

WAPINews

Woolgoolga and the Northern Beaches
AUGUST 2020 issue #12



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Welcome to Woopi News

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This is our twelfth edition of Woopi News!

So you know what that means? It's nearly our birthday! You'll have to wait until next month to hear how we are going to celebrate.

This edition it has been nice to see community groups getting back together.

So many committees, meetings, social and sporting gatherings have been put on hold or limited due to COVID-19, so it has been nice to see people out and about and starting to get back to normal. Social Distancing can be hard at times, especially when you run into a good friend in the street, but it is super important that we keep it up until we know the country is Corona Virus Free.

It was really sad to hear that both the Mountain Bike Festival, scheduled for August and Curryfest scheduled for September had to be cancelled for this year. Both those events bring a lot of money into our town each year and both are putting us on the map for being more than just another regional town.

This month's Woopi News has a bit of fun, a bit of history, lots of community and hopefully information you will find interesting. We've increased our print run to 2000 copies plus our digital presence is as strong as ever. We hope we are getting it out there to as many people as possible.

We continue our Whale Tales with Peter Ryan with a few extra special photos this month.

We've stories about the Corindi Woolgoolga SES, The Lions Club, the Woolgoolga Fire Station, The Red Cross, the CWA, The Seniors Centre Craft Group, The Woolgoolga Performing Arts Studio, The Woolgoolga United Soccer Club, Woopi Boardriders, Ladies Bowls, plus we continue with our Shop Local campaign taking it to the next level and highlighting locally made products. We have all our popular regular columns including What's New in Woopi, where we try to keep you up to date with what's happening around town.

What's New sees the beginning of a brand new section featuring beautiful little newborn babies, (you will see why when you get to page 21) so please do send your baby pics in for the next edition.

Lisa spent a morning with the Kevin Hogan Entourage, which was lots of fun, you can read about that on page 10.

Do you love our front page? A couple of my favourite humans. These two guys were hit pretty hard during the COVID-19 restrictions and also the renovation of the complex where their restaurant is, but always remain



What's this photo of Marie, Elaine and Penny from Fluro Friday about? You'll have to wait till page 9 to find out.

positive and happy. We hope you enjoy their story on page 7. We have a few new advertisers joining us this month, which has enabled us to increase our pages and print run. So if you are doing business with any of our advertisers please don't forget to tell them 'You Saw it in Woopi News', it might just be the motivation to keep them coming back.

Last, but not least, please take note of our Photographer of the Month. As the story says, Emily has overcome a lot of adversity to get to where she is in life right now. A big thank you to our local photographers who have been encouraging her and offering tips on the way. Believe it or not, Emily takes these photos with her phone. Her NDIS provider is encouraging her to start a photography course, so look out for some more amazing shots. I just had to sneak one more photo in here.



We hope you enjoy this edition, we sure enjoyed putting it together for you.

Lisa and Brad

♻️ Please recycle your edition, if you're not saving it, pass it on to someone else or take it back to the shop you picked it up from. 'Share the love,' as we say.



AUGUST NETWORKING BREAKFAST

The Woolgoolga and Northern Beaches Chamber of Commerce invite you to their August Network Breakfast with special guest speaker Sharon Galway. Sharon will help you with tips and tricks on how to market yourself as well as your business via social media.

The breakfast will be held at 7am on Thursday August 13 at Woolgoolga Diggers (think helicopter) \$30 per head or if you are a Member of the Chamber it is only \$25. Don't forget membership is Free for the rest of 2020 so a great time to join up and support our local business group. You can do this via www.woolgoolga.org.au or contact social@woolgoolga.org.au

Tickets are limited due to Social Distancing Rules so it is essential for you to pre purchase via the Eventbrite link.

<https://woopibusinessbreakfastaugust.eventbrite.com.au>

Welcome to Woopi News

September is when Woopi Wears Yellow

Every Day is the right day to ask R U OK?

In September the R U OK? Organisation use Thursday September 10 to highlight this fact and encourage people to check in on each other.

This year with the social isolation and financial strain that surrounds us, due to the COVID-19 crisis, it is more important than ever to reach out to others.

Woolgoolga was awarded the Best R U OK? Community in Australia, (you can see the trophy at the Beachouse Cafe). This was due to our community dressing the town yellow and getting involved in the awareness campaign. So let's do it again.

We are going to start the day with our annual human formed R U OK? on Woolgoolga Beach.

We will stand 1.5 metres apart from 6.30am for a 7.15am drone shot. This will be the third year Woopi has participated and it's becoming an annual favourite. Of course it all depends on what the outdoor gathering rules are by then.

The Fluro Friday Tribe will be putting on a BBQ afterwards (even though it's Thursday) and will have counsellors on hand for anyone who may need to talk.

If you would like to hold your own R U OK? activity please let me know and I will register our town intentions.

Why am I telling you this in August? To give you time to prepare, in particular if you want to buy any merchandise from the R U OK? Store. store.ruok.org.au

PS Have you noticed that since April we have been sneaking an R U OK? on the front page of each edition of Woopi News?



Kim Borrowdale, pictured above with Lisa, works with both R U OK? and LivingWork. She recently called into Woolgoolga to visit as part of her mini tour of the Northern NSW Coast and Country NSW.



A big thank you to Emily Trickett and Direct Wholesaler Services for supplying us with some R U OK? cookies to share within the community.



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Woopi Whale Tales

How good has whale season been this year! I don't think there has been a visit to the headland this past month without seeing one, or ten. Such an amazing sight and sure to leave you with a good feeling for the rest of the day.

This month our whale enthusiast Peter Ryan has been out each day spotting whales and chatting with other whale watchers. He has been doing some extra research and shares with us some of his knowledge of these beautiful creatures.



HI AGAIN,

The main body of the whale migration has been moving past our coastline over the last few weeks, with still heaps of whales to be seen. August will see less sightings with only the end of the migration heading north to the warmer waters.

Sightings will again increase late August when the humpbacks begin the return journey back to the feeding grounds in Antarctica.

Late September and early October see the bulk of the migration heading south back past our coast.

The journey back to the feeding grounds is a slow one, as mothers will only swim as fast as their calves. This is the best time to see the whales from our wonderful headlands as the mothers will keep the calves between themselves and the coast line for protection and bring them into the shallower bays and inlet areas for feeding and resting.

This is also the time when the young humpbacks are seen learning how to breach and tail slap etc.

We're still not sure why humpbacks do what they do but here are few opinions from a few different sources.

Breaching

Breaching is a form of surfacing behaviour where most or all of the whale's body leaves the water. Many species do this, but some, such as humpbacks, seem to breach more frequently. There are many theories as to why whales do this: to communicate, attract other whales, or warn off other males. But no one really knows exactly why – yet.

Spy-hopping

Sometimes whales lift their head and part of their chest vertically out of the water so that their eyes are just above the water line – this is called spy-hopping. It is believed that whales do this to take a look around above the water. Maybe they just like to see you watching them, watching you.

Lobtailing or tail slapping and fin slapping

Lobtailing occurs when a whale or dolphin lifts its tail flukes out of the water and then brings them down onto the surface hard and fast in order to make a loud slap. Similarly, species with large flippers may also slap them against the water. This behaviour may be used to communicate, scare fish or may be a sign of aggression.

Blow

Whales blow air, water vapour and mucus as they surface to take a breath. Each whale species has its distinctive blow, such as small and bushy for humpbacks, V-shaped for southern rights and up to 12m high for blue whales.

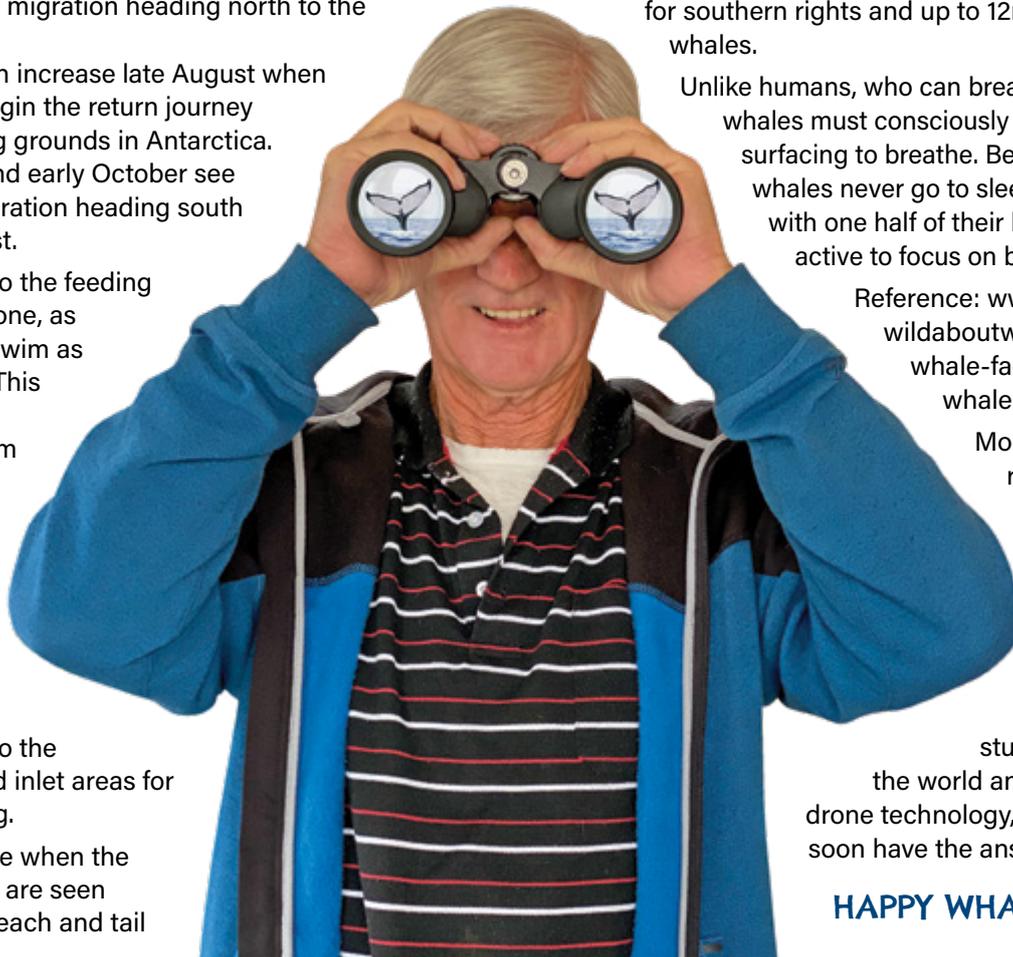
Unlike humans, who can breathe involuntarily, whales must consciously think about surfacing to breathe. Because of this, whales never go to sleep, but instead doze with one half of their brain remaining active to focus on breathing.

