

Hospital List

Lip gloss
Tooth brushes and paste, and mints for dads
Deodorant
Hair ties
Water bottle with a bendy straw
2 LED battery tea light candles
Snacks (granola bars, apple sauce etc)
Coins for parking
Juice boxes/gatorade
Snacks for dad
Food for after birth
Extra pillows
Flip flops for mom, or crocks (birth is messy and shoes get damaged)
Robe or long warm cardigan
Change of clothes for mom and dad, outfit for baby
Bathing suit shorts for dad