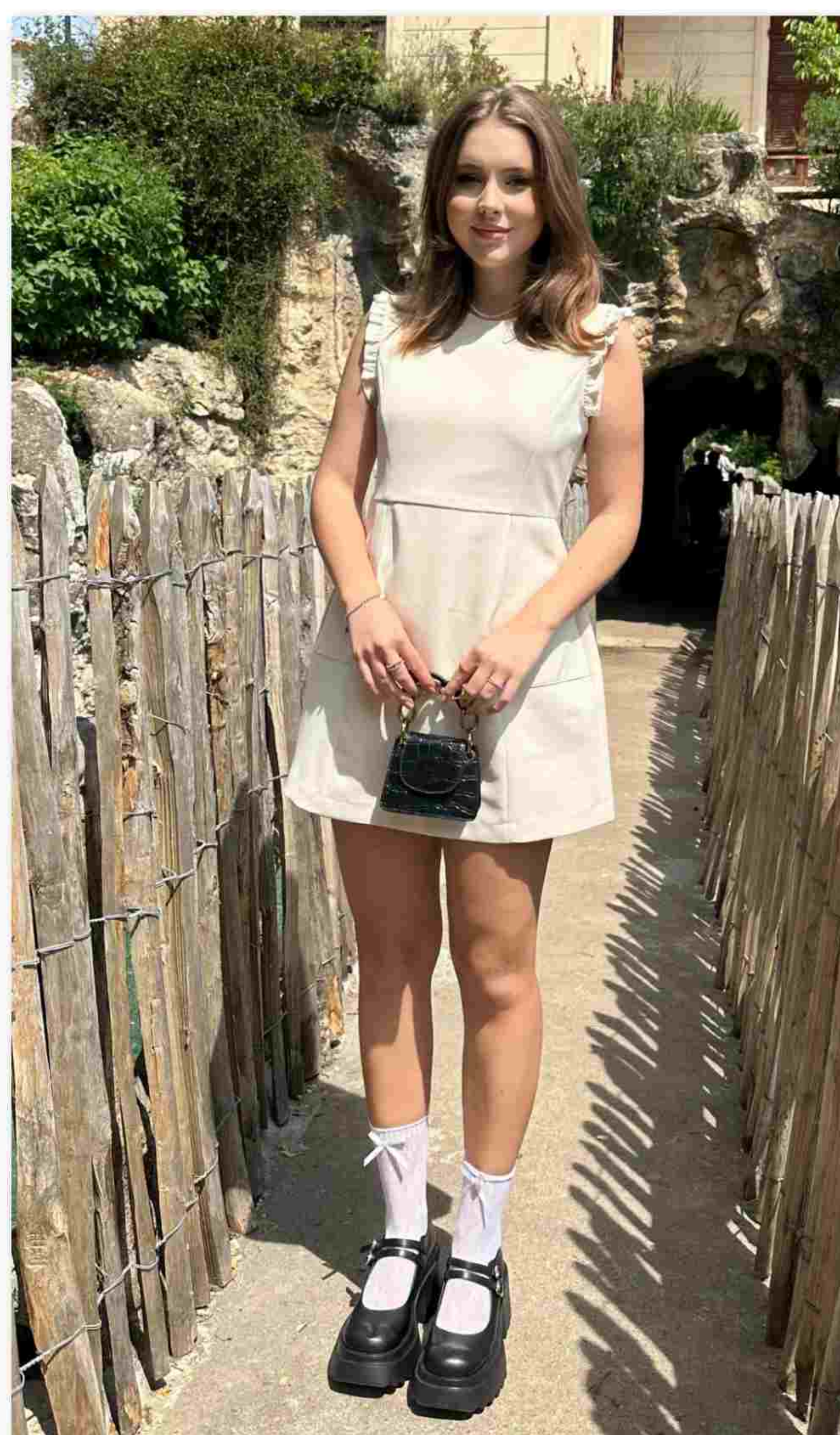
Hi! I am a professional model and influencer with extensive international experience in over 10 countries. I have more than 75 covers of glossy magazines around the world. Now I am 20 years old, and I am on Wikipedia as the youngest model who, at the age of 18, had more than 56 world glossy covers. In my first modeling contract, I flew to Asia at the age of 15—a great age to start. then I already quite well understood what I needed to strive for; I was ready to take responsibility, and I did not need to be additionally motivated. And then there was Paris (France), Italy, Taiwan, Spain, Cyprus, Vietnam, Cairo (Egypt), Turkey, and again France, and again Paris, and again the Cote d'Azur.

For most people, being a model is associated with a luxurious lifestyle: parties, posing for cameras, and traveling to different countries. In fact, this profession involves daily hard work. This profession has many advantages: the opportunity to visit different countries from a young age, soak up the culture of different peoples and their traditions, a flexible work schedule, and the ability to combine work with other areas of activity and study. Now I am still studying at my dream university in Switzerland. But the most important advantage lies in the ability to penetrate the society of creative individuals.

Of course, there are some difficulties in this profession. The modeling business is highly competitive. To stand out from the crowd at the casting, it is not enough to have a memorable appearance and extraordinary diligence. Personality is highly valued these days, your special skills, for example, in sports, or if you are a famous blogger or have acting skills.

A model must always look good; otherwise, her career is doomed to failure. Working on yourself takes a lot of effort. To keep fit, I exercise regularly. Now I am passionate about Thai boxing, and you can see stories about it on my Instagram. Also, three times a week, I work out in the gym with a personal trainer who makes sure that my muscles do not pump over but that my body remains dry and toned.

Stretching is also very useful. At least once a week. I also added shooting once a week. It develops reactions and trains character. All this you will need for the work of the model. Since childhood, I have been swimming in oriental martial arts. My father was my coach. These skills help me a lot when shooting sportswear. Once, there was an underwater shoot, and I could do tricks underwater while holding my breath. The entire film crew was delighted! The basics of acting are also very important. As well as correct speech and knowledge of English, you often must take part in various shows and give interviews for fashion magazines. I filmed a video for the Egyptian government for 10 days.



Shooting lasted from 8 to 16 hours a day! Under the hot sun of the ruins of the old city or on the move of a moving cabriolet. I filmed for a video of beauty clinics, where you need to remember and speak long texts. Girls, learn English; this will help you a lot. Be clean and stylish at auditions. Always carry your favorite perfume with you. Let the veil of smell in the subconscious be deposited in the memory of the Clints. And dream! Dreams come true. When I was little, I had a fashion magazine. I looked at it and dreamed of decorating such a cover one day. Now I have more than 50 covers of world glosses!

There has been a war going on in my country for over a year now. In this difficult time, I continue to work to support the army of my country and my family. Finally, I want to thank my parents for supporting me in everything. And please call your grandparents. Hug them one more time. They really need it!















— BARCELONA —  
**BRIDAL**  
FASHION WEEK



Oleksandra Starynets at Barcelona Bridal Fashion Week 2024



# Barcelona Bridal Fashion Week 2024 set the pace for the Global Bridal Fashion



Olivia Palermo, Lara Cosima Henckel von Donnersmarck, Pelayo Diaz, Hiba Abouk, Blanca Romero, Marco Llorente, and Marta Torné, among others, will join the internationally renowned haute couture designer Giambattista Valli in the international launch of his third “Love Collection”, during the next edition of Barcelona Bridal Night, the gala night of Barcelona Bridal Fashion Week, that has established itself as one of the international benchmark events.

Among the VIPs, it-girl model and all-around international fashion icon Olivia Palermo stands out, known for her influence that extends beyond her hometown of New York to the world over and for being a front-row staple at fashion shows in New York, Paris, and Milan. In addition, she is also one of Giambattista Valli’s muses and personal friends and has worn his designs on numerous occasions, shining as one of the best dressed, and setting trends on red carpets and at major events.

The American tastemaker and celebrity will be joined by model and countess Lara Cosima Henckel von Donnersmarck, stylist and designer Pelayo Diaz, actress Hiba Abouk, actress and model Blanca Romero, model Marco Llorente, and TV host and actress Marta Torné, among other celebrities who attended Giambattista Valli’s show during a Barcelona Bridal Night that promised to shine brighter than ever.

The list of Spanish and international VIPs is proof of Barcelona Bridal Fashion Week’s key leadership position in bridal and red-carpet fashion on a global scale!

**W**ith a lineup of 37 designers, the BFFW catwalk again became the leading global stage showcasing bridal fashion creations for the coming season. More than a dozen brands debuted at this year’s event, proving that creativity and design are constantly evolving and continuing to captivate brides, grooms, & guests from all over the world!

Barcelona Bridal Fashion Week (BFFW) is organized by Fira de Barcelona with the support of the Department of Business and Employment of the Government of Catalonia. BFFW 2024 has grown by 14% in the number of brands and exceeds its international record, with 80% of the 400 firms in its trade show coming from more than 35 countries outside Spain.

The director of BFFW, Albasari Caro, highlights that “in this edition, we have a greater number of brands and internationally bringing together the most prestigious designers in the industry. For this reason, Barcelona will be, more than ever, the global epicenter of business and trends in the industry and we want the city to experience this great celebration of fashion, creativity, and excellence.”





BARCELONA

BRIDAL

FASHION

WEEK





## Giambattista Valli dazzles Barcelona during the Bridal Night

**T**he most special fashion show of the Barcelona Bridal Fashion Week (BBFW) charmed over 450 guests last night who enjoyed a unique show in the historic building of the Llotja de Mar. The Maison Giambattista Valli exclusively celebrated the runway debut of its bridal collection during the Bridal Night, the gala evening of the event.

In a show full of emotion and elegance, Giambattista Valli's 30 creations shone with their own light. It was a culmination of silhouettes, representing a comprehensive exhibition of Mr. Valli's concept of contemporary bridal dressing, inviting his audience to witness the manifestation of his vision, translated into a presentation that embodies the essence of individuality, sharing a dream and a celebration and love.

The fashion show featured ten dresses from the third "Love Collection", ten iconic silhouettes from the first and second "Love Collections" and ten Haute Couture creations, inspiring the magnificence and the savoir-faire of the Ateliers, stepping away from classic wedding rituals and focusing on the significance of the emotions of the "moment" and the joys of celebrations. Infused with the Maison's idyllic aesthetic and excellence, Valli's dresses stood out with a contemporary edge, whether through clean lines, unforgettable volumes or unexpected details inspired by the personalities of an imaginary new group Mr. Valli's friends. This blend of classic and modern appeals to many brides worldwide looking for a unique wedding gown, in pure Valli style and tied to their own personal storytelling.

The prestigious designer was delighted after the show and said that "I chose Barcelona and Bridal Fashion

Week for the debut of my Love Collection 3 because it is an event that attracts a diverse audience of fashion enthusiasts, designers, buyers and media from all over the world, and provides me with maximum global visibility and opportunities for success". He added, "In addition, Barcelona's romantic and cosmopolitan atmosphere matches perfectly with the theme of my collection, which celebrates love and romance."

The Barcelona Bridal Night had a luxurious audience and front row, including it-girl, model and international fashion icon Olivia Palermo, model and countess Lara Cosima Henckel von Donnersmarck, stylist and designer Pelayo Diaz, actress Hiba Abouk, actress and model Blanca Romero, model Marco Llorente, and TV hostess and actress Marta Torné, among other personalities.





# BARCELONA

## CAFÉS & RESTAURANTS







la roseta

La Barceloneta, 2015





Gluten & lactose free  
blueberry cake



Coffee on the go!



Vegan Cakes

CUISINES : Cafe, European, Catalan

**F**rom vegan sandwiches, cakes, pies to plant-based milk for drinks. La Roseta provides rich and authentic flavor options coffee, food, & drinks.



