

# WOOPI News

Woolgoolga and the Northern Beaches  
MAY 2020 issue #9



FREE  
MEMBERSHIP  
OFFER



**WOOPI**  
WOOLGOOLGA & NORTHERN BEACHES  
CHAMBER OF COMMERCE

The Woolgoolga & Northern Beaches Chamber of Commerce is offering FREE membership to existing and new members until 31st December 2020. This is our way of supporting local businesses during the COVID-19 pandemic. This will give businesses unlimited access to membership benefits. To register please go to [www.woolgoolga.org.au](http://www.woolgoolga.org.au) or email [woolgoolgachamber@gmail.com](mailto:woolgoolgachamber@gmail.com)

# Welcome to Woopi News

[www.woopinews.com.au](http://www.woopinews.com.au) - [woopinews@gmail.com](mailto:woopinews@gmail.com) - 0410 052 601 - ABN: 27 728 512 311

## So much has happened since we last published.

The world certainly has changed. We've all been learning how to adapt, with new ways to communicate, to shop, to learn and to run our businesses. I think we have done really well with it. Inside this edition of Woopi News we have listed exercise activities that you can still attend online, as well as guitar lessons and our front page duo Jimmy Wags and Tulli Stevens from the Mullaway Collective Co, who can zoom you art classes. These two are doing amazing things sharing their skills with people, young and old. Check them out on page four.

During the month you may have seen some absolutely delightful photos from Woolgoolga and Districts Retirement Village locked down residents. It's been tough for the Village to have to stop family and friends from visiting but Sasha and the staff have been doing their best to keep the residents occupied with fun games and activities while keeping us, out here, entertained with beautiful hand held messages. These have been posted on the [Woolgoolga and Northern Beaches What's Happening facebook group](#). Woopi News has turned the tables a little by publishing some messages from the outside in, to say Happy Mothers Day. You will find them on pages 12 and 13. We will make sure we deliver a few extra copies up to the mums.

We haven't published our community clubs page this month due to most places being unable to meet until our social distancing restrictions are over

but we know many organisations have still been out there doing great things. The CWA ladies have sent blankets that they made to Pete's Place in Coffs Harbour. They donated towels for their shower centre where people who are homeless can come and have showers. They donated some warm coats and jumpers as well. The CWA also created another beautiful poppy display on the lawn of their hall in Beach Street to commemorate Anzac Day.



CWA have donated hand made blankets to Pete's Place

heard what we were planning and gave us a beautiful hand made wreath she had been crafting during the school holidays. Asha is only 11 and if she is an example of the respect young people are showing for our war heroes then, yes, lest we will not forget.



Asha Rushkin (11) with Anzac Wreath she hand made and gave to us to surprise Digger Colin Robertson with on Anzac morning.

Speaking of Anzac Day, it was very sad that we were not able to participate in a dawn service or march this year, but it was heartwarming to see so many people displaying signs, flags and poppies to show their love and respect for our Diggers. Young Asha Rushkin, who is staying with her grandparents at Safety Beach, heard that I was keen to put some poppies in Col Robertson's front yard. You might remember Woopi News shared some of Col's war memories in our last edition? Well Asha



WWII Veteran, Col Robertson (95) commemorating Anzac Day on his driveway this year. So much gratitude goes to you Colin.



## ISOLATION BUSTERS

We've included a special Northern Beaches crossword and find a word puzzles with clues that are all locally oriented. These are on page 16.

# Welcome to Woopi News

Woopi has a new male model in its midst. Woopi News' favourite and most photographed Freddy Byrne recently won the Baby Budgy Smuggler competition. Congratulations Freddy. I hope this doesn't mean we have to pay a fee for future photos.



*Congratulations to Freddy Byrne being named the Baby Budgy Smuggler champion for 2020*

**If you're missing out on your recreational travel at the moment, why not just go through your old photos and reminisce? While you're there ... pick out your favourite and send it into**

**Coastal Travel at [mail@coastaltravel.com.au](mailto:mail@coastaltravel.com.au) - yours may be chosen to appear in their 2021 Wall Calendar.**

Whale season is upon us again. I wonder what the whales think of this extra long summer we have been having. We look forward to many headland visits to view these beauties. Watch out for our next edition for lots of whale tales.

Meanwhile don't forget to keep on shopping local, we have put together a list of Mothers Day and beyond gift shops for you on pages 8 and 9. For a full list of what's open including takeaways please go to our facebook page or website.

Don't forget to tell them that you saw it in Woopi News! Have a great month,



*Lisa and Brad (and random photobomber - if you see this guy, please slap him for us!)*

**♻️ Please recycle your edition, if you're not saving it, pass it on to someone else or take it back to the shop you picked it up from. Share the love.**



April saw us lose another beautiful human being way too early. Many of you would know Phil Almond who was tragically killed whilst on his morning ritual cycle ride. Phil, a popular Emerald Beach resident had his own home maintenance business and was respected for his work and friendly attitude all through the Northern Beaches. Phil leaves his lovely wife Vanessa and a great big hole in many hearts, including my family's. Our loss has a tiny silver lining and that is that Phil was an organ donor. He was able to give someone back their sight, he provided skin grafts to burns victims, his heart valves were donated and he saved a young man who was near death needing a liver transplant. Like I said, a beautiful human being.

**RIP Phil.**



**Now Offering contact free Service and Repairs for you, and our teams safety**

**35 River St  
6654 0111**

*Our team is now doing Full Driveway Service EVERY DAY*

**BP Woolgoolga**

**Mon-Fri 7am-6pm Sat-Sun 8am-3pm**



# Woopi in Isolation - activities online

## Art Classes online

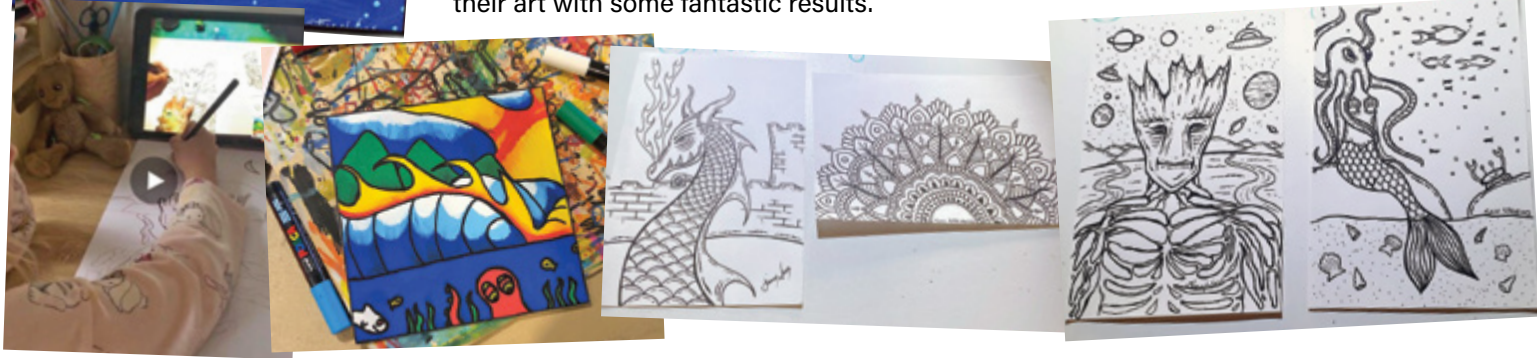
Our front page models, Tulli Stevens and Jimmy Wags are two amazing local artists who have a small business supplying creative activities for kids and adults called Mullaway Creative Co.

Jimmy is a surf, skate, lifestyle artist creating very vibrant colourful artworks. Tulli creates beautiful mandala, dot and continuous line works using art as a form of meditation.

They have recently been collaborating their art with some fantastic results.

Together they have been operating Mullaway Creative Co for almost two years which offers creative after school groups, workshops in school holidays and creative workshops for in school groups.

