

STACKING

L's



Name: _____

Loss Lesson

Date _____

Description of Lesson: _____

Impact: _____

Key Learning

Key Takeaways: _____

What Will I Do Next: _____

Growth and Progress / Overall Reflection

Peer Feedback: _____

Skills Developed: _____

Mindset Shifts: _____

Personal Commitment Statement: _____

Signature: _____

Date: _____