Cold Brew







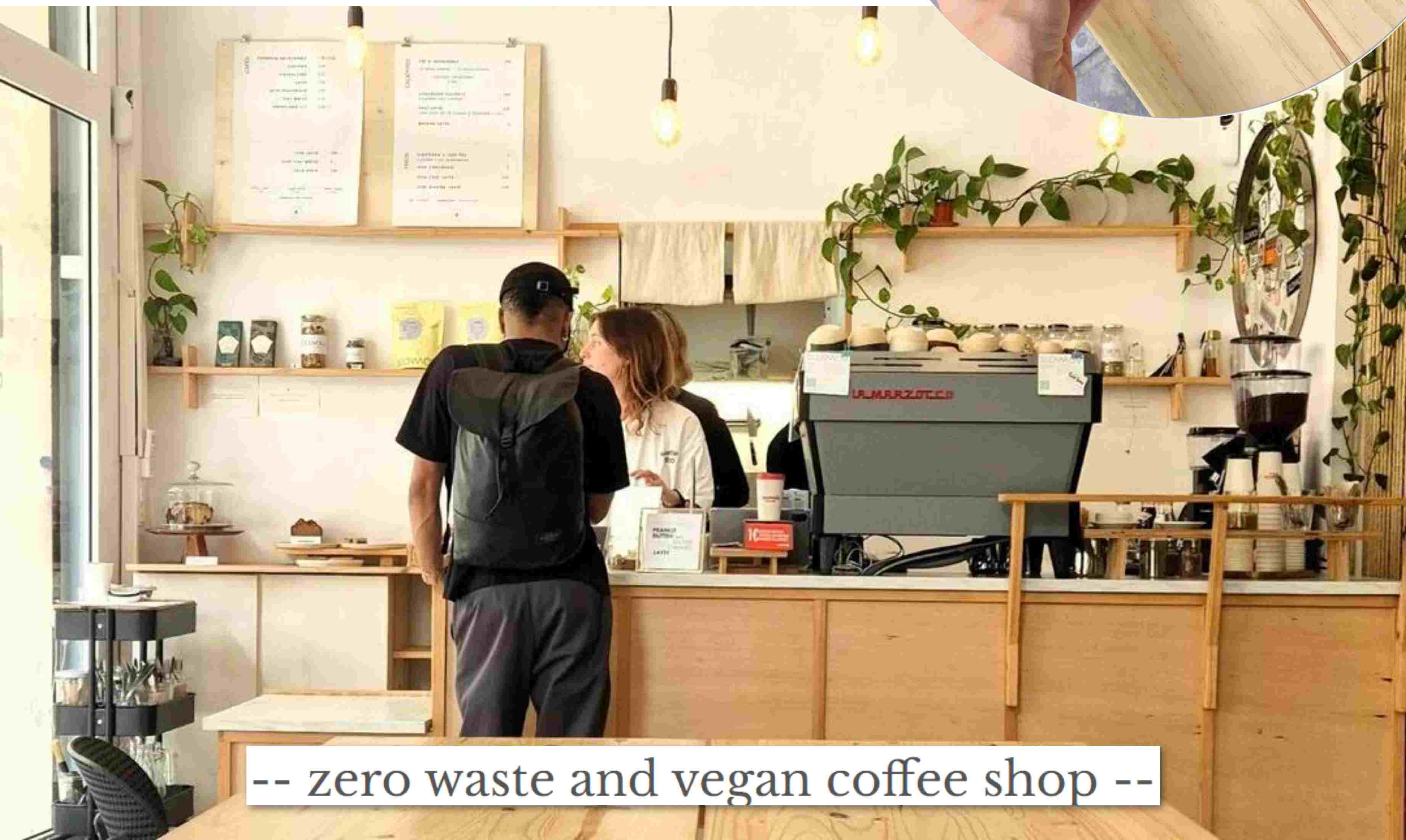
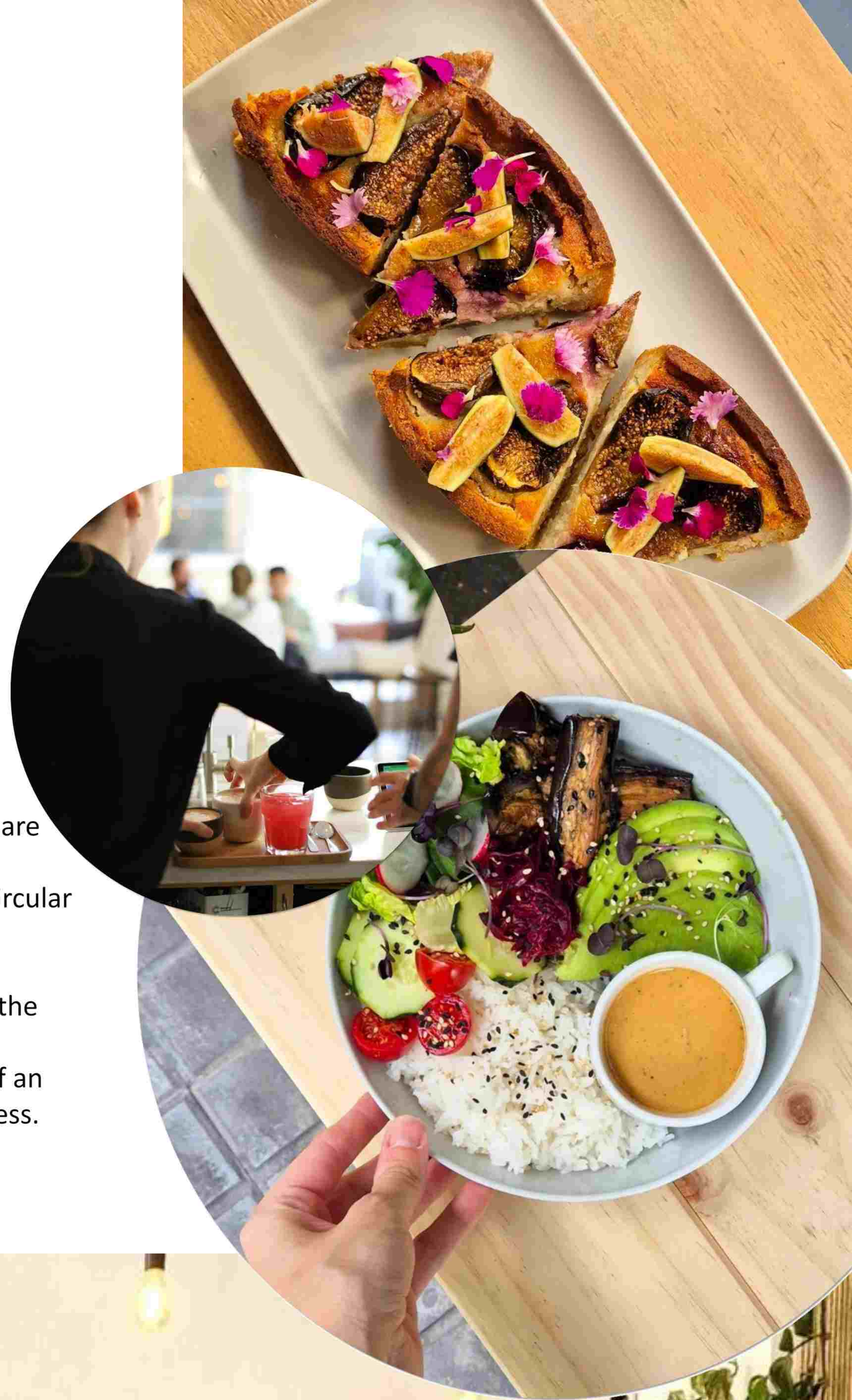


**N**EO is a sustainable coffee shop serving specialty coffee, creative and vegan food and having a zero waste philosophy.

Their intention is to offer creative and sustainable vegan cuisine working with fresh and seasonal products, from breakfast to brunch, including their homemade pastries.

They are happy to share their values with their local suppliers and believe in the circular economy.

Their goal is to have the lowest environmental impact possible and being a model of an ethical and sustainable business.



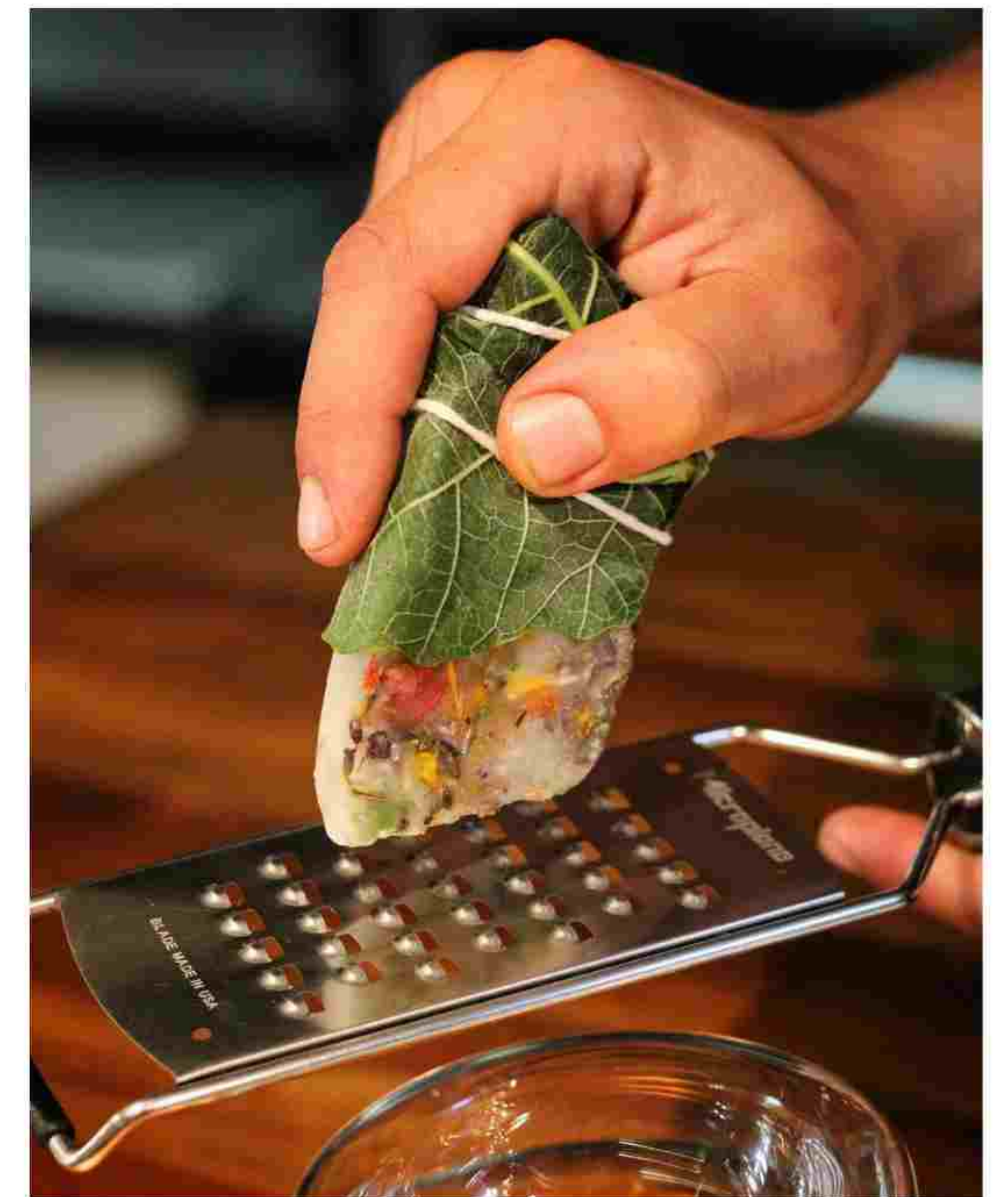
-- zero waste and vegan coffee shop --



# - FISHØLOGY -







**F**ISHØLOGY is a place where costumers can immerse themselves in a unique experience focused on the marine environment. In the restaurant they study and develop ancestral conservation techniques (dry aged, cured,

charcuterie, smoked and salted) adding their creativity.