At the moment, due to COVID-19 all of these activities have moved to an online platform where they now offer group sessions and one on one via zoom. They are creative kids providers, are insured and have working with children checks. Check out [www.mullawaycreativeco.com](http://www.mullawaycreativeco.com) to see what they can offer.



## Dance | Acting | Vocal | Movement | Online

WOOLGOOLGA PERFORMING ARTS STUDIO has designed a ten week program for pre-school, Junior, Intermediate, Seniors and Adults. Covering all dance genres plus options for solo coaching one on one. It is a subscription based online membership aimed to keep the community moving and being creative! [www.woolgoolgaperformingartsstudio.com](http://www.woolgoolgaperformingartsstudio.com)

MOVEMENT and WELLNESS MENTOR PROGRAM - Want to step your training and coaching up to the next level? One on one coaching online. For all ages, abilities and people. [www.woolgoolgaperformingartsstudio.com](http://www.woolgoolgaperformingartsstudio.com)

MOVEMENT and MINDFULNESS SESSION - The science meets the art. These sessions bring you an hour of inspired goodness. Using the science of exercise physiology through the lens of yoga and mindfulness, these sessions align your

actions with your desires for your health and wellbeing. Includes email follow-up post session and on-going email support and communication between sessions. [www.annamiley.com](http://www.annamiley.com)

## Physio Online

Small group classes are run live on Zoom by Mid North Coast Physio's exercise physiologists - a combination of Pilates and body weight functional exercises to improve strength, stability and flexibility. Their classes are every weekday at various times, bookings are required. [www.mncphysio.com.au](http://www.mncphysio.com.au)

## Music Lessons Online

Mitchell Burgess offers Guitar Lessons via Skype. He has been playing guitar since he was seven years old and has been teaching for two years. Currently studying to be a primary teacher and has a working with children check. \$25 for half hour lesson. Phone 0412 134 338.

**Surfside Plaza**  
SHOPPING CENTRE

**Surfside Plaza**  
**Shopping Centre**

**58 Beach Street**  
**Woolgoolga NSW 2456**

**Taffy's**  
*Great Coffee Tasty Food*

**Taffy's**  
**6654 7747**

Monday to Friday  
6.30-4pm  
Saturday 6.30-2pm  
Sunday Closed

**ASIAN**  
**OUTLET**  
**Fashion**

**Asian Outlet**  
**0423 079 867**  
Monday to Friday 9-5  
Saturday 9-3  
Sunday Closed

# Woopi in Isolation - activities online

## Yoga Online

YOGA FUNDAMENTALS – six week online course. How to develop a Home Yoga Practice with Bec Ross via Woolgoolga Performing Arts Studio's online app. [www.woolgoolgaperformingartsstudio.com](http://www.woolgoolgaperformingartsstudio.com) see what they offer.

[Rejuvenate With Jayne Yoga & Heartmovers](#) Jayne is teaching one to one yoga classes from her deck in Woopi. Chair yoga, gentle yoga, Vinyasa flow & Aerial Yoga. Also via Zoom Tuesdays 5.30pm gentle yoga Thursdays 5.30pm Vinyasa flow. Call 0403 1269 04 for details.

STUDIOMOVE - ONLINE LIVE STREAM CLASSES via ZOOM. For bookings [www.annamiley.com](http://www.annamiley.com)

Monday and Wednesday 6am, Saturday 6.45am Flow Yoga - Smooth vinyasa yoga to awaken the body and prepare your mindset for your day ahead. Best if you have a little or a lot of yoga experience.

Tuesday and Thursday 9.15am Functional Fit Yoga - A fusion of vinyasa yoga and functional movements to create a movement practice that conditions the body and engages the brain. A moderate level of fitness is required.

Tuesday and Thursday 10.30am Remedy Yoga - Fusing yoga, Pilates, and functional conditioning movement this class is suitable for all ages and stages. The pace is slow and deliberate.

Tuesday 5pm Foundation Flow.

Sunday 8am Stretch and Unwind Yoga - Perfect way to start your Sunday. Gentle yet awakening, this class takes a slow journey through the body to release tension from the week and set you up for the week ahead. Perfect for Beginners and anyone wanting to start their day the right way.

CHAIR YOGA - Fridays 11am with Frances Mercer. 60 minute class. Suitable for everyone, especially those who are unable to stand for long or get down on the floor. Register via the facebook event or SMS or call 0409 542 500.

KIDS YOGA - ten week term every Wednesday 2.30pm \$100/family and includes five downloadable class recordings to keep. [www.annamiley.com](http://www.annamiley.com)

YOGA with Anne Forkert from Sandy Beach go to [www.facebook.com/Yoga-with-Anne-Forkert-107546740933069](http://www.facebook.com/Yoga-with-Anne-Forkert-107546740933069)

## Pilates and Barre online

PILATES WITH ELISE 9.15am Mon, Wed and Fri and Barre is 7am Tues and 5.30pm Wed. Email [pilateswithelise@gmail.com](mailto:pilateswithelise@gmail.com) for zoom link.

## Crossfit

Free livestream every Saturday at 9am via [www.facebook.com/crossfitwoolgoolga/](http://www.facebook.com/crossfitwoolgoolga/) Approximately 30 minutes of conditioning and 30 minutes of yoga. Free for anyone.

ALL OF ANNA'S EXERCISE  
PHYSIOLOGY & YOGA  
SERVICES ARE NOW ONLINE.



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P: 0409 542500

W: [annamiley.com](http://annamiley.com)

# Woopi in Isolation - with Sharon Galway

## Woopi News would like to introduce you to an amazing lady.

*She is a wife, a mother, a business woman, a mentor, part of the Fluro Friday Tribe, wise, eternally positive and a really good friend to many. Sharon had worked in Primary Education for 16 years before deciding to travel Australia for two years in a caravan with her family of five. She now runs a wellness business supporting families to make happier and healthier life transformations.*

*We asked Sharon if she could share with us tips on how to cope with the changes that are happening within our family structures at the moment.*

## How to Flourish as a Fulltime Family

Let's face it, having the kids, the spouse, the dog and a never-ending to-do list in your face 24/7 can completely alienate us from the life we once knew and it's fair to say that not everyone is embracing this new normal with open arms. I'm here to bring you the good news that will hopefully have those of you who feel overwhelmed, bewildered and even mystified (who even are these kids?!) that as someone who has walked this path, what you're feeling is completely normal and your best days are yet to come!

Here are my top five tips to have you flourish through fulltime family life:

### Put on your oxygen mask first

Self-care is not selfish, it's absolutely essential! If it's been a while since you put yourself on your to-do list, here are a few ideas to help you with this one: take a bath, read a book, walk alone in nature, meditate, exercise, write in a journal or do something creative.

### Set clearly defined boundaries

Define spaces within the home where certain activities should take place, such as study, work or relaxation and have clear rules around those spaces.

Emotional boundaries are equally important. I recommend creating a safe word or phrase that everyone can use to indicate to other family members that they're nearing their limit. Parents have a role in setting the tone here by expressing their respect for the big feelings that their children may also be experiencing during this transition. Model the behaviour you expect to see in return.

### Laughter is the best medicine

Laughter stimulates a powerful release of immune boosting



and happy hormones and is also a wonderful social connector and reducer of stress. Tuning into your inner child can inspire fits of playfulness and laughter. Fart joke anyone? Perhaps not, but here are some other fun ideas we have been enjoying to inspire you: online performing arts classes with Woolgoolga Performing Arts Studio, virtual family yoga classes with Studio Move, themed party nights, Tik Tok routines and some 'old skool' favs such as planting a veggie garden, cooking, Lego, puzzles and board games. What better way to create some wonderful family memories?

### Wear the hat of Educational Facilitator

It's understandable that you suddenly feel solely responsible for your child's learning but you needn't. Instead, think of yourself as someone who facilitates learning set by your child's teacher by ensuring that your child has the tools he/she needs, a space to work and by giving them assistance to plan out and organise themselves. If you're able to do this with perceived indifference it will show your child that they are answerable to their teacher, not you, easing unnecessary family tension around schooling.

