Alpha/Beta Interferon Protects against Lethal West Nile Virus Infection by Restricting Cellular Tropism and Enhancing Neuronal Survival

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West Nile virus (WNV) is a mosquito-borne flavivirus that is neurotropic in humans, birds, and other animals. While adaptive immunity plays an important role in preventing WNV spread to the central nervous system (CNS), little is known about how alpha/beta interferon (IFN-α/β) protects against peripheral and CNS infection. In this study, we examine the virulence and tropism of WNV in IFN-α/β receptor-deficient (IFN-α/βR⁻/⁻) mice and primary neuronal cultures. IFN-α/βR⁻/⁻ mice were acutely susceptible to WNV infection through subcutaneous inoculation, with 100% mortality and a mean time to death (MTD) of 4.6 ± 0.7 and 3.8 ± 0.5 days after infection with 10⁶ and 10⁵ PFU, respectively. In contrast, congenic wild-type 129Sv/Ev mice infected with 10⁵ PFU showed 62% mortality and a MTD of 11.9 ± 1.9 days. IFN-α/βR⁻/⁻ mice developed high viral loads by day 3 after infection in nearly all tissues assayed, including many that were not infected in wild-type mice. IFN-α/βR⁻/⁻ mice also demonstrated altered cellular tropism, with increased infection in macrophages, B cells, and T cells in the spleen. Additionally, treatment of primary wild-type neurons in vitro with IFN-β either before or after infection increased neuronal survival independent of its effect on WNV replication. Collectively, our data suggest that IFN-α/β controls WNV infection by restricting tropism and viral burden and by preventing death of infected neurons.

West Nile virus (WNV) is a single-stranded, positive-sense RNA virus of the Flaviviridae family that is maintained in nature through a mosquito-bird-mosquito transmission cycle. Humans, horses, and other animals are incidental hosts. WNV is endemic in Africa, Asia, Europe, and Australia and has spread rapidly across the United States following its introduction in 1999 (31). Humans develop a febrile illness, which may progress to a lethal encephalitis with symptoms including cognitive dysfunction, muscle weakness, flaccid paralysis, and seizures (6, 44, 54). No specific therapy for WNV is currently approved for use in humans.

In humans, depressed immunity and increased age correlate with greater risk for neurological disease (7, 20, 26, 29). Recent studies have begun to elucidate the immunological basis for control of WNV. In rodent models, an intact adaptive immune response is required for resistance to and control of WNV infection. Humoral responses and cytotoxic T lymphocytes play critical roles in controlling WNV as both B-cell-deficient and CD8-deficient mice show increased lethality and viral burden (15, 56, 65). CD8-deficient mice also show delayed clearance of virus from the central nervous system (CNS), demonstrating that cytotoxic T lymphocyte responses are important for recovery from WNV infection (56). At present, less is known regarding the role of innate immunity in controlling WNV infection in both the periphery and the CNS. Interestingly, a recent paper demonstrated that a deficiency in Toll-like receptor 3 (TLR3) was associated with enhanced survival, presumably because the TLR3-dependent innate immune response in the periphery caused a loss of integrity of the blood-brain barrier (64).

Alpha/beta interferon (IFN-α/β) comprises an important innate immune system control against viral infections (reviewed in references 21 and 43). In general, IFN-α/β induces an antiviral state within cells through the upregulation and activation of antiviral proteins (e.g., RNA-activated protein kinase, RNaseL, and Mx) and by modulating adaptive immune responses (12, 51). IFNs also independently affect the survival of diverse cell populations. For example, IFN-α/β prolongs neuron and astrocyte survival following growth factor deprivation or serum starvation, yet can also induce apoptosis of tumor cells (2, 8, 52). It has been hypothesized that the ability of IFNs to inhibit cell death may preserve neuronal populations and limit disease in the CNS induced by either viral infection or inflammation (66).

Pretreatment of cells in vitro with IFN-α/β potently inhibits flaviviruses (1, 13, 14, 19, 25). However, the inhibitory effect of IFN is significantly attenuated after viral replication has begun (14, 34). Several groups have demonstrated that flavivirus nonstructural proteins specifically inhibit IFN-α/β signaling by preventing JAK1 and Tyk2 phosphorylation and IFN-β gene transcription (24, 34–36, 41). Although flaviviruses resist IFN-α/β-induced responses following infection, additional experiments suggest that IFNs still play a significant role in immune system defense. IFN-α has been successfully used to treat WNV encephalitis in two human cases and resulted in an improvement of CNS disease (28). Limited in vivo experiments have demonstrated that mice lacking the IFN-α/β receptor (IFN-α/βR⁻/⁻) show increased lethality and viral burden after Murray Valley encephalitis virus (MVE) infection (37).
In contrast, infection of IFN-α/βR−/− mice with dengue virus (DEN) resulted in earlier dissemination and increased viral burden but did not affect lethality (55). However, the studies with MVE and DEN did not elucidate the mechanisms by which IFN-α/β controls flavivirus infection in the periphery or the CNS. In this study, we evaluated the role of IFN-α/β in controlling WNV replication, spread, and tropism in the periphery, as well as its ability to inhibit replication in the CNS and directly modulate neuronal survival.

