# Tidewater Equine Clinic \& Farm Animal Services 

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## Deworming Recommendations

## Shedding Status:

A fecal egg count (FEC) determines a horse's shedding status by counting the number of strongyle-type eggs per gram (EPG) of feces. Fecal samples should be taken in the fall or spring because these seasons have the highest parasite infection rates. For accuracy of shedding status, samples should be collected at least 2 months after deworming.

| Status | Treatment |
| :---: | :--- |
| LOW SHEDDERS <br> (FEC $\leq 150$ EPG) | 1. Ivermectin in April <br> 2. Ivermectin + praziquantel in November (Equimaxx) |
| MODERATE SHEDDERS <br> $(200$ EPG $\leq$ FEC $\leq 500 ~ E P G) ~$ | 1. Ivermectin in April <br> 2. Fenbendazole, pyrantel or ivermectin in July <br> 3. Moxidectin + praziquantel in November (Quest Plus) |
| HIGH SHEDDERS* <br> (FEC >500 EPG) | 1. Fenbendazole, pyrantel or ivermectin in January <br> 2. Ivermectin in April <br> 3. Fenbendazole, pyrantel or ivermectin in July <br> 4. Moxidectin + praziquantel in October (Quest Plus) |

*Young horses, aged 1-3 years, should be considered "high shedders" until their immune systems fully mature.

## Fecal egg count reduction test (FECRT):

FECRT taking a fecal sample and deworming with the chosen product on the same day, and then taking a second fecal sample 10-14 days later. The percent reduction of the strongyle eggs after deworming shows the level of resistance to that product in the strongyle population.

## Product information:

- Praziquantel kills tapeworms and is recommended to be used at least annually in the fall.
- Ivermectin or moxidectin should be given after the first frost (October) to kill botfly larvae.
- In adult horses, strongyles have shown widespread resistance to fenbendazole, oxibendazole, and pyrantel pamoate. If you have concerns about resistance to these products, a fecal egg count reduction test can be performed on your horse's feces.