### Time and patience is key

Adjusting to fulltime family life can take a considerable amount of time. It can be particularly challenging for those parents who have previously spent less time with their children and/or spouse and suddenly find themselves thrust into being with them a lot more. It's very normal for this period of adjustment to take several months and during this adjustment there will likely be intense feelings from everyone. Finding the patience to hold space for one another during intense moments will be worth every bit of effort in the long run- **I promise.**

This month Sharon is launching an online course to support families to transition to fulltime family life. For more information visit: [www.mssharonjoy.com/flourish](http://www.mssharonjoy.com/flourish)

# Woopi in Isolation

**Lots of funny times to be found around the Northern Beaches, all to put a smile on your face.**

Probably the one that i enjoyed the most has been Bec Ross putting out her Daggy 80's Dancing challenge! Have you seen it? If you're reading our online edition of Woopi News click on the photo below and watch it come alive, otherwise please go to our website [www.woopinews.com.au](http://www.woopinews.com.au) to view it. It made us smile.

Also while you're there check the [Galway Family's weekly dance ritual](#). Facebook meme's have been flying left right and centre, I really admire some



people's sense of humour, laughter is the best medicine, especially during strange and uncertain times like now. Drinks in the Driveway and Bin Isolation Outings have been hilarious plus View from my Window has been beautiful and a nice way to view the rest of the world. If you haven't seen them, here's a warning ... they are major time wasters. We'll post the links below or click on the photos to watch the fun.



Wendy Haynes collecting her bin in Emerald Beach - face mask and everything



Jackie Cansdell from Sandy Beach, excited about being able to go out on bin night.

**Bin Isolation Outing:** [www.facebook.com/groups/306002627033697](https://www.facebook.com/groups/306002627033697)

**Drinks on the Driveway:**  
[www.facebook.com/groups/571360456805276](https://www.facebook.com/groups/571360456805276)

**View from my Window:**  
[www.facebook.com/groups/viewfrommywindow](https://www.facebook.com/groups/viewfrommywindow)

# regain your freedom!

## test ride an electric bike today

Warning: side effects include feelings of euphoria and uncontrollable grinning

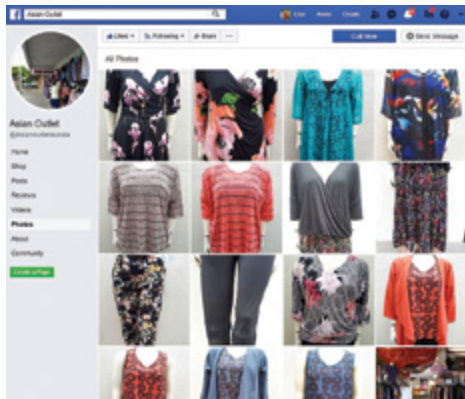


Call: 6654 1217  
5/5 Market St, Woolgoolga  
[woodseyswheels.com.au](http://woodseyswheels.com.au)

# Shop Local | Shop Woopi | Shop Online

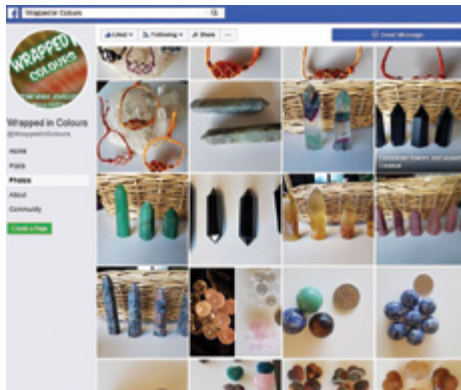
Here are some local online shopping ideas for Mother's Day and beyond. Please support our local businesses, some have online stores and others are using facebook and phone orders. You can order and collect or use their home delivery services.

## Asian Outlet



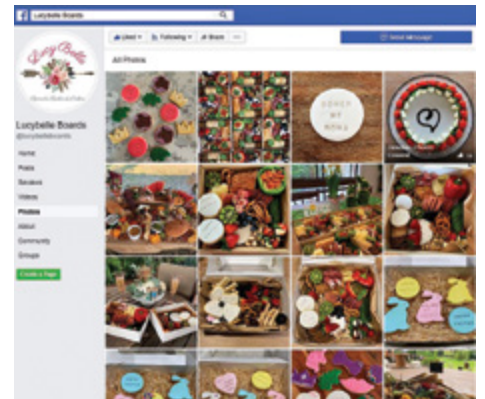
New online store - New range including Plus sizes. Click and Collect or home deliver [www.ecothreads.com.au](http://www.ecothreads.com.au)

## Wrapped in Colours



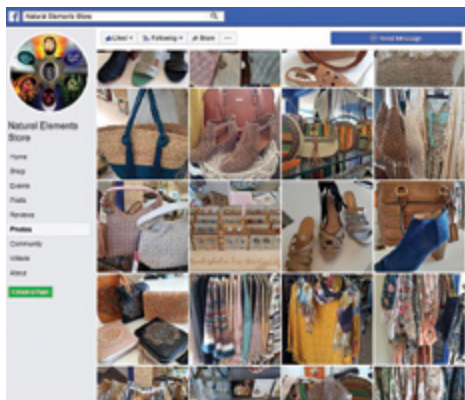
Beautiful crystals and gemstones. Jewellery, spheres, towers, wands and more. [www.facebook.com/WrappedInColours](http://www.facebook.com/WrappedInColours)

## LucyBelle Boards



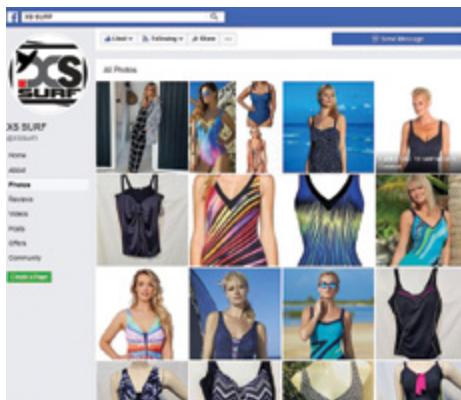
If you can't go see your mum or it's iso date night, try Lucy's home delivered grazing box. Savoury or Sweet. [www.facebook.com/lucybelleboards](http://www.facebook.com/lucybelleboards)

## Natural Element Store



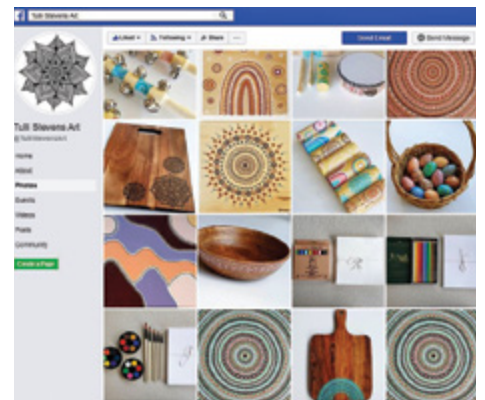
Beautiful clothing, shoes, bags, earrings, games, natural beauty products. [www.natural-elements-shop.myshopify.com](http://www.natural-elements-shop.myshopify.com)

## XS Surf



XS Surf have an online sale via their facey page and new website. Dresses and jumpsuits, Ladies Swimwear plus more. [www.facebook.com/XSSurf1](http://www.facebook.com/XSSurf1)

## Tulli Stevens Art



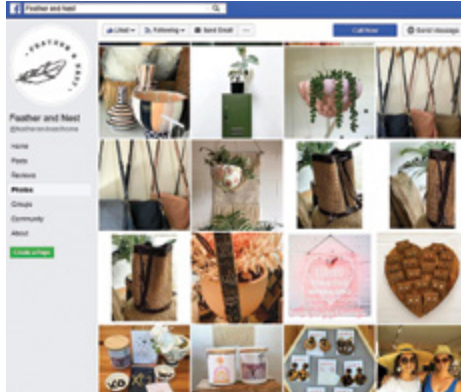
Amazing dot mandalas, beautiful hand painted items for sale. Absolutely stunning. [www.facebook.com/TulliStevensArt](http://www.facebook.com/TulliStevensArt)

