

# EKKA Freestyle Kickboxing

INTRODUCTION/ INFORMATION

## ABOUT US

EKKA was established in 1999 and specialised in Freestyle Kickboxing and Kung -Fu.

We had classes in North Walsham, Norwich, Lowestoft, Acle and Cromer; however in 2010 for personal reasons; we had to close down ALL classes.

Callum Keir (2nd Degree); was given permission to open up a brand new class in Stalham; teaching Freestyle Kickboxing. In 2012; it was on the blink of closing, due to him starting University and later getting his dream job casting/ commentating in the Esports world. Therefore; Sifu Jacqui decided to keep it open and start teaching again.

We changed our training location from Stalham Sports Centre to Stalham Town Hall during the Covid period (re-opening on Tuesday 5th April 2022).

EKKA Chief Instructor and Freestyle Kickboxing Instructor Founder; is part of the British Martial Arts and Boxing Association (governing body)

Sifu Jacqui is:

Level 3 Qualified Instructor/Coach

Fully Insured

Lead Safeguarding Officer

First Aid Qualified

DBS Checked and Approved

35yrs Experience

Black belt (2002), 2nd Degree (2004), 3rd Degree (2012)

Students are taught Freestyle Kickboxing techniques, fitness, self– discipline, respect and self-esteem. We tailor to each individual, age (7yrs+) and levels of fitness.

We invite students to start on their belt ranking journey as soon as they are ready. Students are taken through all techniques they need to be able to do, to achieve their coloured belts.

## Junior Freestyle Kickboxing

Boys and Girls 7yrs old to 12yrs old, Every Tuesday (INCLUDING SCHOOL HOLIDAYS), 5pm till 5.55pm, Cost: £4.70 (payment online) - [ekkakickboxing.co.uk](http://ekkakickboxing.co.uk) and scroll down .

ALL BOOKINGS MUST BE BOOKED AND PAYED FOR BEFORE 3.59pm. You can booked as many lessons in advance as you want. **All Bookings are Non Transferable or Refundable (unless your Instructor needs to cancel the class)** We also offer a 10% discount on monthly block bookings; that are available at the beginning of each month.

We also offer a more advanced Junior class for our Green Belts and above. Time: 6pm till 6.55pm — where we can concentrate on the more specialized belt syllabus.



**KIDS Freestyle KICKBOXING**  
Beginners to 3rd Belt

"The Best SELF DEFENCE For Your Kids"

TUESDAY  
5pm till 5.55pm

Stalham Town Hall,  
High Street

7yrs to 12yrs old

[facebook.com/ekkakickboxing](http://facebook.com/ekkakickboxing)

ekkakickboxing.co.uk  
07585023081



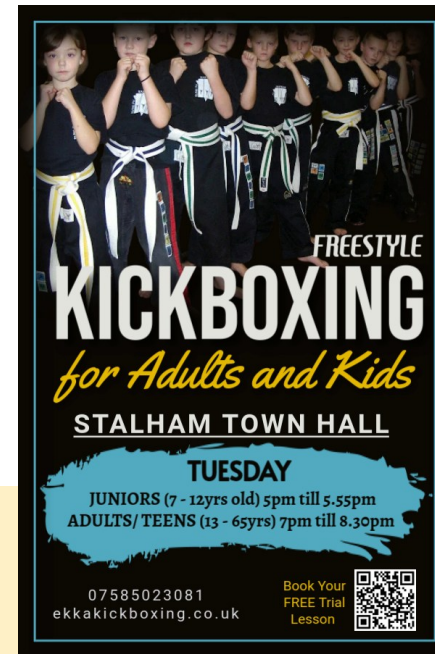
**KIDS FREESTYLE kickboxing**

**THIS CLASS:**  
Junior Freestyle Kickboxing students

4th Belt (GREEN) and Above

TUESDAY  
6pm till 6.55pm

**07585023081**



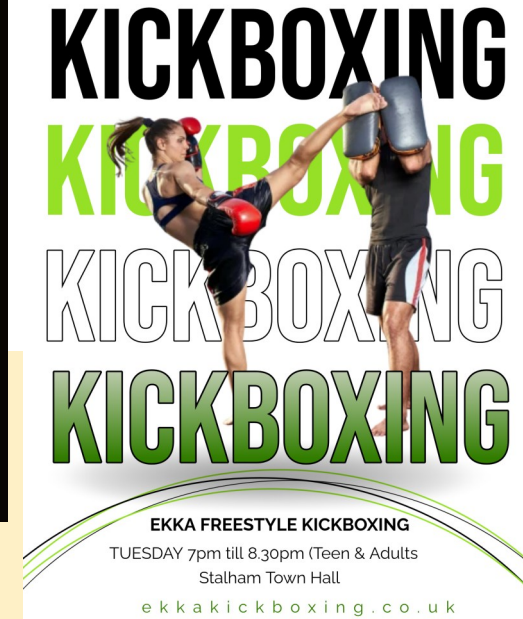

**FREESTYLE KICKBOXING**  
for Adults and Kids

**STALHAM TOWN HALL**

**TUESDAY**  
JUNIORS (7 - 12yrs old) 5pm till 5.55pm  
ADULTS/TEENS (13 - 65yrs) 7pm till 8.30pm

07585023081  
[ekkakickboxing.co.uk](http://ekkakickboxing.co.uk)

Book Your FREE Trial Lesson



**KICKBOXING**

**EKKA FREESTYLE KICKBOXING**  
TUESDAY 7pm till 8.30pm (Teen & Adults)  
Stalham Town Hall  
[ekkakickboxing.co.uk](http://ekkakickboxing.co.uk)

## TAF (Teen.Adult.Family) Freestyle Kickboxing

### FOR ALL LEVELS OF FITNESS

Ages: 13yrs old to 60+yrs, Times: 7pm till 8.30pm, Every Tuesday (Including School Holidays)

Book Online by 3.59pm (closes at 4pm prompt)

**ALL lessons Must be booked online at [ekkakickboxing.co.uk](http://ekkakickboxing.co.uk) (scroll down the page)**

All bookings are Non Transferable or Refundable (unless your Instructor needs to close the class)

You can book as many lessons as you wish in advanced.

We offer a 10% discount at the beginning off each month - for a month block booking