Reference: www.wildaboutwhales.com.au/whale-facts/about-whales/whale-behaviour

Most websites say roughly the same thing when it comes to knowing why whales behave the way do, (they don't know). With more studies from around

the world and the wide use of drone technology, I am sure we will soon have the answers.

HAPPY WHALE WATCHING
- Peter Ryan



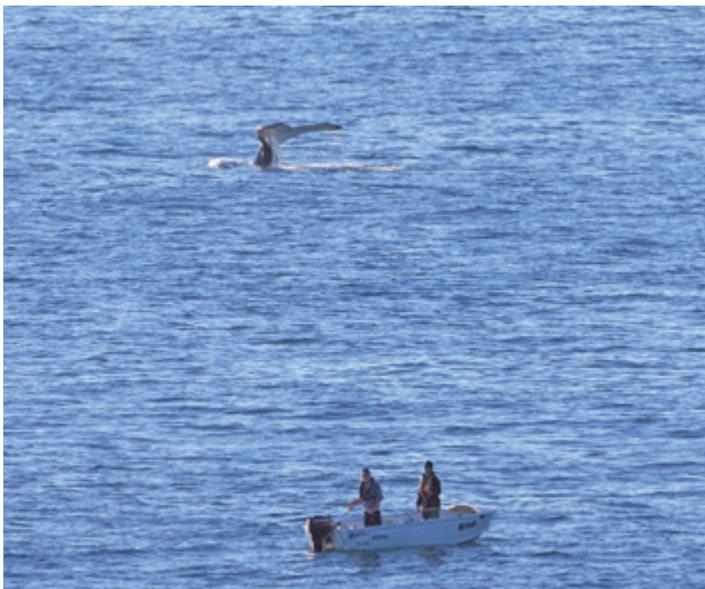
Woopi Whale Tales

Send us your whale pics and we will try publish them for you.

It's important that they are of a high resolution (minimum 300 dpi) send to woopinews@gmail.com before August 15.



This photo was taken by Dale Unwin from DGU Photography who is a Commercial Licensed Drone Pilot. He has taken some awesome footage this season. You can find him on instagram [dgu_photography](https://www.instagram.com/dgu_photography)



Gail Yager took this shot of a whale lob tailing. An interesting fact about this photo is that the fishermen in the foreground had no idea that the whale was even there, until they saw the photo on facebook. (The one that got away!)



These photos were taken by Woopi News enthusiast, Julie Lavis, who went out on a whale watching tour off Lennox Head. We're figuring these whales were practicing their breaching in Woolgoolga a day or two earlier



David Bryant has been delighting us all season with his beautiful headland whale shots. Here is a rare photo of a double breach that he took last month.

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	 <p>Ladies and Mens Fashion Australian Made Eco Threads Sizes 8-24</p>	<p>Eco Threads 0423 079 867 Monday to Friday 9-5 Saturday 9-3 Sunday Closed</p>

Corindi-Woolgoolga SES

The Corindi-Woolgoolga SES (State Emergency Service) work in our community from Emerald Beach to Halfway Creek and west to Glenreagh

Responding to calls for assistance from residents who suffer damage to property during floods and storms, the volunteers also work with other agencies such as Police, Fire and Rescue, as well as The Rural Fire Service when required in other emergencies.

The unit is made up of local people who share the common belief in helping and advising our community. They are a friendly team, with a sense of pride, accomplishment and the warmth one gets when volunteering. There are many skilled operators in lots of different fields and when brought together they make one hell of a team. There is a saying that suits these SES Volunteers to a tee - the worst in nature brings out the best in us. Maintaining professionalism and responsibilities as members of the SES, they work in all weather conditions, night and day; to find missing people, rescue people from flooded creeks, perform temporary repairs to damaged roofs in storms, erect walls of sandbags to prevent flooding and chainsaw fallen trees to make areas safe. Why? It's a sense of duty when they put that uniform on. It's a humble feeling to volunteer their time when they have the skills and knowledge to do it.



Ray Browne has been a member of the Corindi Woolgoolga SES for seven years.

SES volunteers are from all 'walks of life', team leaders, trainers, fitness fanatics, medics and the everyday all rounder, make up the members who are ready to jump into action to help in an ever changing, learning environment, where they maintain their skills, and mentor new members.

Volunteers need to balance busy lives with their SES duties, so flexible volunteering hours are offered to suit personal circumstances. Lots of members have full time jobs and family lives, and there are operational and non-field based roles.

The SES work together with the community, offering advice on how to

protect life and property. Working with the Bureau of Meteorology, they also provide advice on how to stay safe in severe weather, together they ensure everyone's safety.

SO, if you wish to feel that sense of pride and accomplishment, join them in helping to keep our community safe. The SES team meet at Corindi every Tuesday evening, and there is occasional weekend training.

Please feel free to contact the unit on 6649 1251 and, of course, for EMERGENCY HELP IN FLOODS AND STORMS, call 132500.

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Woopi News

Our front page models are David Black and Michael Smith from La Hacienda 101



You'll be hard pressed to find a nicer couple than these guys. They took over Room 101 in Emerald Beach eight years ago and were feeling their way to find what diners might like. They decided to run some theme nights to help decide what culinary direction they should take, with the first being Mexican Monday. They have never looked back! A quick name change to La Hacienda 101 and Emerald Beach has its own Mexican Cantina.

Neither of them had ever cooked Mexican before so decided to make a trip to the country to learn from the experts. They had befriended one of their regular diners, Shep, who knew the best places to go. He introduced them to all levels of cooking from fine dining to street carts and lean-tos on the beach. This is how they took their cuisine to the next level, and explains why they are booked out just about every night.

La Hacienda has an amazing selection of tequilas, (yes, they are tequila shooters in their hands), Mexican wines, Spirits and Cervezas. The margaritas are their best seller which you can buy by the glass or carafe (I recommend the carafe) plus they have a lovely selection of cocktails.

The boys go shopping every day and buy all fresh local produce. They go through ten kilos of roma tomatoes a day! They slow cook the pork, the lamb and the chicken overnight until it is so tender it just melts in your mouth.

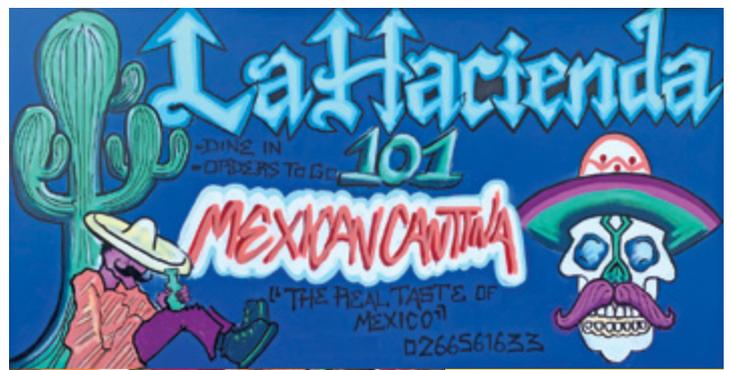
The most popular dish on their menu is the traditional Fajitas cooked with your choice of meat, seafood or vegan followed closely by Lamb Barbacoa which is succulent fresh lamb, slow cooked for 12 hours with oranges and chillis and lots of other spices). My favourite is the prawn puff tacos made up of Chipotle Garlic Prawns nestled in a home made puff taco, topped with a mandarin and pineapple salsa. Yum!

They make their own tortillas and nachos in house, which are an experience on their own. The Churros or the Chocolate Nachos are to die for and don't start me on the Deep Fried Tequila Shots. I've never tasted anything so divine.

David and Michael plan to keep introducing more of the traditional food that you can't find elsewhere, which will make their restaurant even more special. You can read their menu via their facebook page under the menu tab.

At the moment, due to social distancing restrictions, they are offering two time slots 5.00-5.30 or 7.00-7.30, Thursday to Monday. I suggest you book a fair way in advance.

Phone 6656 1633 and tell them Woopi News sent you.



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Woolgoolga Performing Arts Studio

Hello, and welcome to our new Performer & Performance of the Month Feature!

Each month we are excited to highlight a local performer or show, in our area and support the arts during these difficult times. Brought to you by Jade Naidu - Artistic Director of NAIDU Theatre Company & Woolgoolga Performing Arts Studio. So, a little about us to get the ball rolling!

We are also known as Woolgoolga Dance Studio

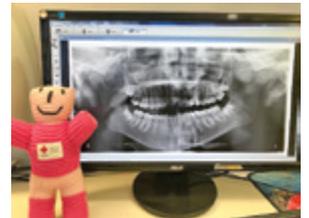
- an incredible community dance studio that has been established for the last 40 years. One of our teachers who you might know, Miss Carol Young, is still here teaching for us since we evolved into a Performing Arts Studio! Passing through the hands of the inspiring Rebecca Ross, now to new owner Jade Naidu, we have so many exciting and inspiring stories to share with you all.

NAIDU Theatre Company has finally found it's home - in Woolgoolga! Established by Jade originally in Mumbai, India to then Sydney, we are so happy to bring this Company to Woolgoolga and now have a homebase to work from!

'The NAIDU Theatre Company inspires, entertains and challenges audiences with theatrical productions that range from the classics to new works to original playwrights. We celebrate the essential power of the theatre and performing arts to illuminate our common humanity by shining a light on unity in diversity.'

It's been a perfect match for Jade now owning Woolgoolga Performing Arts Studio, because we can nurture and foster an incredible education and love for the arts within each student to which they can 'see' the fruition of training when they see NAIDU Theatre Company's productions!

Being able to offer a professional pathway for performers after they have completed school, assures the future of performing arts. Now that they don't have to 'rush off' to the big smoke until they are ready and on their own terms!



A red banner featuring the Woolgoolga Performing Arts Studio logo at the top center. The logo consists of a stylized 'W' made of three triangles. Below the logo, the text 'WOOLGOOLGA PERFORMING ARTS STUDIO' is written in white. The main text of the banner reads 'ARE NOW TAKING ENROLMENTS FOR TERM 3' in large, white, bold letters. The background of the banner shows a blurred image of a studio interior with people.

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Woolgoolga Red Cross Branch

The hard working volunteers have had a bit of a break during the current restrictions but one activity has been even more in demand. The happy team of knitters have been continuing to produce the lovable Trauma Teddies which are an aid for small children during times of hardship. Many were sent to be distributed during bush fire responses and also to small children in lockdown situations. A small group of intrepid Trauma Teds were in fact out and about in Woolgoolga spreading cheer and keeping an eye on the locals! Thanks to photographer Ian Wade who managed to locate the Teds on their journeys. *How many can you spot within the pages of Woopi News?* If you would like to knit or fill Trauma Teddies please contact 0418 646 801 for details.



The Woolgoolga Branch of the CWA had their first morning get together since the COVID-19 restrictions were put in place

They met at one of their most popular hangouts, the fabulous Flamingos Restaurant at Darlington Park. While the group were unable to meet

they kept themselves busy by each making a quilt square which they have sewn together to make the most beautiful children's quilt. They plan to raffle this off later in the year to help towards their fundraising efforts for underprivileged kids. The CWA Ladies meet on the third Monday of every month, if you would like further details please phone Trish on 0417 409 627.



