

Help to start thinking about personal reflections

This tool is designed to help you to start to reflect on your personal thinking, attitude, and behaviours, and also to consider outward action and community/culture change in your context. Feel free to go beyond the questions as this is just a starting point and guide to support your own reflections.

Think back to when you signed up to the session or before logging into the first session. What thoughts, feelings or expectations did you come with?

How did you find the experience of journeying through this learning community?

This might include:

- Key things (big or small) that you discovered.
- Moments, stories, opinions etc that felt uncomfortable, releasing or inspiring.

As you reflect at the end of this part of your journey, where are you now?

This might include:

- What did the experience mean to you, for your context, for your church?
- Where do you think God is guiding you to next?

What reflections, thoughts have I had that don't fit into the questions?

**What am I going to bring to share as a reflection?
(Poem? Social Media Video? PowerPoint slide? Etc.)**