Sustainability and zero waste are one of their pillars, for this reason they work with wild fish, sometimes unusual, and with environmentally friendly fishing techniques.

The FISHØLOGY crew will be happy to guide you on this trip to let you dive into the marine ecosystem through their dishes, products, vermouth and invite you to enjoy the journey on the “open sea”.

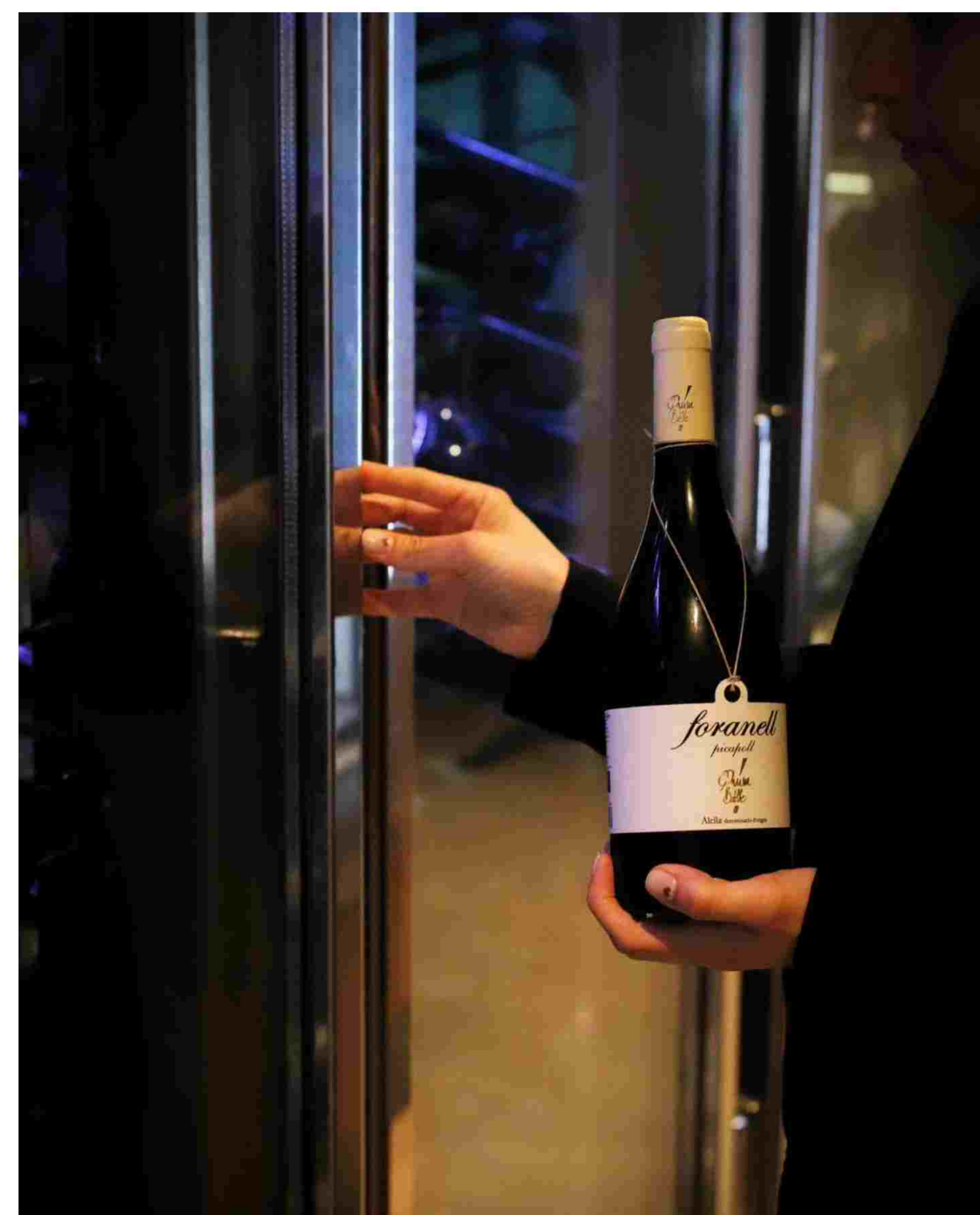


### ARTISANAL VERMOUTH

Vermouth is a very old alcoholic beverage, traditionally used as an aperitif in Mediterranean culture. At Fishølogy they want to give a new life to this product, creating, with the same ancestral procedure, new shapes and flavors to be able to appreciate it!

### FROM THE SEA TO THE TABLE

Canning, salting, maturing, pickling and smoking are some of the techniques learned, developed and modernized that you can find in the Fishølogy restaurant. To obtain the best results from these elaborations, top quality products are needed. They choose only sustainable fish products and take care of every detail in the production process.

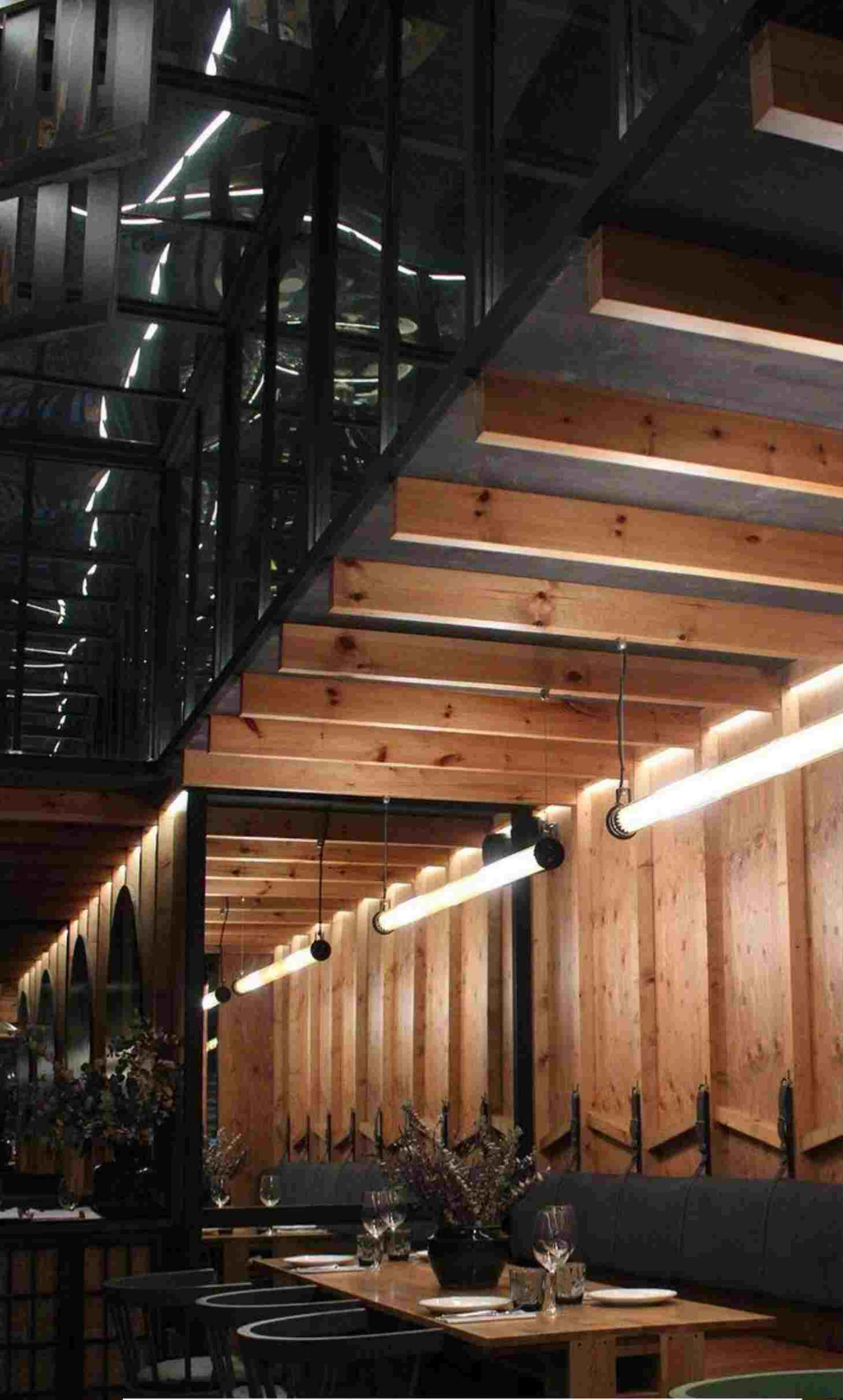




# Albé







**A** gastrobar offering seasonal dishes with a genuine Lebanese touch. They are not a fusion restaurant, but rather, make their own interpretations and pair them with handpicked wines.

Their menu is mainly composed of dishes to share, as they believe that food is always the

centerpiece of most celebrations, bringing friends and families together.

They take pride in what they do, but also care about their footprint. That's why they believe in sustainability, always placing their efforts in providing you with seasonal products from local producers and farmers.