## That Beach Shop



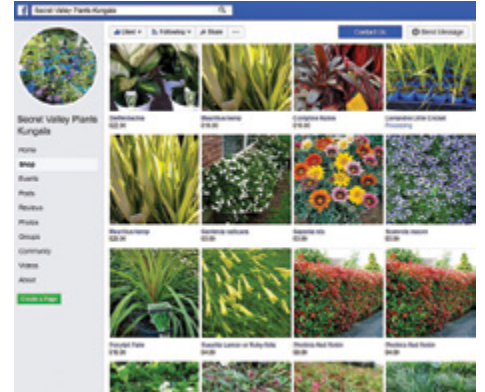
Online store with lots of beachy homewares and gifts. Lots to choose from. Perfect for Mothers Day and everyday. [www.thatbeachshop.com.au](http://www.thatbeachshop.com.au)

## Feather and Nest



Online store. An exciting eclectic selection of giftware, homeware, jewellery, fashion and accessories. [www.featherandnest.com.au](http://www.featherandnest.com.au)

## Secret Valley Plants



Plants, indoor and out, seedlings. Home delivery only. [www.facebook.com/Secret-Valley-Plants-Kungala-495913434275768/](http://www.facebook.com/Secret-Valley-Plants-Kungala-495913434275768/)



# Shop Local | Shop Woopi | Shop Online

It has been fabulous to see the support shown to our local retailers, cafes and restaurants whilst they have been forced to change their business practices to survive. Our town will outlast this pandemic thanks to people still shopping local.

## Coastal Drones



Stunning Drone photography, framed wallprints or on glass and aluminium. Eco Yoga mats.

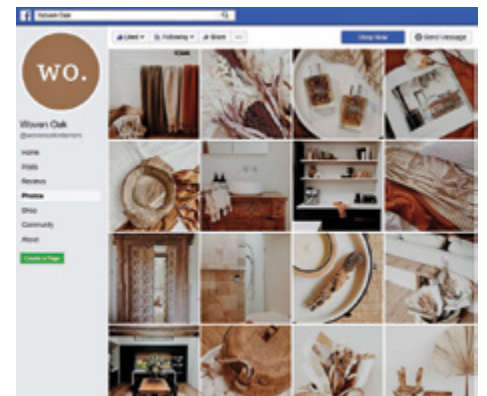
[www.coastaldrones.com.au/shop](http://www.coastaldrones.com.au/shop)

## Kanaung Kitchenware



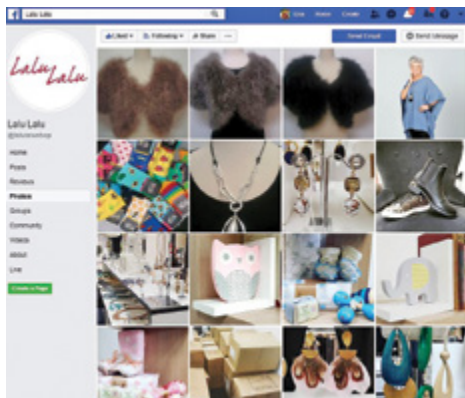
Giftware, kitchenware, glassware, knives, kitchen accessories, pots, pans. [www.facebook.com/Kanaungkitchenware](https://www.facebook.com/Kanaungkitchenware)

## Woven Oak



Carefully curated collection of earthy homewares, textured neutrals and one-of-a-kind pieces. All very beautiful and classy. [www.wovenoak.com.au](http://www.wovenoak.com.au)

## Lalu Lulu



Affordable Boutique clothing and stunning jewellery, well known brands, Giftware with a difference. [www.facebook.com/lalululushop](https://www.facebook.com/lalululushop)

## Nourished Earth



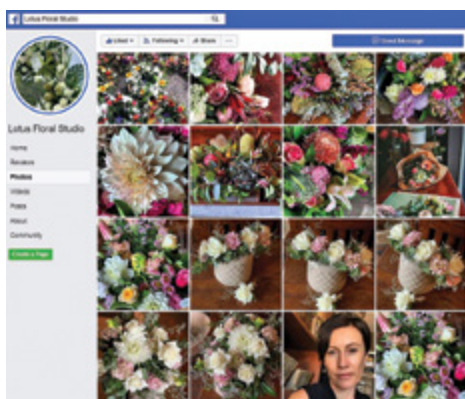
Everything healthy and good for you. Skincare, soaps, candles, organic food, vegan treats, chocolates, vouchers. [www.nourishedearth.com.au](http://www.nourishedearth.com.au)

## Mitre 10



Giftware, potted plants, indoor and out, garden accessories, giftware. Ring your order through for pick up or delivery. [www.facebook.com/WoolgoolgaMitre10](https://www.facebook.com/WoolgoolgaMitre10)

## Lotus Floral



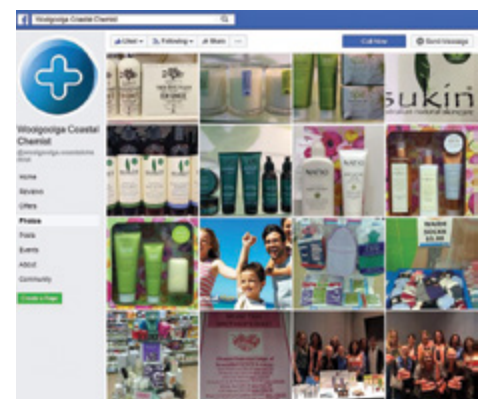
Seasonal mixes of quality blooms in either brights or pastel tones. Including native blooms. [www.facebook.com/Lotus-Floral-Studio-973823789306784](https://www.facebook.com/Lotus-Floral-Studio-973823789306784)

## Spindrift Coastal Vintage



Retro Vintage second hand store with a funky eclectic collection ranging from trinkets to large furniture items. [www.facebook.com/spindrifting](https://www.facebook.com/spindrifting)

## Coastal Chemist



Giftware, skincare, healthy supplements, prescriptions. Home delivery available. [www.facebook.com/woolgoolga.coastalchemist](https://www.facebook.com/woolgoolga.coastalchemist)

## A MESSAGE FROM KEVIN HOGAN

### Petrol Prices

Recently our petrol prices have blown out again, compared to the cities. This is nothing short of a rip off. Recently, people in Woolgoolga paid 122c and on the same day people in Sydney were paying under \$1. I have sent this information to the ACCC, who are investigating this. They are looking for illegal price collusion I will again be calling for a Royal Commission into this. I encourage you to join me in making your own complaint. You can submit your local prices and compare them to the cities. Submit your prices by contacting the ACCC on 1300 305 502 or via [www.accc.gov.au](http://www.accc.gov.au).

### Foreign Investment

We have recently made

changes to foreign investment rules. This is designed to protect Australia's national interest as we deal with the economic implications of the coronavirus.

ALL proposed foreign investments, regardless of the dollar amount, now require approval.

This will allow us to give greater scrutiny and protect our Australian businesses and Australian jobs.

