## Weekly Strategic Planning Worksheet

Pattern I noticed (inefficiency, recurring issue, opportunity):

10-Minute Strategic Check-In

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IMPACTFUL FUTURES
Transforming Tactical Thinking into Strategic Careers
Mary K. Trostmann-Tully, CEO & Workplace Coach
20+ Years from Individual Contributor to C-Suite
Week of:
This worksheet is part of the Strategic Thinking Framework developed by Mary K. through her
advancement from individual contributor to CIO. Use this 10-minute weekly practice to build the
strategic thinking habits that accelerate career growth.
1. Strategic Alignment Check (2 minutes)
Company's top priority this year:
My manager's top priority this quarter:
my manager 5 top priority this quarter.
How my work connects to these priorities:
2. Last Week's Impact Review (3 minutes)
My biggest accomplishment last week:
Business value this created:

3. Strategic Thinking Practice (3 minutes)
One process that made me think "there has to be a better way":
5 Why analysis - Why does this problem exist?
1. Why:
2. Why:
3. Why:
4. Why:
5. Why:
4. This Week's Strategic Actions (2 minutes)
One strategic opportunity I'll investigate:
One strategic conversation I'll initiate: With: Topic:
One insight I'll share (not just an update) in meetings:
Weekly Habits Tracker
Check off as completed:
☐ Asked "why are we doing this?" before starting a major task
☐ Shared business impact (not just task completion) when updating others
☐ Built one relationship outside my immediate team
☐ Identified one improvement opportunity
Notes

**Remember:** Strategic thinking becomes second nature through consistent practice. This 10-minute weekly investment builds the habits that accelerate career growth.

## **Continue Your Strategic Thinking Development:**

- Complete Strategic Thinking Blog Series: impactful-futures.com/blog
- Download additional resources: impactful-futures.com
- Ready for personalized coaching? Contact Mary K.: <a href="maryk@impactful-futures.com">maryk@impactful-futures.com</a>

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Where high performers learn to think strategically and accelerate their careers

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