MATERIALS AND METHODS

Mice. Wild-type 129Sv/Ev and C57BL/6J mice were obtained commercially IFN-α/βR−/− mice with 129Sv/Ev and C57BL/6J backgrounds were obtained from H. Virgin (Washington University, St. Louis, MO) and J. Sprent ( Scripps Institute, San Diego, CA), respectively. All mice were genotyped and bred in the animal facility of Washington University School of Medicine, and experiments were approved and performed in accordance with Washington University animal studies guidelines.

Mouse experiments and quantitation of viral burden. The WNV strain (3000.0259) was isolated in New York in 2000 and passaged once in C6/36 cells to generate a stock virus that was used in all experiments. Eight- to 10-week-old mice were used for all in vivo studies. Peripheral infection was performed by footpad inoculation of 10^8 to 10^9 PFU of virus diluted in Hanks balanced salt solution (HBSS) with 1% heat-inactivated fetal bovine serum (FBS). Intracranial inoculation was performed using 10^8 PFU of virus diluted in 10 μl HBSS with 1% heat-inactivated FBS. To analyze the kinetics of viral production, mice were infected by footpad inoculation with 10^9 PFU of virus and euthanized on day 1, 2, 3, 6, 8, or 10. Blood was collected by phlebotomy of the axillary vein, and serum was recovered following centrifugation, aliquoted, and stored at −80°C. Mice were perfused with 20 ml PBS, and organs were removed, weighed, and homogenized. Plaque assays were performed as previously described using BHK21-15 cells (15). Viral RNA was prepared from aliquots of serum using a QiaAmp RNA recovery kit (QIAEN, Valencia, VA) and quantitated by real-time fluorogenic reverse transcription-PCR (RT-PCR) as previously described (15) using primers and probes corresponding to the E gene of WNV: forward, 5′-TCACCAGCATCTTCCACAAAG-3′; reverse, 5′-GGGTACACAGTGGTGTCTAGT-3′; probe, 5′-FAM-TGGCCAGCAGTGAACTGAGGAAGACT-TAMRA-3′ (30). (FAM = 6-carboxynaphthofluorescein; TAMRA = 6-carboxytetramethylrhodamine.)

IFN detection and quantitation. Total RNA was prepared from brain regions of uninfected and infected C57BL/6J mice with the RNEasy kit per the manufacturer's instructions (QIAGEN, Valencia, VA). Samples were quantitated via spectrophotometry and DNase treated (Invitrogen, Carlsbad, CA). Primers and probes used for fluorogenic quantitative RT-PCR for IFN-α and IFN-β have been described and validated previously (64). IFN-α primers were as follows: forward, 5′-CTTCAACCACTGATGTTGACTTCT-3′; reverse, 5′-TCTTCTGTCTGACCTCCTCC-3′; and probe, 5′-FAM-AGAGAGAAGAAACACAGCCC-5′-TAMRA-3′; IFN-β primers were as follows: forward, 5′-CTGGAGCAGCTGTTAAGGAAG-5′-TAMRA-3′; reverse, 5′-TCTTCTGGTTCTACTCAATGGG-3′; and probe, 5′-FAM-CAAACCTCATCTACCGGGACTGACTTACG-TAMRA-3′. Each 25-μl reaction mixture contained 2 μl RNA, 12.5 μl 2× RT-PCR mixture, 0.625 μl 40× Multiscribe (Applied Biosystems), and 2 pmol of each primer and probe. RT-PCR was performed in 96-well optical reaction plates (Applied Biosystems, Foster City, CA) with an ABI 7000 sequence detection system (Applied Biosystems, Foster City, CA) with an ABI 7000 sequence detection system (Applied Biosystems, Foster City, CA) with an ABI 7000 sequence detection system (Applied Biosystems, Foster City, CA) with an ABI 7000 sequence detection system (Applied Biosystems, Foster City, CA) with an ABI 7000 sequence detection system.