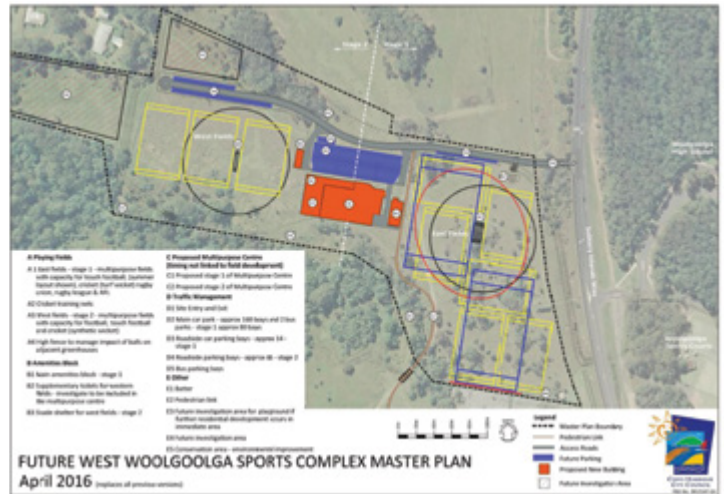
If you would like to find more information, visit this website: [www.firb.gov.au](http://www.firb.gov.au)

### Coronavirus

Thank you to everyone who has been following the social distancing rules and ensuring we are flattening the curve. We will get through this difficult period together.

Stay up to date with the latest information by visiting [www.australia.gov.au](http://www.australia.gov.au)

## THE FUTURE - WEST WOOLGOOLGA SPORTS COMPLEX (WWSC)



The West Woolgoolga Sports Complex is a greenfield site located on the western side of Solitary Islands Way, opposite Woolgoolga High School. It will include an assortment of both outdoor and indoor sports facilities to serve the growing population of Woolgoolga and the Northern Beaches.

A working group Chaired by Al Milroy has been set up by the Chamber of Commerce to replace the Northern Beaches Multi-Purpose Centre Committee. The Working Group will collaborate with Council and Woolgoolga and Northern Beaches communities to deliver a modern sporting complex that meets the various stakeholder needs.

"The Community should be excited to see the Sports Complex moving forward to the detailed design stage," said Al Milroy.

So far, the project has gained \$8.m in State Government funding for an indoor court facility. An application for Federal funds under the "Build Better Regions Fund" is being sought. CHCC are funding the Development Application, the design stage and a Project Manager has been selected and appointed by CHCC.

A register of local design consultants has been compiled to be considered to undertake the detailed design.

The Working Group will provide progress reports to the community as the complex develops.

Inquiries in relation to the working group - Al Milroy Phone 0439 435 040 Email: [amilroy@icloud.com](mailto:amilroy@icloud.com)

Or Visit [haveyoursay.coffsharbour.nsw.gov.au/WestWoolgoolgaSportsComplex](http://haveyoursay.coffsharbour.nsw.gov.au/WestWoolgoolgaSportsComplex)

**THE NATIONALS**  
*for Regional Australia*

# Kevin HOGAN



Here for us

If you would like to contact me please see my details below:

email: [kevin.hogan.mp@aph.gov.au](mailto:kevin.hogan.mp@aph.gov.au)

Lismore Office: ☎ 6621 4044    63 Molesworth Street, Lismore NSW 2480

Grafton Office: ☎ 6643 3973    1/83A Prince Street, Grafton NSW 2460

Find us on Facebook: [Kevin Hogan MP](#)    Instagram: [kevin.hogan.mp](#)

Authorized by K. Hogan MP, National Party of Australia, 63 Molesworth St, Lismore NSW 2480.

# Gareth and Lisa Owen

Gareth and Lisa Owen are two Woopi Wonders that are always offering to help out our local schools and community organisations. Woopi News asked Gareth from [Big Garden Furniture](#) how they came to live on our Northern Beaches and could he share a bit of his story with us. We hope you enjoy.

Lisa and I grew up in the Shire (aka Cronulla) and met in the late 80s, we finally got married in October 1991, yep 29 years married ... lucky girl!

We used to holiday on the South Coast when the kids were very young and one year we got rained off the camping grounds. Lisa said, "Let's go north next time!" Lisa used to camp at Woolgoolga in the 60s and 70s with her family, right next to the old Club house. The Finn's (Lisa Nichols family) who also camped there, and Lisa's parents became good friends.

So, we ended up camping at Corindi Beach for a couple of years, I loved the surfing spots around Mullaway and Arrawarra and decided to look for a home in Mullaway. Twelve trips from Sydney and back later, we found our perfect Beach Shack and moved here in 2003, so we are almost locals! Our kids, Tegan and Keely, have grown up here. They always make their way back from wherever they live around



*Lisa and Gareth on one of the many seats they have donated around the Northern Beaches.*

Australia. Mullaway is always HOME.

I've had a pretty diverse employment history, from starting out as a plumber, then carpenter, then working overseas on film sets, then on a major building project in Sydney as a project manager, advertising rep, dog groomer, then ran a national marine engineering business in Sydney working on off-shore oil rigs and Australian Naval projects around Australia and the world. At 38, we moved here to semi retire ... that did not work. I started my own carpentry/handyman business in Mullaway, then a building business. I broke my leg badly in 2007 then moved into furniture in 2008, so here we still are.

Big Garden Furniture has been a great creative outlet for both of us. Me with the timber works and Lisa with the soft

furnishings. She's very clever at making anything with the fabric. We specialise in daybeds and you need a good eye/colour co-ordination to make them shine.

My first piece of furniture was our original dining table, made from timber off-cuts in 1995. We only just moved it on a few years ago, it copped a hammering from the kids growing up.

My favourite piece of furniture is still the massive outdoor lounge we made for a customer in Brisbane. Though it was a logistical nightmare as we only had a 2m x 1m service lift to get to the penthouse location, then up two flights of stairs etc, etc, it was a mission, though very rewarding. The client was ecstatic with the final product.

Lisa's most favourite could be our custom bed and the daybed on the deck as she is always sunning herself on that piece.

We love where we live and still pinch ourselves when walking on the beach, happy that we made that move 17 years ago. Our motto "LOVE WHAT YOU HAVE"



*The massive outdoor lounge that now lives on the roof top of a Brisbane Penthouse.*



# Mother's Day in lockdown ♥

This year Mother's Day is going to be like no other with social isolation preventing many family get togethers, in particular for those mums under lock down in the Woolgoolga and District Retirement Village. Here are a few messages to help cheer their day.



## Gwenda Jones ✓

Happy Mother's Day to the greatest Mum I could have ever asked for.

Love you loads, Mark



## Irene Sill >

Happy Mother's Day Irene  
Hope you have a lovely day  
Lots of love  
Sandra, Kerri and Jody



## < Betty Debnam

Happy Mother's Day  
Love from John, Peter, Gary,  
Allen and Margaret.

## Iris Goddard ^

Hi Mum, we miss seeing your beautiful smile, hopefully it won't be long before we get to hold you close again.

Love Debby, Eileen, Rob and Leslie, your grandchildren Jess, Chelsea, Sam, Sean, Annika, Ellia, Malia, Archer, Zoe and last but not least, great grand daughter, Maddy.



## Barbara Goodfellow ✓

Adored Wife, Mother, Mother-in-law, Nanna, Gran, Aunty, Friend & downright beautiful human being - on this as every other day, your family remember with love & gratitude all that you are to each of us. Your inner beauty & dedication to those you have loved defies words. We love you knowing we will hug you again not too far away. You have always been the wind beneath our wings. Happy Mother's Day Mum. Xxxx especially from "your four" Robyn Mark Brett and Scott Xx (and of course Leo)



## Nancy Stuth ^

Happy Mothers Day, love you heaps and miss you lots.

Gail and Ian xxx



# Mothers Day ♥

Dorothy Briggs ✓



To the world's sweetest MUM. We all adore you and can't wait till this virus is over to catch up on big hugs. PS happy 91st birthday for 18th April.

Photo taken in March 2020 at the wedding of her grand daughter, Jenelle. Dorothy Briggs with her three daughters, back L to R Moyra Mendham and Joyce Hammerton. Front Dorothy on left and Diane Latham on the right.