From right to left (just to confuse you) we have Trish Stabback, President Marge Hopwood, Helen Deighton, Caroline Ortel, Layne Ortel (junior member), Treasurer Carol McIntyre (holding the isolation quilt), Vicki Chetwood, Kerrie Webby and CWA Patron Joyce Osborne

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Last month Woopi News followed Kevin Hogan and his entourage around for a morning. Kevin was on one of his many visits to Woolgoolga, this time acknowledging community groups who were successful in receiving the last round of federal government grants.

Kevin and his wife Karen are very personable, and they don't just swish in to take a photo and leave, they stay and have a chat with just about everyone. Kevin manages to make you feel like you're the most important person he has seen that day.



We went to three different community organisations, where there was lots of frivolity and laughter. First was with the Woolgoolga SLSC Nippers at the new, not quite ready to be open, Clubhouse where Kevin presented a super sized cheque. This will allow the Nippers Club to purchase a new board trailer for their junior club carnivals. Nipper Zac Fluechter was there and couldn't wait to show Kevin that there were eight big screen televisions inside.

We then went to the Seniors Centre who are receiving funding that will be used to run a program that teaches digital health and literacy.



Travelling with them is Dylan, Kevin's Media Advisor, a really nice guy. With Karen's help he makes sure everyone is socially distancing and still manages to fit them all into the publicity shots. You can imagine how that can be at times!

Especially when Kevin tried to invoke some line dancing while the crew at the Seniors Centre were getting their distancing positions.

When it was time to leave, Kevin was missing. We found him sitting in the back room chatting away with the craft ladies who meet there every Wednesday.

Last stop was down at Woopi Gardens. They were successful in gaining a grant to help with the building of the roof over their new meeting place. Kevin and Karen have been to the community gardens many times over the years and were impressed by the growth and improvements that have been made since their last visit. Kevin went so far as to say, that these were the best community gardens that he has visited in his electorate. He confided how difficult it is when grants are awarded, as so many groups are worthy and not everyone can get one. He gave kudos to all the grant writers who put in the effort.



Kevin, Karen and Dylan arrived in town the night before, after a big day in Lismore and Grafton. They stayed at the Beach Motel, then had breakfast at The Beachouse Café. Kevin went for a swim, he said if it's over 20 he always goes in, (degrees that is, not feet). Karen said she doesn't accompany Kevin every visit, but he was to be near the hospital she works at in Lismore so she managed to join them after her shift. Kevin's electorate of Page goes as far south as Sapphire. Karen likes it when they visit here as they have a daughter who lives in Coffs, plus ... I have noticed, she loves the Woopi Shops!

Woopi News does not intend on being a politically motivated magazine but is grateful for the support shown to us by Kevin and his team and we also love the connection they have with our community.

We are very lucky to have such a down to earth pollye representing us.

After leaving us Kevin was to catch up with the Deputy PM, Michael McCormack who he shared a bit of Woopi with.



Humans of the Northern Beaches

BRETT PENDRED

"It's just so scenic" is what Brett Pendred thinks about living and being a Human of the Northern Beaches, and judging by his smile one would say he has made it. Made what, you say ... can you not see the view behind him - like wow, he has made it to that stage in life where he can focus on his health and happiness and enjoying retirement.

I asked Brett how long he has lived in Woopi? "My parents purchased this property in 69-70 and I have come and gone a few times, but yeah 50 years." I can see why you come back all the time, it's that view isn't it?

I asked Brett what he loved the most about Woopi? "It's just so scenic you can take a walk around the headland, you can walk all the beaches, anywhere around here is beautiful."

So, Brett, you won't be moving again? "Ha ha, no mate, no chance. I'll die here like my parents. My dad passed away fishing at Red Rock so you'll find me in the creek I'd say, lol!" Brett has that classic Aussie humour and laid back beach rhythm and it shows, like it does for so many of us who live here in our little slice of heaven, so I asked him what he thought about some of the proposed developments in Woopi? "It's outa control, it's greed, it's ridiculous, we don't need it, it's just too much. It will detract from the village atmosphere that we have. I think it will change the character of the place so, no no no."

So, Brett, you have a few friends here? "Yeah, because I've had to come and go over the years, some change but I still see my mates from school, some who have lived in 'paradise' all their lives, some of them good friends for over 41 years. That's why I love it here."

Sitting with Brett at his house on the headland was my most spectacular location for an interview to date. I was greeted by him and his wife Jenny, who made me a lovely warm pot of tea, then I was invited to take a seat on their front porch. Oh, and let me just say, that with the early morning sun, a view to die for. They are warm hearted locals, I could have easily sat there all day, asked Brett to get



out his guitar and settle right in ... but like all good stories, there has to be an end, so I asked Brett my most famous question ... is it Woopi or Woolgoolga? "It's Woopi, yeah it's Woopi, it's always been Woopi" (laughs).

Brett Pendred is a Human of the Northern Beaches and I can't wait to speak to more. - Garreth Nicholls

Cheryl Midavaine
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Woopi Wonders

Two good mates, both born and bred in Woolgoolga, both giving a lifetime of service to Retained Fire and Rescue Station 507 Woolgoolga, Ray Webb and Darrin Atkins.

Respect, Integrity, Service, Courage are the core values of Fire and Rescue NSW and these two have each of these covered. Add popular and jokers to the equation then it sums them up nicely.



Darrin, or Acko as he has been nicknamed, joined the Woolgoolga Fire and Rescue Brigade because the original Fawcett Street Fire Station was just down the road from his childhood house, where he still lives today. It was opened in 1977 and a young Darrin would watch the fire engine with its siren blaring, rushing off to assist with an emergency. He proudly joined eleven years later in 1988. His Brother in Law, John Nolan, was one of the original members of that station which was also an inspiration to Darrin.

Darrin's family is well known around Woolgoolga, with Darrin's dad Roy, owning the local butcher store back in the day. The Meat Palace, which was situated in the old corner shop of the now Woolgoolga Central opposite the skate park.

Ray tells stories of when he was a kid, about hanging around the butcher shop when old Wally the hairdresser next door ran an SP bookie service. Ray and his friend Mark would deliver brown paper bags around to different places in Woolgoolga. They would always wag school on Melbourne Cup day. The boys never really looked at what was inside the bags but loved delivering them as everywhere they went they were given lollies or some sort of treat. Mark and he were the first two kids to own dragsters in the village as they were getting paid \$20 every week, which is a lot now, let alone back then! They quite often got paid more depending on how much old Wally had had to drink that day.

There were some other great stories about these days but I decided I probably shouldn't put them in print.

At one stage over the past three decades, but pre the new station, Ray lived at Darrin's and when they would get paged they'd jump on their bicycles and ride down the hill to the station, much to the humour of the other members.

Darrin was recently recognised by Fire and Rescue NSW for being the longest serving member of Fire and Rescue Station 507 Woolgoolga, having reached 32 years, of which he has been Deputy Captain for ten years. His record is two years more than Ray's.

Ray joined in 1984, was appointed Deputy Captain from 1990 to 2005, then Captain until 2015. He received a State Community Service Award, for service to fire and rescue in the community of Woolgoolga. Ray unfortunately had to retire from the station due to suffering overwhelming Post Traumatic Stress Disorder (PTSD).

You see, these guys arn't just fireman, they are first responders to all sorts of rescue situations, in particular car accidents.



"We've seen some horrific things" said Ray.

Ray gave up drinking at 26 because after attending so many alcohol related accidents and seeing locals being killed, or the cause of the accident due to drink driving was too much for him.

Woopi was once the biggest black spot on the east coast. From 1984 to 2012, it had the most notorious record for fatal accidents outside the Cowper and Kempsey bus crashes. 1988 was the worst year for accidents due to Expo being on in Queensland, making the highway busier than normal. They were averaging one death a week with more call outs than the Sydney Metropolitan Stations.

A lot of permanent fireys don't experience seeing their loved ones in accidents as they generally work away from home, but a retained fire brigade is made up of locals being called out to local incidents.

Woopi Wonders

Darrin was on his way to a call out ten years ago when he realised it was his daughter and pulled out of the rescue. Unfortunately Bree didn't make it that night.

"That was definitely the toughest night of my life."

His mates however had to deal with this on his behalf and did so with the utmost respect and were there to support Darrin, his wife Lisa and son Brock in the aftermath.

It hasn't been all doom and gloom, the guys shared some funny stories with me as well, showing what great comradery working in a field like this brings.

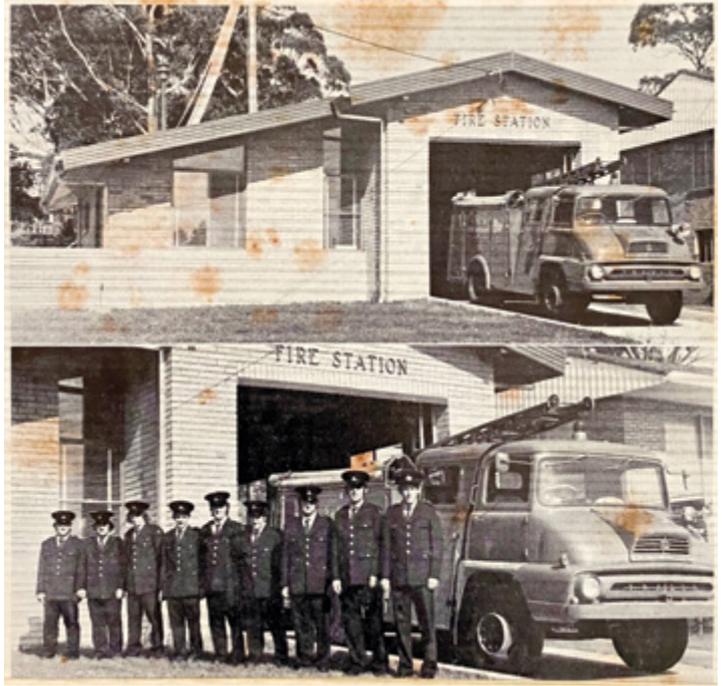
They both agreed that one of the things that has been heart warming to them about the job, is when people come back in after a rescue to say thank you. They don't do it for the thanks, but it feels really nice when they get to see that the people are OK.

Ray Webb and Darrin Atkins are true Woopi Wonders, Woopi Heroes, great mates and all round good blokes.



Lalu Lalu

Located in the heart of Woolgoolga
56 Beach Street - 0400 789 466



Woolgoolga's First Fire Station opened in 1977 in Fawcett Street. Pictured here are Captain John Sidebottom, Engine Keeper Jimmy Parker, Volunteer Firemen Trevor Goldthorpe, Ron Hubbard, John Nolan, Graham Lavis, Trevor Clarke, Robert Archibald and Don Stoker. In 1999 Rescue Station 507 moved to their location now on Solitary Islands Way. They currently have 18 members who all risk their lives, leave their families, and get out of bed at crazy hours to rescue and protect us.