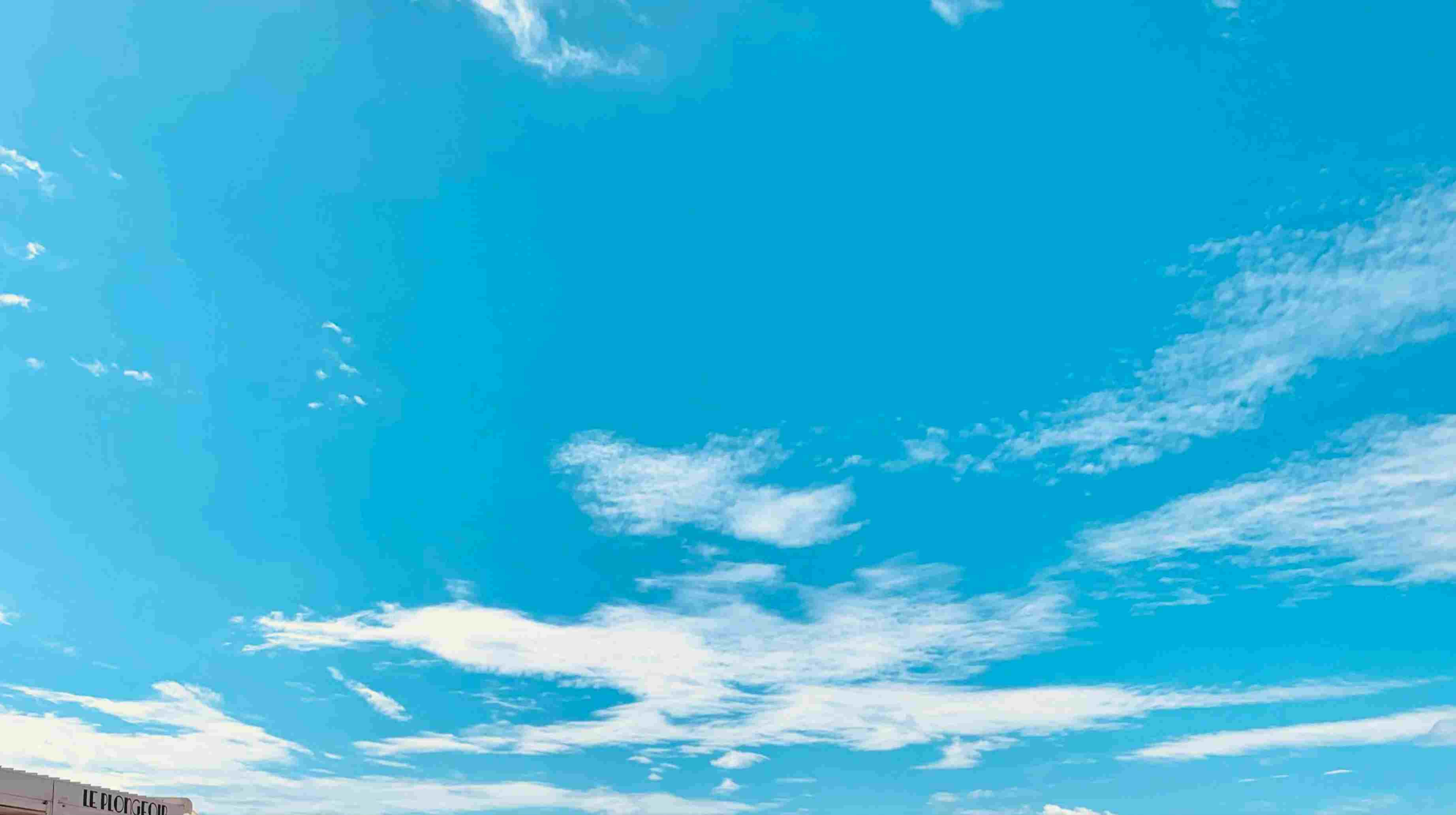




NICE





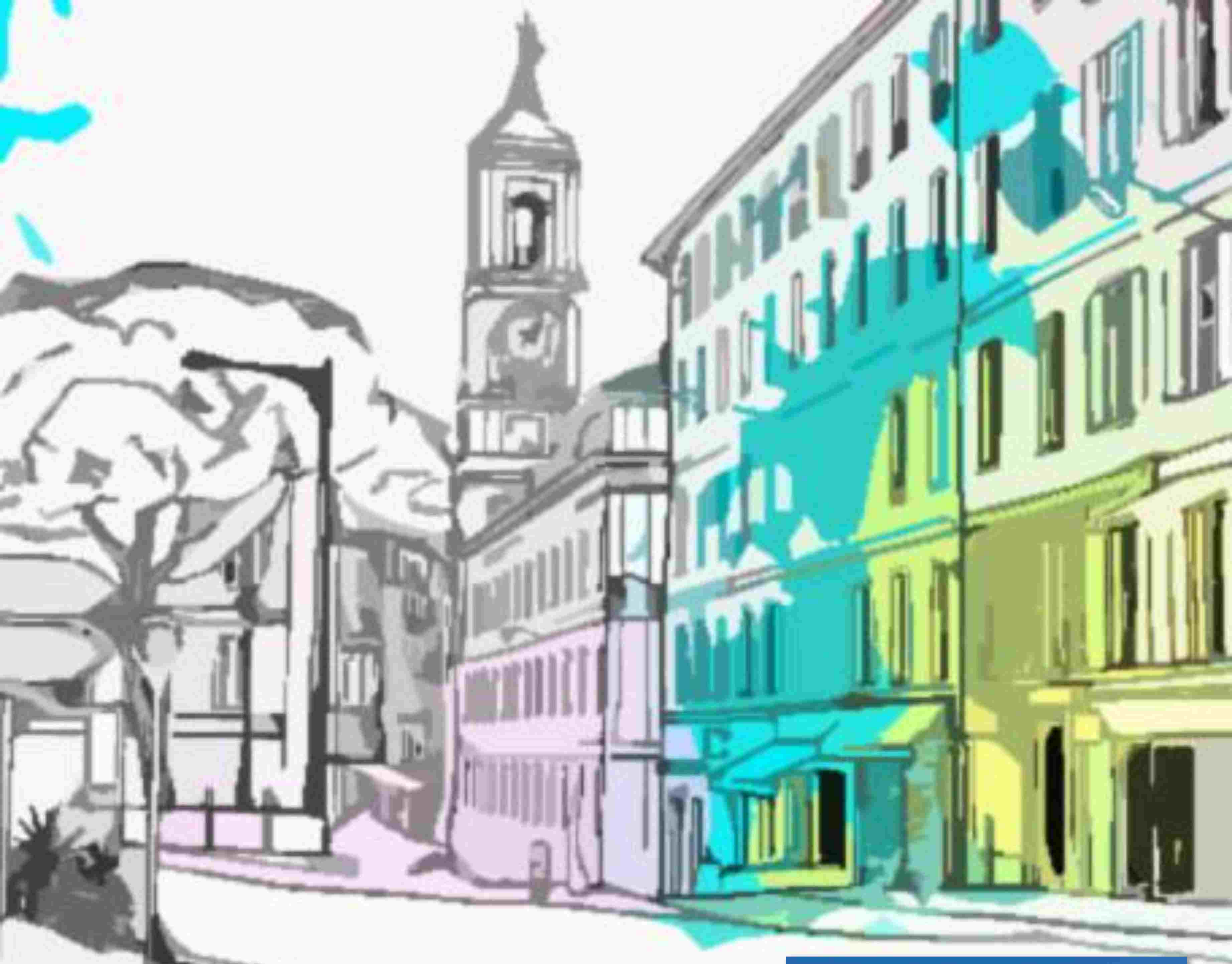


LE PLONGEUR

# NICE ATTRACTIONS







## ABOUT THE CITY

**F**antasy, history, seaside, & heritage are the perfect components for a vacation to this serene corner of Europe – Nice. This capital of the French Riviera is situated on the coast of the blue soporific Mediterranean. The city extends from an ancient & devout estate to a contemporary & ultramodern urban area.

The city provides a diverse range of attractions including markets, beach lines, museums, cathedrals, stroll streets, French architecture, luscious French food, and much more. Whether it is a

romantic couple evening in Castel Hill rooftop or a solo soul-searching visit to the Basilica Notre-Dame – you can have it all here.

This fifth biggest city in France has a story to tell, character to portray, history to share, and many positive French vibes to sparkle on you!

Let us step into knowing this destination a bit more in detail with POPP DAPP, covering its attractions, eateries, delicacies, & a lot more!

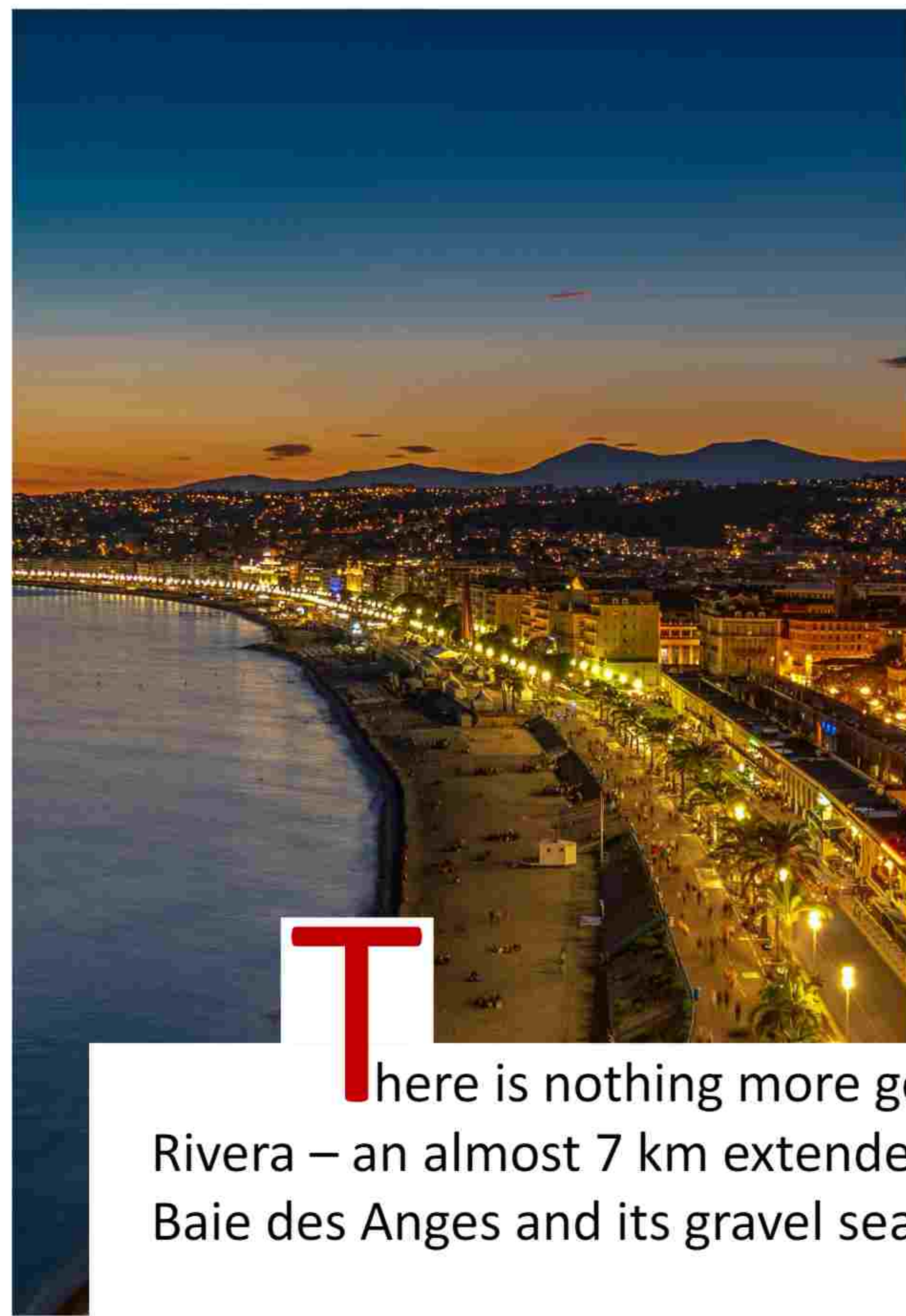
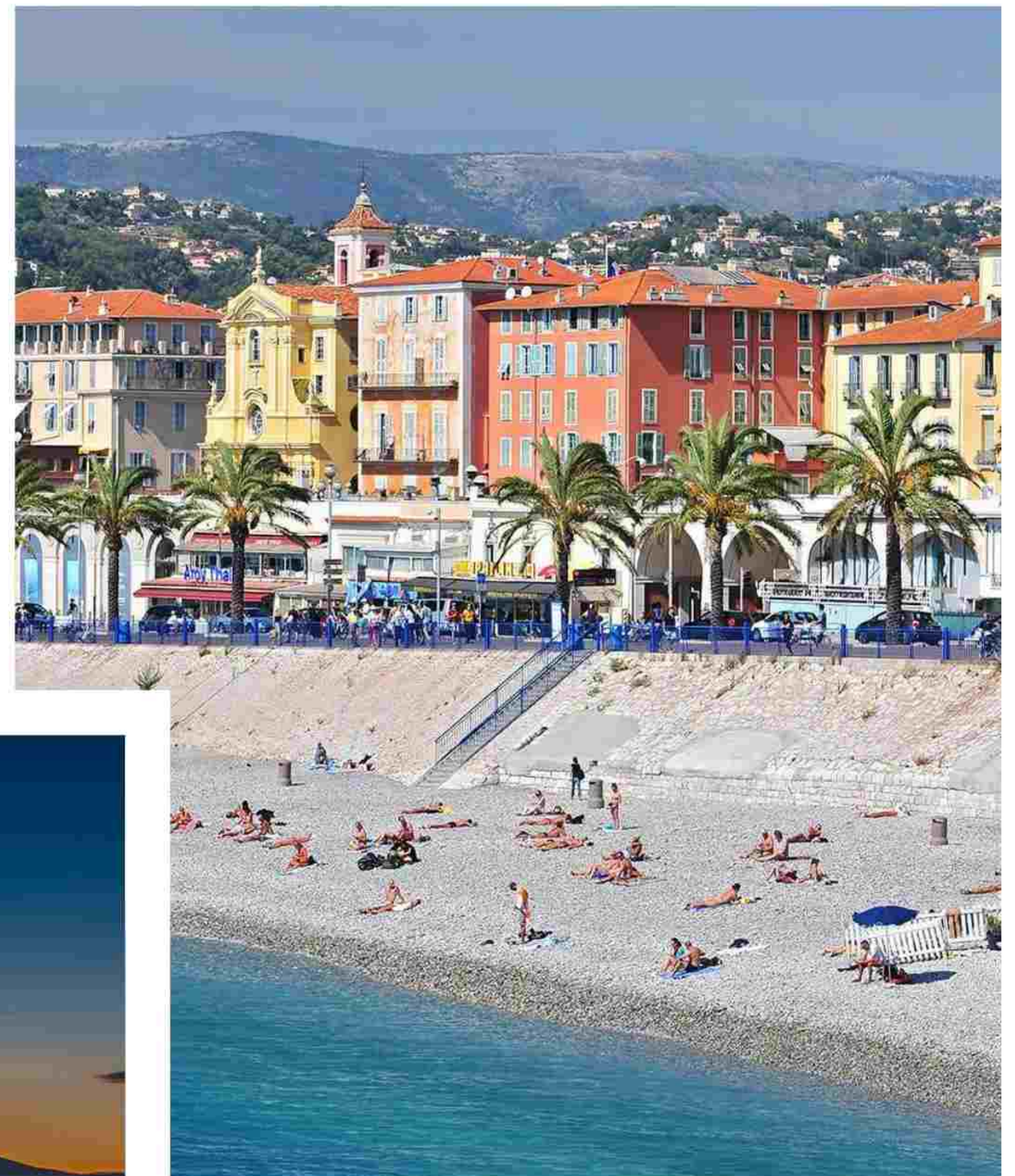
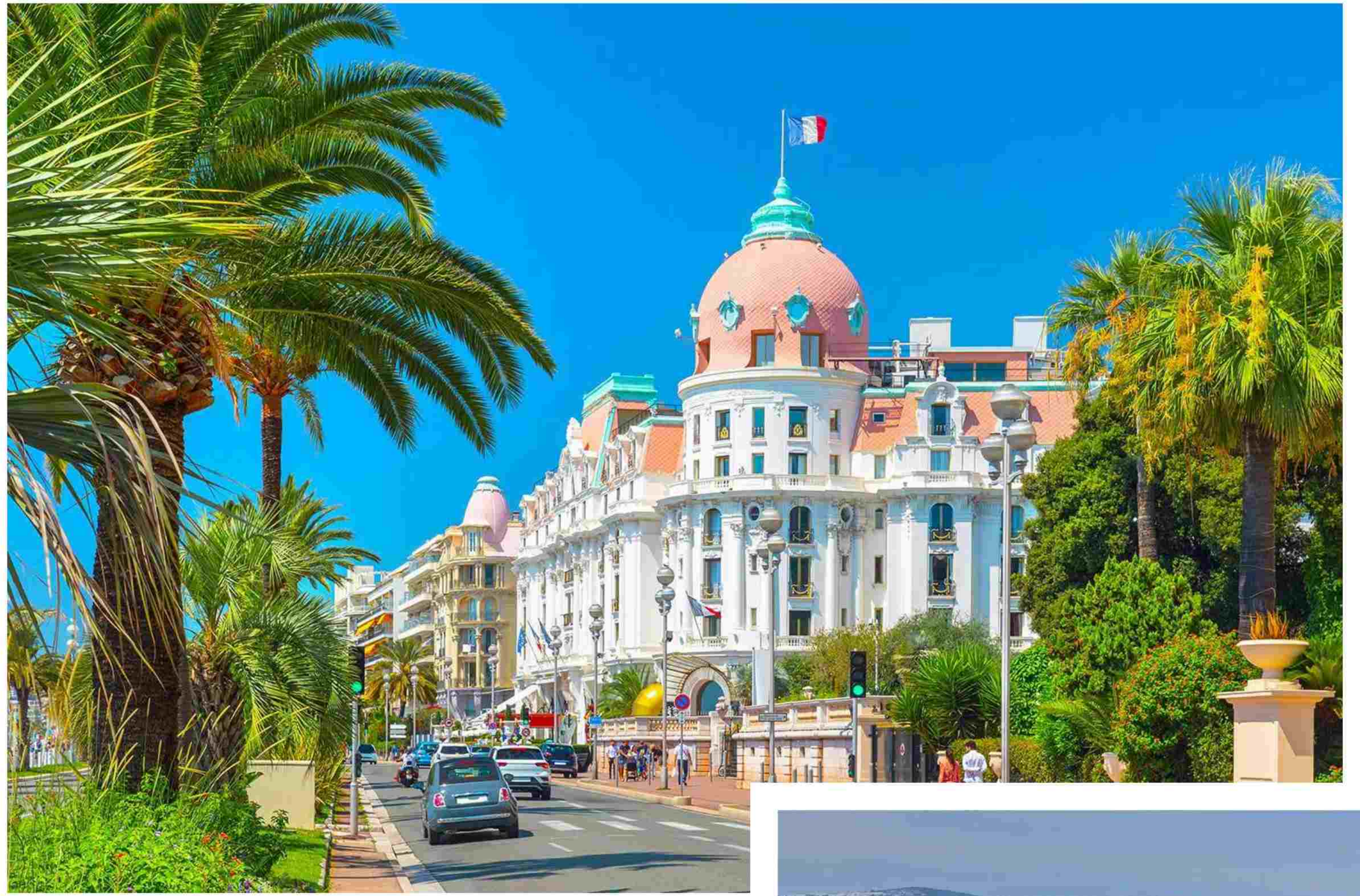