Hi mum,  
We love you very much and hope to be able to see you soon. We wish you a lovely Mother's Day.  
Love from Moyra, Gary, Sarah, Jack and Kate



Happy Mother's Day to the most amazing Mum.  
Have a wonderful day and I can't wait to see you again.  
Sending lots of love and Hugs from Diane xxx

## A message from the Woolgoolga & District Retirement Village Ltd incorporating Woolgoolga Aged Care Centre.

The board members, staff and residents would like to start by thanking everyone from the bottom of our hearts for helping us flatten the curve and help keep us all safe with your actions.

We all know how hard it is not to see our loved ones in person at this time, but we are thankful for this brave new world of technology that we live in. Through this technology we can still connect and that is wonderful for everyone.

This Easter rather than thinking about what we might be missing out on due to COVID-19 we all wanted to concentrate on the blessings we have.

Whilst we are all missing in-person family contact, we have found here at the village something amazing has and continues to happen on a daily basis. Residents and staff who have always been close are going further than ever before to look after one-another. Our staff, even when they are not rostered are volunteering time and coming in on their days off and engaging with residents in personal ways through a range of entertainment, including but not limited to juggling, hula-hooping, reading, singing, and gardening. Residents are helping each other more as well, they are visiting each other's rooms more frequently, doing jigsaws together, sitting in the lounges and gardens in small groups just chatting to each other. There are many laughs being shared and stories being told. Connectedness is more important now than ever and we see this occurring daily at the village.

Our residents also love receiving the wonderful messages in response to our Facebook posts, staff take the time to read messages daily to residents, and the smiles the messages and photos are bringing to the residents faces and lives are priceless.

Thank you to everyone who has taken time to connect in this way. From all of us to all of you we wish you well, sanity and peace at this time



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# Mother's Day ♥

This Mother's Day we thought we would celebrate some local mother/daughter - mother/son business teams in Woolgoolga



Karen and Steve Coatsworth both started their own businesses in Woolgoolga on the same week three years ago. Karen with Asian Outlet and Steve with Woolgoolga's Quality Butcher. Steve is happy for his mum, he said "Mum has had a love for this town since I can remember and has wanted that clothes shop for just as long." They both share the ups and downs of retail life and keep in touch together with what's happening business wise in Woolgoolga. **Happy Mother's Day Karen.**

Kiara Edwards is the new owner of Subway and her mum Carly Simpson has taken on the role of Manager.

I love working with my mum! She makes every day just that little bit more enjoyable. She's fun to work with and she's always there for me and knows exactly what I need (even before I do). I consider myself blessed to be able to go on this venture with my mum. I love you, mum.

**Happy Mother's Day Carly.**



A promotional graphic for Mitre 10 Woolgoolga. It features a central circular logo that says "PROUDLY LOCAL WOOLGOOLGA MITRE 10 SUPPORTING LOCALS". Surrounding the logo are various gift ideas: a sign that says "HAPPY MOTHER'S DAY", potted plants, bags of coffee, a mug with a butterfly, a mug with a flamingo, a salt lamp, a wooden abacus, a bouquet of flowers, and a white ceramic vase. At the bottom, it says "Open 7 Days. Plenty of great Mothers Day gift ideas! Ph: 6654 1229".



Rayna Davidson-Hill is the new owner, along side husband Sam, of the BP Woolgoolga Service Centre and is lucky enough to work with both her daughters Makenzie and Mikayla. Rayna said "It's great to spend time together. As it's our family business sometimes the only time we get is when we are at work. We always have a laugh and enjoy being there together, it makes the time pass by faster. Makenzie said she loves that they can work together and Mikayla agrees. She said it brings us together as a family gives us time to bond, as well as it's fun working together.

**Happy Mother's Day Rayna.**

# Mother's Day ♥

Woolworths has four sets of mum and family working together, which makes it a nice family workspace. We spoke with popular, long time Woopi Resident Kaylene Young who works with two of her children.

Kaylene has worked at Woolworths for two and a half years. Her son Joel works in the Fruit and Veg department and daughter Josie is in the Personal shopping/online fulfillment department.

### How long have you been working together?

I've worked with my son Joel for six months and my daughter Josie just started a few weeks ago.

### Do you live together as well?

Yes, working together certainly gives us a few more things to talk about and we can better relate to each other.

### What's the best thing about working together?

As a mum, I really enjoy seeing them in a different role. At home I see them as my kids and as students, but it's nice to see them in the store and watch them learn as individuals and professionals.

But the best part about working together is catching sight of them and you have that unspoken language of family where you know you all love each other unconditionally and you have that support both at home and at work.



### What's the most challenging thing about working together?

Naturally it's tempting to chat with their manager and hear how they're progressing from when they first started, but I need to allow them to be themselves in the store and grow as individuals.

### How will you be spending your Mother's Day this year?

We're looking forward to a quiet day at home and sharing a few meals together.

Happy Mother's Day Kaylene.

## COASTALTRAVEL



### Share your favourite travel photo!

Send us your favourite travel photo and you'll have the chance to be part of our 2021 calendar. It can be of you on your holidays or just of some beautiful scenery or a famous landmark.

The twelve successful photos will also receive a travel bag. Send high resolution photos to [mail@coastaltravel.com.au](mailto:mail@coastaltravel.com.au)



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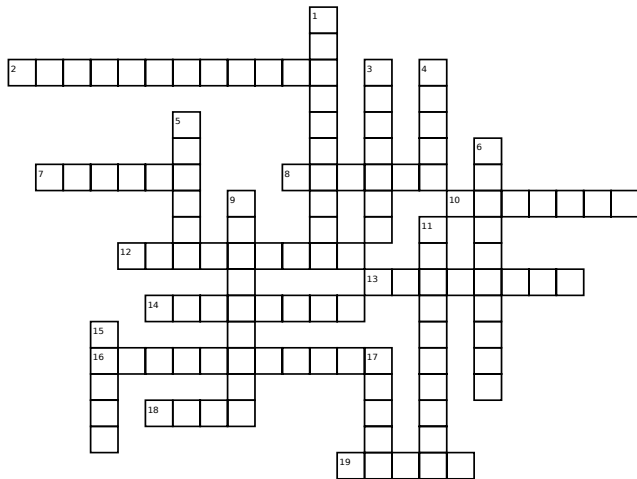


## Gifts & Homewares Store



Next to *Bluebottles* at Woolgoolga

## Local Trivia Crossword



Down:

1. Aboriginal Cultural Centre
3. The fountain on the mountain
4. Street Top Town situated on
5. Name of Shipwreck found in near at Woolgoolga Lake
6. Name of the main town in the Northern Beaches of the Coffs Coast
9. Street Library is found in
11. Coloured fruit Woolgoolga named after
15. Mental Health awareness group that meet each Friday in bright colours
17. Nickname for Woolgoolga and the Northern Beaches

Across:

2. Aboriginal nation land is the Northern Beaches situated on
7. Can be seen from Woolgoolga Headland May till November
8. Human of the Northern Beaches - Woopi News, May
10. Day celebrated second Sunday in May
12. Temple at top of River street
13. Sea creature adopted by many as their logo
14. Historical name of Corindi Beach
16. Headland at Emerald Beach
18. Photographer of the month - Woopi News, May
19. Surname of Woopi News, Mind your Mind contributor

## Local Beaches Findaword

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 S A N D M U L H E A R N S T O  
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 E D W W O O L G O O L G A U I  
 B A M O O N E E R E D R O C K  
 B R F S T A T I O N C R E E K  
 L K F A R R A W A R R A D S L  
 Y U Y D B A C K B E A C H U A  
 B M U L L A W A Y C U O C R K  
 E S A N D Y B E A C H N A F E  
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| mullawarra   | sandybeach   | woolgoolga  | fiddamans   |
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| corindi      | sapphire     | flattop     | mulhearns   |
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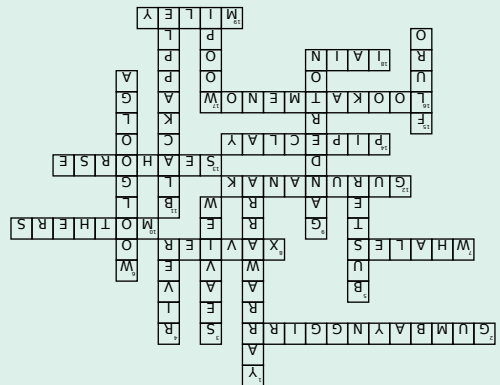
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## Answers (no cheating)



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- DICED BEEF \$16.99 KG**



## News from 87.6 FRESH FM (Woolgoolga's Own)

G'day Woopi! This column is to keep you informed of what is coming up at FRESH FM.

