

# Personal Reflection wrap up instructions

Set aside a few minutes and spend some time praying/reflecting on your journey with this Amazing Grace Learning Community. Then, after you've spent some time reflecting and praying, think about what you might want to share with others. You have space for creativity in this task! As a group, decide how you want to present these ideas to each other (recognising that some might prefer to stay anonymous).

You could bring a poem or a quote or an image or a reflection and share it with the group next week. Because we were meeting monthly, we asked people to email the reflections and a short video was put together to show everyone. Because this course is occurring weekly, you could simply bring that reflection and ask the group leader/facilitator to share it on your behalf, or you could bring one of the following on a USB that someone could build into a PowerPoint slideshow for the end of the session:

- 1 PowerPoint/Keynote Slide
- 100-120 words (regarding changed mindsets &/or actions)
- 20-30 seconds of video
- An image, poem, or quote
- A Social Media Post - Instagram/Twitter/TikTok/Facebook

If you want some structure for one way to approach thinking about this, please see 'Amazing Grace Personal Wrap Up Reflections' (originally created by Anna Naish in the Amazing Grace Learning Community in the Diocese of Coventry).

Please include your full name in the submission that you send. If you prefer to keep your offering anonymous, please indicate this clearly in your submission by including 'anon' somewhere. Please also be thoughtful about your choice of images and indicate whether you have the relevant permission to use them for public use. Please reference images, authors, and copyright where appropriate.

We hope you will feel able and enthusiastic to share - we have so enjoyed journeying with you and we have been really delighted to hear of so much going on in your hearts and minds and actions.

We know that for some of you this has been huge, for some very challenging, and for some interesting but not a big deal; all these responses and more are welcome in your submissions. Thank you!