# PROMENADE DES ANGLAIS



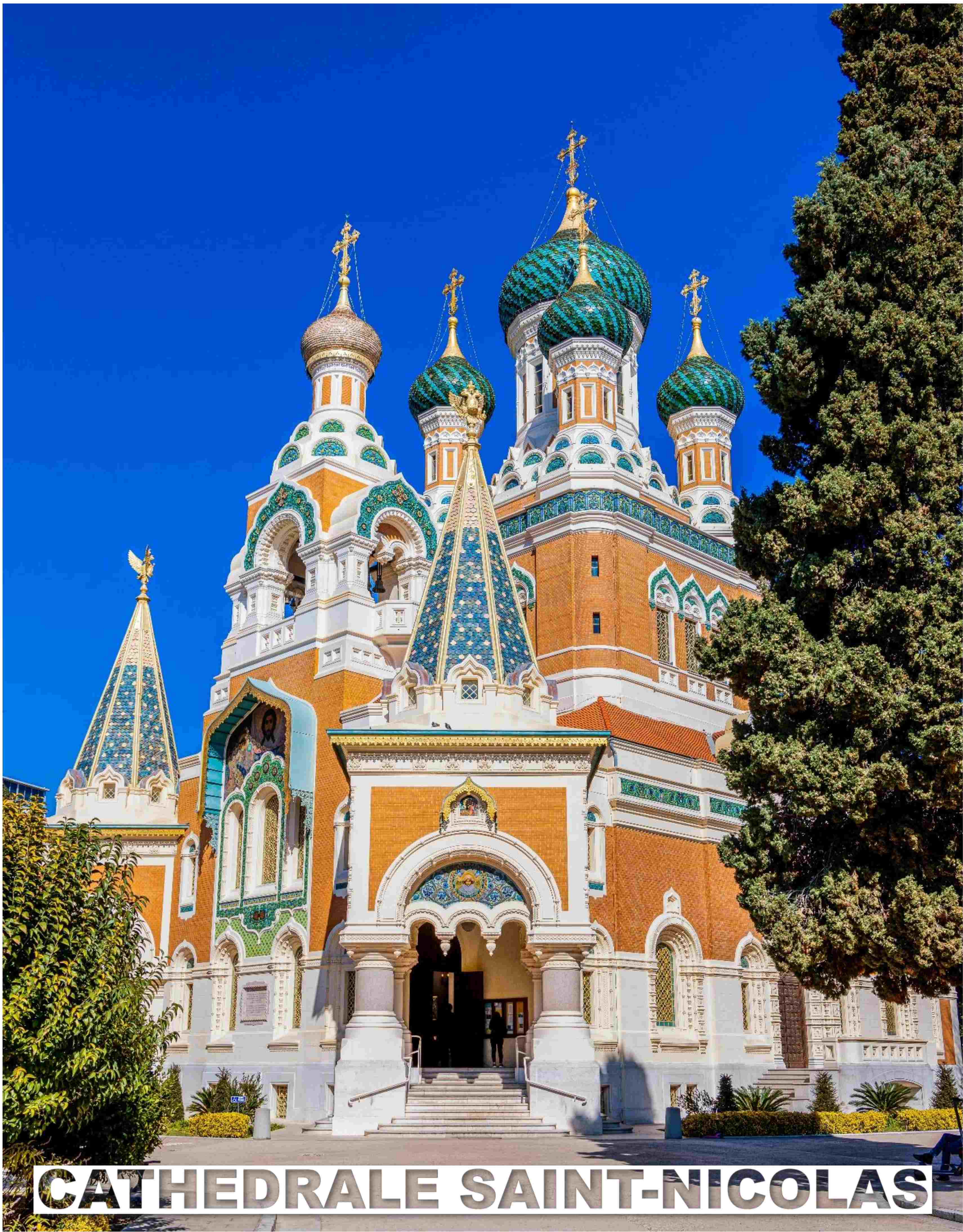


**T**here is nothing more gorgeous than a French Riviera – an almost 7 km extended beach running along the Baie des Anges and its gravel seashores.

From a peaceful evening beachside stroll to a delightful family weekend – you cannot miss this spot! It is one of the most prominent seashores in France, and certainly the most scenic one as well.

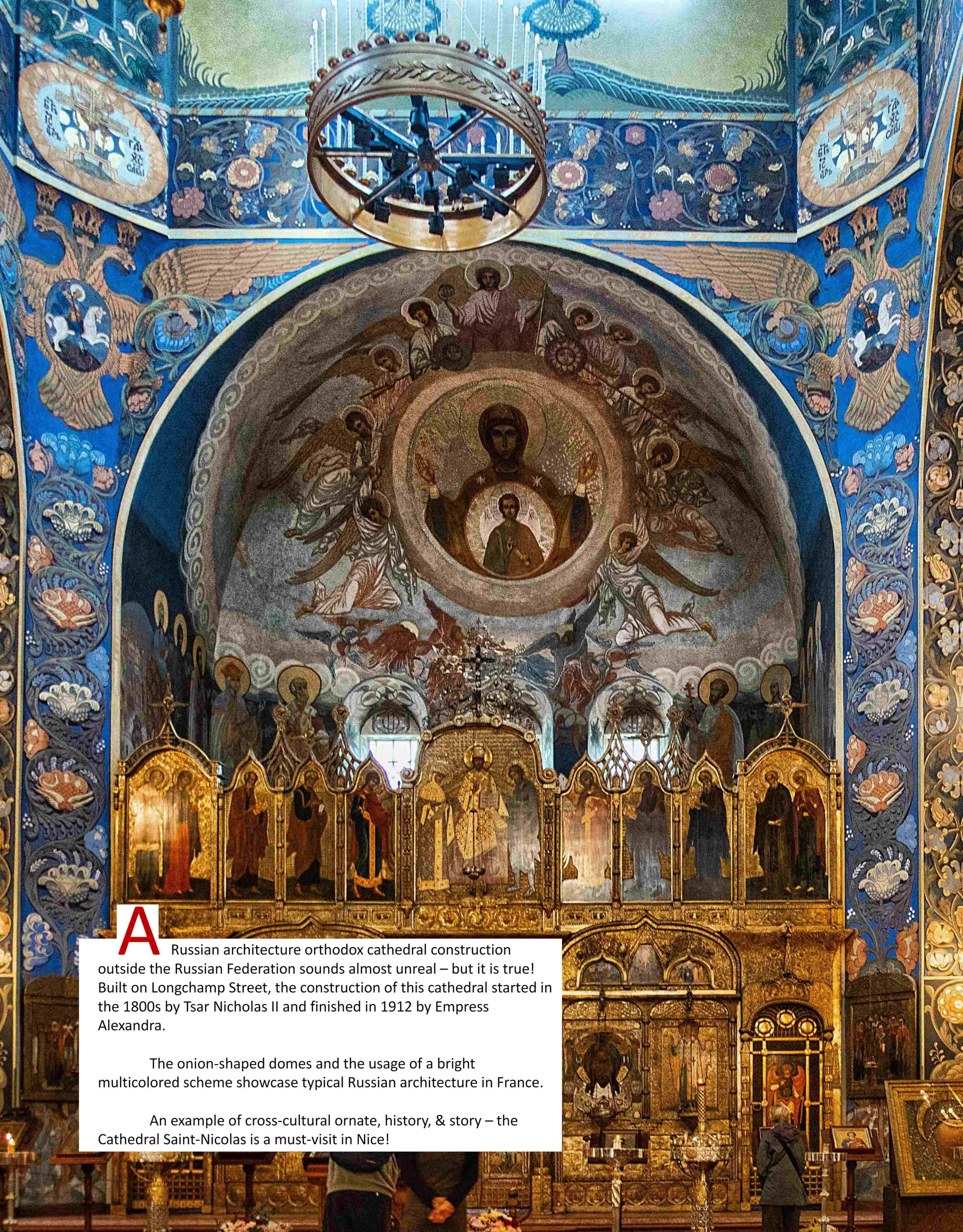
This crescent-shaped Mediterranean bay allows you to explore the rich & authentic flavors of the city.