FRESH FM hopes the isolation is treating you well, but what a perfect time to tune to 87.6 on your FM dial. There's always so much good music to hear.

We recently installed a new antenna and by all reports it's working wonders with much clearer reception. That said, we are little dismayed at the range we can broadcast to. So we are still striving to get the station online so that you can stream our broadcasts via your computer or phone. There are few technical issues that we need to surmount first. If there's anyone out there that can assist our team with getting online or working on

developing an app for your phone we'd love to hear from you.

Last month we ran a competition for the new DOG TRUMPET CD, that was won by Marg Bamford, what a lucky girl!

Please remember our 'DRIVETIME' program 4-7 PM weekdays is for your requests. So if there's anything you want to hear Michael will delve into the vaults and leave no stone unturned to find it for you.

Soon there will be a change to the evening time slot with a mix of the best and greatest songs of all time intermingled with Sikh favourites.

As always we are endeavoring to cater to all tastes and demographics in our community. The FRESH FM website clearly details the program times, so if you have a favourite genre you find it

there. [www.freshfmwoolgoolga.wixsite.com/fresh-fm](http://www.freshfmwoolgoolga.wixsite.com/fresh-fm)

Don't forget that if you want to contribute to the station in any way please let us know.

We are always seeking sponsors, so if you'd like to have your business known to our community please don't hesitate to contact us on 6654 2422 or by email at fresh.

[fm.876.radio@gmail.com](mailto:fm.876.radio@gmail.com) - Happy Listening



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**CCSP are still open for face to face consultations and also offering a Telehealth option, don't hesitate to call to discuss further.**

# Photographer of the Month

## IAIN BENNETT

I have lived in our beautiful area since 2002, having moved up from Western Sydney, with my wife Kerri and our three boys. The boys went to school at Sandy Beach, Woopi High and CHEC.

Kerri and I are both nurses at the hospital and I have been teaching a yoga class in Woopi for the last 8 years.

I came to photography as a hobby about two years ago, so am very much a learner. My father in law got me started and continues to teach me when he visits. Kerri also teaches me what to look for in composition. I have a variety of interests in photography including landscapes, wildlife, the moon and old abandoned pieces of history. I have given you some examples of these.

The moon was a total fluke, when I zoomed in with my Canon Powershot one evening. I had no idea it could do that. It's not an expensive camera, just

has great zoom.

Wildlife is challenging, as nothing keeps still. It requires patience. Our area is such a beautiful place to take landscapes, especially at sunrise and sunset. Gotta love living here.

Recently I started learning about longer exposure shots, so there are a couple shown.

I have also finally saved up for a Canon DSLR camera - EOS 90D. I still use the Powershot when I need zoom and most frequently find myself using my phone - it's the one you usually have with you, and photo opportunities happen out of the blue.

I'm looking forward to continuing to learn about photography and be out in nature in our piece of paradise. It's made me stop and actually look at nature and has given me another form of meditation.



## Do I need a will?



I often I get asked this question, and the answer is always an emphatic and resounding YES!!!

Even if you do not have a lot of assets of value, a will lets everyone else know who you want to oversee the administration of your estate and where you want your assets to go to. You may save yourself a small cost now by not preparing a will, but you could be incurring expensive legal fees for your beneficiaries later.

There are some obvious examples of where there may be problems for your

loved ones if you do not have a will. If you have a vehicle registered in your name, or a bank account, how is your next of kin going to be able to have that transferred into their name? The bank won't release funds to just anyone, even if there is a death certificate to confirm the account holder has passed away. I have had clients come to me for a letter from a solicitor confirming they were the correct beneficiaries of a deceased estate under the relevant legislation in order to have a vehicle registration transferred, they were the parents of a deceased teenager. These are not matters you want someone to have to deal with in their time of grief.

The situation is even more problematic if shares, a refundable accommodation deposit, or real estate form part of the estate. An

application to the Supreme Court for a grant of letters of administration may be needed in order to release assets to the estate. This can be both expensive and time consuming. The applicant would need to show that they have made reasonable attempts to locate a will, which usually includes contacting all the local solicitors to confirm there isn't one held at their office. The person left to deal with the administration of the estate also has to distribute the estate in accordance with the legislation, whether or not that was what the deceased would have wanted, and this can often result in distributions to partners or children the deceased has had no contact with for several years.

You should also be wary of preparing a will yourself unless you have had appropriate legal advice beforehand. I

often come across situations where people think they have done the right thing and prepared their own will, either by themselves or by using a purchased will kit, but it has been done incorrectly. The most common issue is a will not being signed or witnessed properly, but I have also seen a document prepared from a will kit that did not nominate any beneficiaries for the estate, an oversight that had significant consequences.

While it is not in our nature to want to think about what might happen when we are gone, preparing a will with a solicitor is relatively quick and inexpensive and can save your loved ones a lot of problems later. If you would like to discuss preparing or updating your will, contact KC Hilton, solicitor, 0419 464 946. [KC is due to open her new legal practice, WNB Legal Pty Ltd, on 1 May 2020.](#)

## CHESS Connect

### Act now to prepare yourself for employment

Has your job been impacted by the COVID-19 pandemic? You don't need to wait; you can take action and prepare for employment right now.

As the COVID-19 pandemic continues to develop and disrupt the job market, it is expected as many as 1 million Australians will lose their jobs. Over the coming months jobseekers receiving payments will be required to look for work. Many will be left to manage this process online or be referred to an employment services provider.

"It is essential that local jobseekers are not left adrift to fend for themselves during the COVID-19 pandemic" says Paul Kelly, CEO of employment support service CHESS Connect. "There are services in the community that are still operating and are specifically designed to support locals into employment. People are already living with stress and uncertainty, it's important for them to know there is support available to them. They don't have to go through

the process alone, or wait to be referred to an agency. Locals looking for work have a choice on what employment service provider they use and can take proactive measures to start preparing for employment on their own terms."

As the COVID-19 pandemic continues to develop, there is hope that the job market will recover. As restrictions lift, businesses currently in hibernation will resume trade and employment prospects will begin to emerge. Locals who are currently unemployed or underemployed have the opportunity to begin preparing for the job search process now.

Local employment service providers like CHESS Connect are continuing to engage with, support and mentor jobseekers through the COVID-19 pandemic and are welcoming new customers who have recently found themselves unemployed or underemployed.

Just a few things they are doing right now with local jobseekers to help improve their employment prospects:

*Resume development*  
*Connection to online training and upskilling*

*options*  
*Interview skills and preparation – with a focus on video and telephone interviews*  
*Job Search training*  
*Mentorship, motivation and ongoing support*

*Connecting with suitable employers.*  
These employment supports are designed to help local people who experience barriers and disadvantages when looking for work. These include people living with disability, injury, health conditions and mental ill health including depression and anxiety.

Don't wait, enquire about your eligibility today. Call CHESS Connect on 1800 899 017 or visit their website [www.chessconnect.org.au](http://www.chessconnect.org.au)





We can have difficulty with change if we are clinging to our ideas and beliefs about how things should be or how we prefer things to be. When we can relax into the understanding that nothing is permanent then we can relinquish much of the discomfort we feel with change.

## Change.

Change can be very challenging. Heraclitus, a Greek philosopher is quoted as saying, "Change is the only constant." I love this quote! The concept of impermanence is very relevant for us in these unusual times. Impermanence is understating that everything that has a beginning, has an end and that nothing stays the same. Change is an inherent feature of life.