Neuronal cultures. Primary sympathetic neuronal cultures were generated from superior cervical ganglia (SCG) of postnatal day 1 129Sv/Ev and congenic IFN-α/βR−/− mice, essentially as previously described (17). Briefly, dissected SCG were treated with 1-nm/ml collagenase for 30 min at 37°C (Worthington Biochemical Corporation, Lakewood, NJ), followed by treatment with 0.25% trypsin for 30 min at 37°C (Sigma-Aldrich, St. Louis, MO). The ganglia were dissociated using a p100 pipette tip and seeded at a density of 6,000 cells/well onto 24-well plates or 8-well chamber slides (Nunc, Naperville, IL) coated with rat tail collagen. Following dissection, SCG were cultured for 3 days in minimal essential medium (Sigma-Aldrich, St. Louis, MO) containing 10% heat-inactivated FBS, 2 mM l-glutamine, 30 μM fluorodeoxyuridine, 30 μM uridine, 50-ng/ml nerve growth factor (Harlan Bioproducts, Madison, WI), and 3.3-ng/ml aphidicolin (Fisher Scientific, Pittsburgh, PA). Neurons were then maintained in aphidicolin-free medium. Purity of SCG cultures was determined via staining with anti-NeuN and anti-glial fibrillary acidic protein antibodies (~96 to 99%). All experiments were performed on neurons cultured 6 to 7 days prior to treatment or infection.

Virus infection of neuronal cultures and IFN treatment. For all in vitro experiments, primary SCG neurons were infected at a multiplicity of infection (MOI) of 10 for 1 h at 37°C. Free virus was then removed by a serial wash with PBS, followed by a wash 1 h later with neuronal medium. For IFN treatment experiments, SCG were treated with 100-IU/ml of mouse IFN-α, IFN-β, IFN-γ, or IFN-γ plus IFN-β (PBL Laboratories, Madison, WI). For pretreatment
experiments, neurons were treated 24 h before infection at an MOI of 10. Supernatants were harvested at 24 h postinfection (p.i.) after IFN-α, IFN-β, IFN-γ, or IFN-γ plus IFN-β treatment and on days 2, 3, 4, 8, and 11 after IFN-β treatment. In all cases, free virus was removed after extensive washing 24 h prior to the indicated collection time point. Production of infectious virus was measured by plaque assay with Vero cells as described previously (15). For IFN posttreatment experiments, neurons were infected at an MOI of 10 for 24 h, followed by treatment with IFN for 12 h. Cells were then washed to remove free virus. Supernatants were harvested on day 2 following IFN-α, IFN-β, IFN-γ, or IFN-γ plus IFN-β treatment and on days 3, 4, 8, and 11 postinfection after IFN-β treatment, following extensive washing as described above. To further assess viral replication, RNA was harvested from untreated and IFN-treated SCG neurons on days 1 and 4 after infection using a RNEasy recovery kit (QIAGEN, Valencia, VA) and quantitated by strand-specific, real-time fluorogenic RT-PCR as described above.

In vitro neuronal survival studies. SCG neurons were treated with 100 IU of IFN-β/ml either 24 h prior to or after infection with an MOI of 10 or infected in the absence of IFN treatment. The medium was changed every 3 days, and IFN-treated cells were maintained in the presence of 100-1U/ml IFN-β throughout the course of the experiment. On days 4, 8, and 11 postinfection, cultures were harvested to quantitate neuronal survival. Cells were washed twice with PBS, fixed with 4% PFA in PBS overnight at 4°C, and then stained with toluidine blue (final concentration, 0.25g/liter). Neurons that were stained for Nissl sub-

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## RESULTS

WNV infection induces IFN-α/β production. IFN-α/β is rapidly produced following infection with several RNA viruses and plays key roles in initiating antiviral defenses (12). To determine the time course and amount of IFN-α/β produced following WNV infection, we measured the levels of IFN-α in the serum, and production was maintained for several days following infection (days 4 to 8; range, 2.2 to 0.7 ng/ml) either 24 h prior to or after infection. At 4 days after infection, WNV-infected and control SCG were fixed overnight with 4% PFA in PBS at 4°C. Cells were permeabilized in PBS with 0.2% Triton X-100, blocked (5% normal goat serum and 0.1% Tween 20), fixed with 4% PFA in PBS overnight at 4°C, and then stained with toluidine blue (final concentration, 0.25g/liter). Neurons that were stained for Nissl substance and displayed intact nuclear and cellular morphology were considered alive and were counted as previously described (45). The data were normalized to untreated, uninfected neurons harvested at the same time points.