**CATHEDRALE SAINT-NICOLAS**





**A**

Russian architecture orthodox cathedral construction outside the Russian Federation sounds almost unreal – but it is true! Built on Longchamp Street, the construction of this cathedral started in the 1800s by Tsar Nicholas II and finished in 1912 by Empress Alexandra.

The onion-shaped domes and the usage of a bright multicolored scheme showcase typical Russian architecture in France.

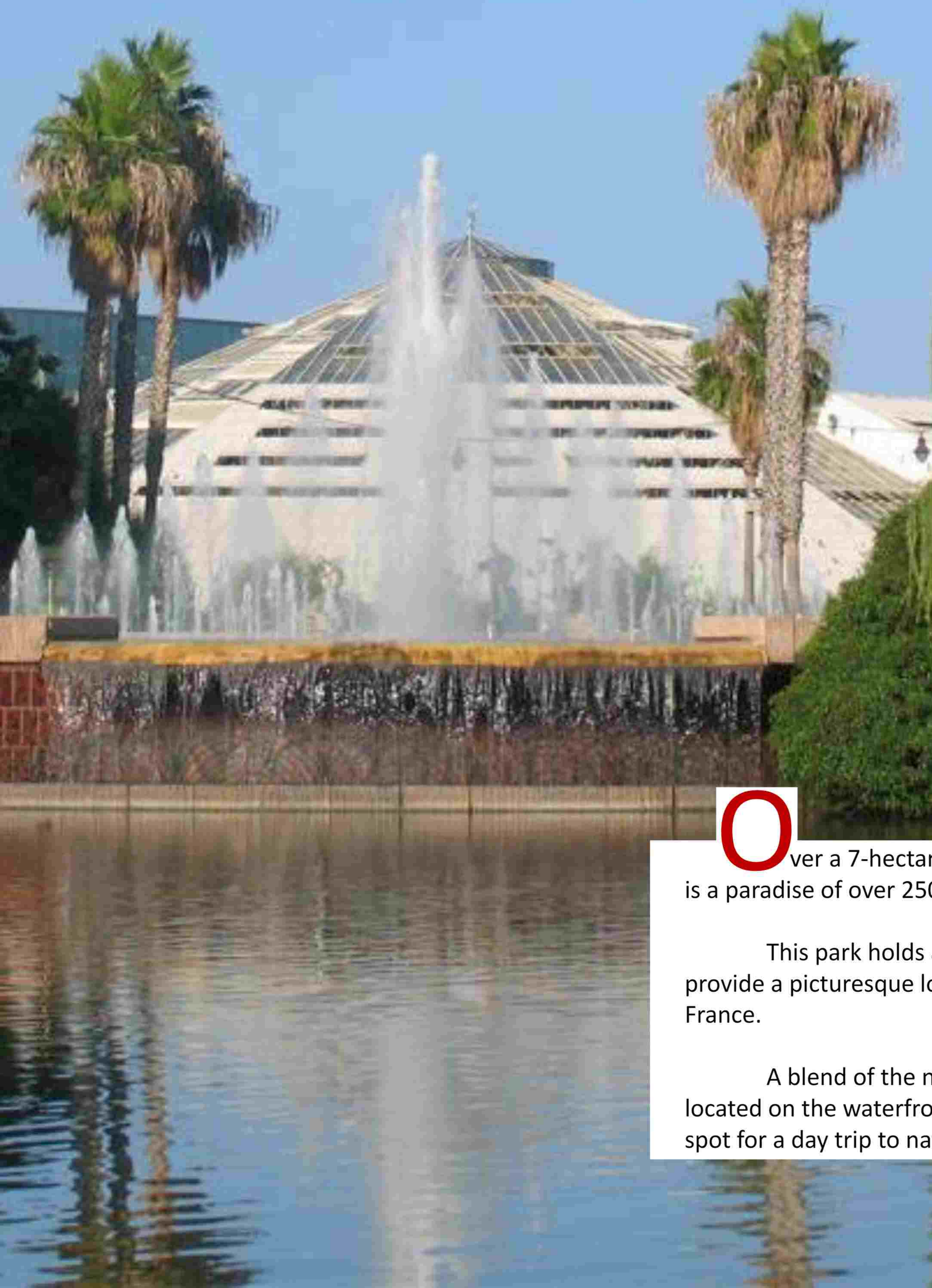
An example of cross-cultural ornate, history, & story – the Cathedral Saint-Nicolas is a must-visit in Nice!





**PARC PHOENIX**





**O**ver a 7-hectare large green stretch of fetching flora and fauna is a paradise of over 2500 diverse species of plants, animals, & birds.

This park holds almost 20 different themed gardens that provide a picturesque location to give a rainforest feel in the middle of France.

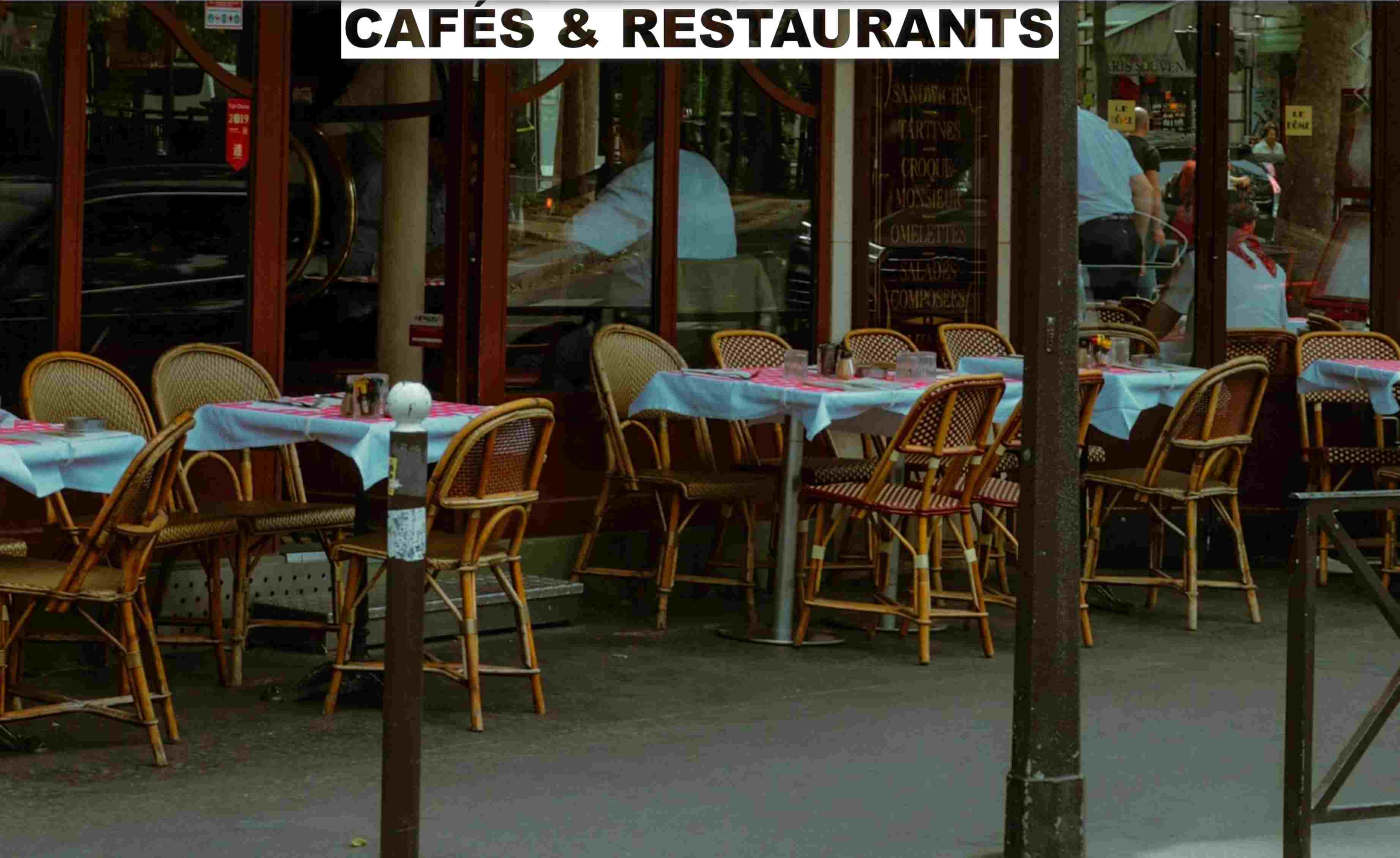
A blend of the nature park, greenhouse, and park complex located on the waterfront promenade of the Anglais, provides a perfect spot for a day trip to nature!





# NICE

## CAFÉS & RESTAURANTS





# HOBBO

COFFEE & APERI







**A** bohemian look café on Bis Rue Sainte-Reparate provides you with the most amazing taste of Nice.

A perfect stop for breakfast & lunches presenting delicious coffees, cakes, soup, and sandwiches!