Take sometime today to sit and reflect on the changes that have occurred in your life recently. Perhaps list them on paper and reflect a little on how you feel about them. Just labelling the emotions and thoughts you are experiencing in relation to the changes lets you adapt with greater ease.

**Author:** Local, Anna Miley, Exercise Physiologist, Certified Yoga Teacher

**Disclaimer:** Mindfulness techniques are useful in supporting wellbeing. Nothing in this article should be considered medical advice.

## Woopi News would like to thank Anna

for helping us to offer a free Mindfulness and Movement Meditation Session with you all during April. This was our way to try and help you to learn another technique to cope with tension, stress and anxiety during the Corona Pandemic.

Anna, as usual, jumped at the opportunity to give back to the community. Like many other wellness practitioners Anna has started to share her practices via zoom meetings and we thought you might like to see how this looks in her studio.





mobile devices, computers, tablets, etc. This is especially popular for both business use and a favoured platform for schools to keep in touch with their students. In most cases, the organisation that the user is affiliated with, will have the infrastructure set so it is mapped out for the home user to install with ease, however if you are a business owner it is free to join and will allow you to keep in touch with staff, potential clients, etc.

As there is no telling how long the COVID-19 restrictions will be in place, most of us will have to adapt to working and schooling from home. This can be frustrating for some who struggle with their technology as it is, both on a business platform and education. However, there are some apps and programs that can make life easier to stay connected with the outside world, and as long as you have a good internet connection, webcam, speakers and a clear monitor – you can stay in touch and keep on top of your day to day obligations from the comfort of your isolation prison, I mean home. Here are just a few that are easy and free\* (in most cases, depending on personal/commercial usages):

**Microsoft Teams** – This software allows the user to engage in group chats using voice or video calling to stay connected. This software is replacing Skype as a business communications platform which will also allow you to upload and share files to keep you running. This software is free but you have to have an existing Office 365 (now named Microsoft 365) account credentials or create a new account.

**Zoom** – This software is a cloud-based video and audio-conferencing platform that can be integrated with

**Skype** – Most of you would have heard of skype, however, this platform has now shifted from being utilised as a business tool to being a personal friendly software to keep in touch with family and friends. You can make phone calls and video calls. All you need is to create a username so you can invite/accept communications with friends and family.

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# Chamber Chat - FREE Membership offer

The Woolgoolga and Northern Beaches Chamber of Commerce are currently offering FREE Membership.

They are committed to supporting all local businesses as we all navigate through these unprecedented times caused by COVID-19 with the associated forced shut downs, and social distancing legislation. The Chamber is offering FREE membership to existing and new members until 31st December 2020. FREE membership

provides unlimited access to the Woolgoolga & Northern Beaches Chamber of Commerce membership benefits.

You can renew your FREE subscription via [www.woolgoolga.org.au/new-subscription](http://www.woolgoolga.org.au/new-subscription).

July 2020 will also bring a new era with a name change and a closer affiliation with NSW Business and Coffs Harbour City Council. They hope that when it comes to renewal time in January



that businesses can see the value the group brings to our community and remain a member. The more members - the more that can be achieved in our community.

If you would like more information please contact them via [woolgoolgachamber@gmail.com](mailto:woolgoolgachamber@gmail.com)

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# Woopi Wonders

Every Month Woopi News like to introduce you to some Woopi Wonders - young, old and in between. This month we would like you to meet four fine young men, who are members of the Woolgoolga Surf Life Saving Club.

**Toby Fluechter, Harrison Mower,  
Mitchell Della and Damon Leigh-Striegher**



They patrol Woolgoolga Beach each summer, under the expert guidance of their Patrol Captain, another Woopi Wonder, Patrick Mullan. They are there week in and week out keeping our families and visitors safe.

Every Sunday morning they assist the nippers from the junior club with their water safety and support the younger members to complete their water activities.

You may have seen them happily volunteering at some of our local community events, like the clean up after CurryFest and helping Santa at Carols by the Sea.

When you become a member of a surf club you must have your Surf Rescue Certificate and your Bronze Medallion. These guys have taken it to the next level and have completed extra qualifications including First Aid, Advanced Resuscitation Techniques, Silver Medallion Advanced First Aid, Crewman for IRB, Spinal Management. When they turn 17, they plan to complete their Silver Medallion Aquatic Rescue so that they can further help if needed at our local beaches.

**They train as a team of four and over the last two years have won gold, silver and bronze medals at Country and State Championships.**

Their mateship and team spirit is so visible at carnivals that they caught the eye of a Newcastle company 'Fashion Fish' who now design swimwear for the boys to compete in. Last year they wore watermelon swimmers, this year pineapples and who knows next year - maybe blueberries to further identify themselves as part of the Woolgoolga community.

At State this year they interviewed on the live stream incredibly well after their win, acknowledging that their success is also attributed to being mates, two of them starting as greenhats back when they were five.



Their sprint coach Jimmy McCullagh has been an inspiration to the boys as he still competes in Masters at carnivals, something the boys hope to still be doing in years to come.

These young men have a huge future in front of them and are sure to be part of the future leadership team. Toby was awarded the North Coast Junior Surf Lifesaver of the Year in 2018, and was fortunate enough to attend a camp in Sydney with other like minded Surf Life Saving athletes. He also attended the North Coast Academy of Sport in 2018 for Surf Lifesaving.

Mitchell attended the Youth Opportunity Makers Workshop in Sydney in 2019 and was part of the North Coast Interbranch team.

Damon was planning on attending Youth Opportunity Makers in Sydney this year but unfortunately due to COVID-19 this is now not possible.

They all have aspirations to become paid lifeguards as a form of employment over the next few years as well as wanting to complete the drone course.

With the addition of the new surf club in Woolgoolga and updated facilities the boys can step their training up to the next level and remain competitive at the Australian SLS Titles next year as well as continuing to support our community by keeping our local beaches safe. The boys hope to inspire other young athletes, both male and female, to continue through the junior nipper movement and into the senior club, just like they did.

So Woopi, if you see these young men on the beach one day, say thank you and congratulations. We are very lucky to have them.

# Humans of the Northern Beaches

## XAVIER NICHOLLS

"I just love it" is how my next Human, 12 year old Xavier Nicholls of the Northern Beaches feels about the place he calls home. I asked Xavier how long he had lived in Woolgoolga? "I've been here all my life", and do you love it? "Yeah, I just love it".

Xavier is my son and he attends year seven at Woolgoolga High School. He has been home schooling of late due to the COVID-19 restrictions. One could say both he and I are in the same boat. I've been working from home while practicing social distancing, so it made sense to choose my son for this months article.

I asked Xavier, what are the best things you love about Woolgoolga? "Um, I have my friends, I have the beach just down the road, I have some restaurants and I have the skate park just down the road". Xavier and I live on the headland, so most things are just down the road, lol.

What do you think about this Coronavirus? "Well a lot of people have been panicking and that's not good, people should just stay home, but when it's over we will just go back to the normal life I guess". Yeah, I agree I said. So, you have been doing homeschooling what has that been like? "Yeah, it has been good, I keep in touch with my class and my teacher using my laptop and phone and zoom meetings, it's good but not as good as school". What activities do you get up to in your spare time? "I love riding my motorbike and going racing with you and friends and I play Basketball. We started a Woopi Team at



school and play every Friday night in Coffs. I can't wait to do that again".

Interviewing my son has been just as good as my previous interviews and I must say, I'm stoked at the level of maturity in his replies. This makes me feel good about sending my son to our local schools, they deserve more credit than they get. In finishing I'm left with one final, but most important, question, is it Woopi or Woolgoolga? "Well Woopi is it's nickname Woolgoolga its real name, but I call it Woopi, I just love it".

Xavier is a Human of the Northern Beaches and I can't wait to speak to more.  
- Garreth Nicholls



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