Immunofluorescence microscopy of neuronal cells. SCG neurons were infected with WNV at an MOI of 10 or treated with 100 IU of IFN-β/ml either 24 h prior to or after infection with an MOI of 10 or infected in the absence of IFN treatment. The medium was changed every 3 days, and IFN-treated cells were maintained in the presence of 100-1U/ml IFN-β throughout the course of the experiment. On days 4, 8, and 11 postinfection, cultures were harvested to quantitate neuronal survival. Cells were washed twice with PBS, fixed with 4% PFA in PBS overnight at 4°C, and then stained with toluidine blue (final concentration, 0.25g/liter). Neurons that were stained for Nissl substance and displayed intact nuclear and cellular morphology were considered alive and were counted as previously described (45). The data were normalized to untreated, uninfected neurons harvested at the same time points.

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Statistical analysis. For in vitro experiments, an unpaired t test was used to determine significant differences. For viral burden analysis, an unpaired t test with Welch’s correction was used. For survival analysis, Kaplan-Meier curves were analyzed by the log rank test.

**RESULTS**

WNV infection induces IFN-α/β production. IFN-α/β is rapidly produced following infection with several RNA viruses and plays key roles in initiating antiviral defenses (12). To determine the time course and amount of IFN-α/β produced following WNV infection, we measured the levels of IFN-α in the serum of wild-type mice subcutaneously inoculated with 10^5 PFU. By day 2 p.i., an average of 3.0 ± 0.4 ng/ml of IFN-α was detected in serum, and production was maintained for several days following infection (days 4 to 8; range, 2.2 ± 0.3 to 3.1 ± 2.6 ng/ml). Following a primary viremia, WNV crosses the blood-brain barrier and infects the CNS, resulting in neuronal injury. However, the production and role of IFN-α/β in the CNS following RNA virus infection are largely unknown. We assessed the induction of IFN-α/β in both the cerebellum and cortex of wild-type mice, following peripheral inoculation. By day 5 p.i., IFN-α mRNA was increased 10 fold in the cortex, whereas in the cerebellum both IFN-α and IFN-β transcripts were increased 5 to 10 fold (Fig. 1). The peak induction of IFN-β (200- to 300-fold increase; P < 0.05) mRNA was observed on day 8, correlating with peak virus infection. IFN-α transcript levels also peaked in the cortex on day 8, while in the cerebellum the highest amounts were detected on day 10 (P < 0.05).

Susceptibility of IFN-α/βR−/− mice to peripheral WNV infection. To directly investigate the role of IFN-α/β in protec-
infection in C57BL/6 mice (15, 16). In contrast, high levels of infectious virus were detected in the serum of IFN-α/H9251/H9252/R/H11002 mice (10^7 PFU/ml) by viral plaque assay. Using RT-PCR, viral RNA was detected in serum in IFN-α/H9251/H9252/R/H11002 mice at 24 h; by 48 and 72 h, 10^6 and 10^8 viral RNA copies/ml were measured, respectively (Fig. 2B).

(ii) CNS. Following subcutaneous infection of IFN-α/βR^−/− mice, WNV rapidly disseminated to the CNS. Virus was detected by 48 h p.i. in IFN-α/βR^−/− mice in both the brain and spinal cord (Fig. 2C and D). By 72 h p.i., viral loads in CNS tissues averaged 10^6 PFU/g, corresponding to the onset of severe symptoms and death. In marked contrast, no virus was detected in wild-type 129Sv/Ev mice by plaque assay of either the brain or spinal cord at these time points. Instead, WNV spread to the CNS in wild-type mice by day 6 p.i. At day 10 p.i., wild-type mice demonstrated high viral loads in CNS compartments, with an average of 6 \times 10^6 PFU/g and 4.7 \times 10^4 PFU/g in the brain and spinal cord, respectively.

(iii) Peripheral tissues. In addition to controlling viral replication, IFN-α/β has been implicated in modulating viral tro-
in infected IFN-α/β-induced responses altered infection of peripheral tissues, heart, lung, kidney, liver, pancreas, and muscle were harvested from IFN-α/βR−/− mice on day 3 p.i. and from wild-type mice on days 3 and 8 p.i. Despite excessive perfusion to remove blood-borne virus, high viral loads (10^6 to 10^7 PFU/g) were detected in every peripheral tissue tested from the IFN-α/βR−/− mice with the exception of the pancreas. In comparison, no virus was measured in wild-type mice at either day 3 or day 8 after infection in any of these tissues (Fig. 2E). Thus, IFN-α/β restricts viral replication in peripheral tissues and alters viral tropism at the tissue level.