HÔTEL DU CENTRE

HUG  
CAFÉ

HÔTEL

CAFÉ

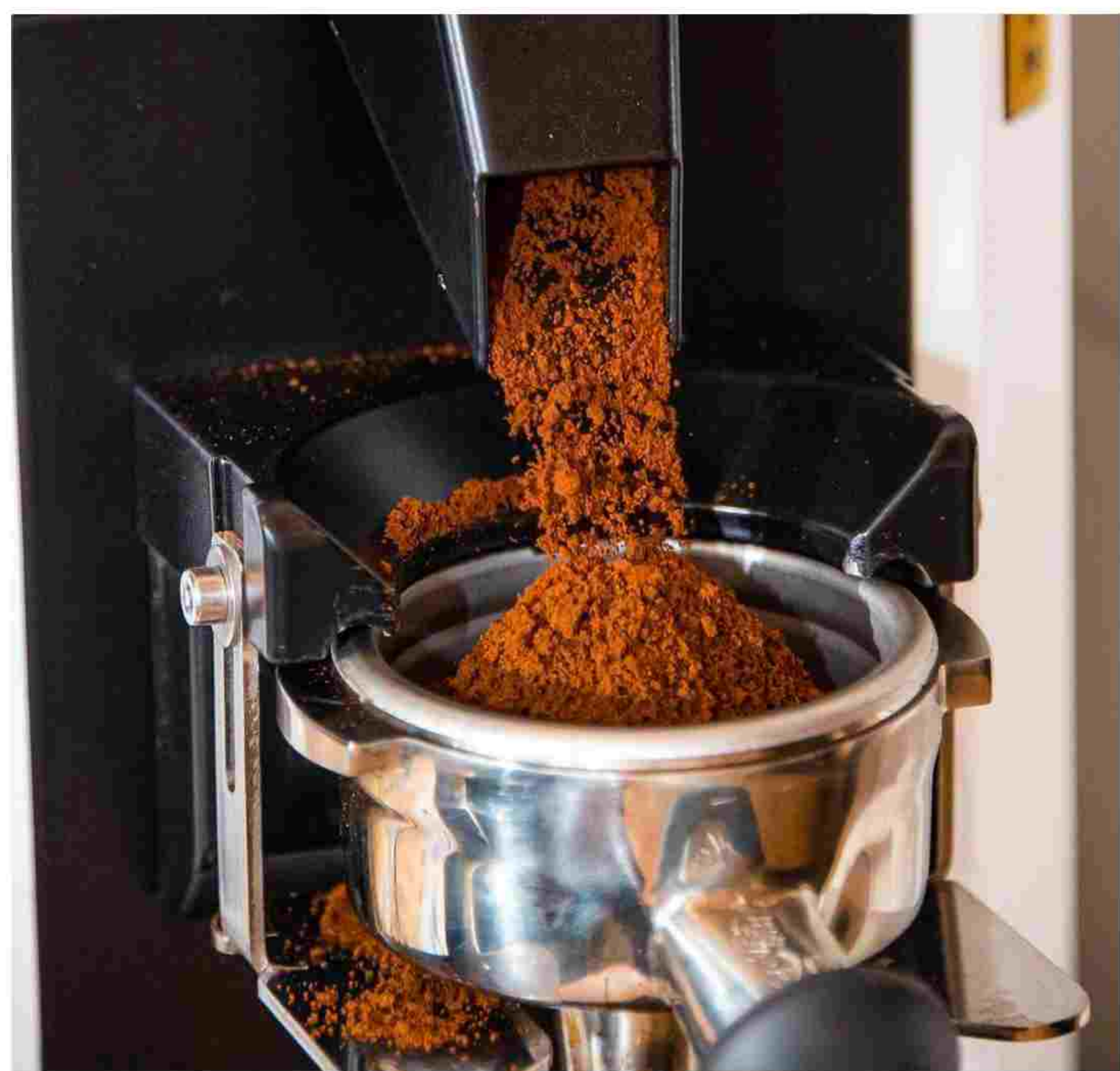
Établissement de la rue  
FLAT WHITE  
Double shot d'espresso  
avec du lait légèrement  
écumé  
9.90  
Commande sur  
Compteur

HUG CAFÉ  
Cours de Café  
à Emporter  
Mélange de Spécialités  
La Touffe de Pérou  
10.00  
Bread, Sweet, Doughnuts  
Muffins, scones, Bûche  
Cakes, Pains au chocolat  
Cappuccino, Latte  
Café au lait, Mocha au lait  
Desserts  
Pâtisseries, Gâteaux  
Pâtisseries, Gâteaux  
Cafés, Thé  
Nouveau - Ouverture  
Également à l'été  
Cafés et pâtisseries  
jusqu'à 18h00

IF YOU  
NEED A  
HUG  
COME &  
TAKE A CUP







At the Hug Café, (re)discover and (re)appreciate coffee! '

**S**pecializing in Flat White, Chemex, Origami, Cortado, & Espressos - all exalt the flavors are made from coffee roasted by the famous artisanal workshop LA TORREF FROM FERSEN to Antibes.

Their coffees are also available in beans or ground, ready for your home.

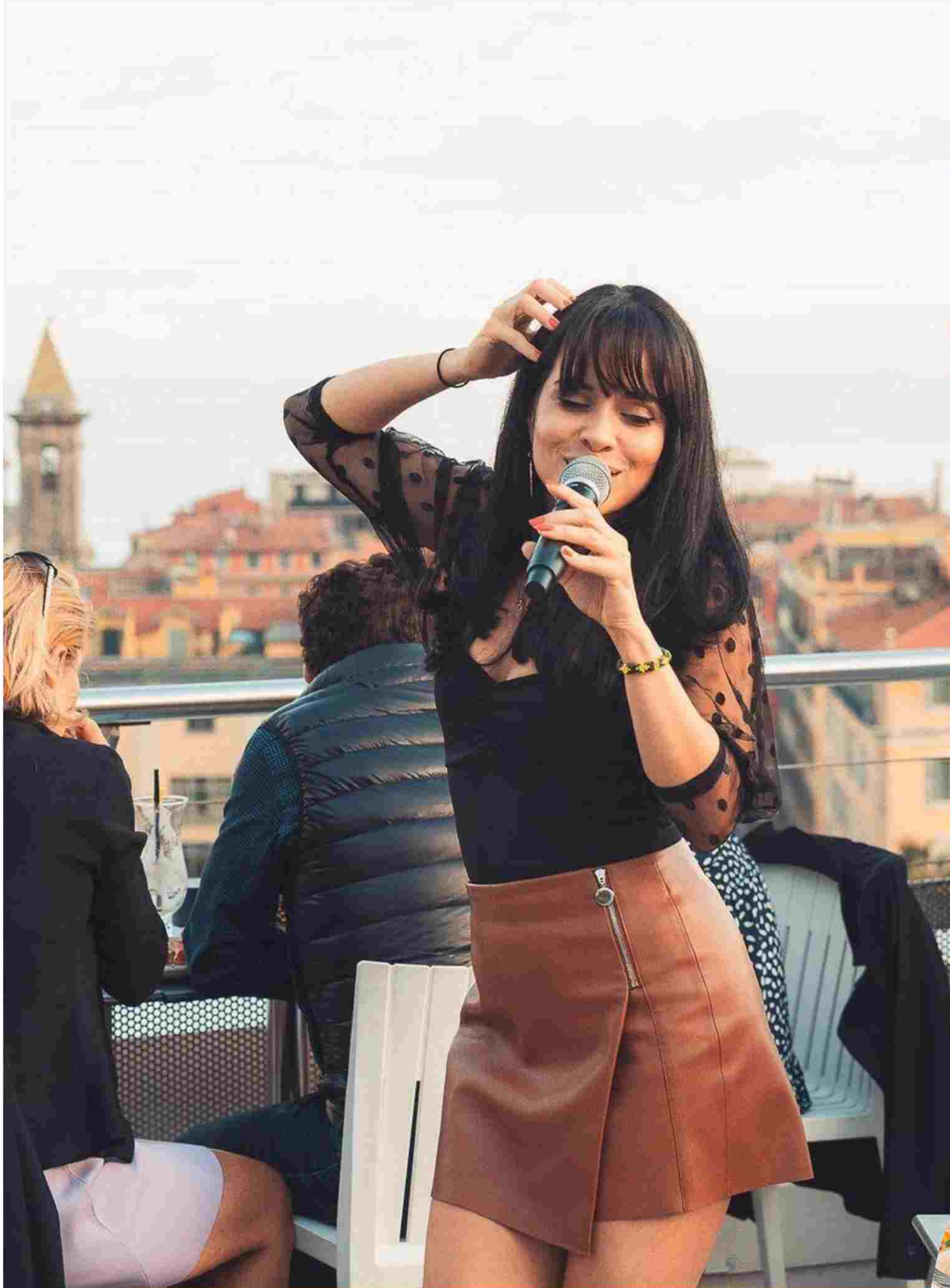
Feeling hungry ? Savor cakes, muffins, cookies, sweets & quiches, all artisanal, healthy & organic!





# LE MOON BAR





**S**pend an unforgettable moment of relaxation at the Moon Bar, Rooftop located at the top of the Aston La Scala hotel, 4 stars in the heart of Nice, a stone's throw from the beach and the Promenade des Anglais.

On the hotel's roof terrace, between heaven and earth, the bar offers you an exceptional panoramic view of the

city. You can enjoy refreshments, cocktails, plates or tapas, but also enjoy the swimming pool, solarium, deckchairs, or an area shaded by palm trees.

Take the opportunity to discover this charming hotel which offers 149 rooms and suites, some with terraces, fitness areas, a restaurant, 2 lounge bars and seminar spaces!

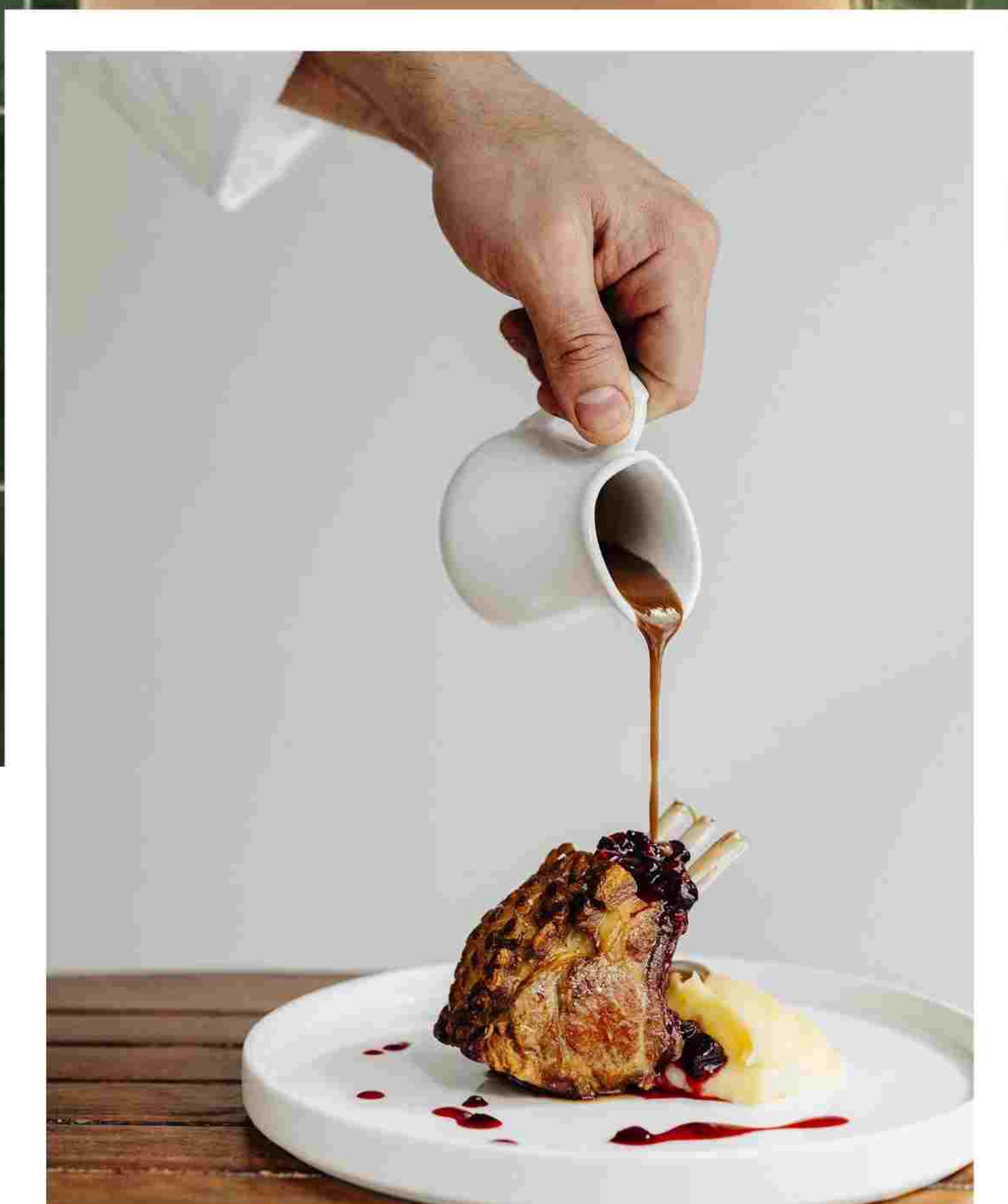
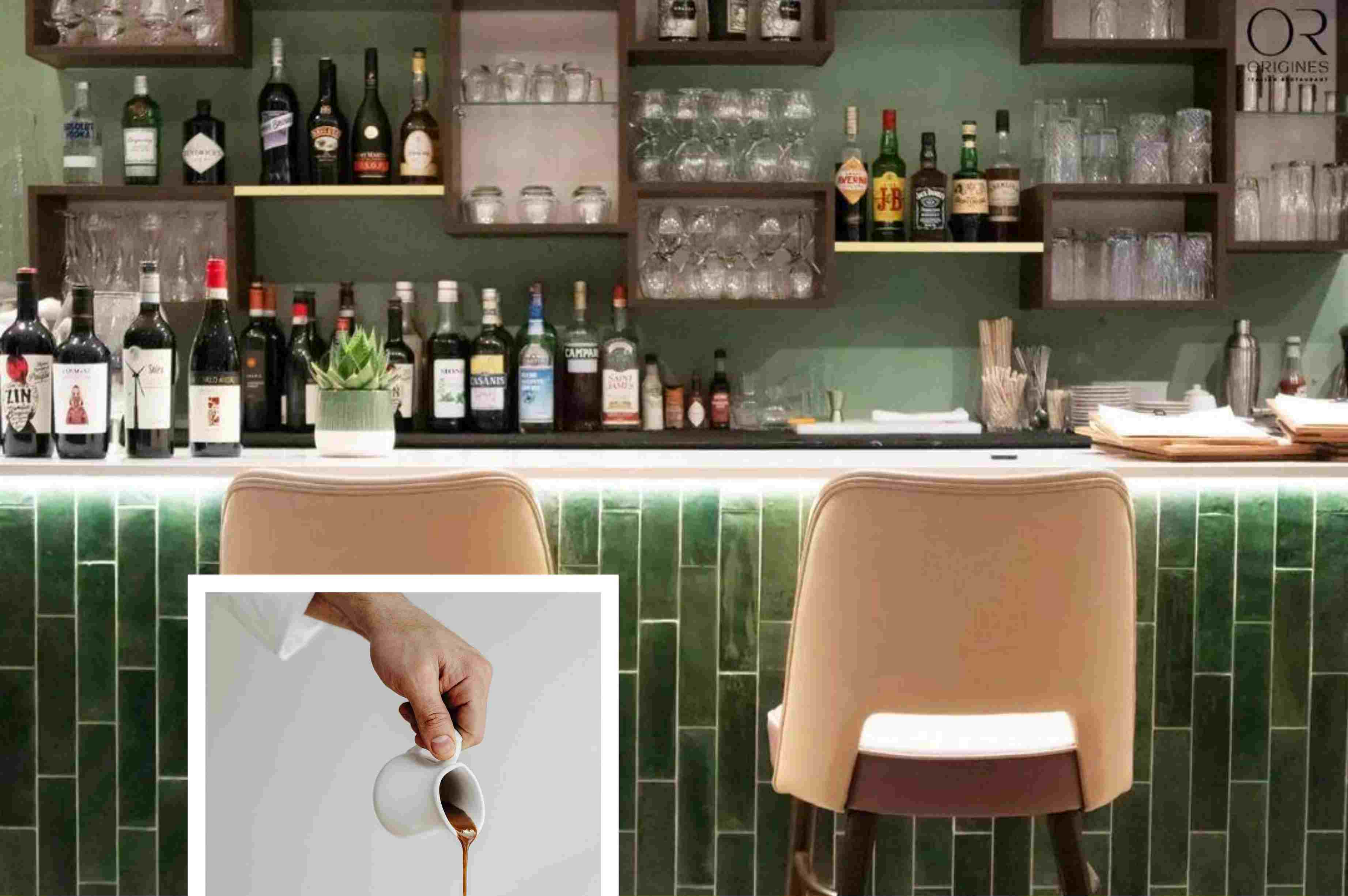


