

NUTRAFOL

Women Hair Growth Nutraceutical

A daily hair growth supplement, physician-formulated for women with standardized vitamins, minerals, and natural ingredients to target key root causes of thinning such as stress, lifestyle triggers, and nutritional gaps for faster-growing, thicker, fuller, stronger hair.^{1,2}



Who this is for:

Women 18-44 who are experiencing signs of hair thinning and shedding.

Key benefits:

Visibly thicker volume.²

Visibly less shedding.²

Fast-growing, longer, and stronger hair.^{1,2}

Clinical results:

86% of women saw improved hair growth after 6 months.²

Points of difference:

- #1 dermatologist-recommended hair growth supplement brand.*
- Physician-formulated. Clinically proved. Science-backed.
- Nutrafol's proprietary blend of bioavailable ingredients synergistically targets multiple bio-specific root causes of hair thinning.
- 21 standardized ingredients to ensure the same potency in every serving.
- Responsibly sourced ingredients from all over the world and manufactured in the United States.

How to use:

Take **4 capsules daily** with a meal. For easier swallowing, place 1-2 capsules in your mouth, sip water, tilt your chin down (you'll feel the capsule float to the back of your throat), and swallow.

[WATCH HOW-TO VIDEO](#)

What you
can expect
from Nutrafol
Women:

MONTHS 0-3

Visibly fuller,
healthier-looking hair.²

MONTHS 4-6

Fast growing,
longer, and
stronger hair.²

MONTHS 6+

Continued
improvement
in hair growth.

Our patented Synergen Complex®:



Ashwagandha: A botanical shown to lower cortisol levels for stress-relieving benefits to reduce hair shedding.³



Curcumin: An antioxidant that targets imbalances in the body to support healthy hair.⁶



Marine Collagen Peptides: Peptides that provide the building blocks of strong hair fibers, while delivering hydration to the scalp.⁴



Saw Palmetto: A high concentration of fatty acids that reduces the conversion of testosterone to DHT to improve hair growth.⁷



Tocotrienol Complex: A concentrated form of vitamin E, a super antioxidant that fights against environmental stress to improve hair density.⁵

In a 6-month study, participants taking Nutrafol Women experienced significant hair growth.



Female subject taking Nutrafol Women.



Supplement Facts

Serving Size 4 Capsules
Servings Per Container 30

	Amount Per Serving	%DV
Calories	10	
Total Carbohydrate	1 g	< 1%*
Protein	1 g	
Vitamin A (as Beta-Carotene)	1500 mcg RAE	167%
Vitamin C (as Ascorbic Acid and from Camu-Camu Fruit)	100 mg	111%
Vitamin D (D3 as Cholecalciferol)	62.5 mcg	313%
Vitamin E (as d-alpha Tocopherol)	3.5 mg	23%
Biotin	3000 mcg	10000%
Iodine (from Organic Kelp)	225 mcg	150%
Zinc (as Zinc Amino Acid Chelate)	25 mg	227%
Selenium (as Selenium Amino Acid Chelate)	200 mcg	364%
Sodium	5 mg	< 1%
Synergen Complex® (Patented)	1.68 g	†
Hydrolyzed Marine Collagen, Sensoril® Ashwagandha Extract (Root and Leaf), Saw Palmetto Extract (Fruit) (45% Fatty Acids), BCM-95® Bio-Curcumin® Turmeric Extract (Rhizome) (86% Curcuminoids), Palm Extract (Fruit) (15% Tocotrienol), Hyaluronic Acid		
Nutrafol® Blend	530 mg	†
L-Cysteine, L-Lysine, L-Methionine, Keratin, Horsetail Extract (Aerial Parts or Whole Herb), Japanese Knotweed Extract (Root) (50% Resveratrol), Black Pepper Extract (Fruit) (95% Piperine), Cayenne Extract (Fruit) (2% Capsaicinoids)		

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established.

OTHER INGREDIENTS: Vegetable Capsule (Hypromellose), Organic Rice Hulls.

CONTAINS: Fish (Cod, Haddock, Pollock).

Free of gluten, dairy, soy, hormones, drugs, gelatin, artificial colors and flavors. Non-GMO tested. Halal. Recyclable bottle made of 30% PCR glass.

*According to IQVIA ProVoice survey for 12 months ending March 31, 2025.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

1. Ablon, G. J Drugs Dermat. 2018. 2. Stephens, T., et al. JCAD. 2022./Nutrafol Data on File 2020. 3. Auddy, B HJ. JANA. 2008. 4. Proksch, E. Skin Pharm Physiology. 2013. 5. Beoy, L. Tropical Life Sci Res. 2010. 6. Jagetia, GC. J of Clinical Immunology. 2007. 7. Rossi, A. Int. J of Immuno and Pharm. 2012.