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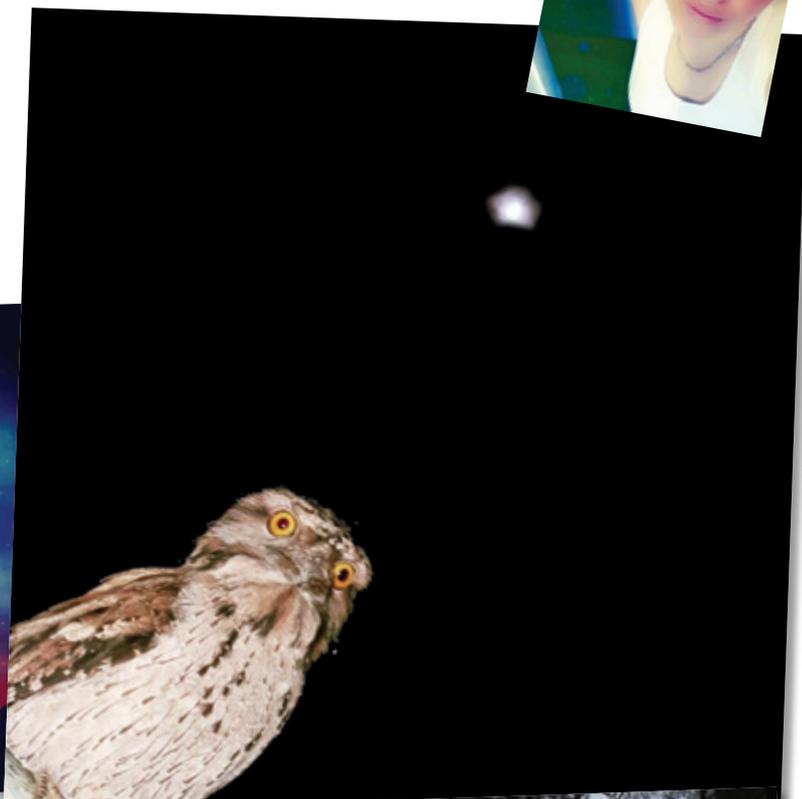
Follow the signs and flags down the alley

0400 888 680

Photographer of the Month

EMILLY HAMBLY

Our photographer of the month is Emily Hambly, aka Carrot. Emily has a learning disability and finds reading and writing and other day to day activities that we all take for granted, a little bit difficult. Emily also suffers from anxiety and agoraphobia so finds it hard to leave the house at times, but when she does, she takes these amazing photographs.



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 2 Seater Sofa **\$3499**
 3 Seater Sofa (fixed centre) **\$4799**



Shop Woopi Shop Local Made



KYMCODESIGNS

is a new local business featuring hand made earrings in all different shapes and sizes.

Kymerlie, the owner, has turned her hobby into a successful little business. At first she was making earrings for herself but when people started noticing them and asking to buy a set, she decided to make this little hobby into something a bit more special. Kymcodesigns is available on Facebook and Instagram and you will find a display stand set up in our local Beachouse Cafe for purchase!



YOGA BAGS

Handmade by GiGi. Crochet string bag perfect for yoga mats. Various colours available. Also made to order. Beautifully gift wrapped. \$35 (postage \$10) www.facebook.com/marketplace/item/333837107578109 or call 0423 944 983.

BEAUTIFUL SARONGS IN MATCHING HANDMADE BOX

A lovely selection of sarongs presented in matching gift box with complimentary shell buckle fastener. Just slip the sarong through the buckle for a sophisticated casual look. Fresh greens, earthy browns and vibrant blues, these boxes have been hand covered in matching fabric to make a beautiful gift or a lovely storage idea. The Natural Elements Store, 62 Beach Street.



Simple campaign, big message.

With a strong community focus, bcu are proud of our long history of supporting local members when they need it most. The new OMG Home Loan offer is another example of this, with establishment fees being waived for a limited time, in addition to no ongoing monthly fees.

"A combination of the no fees and great rate make our OMG Home Loan a very competitive product in market", said General Manager Mike Ribbens. "In a time of increasing pressures on household finances, we are really pleased to be able to offer a product that can help locals get the most out of their personal budgets".

Steve Harris, local home loan specialist, has in-depth knowledge of this region, having lived in Woolgoolga for over 25 years. "I offer our members a tailored solution that meets their objectives and requirements. I'm very grateful to be able to help bcu Members realise their dream of home ownership" said Steve.

Steve encourages anyone who is considering refinancing or looking at buying a new home to reach out to bcu.



"If you want to chat about your options, or just find out how the process works and where to start, give me a call on **0427 034 280** or email me at steve.harris@bcu.com.au."



Simple is good.

Switch to our OMG Home Loan with **no establishment fee for a limited time and no ongoing monthly fees.**



2.69% p.a.

Variable and Comparison Rate

For owner occupier borrowings up to 90% of the property value. Minimum loan amount \$150,000 for principal and interest loans only.

 **bcu Home Loans**

bcu is a division of Police & Nurses Limited ABN 69 087 651 876 AFSL/Australian Credit Licence 240701. Comparison rate based on a loan of \$150,000 for a term of 25 years. **WARNING:** This comparison rate is true only for the example given and may not include all fees & charges. Different terms, fees and other loan amounts might result in different comparison rates. Costs such as redraw fees or early repayment fees, and cost savings such as fee waivers, are not included in the comparison rate but may influence the cost of the loan. Rates stated are subject to change without notice. Fees and charges are payable. Lending Criteria applies to the approval of credit products and Terms and Conditions are applicable which are available on request.

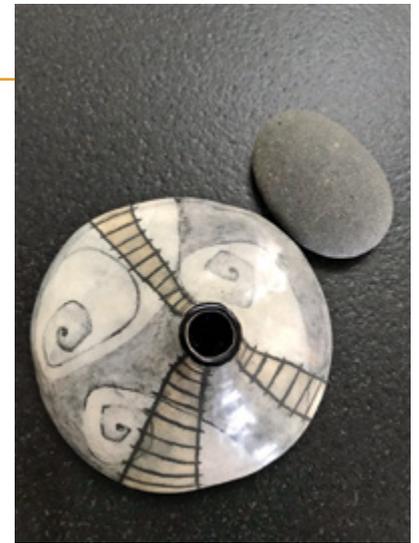
Shop Woopi Shop Local Made

SUSAN ROMYN

Susan is an lovely artist who works from her studio space in Emerald Beach. She works in a few areas including ceramics, sterling silver jewellery and painting. Steeped in strong whimsy and storytelling, her work reflects journeys and connection in our lives and communities. She likes to help people to connect visually with the small moments in life. Things that are actually pivotal and important though seemingly minor within the scope of our days, serving as a reminder to be grateful for the little things.

Susan is happy to show her work by appointment at 84 Fiddaman Road, Emerald Beach 0418 997 261. Just text or call to arrange a time.

Follow her on Instagram and on Facebook for up to date details of exhibitions and work. susanromyn.com.au facebook.com/susanromynartist www.instagram.com/susanromyn



- 👉 Painting
- 👉 Ceramics
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- Skin Care
- Custom Orthotics
- Cryotherapy for plantar warts
- Pact med photo dynamic laser therapy for fungal nails
- Home visits from Coffs Harbour to Red Rock
- Theragun Percussive Therapy

Josie Prime | 7/4 Market Street | Woolgoolga 2456

6654 8860

Shop Woopi Shop Local Made

BIG GARDEN FURNITURE

Woopi has its own Custom Made Furniture Company down in Bosworth Road. Big Garden Furniture isn't just about beautiful daybeds, stunning outdoor settings and unique timber garden benches, they also can make the indoor furniture of your dreams. Tell them what you need, give them the dimensions and they'll make it

up for you. One of their most popular requests at the moment is custom made bars built to fit exactly where you want, made from beautiful Australian timbers. They also supply work for local schools, council parks, cafes and restaurants. Their furniture is so strong and sturdy that owners Gareth and Lisa Owen offer you a ten year guarantee on all their products. You

don't get that at many places.

The Furniture Showroom, where you will see Lisa busy sewing away at the soft furnishings, is open at 20 Bosworth Road, Woolgoolga from Monday to Friday 7 till 3pm, Saturdays 9am till 1pm and Sunday by prior arrangement. 0417 205 807 or check out their website www.biggardenfurniture.com.au



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Custom Bar Stools



Custom Cabinet ready to go to a happy customer



Beautifully inlaid with New Guinea Rosewood



Custom made Bar with room for fridge



Big Garden Furniture favorite - the Outdoor Bench

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CROCHETED BEANIES AND HANDWARMERS

Made by PB. Lots of beautiful colours to choose from.

The beanies feel so lovely and soft and are topped off with a gorgeous fluffy pom pom.

The hand warmers cover your wrists and hands leaving your fingers free to go about your everyday duties without having to remove them.

Locally made in Sandy Beach and for sale at Lulu Lulu on the corner of Market and Nightingale Streets.

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Next to *Bluebottles* at Woolgoolga

Shop Woopi Shop Local Made



STUNNING PRESERVED FLOWER ARRANGEMENTS

Fran from Lotus Floral Studio, next door to Bluebottles, creates the most stunning preserved flower arrangements with earthy browns or pops of colour to suit your decor. These arrangements last forever ... well almost, they last for a really long time anyway. Call in and have look at what she can incorporate in your own custom bouquet.



SMUDGING WANDS

Intuitively created, certified organic, hand-made smudging wands. Cleansing Clearing - Purifying Sage clears our mind body and soul of unwanted energy. Made right here in Woolgoolga by Bhonbhonblossom. Go to her website to purchase. www.bhonbhonblossom.com



THE NATIONALS for Regional Australia

Kevin HOGAN MP

FEDERAL MEMBER FOR PAGE

Supporting our hard-working volunteers:

Woolgoolga SLSC



My contact details:

email: kevin.hogan.mp@aph.gov.au

Grafton Office:

ph: 02 6643 3973

1/83A Prince St, Grafton

Lismore Office:

ph: 02 6621 4044

63 Molesworth St, Lismore

Find us on Facebook:

Kevin Hogan MP

Instagram:

[kevin.hogan.mp](https://www.instagram.com/kevin.hogan.mp)

What's New in Woopi

WOOPI NEWS HAS A NEW BABY IN THE HOUSE

Meet Baby Alba Byrne, Daughter of Alex and Laura Byrne, Sister to Freddy Byrne, Granddaughter to Gary and Carolyn Byrne, Bill Nichols and Jodie Janco, Lisa Nichols and Brad Nelson, Great Granddaughter to Peter and Ann Finn and Fred and Cathryn Craggs. Niece to Jack Nichols, Tim Byrne and Caitlin Byrne.

Freddy absolutely loves his baby sister but prefers to call her Digga.

