



Daily Reflection



Every day in every way, I am getting better and better.

1. What habits are you building that make you proud?
2. What are you trying harder at this week?
3. What is something brave you did this week?

Week

Star moment:

Monday

One thing I did better today than yesterday was

Tuesday

One thing I did better today than yesterday was

Wednesday

One thing I did better today than yesterday was

Thursday

One thing I did better today than yesterday was



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Every day in every way, I am getting better and better.

1. What habits are you building that make you proud?
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3. What is something brave you did this week?

Week

Star moment:

Friday One thing I did better today than yesterday was

Saturday One thing I did better today than yesterday was

Sunday One thing I did better today than yesterday was

Overall this week I got better at:

