

NUTRAFOL

Women's Balance Hair Growth Nutraceutical

A daily hair growth supplement physician-formulated for women 45+ with standardized vitamins, minerals, and natural ingredients. Targets key root causes of thinning, such as hormonal shifts, natural aging, and metabolism changes, for visibly thicker, fuller, stronger hair.¹⁻³



Who this is for:

Women 45+ experiencing hair thinning and shedding.

Key benefits:

Visibly thicker volume.²

Fuller scalp coverage.²

Visibly softer, shinier, and stronger hair growth.²

Clinical results:

100% of women showed improvement in hair growth after 9 months.²

Points of difference:

- #1 dermatologist-recommended hair growth supplement brand.*
- Physician-formulated. Clinically tested. Science-backed.
- Nutrafol's proprietary blend of bioavailable ingredients synergistically targets multiple bio-specific root causes of hair thinning.
- 21 standardized ingredients to ensure the same potency in every serving.
- Responsibly sourced ingredients from all over the world and manufactured in the United States.

How to use:

Take **4 capsules daily** with a meal. For easier swallowing, place 1–2 capsules in your mouth, sip water, tilt your chin down (you'll feel the capsule float to the back of your throat), and swallow.

[WATCH HOW-TO VIDEO](#)

What you can expect from Nutrafol Women's Balance:

MONTHS 0-3

Visibly less hair shedding.²⁻⁴

MONTHS 4-6

Visibly softer, shinier, stronger hair.²

MONTHS 6+

Continued improvement in hair growth.^{1,2}

Our patented Synergen Complex® Plus:



Maca: An organic root that eases the hormonal transition that triggers hair thinning during menopause.⁵



Astaxanthin: An antioxidant shown to lower signs of aging by energizing the cells needed to grow hair.^{8,9}



Saw Palmetto: A high concentration of fatty acids that reduces the conversion of testosterone to DHT to improve hair growth.⁶



Curcumin: An antioxidant that targets imbalances in the body to support healthy hair.⁵



Ashwagandha: A high concentration of plant actives, derived from the leaves and root, that perform stress-relieving benefits to reduce hair shedding.⁴



Tocotrienol Complex: A concentrated form of vitamin E, a super antioxidant that fights against environmental stress to improve hair density.¹⁰

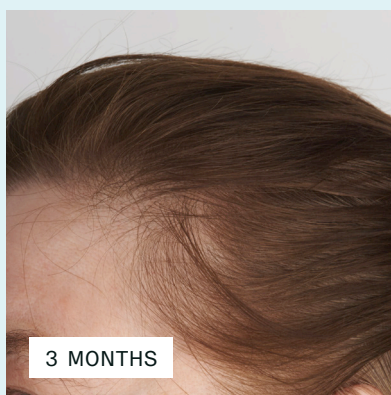


Marine Collagen Peptides: Peptides that provide the building blocks of strong hair fibers, while delivering hydration to the scalp.⁷

In a 6-month clinical study, participants taking Nutrafol Women's Balance experienced significant hair growth.



BASELINE



3 MONTHS

Female Subject, Age 45+, taking Nutrafol Women's Balance

Supplement Facts

Serving Size 4 Capsules
Servings Per Container 30

	Amount Per Serving	%DV
Calories	10	
Total Carbohydrate	1 g	< 1%*
Protein	1 g	
Vitamin A (as Beta-Carotene)	1500 mcg RAE	167%
Vitamin C (as Ascorbic Acid)	100 mg	111%
Vitamin D (D3 as Cholecalciferol)	62.5 mcg	313%
Vitamin E (as d-alpha Tocopherol)	2.6 mg	17%
Biotin	2500 mcg	8333%
Calcium	40 mg	3%
Iodine (from Organic Kelp)	225 mcg	150%
Zinc (as Zinc Amino Acid Chelate)	20 mg	182%
Selenium (as L-Selenomethionine)	200 mcg	364%
Potassium	10 mg	<1%

Synergen Complex® Plus (Patented) 1.96 g †
Organic Maca Powder (Root), Saw Palmetto Extract (Fruit) (45% Fatty Acids), Sensoril® Ashwagandha Extract (Root and Leaf), Hydrolyzed Marine Collagen, Turmeric Extract (Rhizome) (45% Curcuminoids), Palm Extract (Fruit) (15% Tocotrienol), Haematococcus pluvialis (Whole Microalgae) (5% Astaxanthin)

Nutrafol® Blend 480 mg †
L-Lysine, L-Methionine, L-Cysteine, Horsetail Extract (Aerial Parts or Whole Herb), Japanese Knotweed Extract (Root) (50% Resveratrol), Black Pepper Extract (Fruit) (95% Piperine), Cayenne Extract (Fruit) (2% Capsaicinoids)

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value (DV) not established.

OTHER INGREDIENTS: Vegetable Capsule (Hypromellose), Organic Rice Hulls.

CONTAINS: Fish (Cod, Haddock, Pollock).

Free of gluten, dairy, soy, hormones, drugs, gelatin, artificial colors or flavors. Non-GMO certified. Halal. Recyclable bottle made of 30% PCR glass.

*According to IQVIA ProVoice survey for 12 months ending March 31, 2024.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

1. Ablon, G., et al. JDD. 2022. 2. Berkowitz, S., et al. ASDS. 2020./Nutrafol. Data on file. 2020. 3. Ablon, G., et al. Menopause. 2021. 4. Audy, B HJ. JANA. 2008. 5. Meissner, HO. IJBS. 2005. 6. Rossi, A. Int J of Immuno and Pharm. 2012. 7. Proksch, E. Skin Pharm Physiology. 2013. 8. Davinello, S. Nutrients. 2018. 9. Suhn, HK. Nutrients. 2018. 10. Beoy, L. Tropical Life Sci Res. 2010.