Welcome to the world Baby Alba

(Oops, sorry Freddy, I mean Digga).



If you have a new born you would like to share with Woopi News please email photo and details to us at Woopinews@gmail.com

Woolgoolga's own Tuition Hub

We believe after school tuition plays a very important role in education. Which is why The Education Centre have so many available tutors and subjects.

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Monday-Thursday 3:30-6:30pm

www.theeducationcentre.com.au

What's New in Woopi

Kyle Williams is the new Remedial Massage Therapist in Town.

You will find his studio in Top Town on the intersection of River and Beach Streets, just down from Hastings Street. You can't miss the signs - Re Balance.

Kyle is a Woopi boy who moved to Sydney when he was sixteen on a rugby league scholarship.

He finished his schooling at Endeavour Sports and played both Rugby League and Union.

After that he studied to become a Personal Trainer, then on to complete his Diploma of Remedial Massage.

He has been working in Sydney for the past few years on elite athletes and business people.

Remedial massage can stimulate the blood supply, make joints more mobile and help to repair damaged tissues. The therapist aims to balance the length, tone and tension of muscles and tendons, which restores the correct position of the bones, increases blood flow and helps heal injuries.

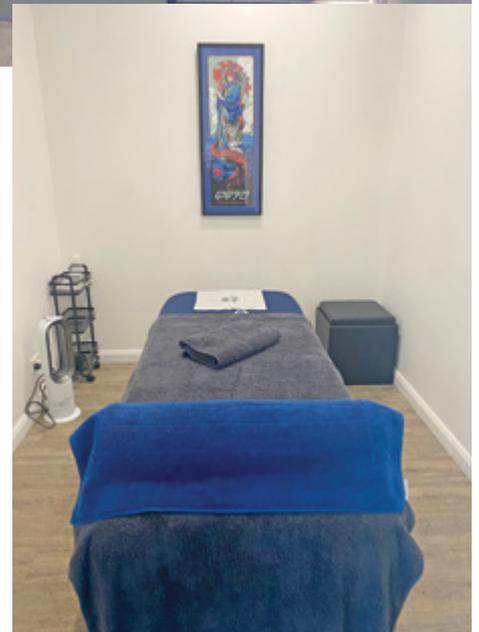


Kyle describes his massage technique as old school remedial concentrating on the muscle. "It is more of a treatment based preventative massage", he explained.

He likes to give his full undivided attention during treatments, educating you on the way by explaining about your muscles as he goes, "this is the muscle and this is why we are doing it."

He is motivated by helping people. The joy of someone coming with pain and leaving alleviated is what has motivated him to start his own business back in his home town. His parents are Amanda and Sean Williams who own Riptide Pizza.

Re Balance also has a Stretching Room which is available for anyone who might want to come and stretch with him before they participate in their sport.



At the moment he is a one man show so it is best to book in advance on 0407 992 011. Re Balance is open six days per week and available after hours if you need.

RE BALANCE
Remedial Massage Therapy
Phone 0407 992 011 for Appointments

What's New in Woopi



TANGO JUICE BAR

has new owners. Local boy Kane Zidan is back in town and with his partner Ainslie Pattison, has taken over Let's Tango, the juice bar in Beach Street.

They plan to rename it Tango Juice and Ice Creamery and will still supply sushi, lots of healthy yummy juices and smoothies, as well as the always popular ice cream and sorbet. Keep an eye out for some revamps and a super cool new mural by one of Woopi's favourite artists.

LIFE IS BETTER WHEN YOU'RE ALIGNED

Well that's what Northern Beaches Chiropractic says anyway. Coffs Harbour Chiropractic Centre, have opened a brand new new practice here in Woolgoolga You will find them at 4/8 Market St, just underneath StudioMove. Chiropractor John Vandenberg will be there on Tuesdays 8am-12pm and Thursdays 2pm-5pm. You can contact them on 0492 591 532 or call their Coffs practice on 6652 3923 to make an appointment.

BOTANICUS BOUTIQUE

After COVID-19 delayed the opening of their beautiful new store the team at Botanicus are excited to finally be open. A conscious lifestyle boutique featuring fashion, homewares and a lush green micro nursery. You will find them next door to Feather & Nest on Wharf Street, the road that leads down to the lake.



A little about our business:

With over 30 years of experience, DFM Financial Group Accountants specialise in all business and personal taxation services.

We have a strong team based here in Woolgoolga and benefit from a larger group of Financial Specialists throughout NSW.

We welcome new business consultations and can provide the expertise and advice you need to make the right business decisions.

We work with everyone from start-ups to well established businesses looking to expand operations, improve business efficiencies and increase profitability.

We can look after your business with the preparation of Business Activity Statements, bookkeeping, Accounting compliance and payroll; so you can look after the really important things like running your business.

Taxes touch every aspect of personal finances – from income and investments to superannuation, home loans, financial plans and assets to transfer to future generations. We have strategies and tax structures that can significantly reduce your taxes, increase your cashflow and build your wealth.

We look after every aspect of Self-Managed Superannuation Funds from set-up and management to Audit and Advice.

DFM Financial Group Accountants are experienced, accurate, reliable, informative and knowledgeable on all tax matters.

WOOLGOOLGA

4/5 Market Street
Woolgoolga NSW 2456
Phone: 02 6654 1690

COFFS HARBOUR

182 Pacific Highway,
Coffs Harbour NSW 2450
Phone: 02 6652 6977

PO BOX 1564,
Coffs Harbour NSW 2450

www.dfmgroup.com.au

Woodsey's Wheel of Fortune

Here's some fun to have when you're already having fun!

With the recent boom in cycling, mountain biking in particular, Scott from Woodsey's Wheels in Market Street, wanted to have a bit of fun and created a competition that was more about participating than racing.

"It is not about being the fittest or fastest rider but just about being out in the bush on your bike and having fun." Scott explained.

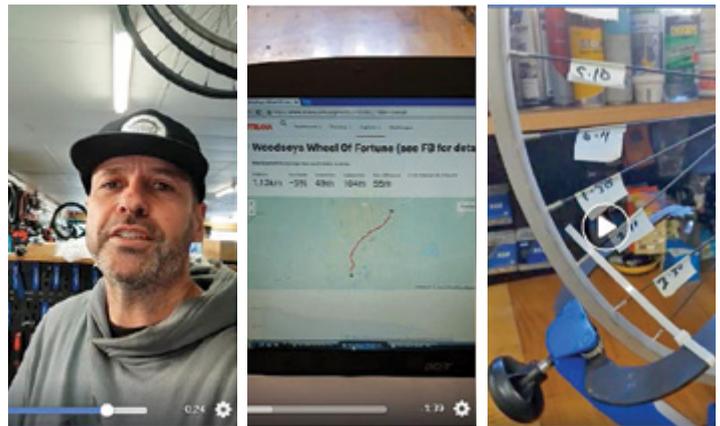
The competition works by logging your rides on the Strava app and looking out for a segment to show in your feed that is called 'Woodsey's Wheels of Fortune.'

Strava times you through that section of trail and records your time against other riders who have also ridden there.

At the end of the month Woodsey's can sort the times to show those who rode the trail that month and then they spin the wheel.

The Wheel of Fortune is a bike wheel with 32 spokes that has random times taped to each spoke.

Whichever spoke the wheel stops on is the time that wins. It is completely random and puts everyone in with an equal chance.



At the end of each month the rider with the closest time will win a \$100 Woodsey's voucher.

Every month the Strava segment will change and they are going to be tricky and not tell you where it is. It will however always be somewhere on one of the most popular Woopi MTB trails. Strava is a free app so it costs nothing to enter and everyone has the same chance of winning the prize.

For details click on the above photos to see the video explanation, or if you're not reading our digital version go to www.facebook.com/woodseyswheelswoolgoolga/videos/317879242722857



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Woolgoolga Lions Club Awards Night



Darryl Morris, always a smile and a funny remark.

Darryl and Aileen Morris recognised for 50 years serving the community as Lions.

At a recent Lions Club night, President Jean Vickery had the honour of handing out special awards. Darryl Morris was the main recipient, celebrating 50 years as a Lion. Darryl joined Lions in Inverell in July 1970 before moving to Woolgoolga in 2003 and has held most positions in the clubs and is still an active member today. You've probably seen Darryl at the Lions fundraising BBQs at Woolworths and is always on a stall on Daffodil Day. Darryl was also instrumental in setting up the Woolgoolga Men's Shed.



Aileen Morris, Coral Bromley and Darryl

Other recipients of awards were Harbon Gill, Jesse Sahota and Mika Sodhi who received the Lions Community Service Awards. Club Secretary, Mike Mellefont received the James D Richardson award for his work for the Club and the Woolgoolga Waste Transfer Station. Luke Graham received the James D Richardson Award for his dedication to the operation of the "Max Bromley Westpac Helicopter Charity Board" which is a familiar sight in Woolgoolga each Saturday morning.



Jean Vickery presenting to Mike Mellefont



Jean Vickery and Luke Graham



Jesse Sahota and Jean Vickery

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Urrgh!

How do we shake off those winter blues?

The longer nights and colder weather can make us a bit sluggish, for others the winter season is really hard going. I certainly don't have all the answers but I find winter is when I really have to be strict with my routine to make sure I don't slip into unhealthy habits.

It is normal to require more sleep in winter as our natural circadian rhythm is affected by light?

With shorter days and longer nights we tend to sleep more. The shorter amount of daylight hours can mean we throw our self-care out the window as we rush to fit everything else in. To help me, I aim to go to bed at the same time every night (earlier than my summer bedtime) and set my alarm to wake me up. If I don't set my alarm, I tend to stay snuggled in bed and oversleep and that does not get me off to a good start for the day.

With my morning wake-up time, I like to set my alarm just before sunrise and allocate that first 15-20 minutes of the day to some gentle stretching and a walk on the beach. For you, that first part of your day might look different, it might be a quiet cup of tea listening to the birds, a warm shower focusing on the sensation of the water on your skin, it might be a couple of minutes reminding yourself of the things you are grateful for in your life right now. However you chose to spend this initial few minutes of your day, aim to make it positive.

Routine wake-up and sleep times are beneficial in supporting our natural circadian rhythm and thus optimising the function of many of our body systems. Why not do a little experiment for yourself this month and set yourself consistent wake-up and bed-times. Let me know if you notice any improvement in your wellbeing for sticking with your sleep/wake routine.

Author: Local, Anna Miley, Exercise Physiologist, Certified Yoga Teacher

Disclaimer: Mindfulness techniques are useful in supporting wellbeing. Nothing in this article should be considered medical advice.



Thank you to the families of Woolgoolga and Northern Beaches who entrusted to our care

Ian Thomas Ritchie - Emerald Beach - 21st June 2020
 Karen Lee Morison - Sapphire Beach - 21st June 2020
 Brian John Power - Sapphire Beach - 26th June 2020
 Michael Ian Standing - Woolgoolga - 29th June 2020
 George Henry James Cook - Pillar Valley - 5th July 2020
 Dorothy Briggs - Woolgoolga - 6th July 2020
 Andrew Richard Jary - Woolgoolga - 9th July 2020
 John Ronald Bolsdon - Nana Glen - 11th July 2020
 William Singh - Woolgoolga - 11th July 2020
 Ivy Jean Wear - Central Bucca - 12th July 2020
 Barbara Jean Bradley - Woolgoolga - 13th July 2020
 Sandra Kay Freeman - Woolgoolga - 14th July 2020

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Winter Car Maintenance Tips

Check all your lights

With shorter days and poorer visibility now is a good time to do a walk around your car and check that all your lights especially brake lights, tail lights and indicators are working.

Replace streaky wiper blades

Do your wiper blades make it harder to see? Now is the time to replace them.

Have your battery tested

The colder mornings slow us all down a bit and your battery is no different. Many places in Woolgoolga offer free battery testing. It's better to replace an aging battery before it lets you down.

Check your tyre tread and pressures

We see a lot of avoidable tyre wear from tyre pressures being too low. Checking your tyre pressures regularly will definitely save you money and improve your vehicles handling. Tyres need to have at least 1.5mm of tread the full width of the tyre to be road legal.

Use your Air Conditioning

You might not use your air conditioning as much in winter but it's important to use it regularly to keep the system lubricated and prevent seals from drying out. Dry seals mean your air conditioning gas will slowly leak into the atmosphere which

is not good for the environment. It could also lead to costly repairs if you find that your air conditioning is not as cool as it used to be when summer comes around.

Shop Local

A quick phone call will set you up with replacement globes, wipers or a battery test. Woolgoolga has plenty of helpful mechanics who will be happy to help out with your winter car maintenance and keep you and your family safe on the road.

By Bryson Kelly - Mechanic

SOUP KITCHEN

Every Wednesday night the Lifehouse Church Hall in Landrigan Close, Woolgoolga (opposite the Woopi Gardens) offers free meals for those that may be struggling.

Starting at 5.30pm. Due to COVID-19 restrictions only take away is available at the moment but all are welcome.

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Woolgoolga 6654 2477 – 3 Fawcett Street Coffs Harbour 6651 9622 – 78 Albany Street
www.ccsp.net.au

CCSP are still open for face to face consultations and also offering a Telehealth option, don't hesitate to call to discuss further.

DOES SUPERANNUATION FORM PART OF YOUR ESTATE?



Simple question, but one that many people get wrong.

A lot of people do not realise that in Australia superannuation benefits are treated differently to personal assets like your bank account or your car, and that superannuation does not automatically form part of your estate to be distributed by your will.

For many who have been working since leaving school, our superannuation can be quite a substantial asset, particularly if there are additional death benefits payable by the superannuation fund. So what does happen to your superannuation when you pass away? That will largely depend on whether you have made a "binding nomination" that the Trustees of your super fund are required to follow.

In a lot of cases people complete their initial forms

to open a superannuation account when they commence employment, they nominate a beneficiary in those forms, and then they never think about it again. For some those forms were completed when we started our first job or apprenticeship as a teenager, or for others, it could be later in life when they change employers/super funds or consolidate superannuation accounts. Some people might give their superannuation statement a cursory look at tax time to ensure their employer has actually paid their entitlements but don't think twice about their nominated beneficiaries. Unfortunately, many people do not realise that the beneficiary nominations they have made in those initial forms do not remain binding on the Trustees of the superannuation fund unless they are non-lapsing or updated regularly, usually every 2-3 years. If there is no binding nomination in place at the time of death, the Trustees will decide who your superannuation benefits will be paid to.

When considering who your superannuation benefits should be paid to, the Trustees are required to take into consideration your

dependents (as defined in the relevant legislation or the fund's trust deed) at the date of death or could determine that the proceeds should be paid into your estate if there are no dependents. While that may sound okay on paper, leaving the decision to Trustees that do not know you or your personal circumstances could have unforeseen consequences. There are cases where Trustees have paid benefits to a person who claims to be a de facto partner at the time of death rather than children from a previous relationship for example, or where Trustees have failed to pay benefits to a current partner who was not living with the person at the time of death. A stepchild, an ex-partner or an estranged child could meet the criteria to be considered a dependant by the Trustees. Even when

Trustees determine that superannuation benefits should be paid into an estate, this could have tax consequences for the estate that would not necessarily occur if the payment was made directly to a beneficiary in accordance with a binding nomination. A consideration of your superannuation is an important aspect of any estate planning. You need to consider where you would like your superannuation benefits to go, your family /relationship situation, the potential taxation consequences of any choices you make, and whether making a binding or non-lapsing nomination is appropriate for you in all the circumstances. If you need advice in relation to any aspect of estate planning, contact KC Hilton at WNB Legal on 0419 464 946.



Local legal firm providing advice and assistance in relation to Wills & Estate Planning, Probate Applications, Workers Compensation, Personal Injury and Insurance Claims, and General Legal Matters.

WNB
legal Pty Ltd

Contact KC Hilton on 0419 464 946 or khilton@wnblegal.com.au for further information.



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THERAPEUTIC MOVEMENT - FUNCTIONAL YOGA



Woolgoolga's Own



In some parts of Woolgoolga and surrounds, NBNco have set the disconnection process for the old phone and internet network to begin on October 2020 – but what does this mean? This article will focus on the transition to the NBN and what you can do to make sure you do not get disconnected.

When NBN is 'ready for service' in an area, they will notify the occupants by direct mail. Once this date has been set, the occupants generally have 18 months to switch to the NBN before their internet and phone services are disconnected. As mentioned, this disconnection date has been set in some parts of our area for October 2020, so what must be done? Moving to the NBN is not automatic, your current or preferred telecommunications service provider must be contacted and arrange for a new NBN package that will suit your needs.

Another thing to consider when moving to the NBN is the time frame your NBN order takes to establish and connect. Most connections for the NBN can take up to 4-6 weeks from the time it's been ordered, to completion. Therefore, you do not want to leave it too close to the disconnection date to place an order, in fact it is advised to place an order min. 5 weeks before the issued disconnection date (late August for an October disconnection notice). If the order is placed any later, the chances of your previous services being restored if the NBN is not connected by this date is minimal to none.

To finish the article, I would strongly advise that if you have not moved to the NBN yet, and you are in the area due for disconnection in Oct 2020 – start ordering before it is too late.

If you would like to check your address you can use the NBNco website - www.nbnco.com.au/connect-home-or-business/check-your-address.

News from 87.6 FRESH FM (Woolgoolga's Own)

G'day Woopi!

COVID-19 means isolation, which means more radio time! I guess that's the only good thing about it.

Feedback shows, that the evening program of 'East meets West' 6-8pm, is proving very popular. If you haven't tuned in yet, switch that FM dial to 87.6 for a supreme mix of Punjabi and smooth dinner music.

Foghorn Records are continuing to give great support to FRESH-FM and again have sent us a few CDs to give away. They comprise of 'Moving Through Worlds' a sublime release by pianist Fiona Joy Hawkins, containing music that was created to be part of a fundraiser for The RFS and Wildlife Rescue. Fiona is a wonderful musician and holds free concerts every Thursday and Friday at the Facebook page www.facebook.com/fionajoyhawkins

The other is the latest collaboration from Steve Kilby & Gareth Koch, whose work defies pigeon holing, just see for yourself, they are on rotation featured in our 'All Australian' programs Thursdays 1-4pm and Wednesday evenings 8-10pm.

To be in the running just drop us an email or call the station on 6654 2422.

The ever popular request/drive-time program is still 4-6pm, if you want us play something, don't hesitate to email or phone.

Continuing our support of local organisations, if you would like to have a promo played over the air, please let us know. Of course being community orientated, if you want to contribute to the station in any way, all the locals will benefit.

As always, we are seeking sponsors please don't hesitate to contact us on 6654 2422 or by email at fresh.fm.87.6.radio@gmail.com - Happy Listening. 🎵

Woolgoolga Shed

Annual General Meeting

10am Tuesday 11th August 2020

at the Woolgoolga Shed

1982 Solitary Islands Way, Woolgoolga.

All members are invited to attend.

Woolgoolga Senior's Centre

Annual General Meeting

9.30am Wednesday 5th August 2020

6 Boundary Street, Woolgoolga.

All Welcome.



Every Wednesday you will find this lovely bunch of ladies crafting away in the peaceful and sunny back room at The Seniors Centre. Everyone is welcome to join them, just bring your craft with you. They meet at 9.30am. *Pictured is Pam Berry, Val Jarmin and Judy Howard*

The Woopi that Was

This month Woopi News would like to share with you some of the history of Hastings Street, Woolgoolga. One woman's battle to save its character that led to a whole community banding together to keep the village atmosphere that has made Woopi what it is. The first is an excerpt from her facebook sharing and the second part is about her battle to stop the over development. Therese, like so many in Woolgoolga, is not anti development, but fighting to have the Woolgoolga Town Centre Masterplan, that our community put so much effort in to, honoured. We hope you enjoy Therese Hedward's journey.



Therese Hedwards

LIFE ON HASTINGS STREET

As we face the changes that are afoot, I look at our street and I can see the people of the past.

It's amazing how many of their dwellings are still here.

Stokers up near the corner, Mrs Roberts down in the swamp ... that's gone.

The O'Keefe's and the Hedwards, the Mangoes and Mrs Alverson's old place. Then of course we have the beautiful Temple ... both old and new.

It really is a unique little street, with so much history.

The Hedwards family arrived in Woolgoolga and took up residence in Hastings Street in the autumn of 1922. The neighbourhood was bustling. The old pub was up on River Street, along with the picture theatre, hall and shops. There were kids in abundance and life was largely good. Julia and Peter settled here with their four young children and soon became part of the fabric of life in Woolgoolga. They originally came from Victoria and Julia regularly took a ship from the jetty at Woolgoolga back to Melbourne to visit her mother.

My Dad, Jack, was four months old when they moved to Hastings Street.

Dad had a great childhood here. He fancied himself as the next Don Bradman and played cricket in the backyard for hours on end. The training paid off with his successful amateur cricket career in Sydney.

My Uncle Con was an early lifesaver for Woolgoolga, and his image graces the wall in The Woopi Backpackers. A lot of those boys went off to war together.

Their battalion was captured in

Singapore and they spent time in Changi and also on the Burma Railway. Some of them were lucky enough to find their way home.

Uncle Snow was a lovely man and spent his whole life (apart from the war years) in Woopi. He saw no reason to leave Woolgoolga ever, as it had everything he needed. He was the cleaner and glassy at the old Seaview Hotel for many years. He'd get up at dawn and walk up the hill to start work every morning. We'd sometimes visit him up there, and he'd buy us a coke and we'd sit at the bar (before the pub opened of course) to drink it. Exciting times!

Aunty Jean also spent her life in Woolgoolga, apart from the years she trained as a nurse. In the days before the town had a doctor, she was often called to help the sick and dying. She'd even lay people out, which seems so surreal now; but it was just a part of life back then. She was a sister at Coffs Harbour District Hospital and spent many years in charge of Maternity there. She wore her starched veil right up until the day she retired.

Upon her retirement Jean became the sacristan at the Catholic Church.

She spent hours 'up at the church' arranging flowers, doing the linen and polishing the accoutrements for mass. She took great pride in the church. Along with mass, she also readied the church for weddings, christenings and funerals. You were in very good hands with Aunty Jean, whether you were in need of her nursing or sacristan skills, she always did her very best.

Her life was one of service, which is a rare thing these days.

THE BATTLE OF HASTINGS

Well Woopi, together we won the Battle of Hastings and what a ride it's been so far. Fingers crossed that the Church will now stick with the Plan.

The journey began for me with a letter from the Council saying that the Church was developing next door. I followed the instructions on the letter, navigating my way through the Council website maze. I found the file and opened it. It was then that I knew we were in trouble.

After a sleepless night, I made a few phone calls looking for help. Eventually, I found Clyde Treadwell, a Town Planner, who was willing to help me. It was a great relief, as this whole business was like landing in a foreign country where I had no idea of the rules. Clyde became my tour guide. We sent in our submission and waited. In early May, we heard that the DA was going before the Council meeting on the 14th May.

As a family, we were debating the merits of sticking our heads in the sand or listening in to the meeting. We decided on the Ostrich option.

I wasn't hopeful, as I knew that mine was the only objection.

We were feeling pretty hard done by.

On the morning of the 15th May, whilst scrolling despondently through my Facebook news feed, I saw the development mentioned on the Woolgoolga and Northern Beaches Facebook page. It was then I started to see a glimmer of light. I had found other people who didn't think the development was a good idea either. I'd found my tribe and started dipping my toe into the discussion.

The Woopi that Was

Together we started piecing together a picture.

The view was of an award winning Master Plan that the Council had approved over two years ago but had neglected to do the necessary work to pass the planned height limits into law. Why? To date we haven't received a satisfactory reason, but I keep asking.

Meanwhile Council officers are acting like the plan didn't exist and recommended that the Hastings Street DA be approved.

Add to the mix a spate of developers taking advantage of Councils failure to do its job and we found ourselves in a perfect storm.

Woolgoolga has had many blessings upon this path. Angels have appeared when we've needed them, help has arrived at opportune times.

Spirit really does move in Hastings Street.

There were synchronicities and coincidences, chance meetings where valuable information was gleaned, where two and two were put together and comprehension dawned.

There have been many blessings upon this path for me too.

The first was my enrolment in the Smiling Minds Teacher Training Program for the two days following the arrival of the letter from Council. To be engaged in lots of relaxing activities and meditation practice was just what my nervous system needed to integrate and ground this new reality I'd found myself in.

The memories have been rising up from wherever they've been hiding, and it's been very pleasant remembering the long forgotten past and writing about it. I've enjoyed having those who have moved onto the big Woopi in the sky amongst us once again, just back for a quick visit via our memories.

They say we die three times. The first is when the soul leaves the body, the second is when the body is no more. The third is the last time someone says your name. Together, we've kept the memory of many past Woolgoolgians alive these last few weeks.

Our little humpy on the rise has been in our family for 98 years. I feel a sense of connection to this land, as I always have. Aunty Jean used to call it our second home. She often told us that one day it would be ours. Many people don't understand this connection, I don't understand it myself, but it's there, so I listen to it. It is a connection to our ancestors.

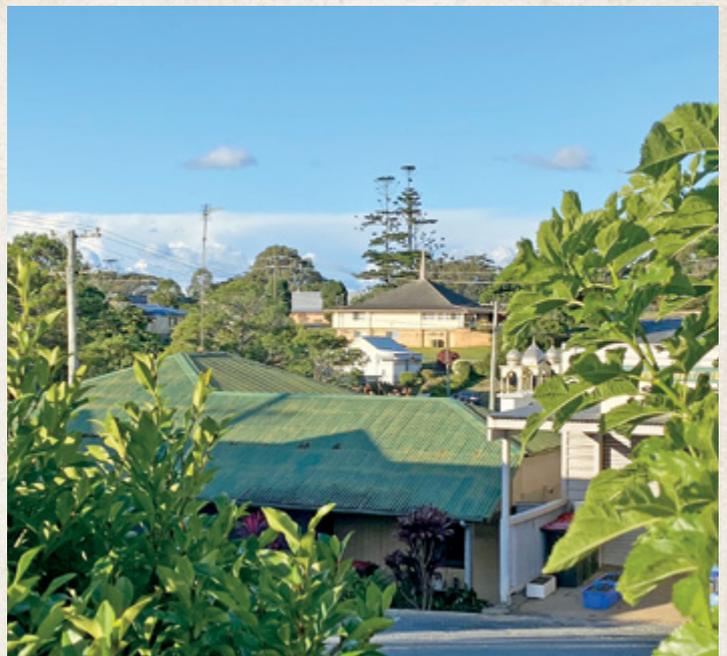
When I began this journey, I had no idea what I was doing, but I found my voice and an untapped well of courage. I started to write, and you responded and together we grew. All I can say is I'm not sure how we did it, but we did it!

We've learnt that we do have a shared vision for Woolgoolga and we are ready to stick up for our Master Plan. We have seen what we can achieve when we're all rowing the boat in the same direction, when we work together as a team for the good of all, nothing can stop us. It helps to have truth on our side too.

The hand of Grace has worked miracles and magic in Woopi



Photo: Looking east down Hastings Street from River Street in the early 1900s. In the background, L to R, along Scarborough St, are the schoolteacher's residence, the School of Arts and the original police station. (Yeates Fig 6.6)



The Hedwards Family home in the early 1900's and now in 2020

these past few weeks.

We are very grateful to the Church for withdrawing their DA. Now we must bring the main prize home. When our Master Plan is protected, we can rest.

Until then we'll need to keep working away to protect our beautiful village ambiance.

- Therese Hedwards



If you have a 'The Woopi that Was' story that you would like to share with our readers, please email us on woopinews@gmail.com

The Woopi that Was

The third of our Ray Whitton art print series

We've had a few different people identified in this photo, but hopefully we have it right now. If you know any different please let us know.

The three fishermen in this photo are Sam Eggins and his two sons, Tom and Ivan (Vonny) Eggins. They are standing in front of Ivan's truck with a hand full of Silver Drummer they had caught at one of the local headlands that day. The pic is from around 1936-37.



Catch Of The Day

If you know some history of these photos or have others that you would like to share please contact us at woopinews@gmail.com

Ray Whitton created a set of pen and ink prints by the composition of a number of photos and he has a story to go with each one. There are four in the set which we have been featuring with their story over the past few months. This is the third print "Catch of the Day". Ray has some sets available to purchase for \$39. Please email woopinews@gmail.com if you are interested in owning this little bit of Woopi History.

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People who make Woopi Woopi



Junior Soccer is Baacck

Young Noah Galway is stoked to have joined the Woolgoolga United Football Club



A Couple of Love Birds

Popular couple, Andrew (Chook) and Kate Fowler are two friendly faces you see around Woopi

The Red Rock Corindi Breakers Senior Women's Football 2nd Division

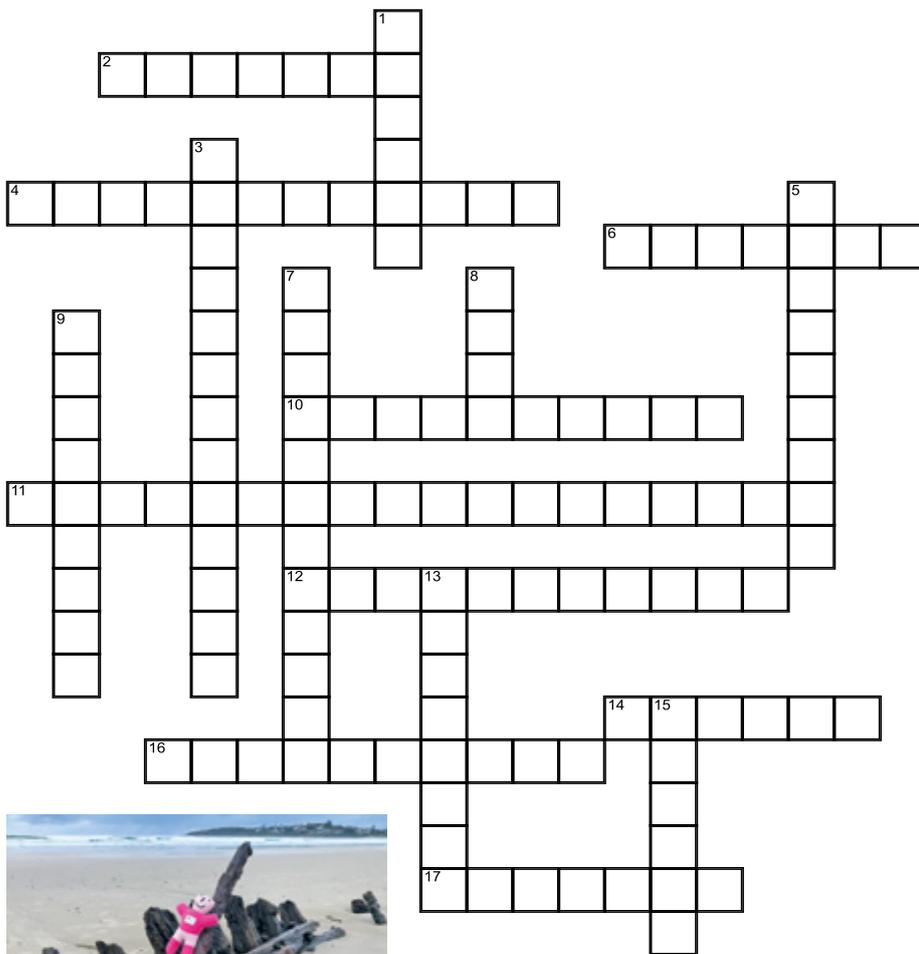
Many of these girls have been playing together since school all under the watchful eye of coach Donna Smith. Lots of good times and memories have been made here with these girls.