**Immunohistochemistry of WNV infection in IFN-α/βR−/− mice.** To evaluate how an absence of IFN-α/β-induced responses alters viral infection, we examined brain, spinal cord, and liver for WNV antigen staining from IFN-α/βR−/− mice on day 3 p.i. and from symptomatic wild-type mice on day 10 p.i. Immunohistochemistry showed extensive localization of WNV antigen in neurons throughout the brain and spinal cord on day 3 p.i. and from symptomatic wild-type mice on day 8 p.i. (Fig. 3A). Interestingly, abundant viral infection was observed in the epithelial cells of the choroid plexus of IFN-α/βR−/− mice; this was largely lacking in wild-type mice (Fig. 3A), suggesting an additional possible route of entry for WNV into the CNS.

The presence of high viral loads in many peripheral tissues of IFN-α/βR−/− mice suggested that IFN-α/β functions to restrict replication in these tissues. To begin to define the cellular basis for the change in tissue tropism, additional immunohistochemistry was performed. Analysis of liver sections revealed WNV infection predominately in small cells lining the sinusoids that are most likely myeloid-derived Kupfer cells (Fig. 3B). In contrast, WNV antigen was largely absent from other parenchymal cells, as little to no infection of hepatocytes was observed.

**Splenic infection in IFN-α/βR−/− mice.** Our virologic studies indicated that mice lacking the IFN-α/β receptor had increased levels of infection in the spleen (Fig. 4A). Consistent with this, higher levels of viral antigen were observed with spleens from IFN-α/βR−/− mice on day 3 p.i. (Fig. 4B). Marked destruction of splenic architecture and a distinct loss of cellularity were observed in infected IFN-α/βR−/− mice compared to infected wild-type animals and uninfected IFN-α/βR−/− controls (Fig. 4B and data not shown). Quantitation confirmed this, as IFN-α/βR−/− mice contained 28% ± 12% splenocytes compared to age- and sex-matched uninfected IFN-α/βR−/− mice, whereas infected wild-type mice contained 124% ± 48% splenocytes compared to wild-type controls (P < 0.001). By immunohistochemistry, WNV antigen appeared to be present in an array of cell types in spleens from IFN-α/βR−/− mice. To more rigorously determine the cellular basis of this enhanced infection, we evaluated different splenocyte populations for WNV infection by flow cytometry. Splenocytes were costained for WNV and individual immune cell markers and analyzed. We observed both an increase in the total number of splenocytes infected in IFN-α/βR−/− mice compared to wild-type (7.3% ± 2.2% versus 1.0% ± 0.9%; P = 0.0001) and
increased infection in several cell populations (Fig. 4C and D). CD3⁺, CD8⁺, and B220⁺ (lymphocyte) cells all showed significantly increased WNV infection in IFN-α/βR⁻/⁻ mice (Fig. 4D and E). However, F4/80⁺ (macrophage) cells demonstrated the greatest increase in susceptibility in IFN-α/βR⁻/⁻ mice (33% ± 12% versus 3.3% ± 2.0% in wild-type mice; P < 0.0001). Strand-specific RT-PCR confirmed the presence of replicating virus in myeloid and lymphoid cell populations from IFN-α/βR⁻/⁻ mice (Fig. 4F). Positive-strand RNA was increased 5 to 6 logs in CD11b⁺ and CD19⁺ cells relative to levels detected in infected wild-type mice. Significant levels of negative-strand RNA were also detected, with a 3- to 4-log increase in both CD11b⁺ and CD19⁺ cells from IFN-α/βR⁻/⁻ mice. Thus, an absence of IFN-α/β-induced responses altered cellular tropism in the spleen, with macrophages becoming especially sensitive to increased infection.

The effect of IFN-α/β in the CNS after intracranial infection. Since WNV is naturally acquired through peripheral inoculation and subsequently spreads to the CNS, an effective immune response to WNV controls viral replication both in the periphery and CNS compartments. Our experiments using a subcutaneous infection model showed that IFN-α/β plays an independent role in the CNS following WNV infection, we inoculated wild-type and IFN-α/βR⁻/⁻ mice intracranially with 10³ PFU of virus and examined lethality and viral burden in CNS tissues. IFN-α/βR⁻/⁻ mice demonstrated uniform lethality by day 3.5 p.i. and an MTD of 3.4 ± 0.2 days, whereas wild-type mice had complete lethality by day 9 p.i., with an MTD of 7.2 ± 0.8 days (P < 0.0001) (Fig. 5A). Virologic analysis showed significantly increased titers in the brain and spinal cord of IFN-α/βR⁻/⁻
mice by day 3 p.i. compared to those of wild-type mice (Fig. 5B and C).

