

RELEASE OF LIABILITY, WAIVER OF CLAIMS, ASSUMPTION OF RISKS AND INDEMNITY

PLEASE READ CAREFULLY!

BY SIGNING THIS RELEASE OF LIABILITY, WAIVER OF CLAIMS, ASSUMPTION OF RISKS AND INDEMNITY, YOU (ON YOUR OWN BEHALF AND ON BEHALF OF THE OTHER RELEASORS) WILL WAIVE CERTAIN LEGAL RIGHTS, INCLUDING THE RIGHT TO SUE OR CLAIM COMPENSATION FOR ANY INJURY OR DAMAGES.

In consideration of TRAIN 4 TRAUMA COMBATIVE SCIENCES (the "**Company**") permitting me to participate in Educational support services and any and all activities in connection therewith (the "**Activities**"), and in consideration of my desire to participate in the Activities and for other good and valuable consideration, I hereby, for myself, my heirs, executors, administrators, assigns or personal representatives (collectively, or any one or more of them, as the context requires, the "**Releasors**" and which terms shall also include the Releasor's parents or guardians if the Releasor is a minor), agree to the following terms and conditions set out in this Release of Liability, Waiver of Claims, Assumption of Risks and Indemnity (this "**Release**") in respect of my release of liability of the Company and its affiliates, and its and their respective directors, officers, employees, agents, representatives, shareholders, successors, and assigns (collectively, or any one or more of them, as the context requires, the "**Releasees**"), waiver of claims against the Releasees and indemnification of the Releasees:

ASSUMPTION OF RISKS

I acknowledge and agree that I am participating in the Activities at my own risk and am aware and understand that the Activities involve many risks, dangers, and hazards, including but not limited to the **risk of serious injury or death.**

I ACKNOWLEDGE THAT I AM VOLUNTARILY PARTICIPATING IN THE ACTIVITIES. I (ON MY OWN BEHALF AND ON BEHALF OF THE OTHER RELEASORS) FREELY ACCEPT AND FULLY ASSUME ANY AND ALL OF THE RISKS, DANGERS, AND HAZARDS INVOLVED IN THE ACTIVITIES AND THE POSSIBILITY OF INJURY, DEATH, PROPERTY DAMAGE AND LOSS RESULTING THEREFROM, WHETHER CAUSED BY THE NEGLIGENCE OF THE COMPANY OR ANY OTHER RELEASEE OR OTHERWISE.

RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY

I hereby, on my own behalf and on behalf of the other Releasors, agree as follows:

1. **TO EXPRESSLY WAIVE ANY AND ALL CLAIMS** which I or any other Releasor have or may in the future have against any of the Releasees and **TO RELEASE THE RELEASEES FROM ANY AND ALL CLAIMS AND LIABILITY** for any loss, including financial loss, injury, including death, damage, including property damage, cost or relief of any kind that I

may suffer in connection with, arising out of or attributable to the Activities, due to any cause whatsoever, including without limitation NEGLIGENCE, BREACH OF CONTRACT, OR BREACH OF ANY STATUTORY OR OTHER DUTY OF CARE OWING UNDER OCCUPIERS LIABILITY LEGISLATION OR OTHERWISE ON THE PART OF ANY OF THE RELEASEES. I covenant, on my own behalf and on behalf of the other Releasors, not to make or bring any such claim against the Company or any other Releasee, and forever release and discharge the Company and all other Releasees from liability under such claims;

2. **TO DEFEND, INDEMNIFY AND HOLD HARMLESS** the Company and all other Releasees against any and all losses, damages, liabilities, deficiencies, claims, actions, judgments, settlements, interest, awards, penalties, fines, costs, or expenses of whatever kind, including damage to or destruction of any property, death of or injury to any person and legal fees, in connection with any third-party claim, suit, action, or proceeding arising out of or resulting from the Activities;
3. I hereby represent, warrant and covenant that I have not transferred or assigned, and will not transfer or assign, to any other person or entity any of the claims that I am releasing herein or with respect to which I have agreed not to make any claim or take any proceeding. I acknowledge that this Release shall be binding upon me and the Releasors and shall enure to the benefit of the Company and each of the other Releasees;
4. This Release shall be governed by and construed in accordance with the laws of the Province of Ontario and the federal laws of Canada applicable therein. Any claim or cause of action arising under this Release may be brought only in the courts of the Province of Ontario; and
5. If any term or provision of this Release is held to be invalid, illegal, or unenforceable in any jurisdiction, such invalidity, illegality, or unenforceability shall not affect any other term or provision of this Release or invalidate or render unenforceable such term or provision in any other jurisdiction.

In entering into this Release, I am not relying on any oral or written representations or statements made by the Company or any of the Releasees with respect to the safety of the Activities. I CONFIRM THAT I HAVE READ AND UNDERSTOOD ALL OF THE TERMS OF THIS RELEASE and that by signing this Release I AM VOLUNTARILY WAIVING SUBSTANTIAL LEGAL RIGHTS (on my own behalf and on behalf of the other Releasors), INCLUDING THE RIGHT TO SUE the Company or any other Releasee.

Participant Name (Print)

Date Signed

Signature

Address

Signature of Parent/Guardian of Participant (if applicable)

Telephone Number

Email Address