Top row: Jessica Simpson, Toni Berrington, Sasha Golsby-Smith, Super Coach Donna Smith, Jessica Balnave with baby Jameson Balnave, Zoe Sparks, Tegan McPhillips, Jasmin Blackadder Bottom row: Hayley Boyd, Lis Webb, Jessie Baulac with daughter Iylah Wilkins, Elly Hill, Jaye Townsend, Maggie McLennan, Ellablu Goodman, Sophie Maric

Woopi puzzle time

Woopi Trivia Crossword



Across

- 2 Artist featured in Woopi that Was
- 4 Woolgoolga Fire and Rescue Member that has served 32 years
- 6 Former Woolgoolga Fire and Rescue Captain
- 10 Oval that is home AFL ground
- 11 Amazing locally made furniture
- 12 Street that netball courts are found
- 14 Name of local Cricket club
- 16 Happy hour is here 4.30 till 5.30 Wed - Sat
- 17 Popular Women's Sport

Down

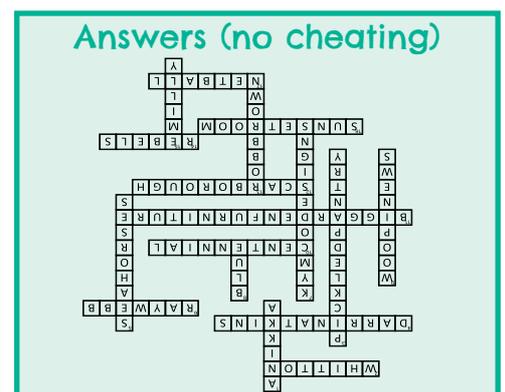
- 1 Local cricketer playing for NSW Breakers.
- 3 Delicious, chutneys, jams and relishes
- 5 Name of local Rugby League Club
- 7 Local hand made earring company
- 8 Colour that signifies our local AFL club
- 9 Name of this publication
- 13 Owner of Denture Clinic at Top Town
- 15 Our Photographer of the Month



Woopi Findaword

U L C Z O U U U
 W O L J Y N E T B A L L
 X T A T G B L U E S O X B N
 M T B D Y L F A R D X J
 R T E S P K M S C E V F Z J
 N S T E F E F O S B U E G X
 D A A A H L E K C N E B M S G C
 B O S S C W F C C O L V Z E N R
 V F T Q A W L K E I S Q G H I O
 Z Z C S E V L O W B R L C O C N I F F S
 H Q I U B G Y S E A H O R S E S I O R S
 F P R B L U E S E B O W L S C R F O U F
 K O T Z T H N O R T H E R N X T S I
 Z X S J H P P I L A T E S B C T
 N I A B A B U W F K S T A T
 Z D G S D M L U
 C O H J W H B L
 Y N X C D N M G O L F W X L
 T E K C I R C Y Q E L S
 O R U G B Y W R

- | | |
|-----------|-----------|
| AFL | LIONS |
| BASEBALL | NETBALL |
| BEACHES | NORTHERN |
| BLUES | PILATES |
| BLUESOX | REBELS |
| BOWLS | RUGBY |
| CRICKET | SEAHORSES |
| CROSSFIT | SOCCER |
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| GOLF | YOGA |
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Woopi Sport - Soccer

The 2020 season has been one of ups and downs for community sports nationwide. This has been the same for the local clubs, not only football (soccer) but for all codes in the Woolgoolga area. Woolgoolga United FC was looking forward to a wonderful season with almost 400 registered players ranging in age from 5 to 65 with 28 teams covering those ages.

With the season then being put on hold two weeks prior to the start of the season due to Corona Virus or now COVID-19, the club went through a period of not knowing if or when the season would start.

The club worked hard during the following months with its members and North Coast Football to see how they would fare after the break and the uncertainty of the pandemic.

Come mid June it was all good for the season to commence in early July so the club once again went through the process of finalising our member numbers and how many teams we were fielding in 2020. We lost almost 30%

of our previous numbers meaning our team numbers were also down now only having 20 teams.

The season is now four rounds in and regulations continue to change weekly but the most important thing is that kids get to play the game they love and enjoy with their mates, male and female, no matter how old or young they are.

On an upside, during the month of April, the club was given council approval for our Stage 1 expansion. This will mainly be the construction of undercover areas at either side of the existing building and also a new storage area at the rear. The club received some financial support from Kevin Hogan for this addition.

Thanks to our committee member Brett Nudd who has taken on our grants coordinator role. He has been working hard on other grants available so we can extend our changerooms and an additional function room for the facility. Only 2 weeks ago we received an



official notification that we had been successful in the infrastructure grant period for Stage 2 with the club set to receive \$125,000 towards the project. We are now working with the council to get this stage up and running as we approach our clubs 50th year in 2021. As you can see, this season has been one of ups and downs, good and bad. The club hopes that everyone continues to stay safe, well and enjoy their football in 2020 and hope to see all our families and players back in 2021.

Photo by Robert Watkin



Start fresh this Financial Year with Stasha Dunn, Principal Accountant of Staysharp Accounting.



Stasha has been providing accounting services on the Coffs Coast for 15+ years. Working locally in Woolgoolga since 2015, Stasha has been committed to providing quality service to clients both locally and Australia wide.

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Woopi Sport - Surfing

Woolgoolga Boardriders Club Results for June

12 Boys

1st: Jax Fuller
2nd: Cooper Grayson
3rd: Hamish White
4th: Eli Nalder

14 Boys

1st: Hamish White
2nd: Fletcher O'Sullivan
3rd: Cooper Grayson
4th: Max Mackay

16 Boys

1st: Arley Thorp
2nd: Joe Murray
3rd: Levi Woods
4th: Jack Burrows

18 Boys

1st: Kai Nudd
2nd: Sam Hodgson
3rd: James Hill
4th: Charlie Kyburz

35 Mens

1st: Luke Anderson
2nd: Benji Morgan
3rd: Travis Mackay
4th: Luke Connor

Womens

1st: Alexis Grayson
2nd: Dael Wuiff
3rd: Aishah Anderson

45 Mens

1st: Billy Budd
2nd: Brett Pilon
3rd: Steve Kennedy
4th: Simon Burrows

Open Mens

1st: Mansa Rodham Perkins
2nd: Zane Hutchinson
3rd: James Hill
4th: Tom Geyson

This was Woolgoolga Boardriders first competition since the COVID-19 forced cancellation of the regular Sunday meet up. Congratulations to all the winners.

Competitions are held the last Sunday of the month.

Junior Divisions for girls and boys start from under 8s including parent assist categories.

You can follow their facebook page for more details www.facebook.com/woopi-boardriders or call Luke Connor on 0408 667 834.

Photos taken by Robert Watkin

Top: Dael Wuiff

Middle: Xavier Poole

Bottom: Luke "Mellow" Anderson



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Woopi Sport - Cricket

Corindi local, Anika Learoyd, 18, started her Cricket career with the Coffs Northern District Rebels Junior Cricket Club playing Junior Cricket. She was quickly picked up by Kookaburra Cricket as a sponsored player at just 14 years old and is on a journey to make cricket a career. She was recently selected to be part of the NSW Breakers, which is the NSW Womens' Cricket Team.

Recently, Woopi News and Anika had a chat so we could get to know her more.

WN: Hi Anika, thanks for joining us, this is all very exciting. When did you first start playing cricket?

AL: I have always loved a game of backyard or beach cricket, but my first official game was six years ago now.

WN: Do you still live in Corindi?

AL: I grew up here but have just last month moved to Sydney.

WN: What school did you go to?

AL: I was homeschooled for all of my schooling years, but have just last year started out at university.

WN: That's also exciting, what are you studying?

AL: I am doing a Bachelor of Wildlife Science.

WN: How many training hours do you put in?

AL: At the moment my training in Sydney is 15 hours a week.

WN: How far has cricket taken you travel wise?

AL: Travel has made up a huge part of my life for the past few years. I have actually been playing in the Sydney Womens' 1st Grade Competition for three years now so Dad would drive me down to Sydney to play every weekend! I have also been to places such as Alice Springs, Victoria, Tasmania, and the Gold Coast.

WN: What position do you play?

AL: I am a top order bar and also bowl leg spin when required.

WN: What do you think is your strength?

AL: Due to my rural upbringing, I would probably say resilience and resourcefulness.



Anika playing cricket on the beach when she was just four years old.



WN: I noticed your facey has a quote, which I love, "Work until your idols become your rivals", Is that your mantra? The secret to your success?

AL: I guess you could say it is, yes. I saw it a couple of years ago and it just really resonated with me as your work ethic has a huge impact on your success, especially so in sport.

WN: Are you the only north coast girl in the new NSW womens' squad?

AL: No, there is another player from Lismore, Sammy-Jo Johnson, who has previously played for Queensland, but has this year come to NSW.

WN: Is there anything you want to share with me about your cricket journey so far?

AL: I couldn't have achieved what I have without my family's commitment. It has played a massive role in my success. Not just the insane number of hours spent helping me train and driving me around, but the fact that our family holidays for the last five years have consisted of wherever my latest tournament is being held. The support of my second family at CrossFit Woolgoolga has also been incredible.

WN: Well thanks for the chat Anika, I'm sure we will be hearing more about you as your cricket career progresses. Woopi will be behind you all the way.

Woopi Sport - Bowls

Woolgoolga Ladies Bowling Club have finally been able to start bowls again after stopping for a few months due to COVID-19. All the ladies thought they would be rusty but everything came back once they were on the green. The ladies play every Tuesday and Thursday morning.

The results for the pairs games are:

Tuesday the 30th June 2020

R Gurber, M Brookes (D) S Goodsir, H Dunbar. M Campos, D Porta (D) W Bracher, J Barratt.

J Gibbons, J Hampstead (D) A Dorman, E Nielsen. H Pallister, M Short (D) V O'Brien, L Virag.

J Hinchley, N Haines (D) S Sweeney, C Boyden.

Tuesday 7th July 2020

C Boyden, R Gurber (D) H Pallister, J Hampstead. J Hinchley, H Dunbar (D) W Bracher, N Haines.

V O'Brien, D Porta (D) M Campos, J Barratt. J Gibbons, A Dorman (D) S

Bracher, M Short.

We also had a game with swing lead S Sweeney, S Goodsir (D) S Sweeney, M Brookes.

Tuesday 14th July, 2020

J Gibbons, H Dunbar, D Washfold (D) J Lynn, S Goodsir, N Haines.

S Sweeney, A Dorman W Bracher (D) S Bracher, M Brookes, J Hampstead.

J Hinchley, R Gurber, J Womersley (D) V O'Brien, L Virag, D Porta.

Tuesday 21st July, 2020

S Goodsir, M Short (D) S Bracher, D Washfold. C Boyden, J Hampstead (D) W Bracher, A Dorman.

J Womersley, L Virag (D) J Hinchley, S Lund. H Pallister, R Gurber (D) M Campos, N Haines.

S Sweeney, D Porta (D) J Gibbons, H Dunbar. V O'Brien, M Brookes (D) J Lynn, E Nielsen.

Five of the Woolgoolga ladies club are in the District Singles at South West Rocks Club.



The District comprises of clubs from Woolgoolga to South West Rocks and will be played from Monday 27th July 2020 until it is completed, this will be knock competitions with the winners progressing to the region play offs. The Ladies Club and Woopi News wish all these representative the best of luck.

If you are interested in learning more about the game contact Woolgoolga Bowling Club Secretary Meryl Brookes 0411 278 298.



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