**IFN-α/β inhibits WNV replication in neurons.** Although the in vivo studies suggested that IFN-α/β modulates viral replication within CNS tissues, it was unclear whether this was due to specific antiviral activity in neurons. To test directly whether IFN-α/β inhibited WNV replication in neurons, we utilized a primary neuron culture model for WNV infection. Neurons derived from SCG are of high purity (~98 to 99%) and are susceptible to WNV infection (46). Pretreatment of SCG neurons with IFN-β inhibited WNV 1,000 fold, whereas treatment with IFN-α or IFN-γ decreased viral production by 100 fold \((P < 0.05)\) (Fig. 6A). Treatment with a combination of IFN-β and IFN-γ resulted in the greatest inhibition, reducing viral production by 1,500 fold \((P < 0.05)\). Similar results were obtained when strand-specific real-time RT-PCR was used to analyze viral RNA from untreated and IFN-β-pretreated cells: at day 1 p.i., neurons pretreated with IFN-β had 1,000-fold and 100-fold lower levels of negative-strand and positive-strand viral RNA, respectively (data not shown). As expected, IFN treatment following WNV infection less efficiently blocked viral replication, with 5-fold and 10-fold inhibition of viral production following IFN-β or IFN-β and IFN-γ treatment, respectively \((P < 0.05)\) (Fig. 6B). Thus, similar to non-neuronal cells, primary neurons respond to IFN by efficiently inhibiting viral production when treated prior to but not after WNV infection.

**WNV-induced neuronal death is inhibited by IFN-α/β.** Following intracranial inoculation, wild-type mice had viral loads in the CNS tissues at day 6 p.i. that were equivalent to those detected with IFN-α/βR−/− mice at day 3 (Fig. 5B and C). However, complete lethality was not observed in wild-type mice until day 9 p.i., indicating that some mice survived for several days despite apparently high viral titers in the brain and
spinal cord. We hypothesized that IFN-α/β may have an independent function that allows prolonged survival in the presence of high viral titers. To test this, SCG neurons were treated with 100 IU of IFN-β either 24 h prior to or after infection with WNV, and neuronal survival was quantitated over time. Treatment with IFN-β either prior to or after infection significantly increased neuronal survival on day 8 p.i. (pretreated 95% survival, posttreated 80% survival, and untreated 56% survival; \( P < 0.05 \)). By day 11 p.i., IFN-β-pretreated cells still showed improved survival over untreated cells, demonstrating a 50% survival increase (\( P = 0.01 \)) (Fig. 7A). Because increased survival of IFN-β treated neurons could be due to a difference in the relative production of WNV, we measured WNV levels in IFN-β-treated and untreated cells at 24-h intervals throughout the time course of infection. At days 2 and day 3 p.i., virus infection was slightly reduced in IFN-β-pretreated cells. Interestingly, after day 3, equivalent levels of WNV were recovered from cell supernatants, independent of IFN treatment. These data were confirmed by strand-specific RT-PCR at day 4 p.i., which showed only 0.8- and 0.7-fold inhibition of positive- and negative-strand viral RNA, respectively (data not shown). Indeed, by day 10 to 11 IFN-β-pretreated cells paradoxically produced more virus than untreated or posttreated cells; however, this may be due to the increased survival rate of IFN-treated neurons (Fig. 7B). To assess whether IFN-β treatment altered the number of neurons infected, immunofluorescent staining for WNV antigen was performed at day 4 p.i. Regardless of IFN-β treatment, virtually all neurons stained positive for WNV antigen (Fig. 7C). These data suggest that IFN-β prolongs neuronal survival following WNV infection in a manner that is at least partially independent of its antiviral effect.

**DISCUSSION**

In this study, we used several experimental approaches to demonstrate that IFN-α/β plays a critical role in the early control of WNV replication and spread. IFN-α/β was produced rapidly in the serum and upregulated in the brains of wild-type mice following WNV infection. Mice that lacked a functional IFN-α/β receptor had increased viremia and viral burden in the majority of
peripheral and CNS tissues and quickly succumbed to infection. Additional experiments showed that IFN-α/β had an independent role in protecting CNS tissues and functioned to control WNV replication and inhibit WNV-induced death of primary neurons.

