## Sclerotherapy



What Is It?	Sclerotherapy is a <b>safe</b> , <b>minimally invasive treatment</b> used to reduce or eliminate <b>spider veins</b> and <b>small varicose veins</b> , typically in the legs. It's been used for decades and remains one of the most effective non-surgical treatments for visible veins.
How Does It Work?	Katherine prefers to use Glycerin, which she injects directly into the targeted vein. The solution irritates the vein lining, causing the vein walls to stick together and collapse. Over time, the collapsed vein is absorbed by the body and fades away.
Consultation:	Your Consultation appointment is usually around 90mins, where you will discuss your concerns, discomfort and what results you are hoping to achieve. It is important to know your Health History, such as vascular issues, clotting disorders, any past vein treatments or surgeries.
	\$100 deposit to schedule appointment, which is applied towards your appointment unless canceled or rescheduled more than (2) twice.
Vein Assessment:	<ul> <li>Katherine was extensively trained in the diagnosis and non-surgical treatment of venous insufficiency.</li> <li>She has a deeper understanding of vein anatomy, circulation, and safe, effective treatment protocols that may be missed by any other Med Spa.</li> <li>She aims to dissolve the source of the problem as well as.</li> </ul>
What to Expect During Treatment:	<ul> <li>Most patients feel only a mild burning or stinging during injection.</li> <li>There's no downtime — you can walk right after your session.</li> </ul>
Compression Hose:	<ul> <li>Katherine recommends medical-grade compression stocking, NOT over the counter! They apply the right pressure where it's needed (at the ankle) and gradually decrease pressure upwards. THE HOSE MATTER!</li> </ul>
	<ul> <li>Ways they help,</li> <li>to prevent the vein from refilling with blood and healthier circulation after the procedure.</li> <li>the body absorb the vein more quickly.</li> <li>reduce swelling and bruising.</li> </ul>

Compression Hose Recommendation:	<ul> <li>We recommend above the knee, Sigvaris brand. From Amazon they are around \$100.</li> <li>Size: Measurement is usually taken from smallest part of ankle.</li> <li>Gradual Compression</li> <li>Thigh high preferred (open toed, ok)</li> <li>20-30 mmhg</li> </ul>
What to Expect After Treatment:	<ul> <li>You will need a compression hose to wear home after the procedure. You should expect to wear them for 24hrs a day for the first 48hrs.</li> <li>Then, 1-2 weeks during the day or when standing or walking.</li> </ul>
Cost of Procedure:	Our pricing is based on the amount of Glycerin used per treatment. Usually, the average is \$300-\$450 per treatment. The number of treatments needed will be determined during your consultation.
Q&A	Q: Can I have the procedure the same day as my consultation? A: Most of the time, yes.
Why Katherine:	<ul> <li>Katherine brings advanced expertise in sclerotherapy, gained through her hands-on experience working alongside board-certified vascular surgeons at Vein Specialists of the Carolinas.</li> <li>Katherine was extensively trained in the diagnosis and non-surgical treatment of venous insufficiency.</li> <li>She has a deeper understanding of vein anatomy, circulation, and safe, effective treatment protocols that may be missed by any other Med Spa.</li> </ul>