# Origines

Restaurant







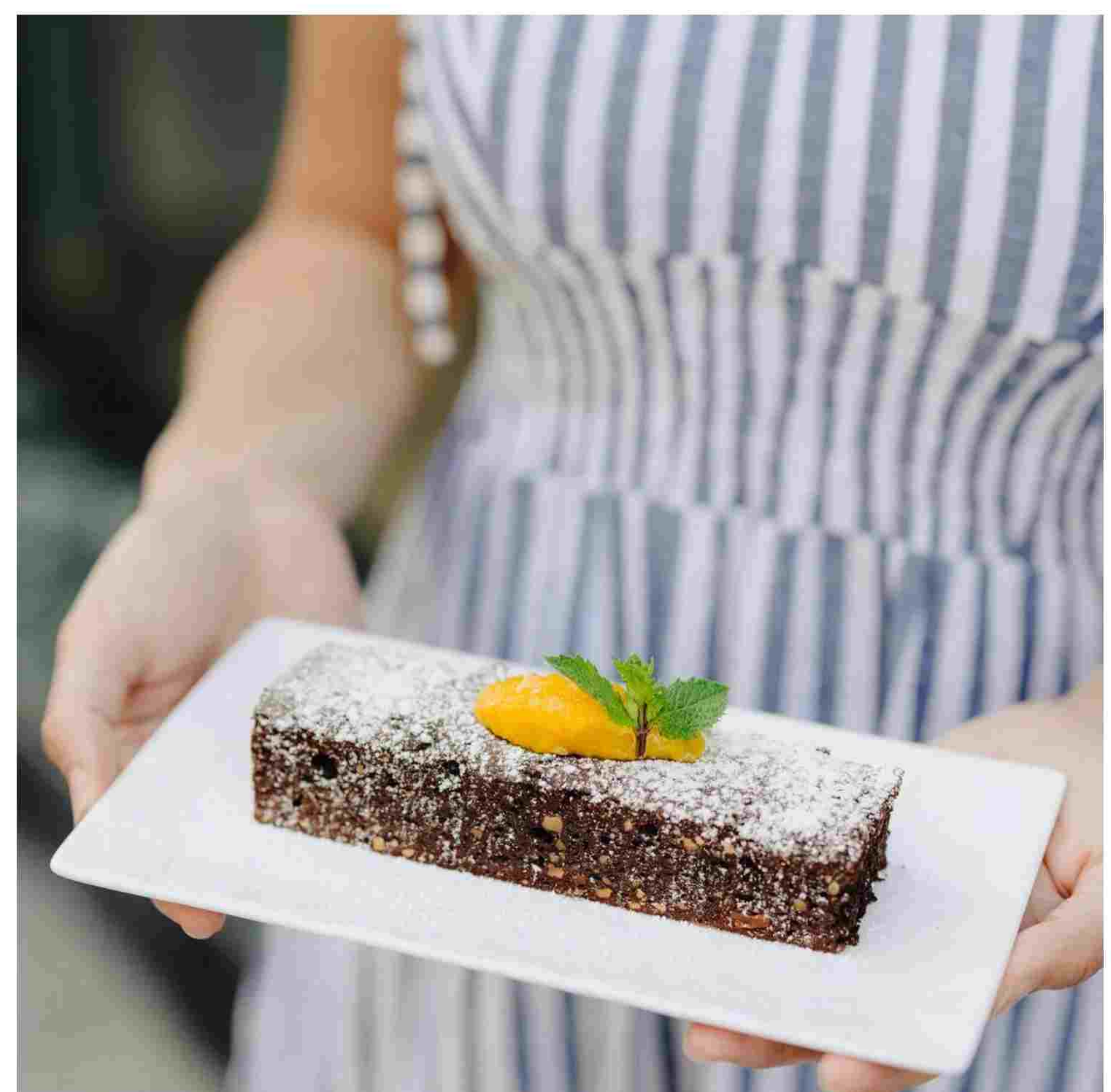
Come and have a good meal and gourmet time with us !

**T**rained at the Ferrandi school in Paris , Antoine Michon and France Hanson worked in prestigious starred restaurants such as the Tour d'Argent , the George V, the Oasis or the Mas Candille to name but a few examples.

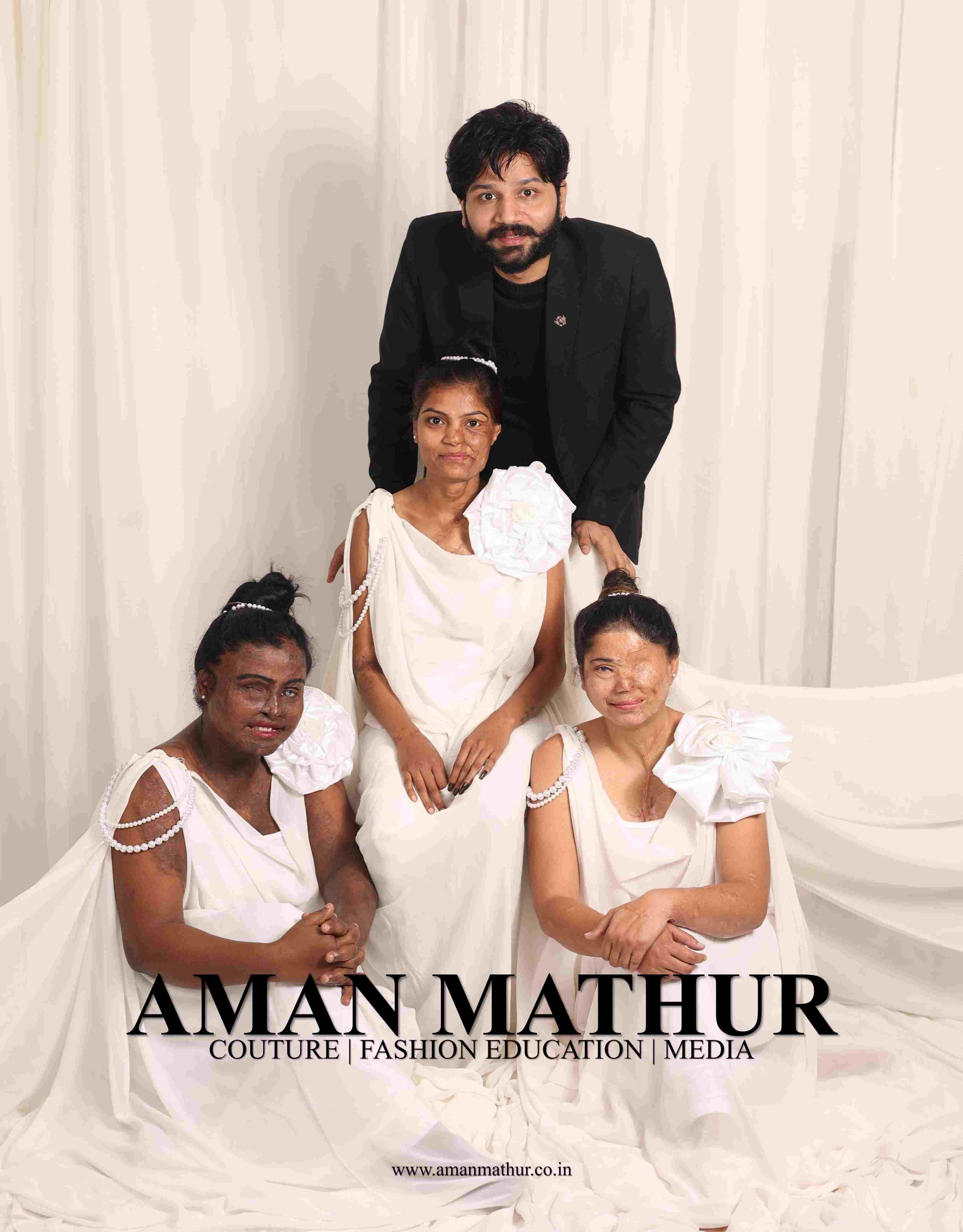
This overview of gourmet cuisine has allowed them to forge a solid field experience of French cuisine which they were able to complete with experiences in bistros and brasseries.

From the fusion of these experiences, France Hanson and Antoine Michon have chosen to share their know-how around a bistronomic French cuisine, composed of innovative or revisited fresh dishes.

A reduced menu, a rigorous selection of wines: everything is done to offer a French cuisine modern and tasty, in Nice.







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# POPP DAPP

ROVE 2024

English Annually