**IFN-α/β acts as a key innate defense against WNV infection.**

In vitro studies have demonstrated that pretreatment with IFN-α/β can reduce flavivirus replication in several cell populations, including Vero cells and human foreskin fibroblasts, although treatment after infection is generally less effective (1, 13, 14, 25, 34). Moreover, mouse embryonic fibroblasts that lack the IFN-α/β receptor show increased susceptibility to WNV infection (10). However, the potential role of endogenous IFN-α/β in modulating WNV infection in vivo was untested. Our experiments demonstrate that IFN-α/β is essential for controlling WNV infection. IFN-α/β−/− mice had an MTD of 3.8 ± 0.5 days and 100% lethality following peripheral inoculation, whereas wild-type mice showed 60% mortality and an MTD of 11.9 ± 1.9 days. Complete lethality was also observed with IFN-α/β−/− mice, following inoculation of as little as 10⁶ PFU of WNV, indicating that these mice are more sensitive to WNV infection than our plaque assay. Thus, in the absence of IFN-α/β responses, mice are acutely susceptible to WNV infection. IFN-α/β has also been shown to play a protective role for other flaviviruses, although in varying degrees. For example, the same IFN-α/β−/− mice had no lethality following intravenous DEN infection with 10⁶ PFU, although increased viral replication and spread were detected in some tissues (55). In contrast, intravenous infection of 6-week-old IFN-α/β−/− mice with 10⁵ PFU MVE resulted in uniform lethality with kinetics similar to those observed for WNV, as all mice died by day 6. Moreover, increased MVE loads were detected in the serum, brain, and spleen, although other tissues were not assayed (37). Other studies using IFN-α/β−/− mice have also shown that IFN-α/β plays an important role in neurotropic RNA virus infections, including Sindbis virus (50), Theiler’s virus (18), Venezuelan equine encephalitis virus (22), and measles virus (40). For example, infection of IFN-α/β−/− mice with Theiler’s virus resulted in increased lethality, following inoculation with both virulent and attenuated strains (18). However, unlike several of these viruses, mice absolutely require IFN-α/β for survival following WNV infection.

We observed swift dissemination following WNV infection in IFN-α/β−/− mice, resulting in high viremia, seeding of visceral organs (such as heart, lung, and liver) not normally infected in wild-type mice, and rapid spread to CNS tissues. Thus, IFN-α/β rapidly restricts WNV replication following infection, and its absence permits uncontrolled viral replication, dissemination, and death. In vitro, WNV has been shown to be acutely sensitive to IFNs when cells are treated prior to infection, but like other flaviviruses, this sensitivity is largely lost when cells are treated after WNV infection is established (24, 36). Recent studies demonstrate that flavivirus nonstructural proteins can inhibit IFN-α/β signaling by preventing phosphorylation of JAK1 and Tyk2 and also decrease IFN gene transcription (24, 34–36, 41). However, our data suggest that despite the ability of WNV to resist the antiviral effects of IFN-α/β after infection, it still plays an essential role in inhibiting WNV replication and spread in vivo.

**IFN-α/β modulates WNV tropism.** Our viral burden data suggest that WNV tropism is modulated in part by IFN-α/β-induced responses. Following infection, the early production of IFN-α/β can limit WNV infection by inducing an antiviral state in neighboring cells and distant tissues. Correspondingly, we observed that WNV spread to an array of peripheral tissues in IFN-α/β−/− mice that are not normally infected in wild-type mice. These results are consistent with infection of IFN-α/β−/− mice for other viruses, including herpes simplex virus (38), Sindbis virus (50), measles virus (40), and myxoma virus (62), in which the absence of downstream IFN signaling expanded the range and species of cells infected. It still remains unclear whether IFN-α/β restricts tissue tropism in WNV infection through the induction of an antiviral state or whether higher viremia increases exposure of peripheral organs to infectious virus.

IFN-α/β−/− mice also had significantly increased viral burden in the spleen, and immunohistochemical analysis showed marked destruction of splenic architecture, as well as widespread infection compared to infected wild-type mice. Although altered tissue tropism has been reported with IFN-α/β−/− mice, limited work has been performed to define the cell populations that are protected by IFN-α/β in vivo. Flow cytometric analysis of splenocytes demonstrated significantly increased infection in CD3⁺, CD8⁺, B220⁺, and F4/80⁺ cells in IFN-α/β−/− mice. Thus, in the spleen IFN-α/β restricts WNV replication in a diverse array of cell populations, including B cells, T cells, and macrophages. In the livers of IFN-α/β−/− mice, viral antigen localized predominantly to what appear to be myeloid-derived Kupfer cells lined the sinusoids. Analogously, for Sindbis virus, in the absence of the IFN-α/β receptor viral antigen colocalized with macrophage and/or dendritic cells in the spleen and F4/80⁺ macrophages in the liver (50). Thus, at least for WNV and Sindbis virus, IFN-α/β may modulate tropism by restricting infection in myeloid-derived cells. Although the precise mechanisms by which IFN-α/β restricts WNV cellular tropism remain unclear, given the increasing number of candidate cell entry receptors for flaviviruses (9, 11, 48, 59, 60), IFN may regulate tropism at a postentry level, perhaps by depleting and/or modifying critical host or viral factors that are necessary for viral translation or replication. Alternatively, cell-specific differences in the levels or activities of IFN-stimulated antiviral proteins (e.g., RNA-activated protein kinase or RNaseL) could determine the outcome of infection in a given cell type.

