

Courageous Conversations

Healthy conflict begins with one courageous conversation.

REFLECTION

Think about one conversation you've been avoiding.

- Who do I need to talk with?
- What conversation needs to happen?
- What has the delay cost?
- What is one next step I can take?



MY FIRST STEP

DATE I WILL HAVE THIS CONVERSATION

ONE THING I WANT TO REMEMBER

*You don't need to have the perfect conversation.
You just need to start it.*