**Role of IFN-α/β in CNS protection following WNV infection.** Once viral infection in the CNS occurs, effective resolution requires clearance without irreversible damage of critical nonrenewing cells such as neurons. For WNV, CD8⁺ T cells have been shown to play an essential role in eliminating WNV infection in CNS tissues (56, 65). Our experiments suggest that IFN-α/β has an independent role in controlling viral infection and injury in the CNS. Peripheral WNV infection induces significant expression of both IFN-α and IFN-β in the brain, indicating that IFN-α/β may act directly in the CNS to restrict viral replication. Moreover, following intracranial inoculation with WNV, IFN-α/β−/− mice show a significantly decreased average survival time, with complete mortality observed by day 3.5 compared to day 9 in wild-type mice. Although the IFN-α/β−/− mice likely die as a result of the observed increase in

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CNS infection, heightened viral burdens in peripheral tissues could contribute. Our data agree with an intracranial inoculation study with Theiler’s virus that showed increased lethality and demyelination in brains of IFN-α/βR−/− mice compared to the wild type (18). In contrast, a deficiency in TLR3 was associated with increased survival following peripheral WNV infection and equivalent survival following intracerebroventricular inoculation (64). Although further study is required, because of the significant differences in phenotypes it would appear that IFN-α/β signaling in the CNS is initiated primarily through a TLR3-independent pathway.

To study the function of IFN-α/β in neurons in a more controlled system, we infected primary sympathetic motor neurons (SCG) with WNV. In contrast to embryonic stem cell-derived glutaminergic neurons, which rapidly die following WNV infection (57), SCG neurons sustain viral replication for up to 12 days, similar to dorsal root ganglia sensory neurons (27). Nonetheless, as with embryonic stem cell-derived neurons (B. Shrestha and M. S. Diamond, unpublished data), pretreatment of SCG neurons with IFN-α/β markedly inhibited negative-strand accumulation and WNV production. These data are consistent with studies showing that IFN-β pretreatment of neuroblastoma cells and primary olfactory neurons strongly inhibits vesicular stomatitis virus (61). For WNV, however, treatment of neurons after infection was significantly less effective in blocking viral production. These results show that primary neurons can effectively respond to IFN, but as seen in other cells, WNV becomes resistant once infection is established.

Following intracranial inoculation, CNS tissues of wild-type mice at day 6 had equivalent viral burdens compared to IFN-α/βR−/− mice at day 3 after infection. Despite this, mortality of all the wild-type mice did not occur until day 9, suggesting that IFN-α/β may have an independent function in protecting some neuronal populations. IFN-α/β has been shown to affect survival of a number of cell types, including neurons, astrocytes, neutrophils, and peripheral B cells (2, 8, 49, 63). Indeed, IFN-α/β has been hypothesized to contribute to neuronal preservation following viral infection (23, 66). Our data with SCG neurons showed increased survival rates after exposure to IFN-β. Although this could be explained by a decrease in viral replication, viral production after day 3 p.i. was equivalent in IFN-β-treated and untreated neurons. Moreover, at late time points after infection, IFN-β-pretreated cells produced more virus than untreated cells, likely secondary to increased neuronal survival. To our knowledge, this is the first study that demonstrates the neuroprotective effects of IFN-α/β following virus infection. These studies are consistent with the neuroprotective effect of IFN-γ following Sindbis virus infection in vitro and in vivo (3, 5).

The importance of IFN-α/β in inhibiting flavivirus infection has been confirmed in other in vivo models. Pretreatment of rodents with IFN-α inhibited St. Louis encephalitis virus infection and resulted in decreased viral loads and mortality for Modoc virus and WNV (4, 33, 39). Although no large-scale trials with humans have assessed the effectiveness of IFN-α/β therapy in WNV infection, pilot studies suggest that it may have therapeutic potential. Treatment with IFN-α reduced complications in human St. Louis encephalitis virus cases and has been used successfully, albeit in an uncontrolled manner, to treat small numbers of human cases of WNV encephalitis (28, 47, 53). However, in Vietnam, a double-blinded, randomized placebo-controlled clinical trial was performed on 1,112 children with suspected or documented Japanese encephalitis virus infection; treatment with IFN-α2a failed to improve outcome (58). Although no consensus has emerged, a randomized nonblinded clinical trial of IFN-α2b has been initiated (http://nyhq.org/posting/rahal.html) for WNV infection. Given our findings that IFN-α/β inhibits infection and prolongs survival in neurons, we agree that further study of IFN therapy late in the course of infection is warranted, as it could have beneficial effects in mitigating long-term sequelae associated with neuronal death.

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