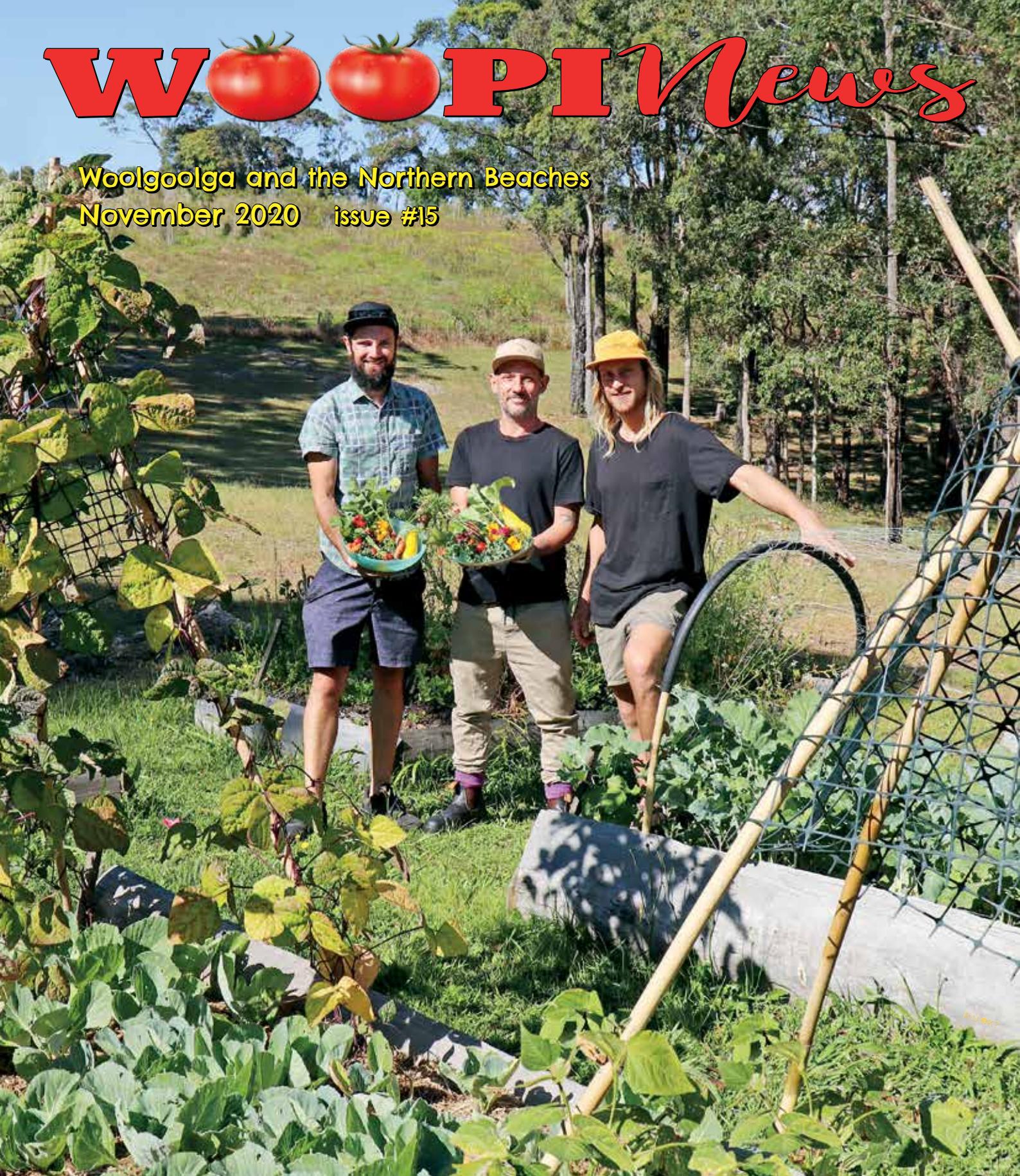


WOOPINews

Woolgoolga and the Northern Beaches
November 2020 issue #15



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Welcome to Woopi News

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I feel like we say this every month but wow, so much is happening in Woolgoolga.

We thought that the bypass was going to slow the town down, but Woolgoolga has done nothing but flourish with new businesses opening, existing businesses changing, a new surf club-house, a revamped caravan park and a multi purpose sports centre on the horizon. It's amazing.

It wasn't that long ago that we all were upset as there was nowhere to have a coffee on a Sunday or a public holiday. Look at the choices we have now.

You can have a read on page 11 about a fabulous new indoor skate facility and creative art studio that is opening.

One of the industries that seems to have grown over the past few years is fresh food. We are so lucky to have such a large choice.

When we decided to run some stories on our foodies of the area, we weren't expecting to have so many. Sorry if we have missed you, we'll try and cover more each month. This issue we have twelve pages, sharing with you 24 different foodies, starting on page 18. Be prepared to feel hungry.

Our front page features something special - the new Anchor Gardens at Mullaway.

An organic farm that the owners of Anchor Kitchen & Bar have created and will be opening to the public. You can read more about Matt, Amos and their new head Chef, Vinney, on page 19.



Mullaway Sunrise by Tammy Harling

The Woolgoolga Art Gallery...

is back in action after the covid shutdown. Their next exhibition opens on November 7 and goes right through till the end of the month. Get in early if you are thinking of purchasing for Christmas, as these ladies are extremely talented artists that produce absolutely beautiful art. I was lucky enough to attend one of Harriet Bystrom's art classes last year. Sherilyn Hawley, already a talented artist, was part of the group. Both ladies had me in awe over what they would produce each week. They made it look so easy and were generous with their time, helping me to learn from their tips and techniques.

You can read more about them on pages 14 and 15.

Our photographer of the month is only seven years old!

With personality to boot, young Evie Uren has an eye for photography and should have a big future in anything she tackles. Speaking of the Photographer of the Month, have a look at our 2021 calendar on page five. A compilation of the past 12 months or so of our favourite photographers. We hope it's an omen for a better year.

Woopi News' photographer, Robert 'Wally' Watkins, has been busy taking photos for our People Who Make Woopi Woopi page, as well as running up and down the sidelines of a few footy games and then on the beach at the Woolgoolga Board Riders. Sports starts on page 45 this week. Thanks for everything you do Wally. We wish we had more room to publish them all.



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Welcome to Woopi News

One of the many things Woopi News is passionate about is Shopping Local.

The Woolgoolga and Northern Beaches Chamber of Commerce is bringing us a special 'Shop Local, Shop Woopi' campaign again this year. Simply by purchasing anything over \$30 from participating stores, you will be in the running to win \$2000 worth of Woopi Dollars. These dollars will be available to spend at any of the participating Woopi Businesses ... that will cover the whole Woolgoolga and Northern Beaches area. We will publish a list of participating businesses very soon on our website and social media pages.

We'd also like to encourage you to share your purchases on your own social pages or within the 'Woolgoolga and Northern Beaches - What's Happening Group' tagging the business and using the hashtag **#shoplocalshopwoopi** This will help bring more awareness of what Woopi has to offer and more support to our local businesses.

Don't forget our Industrial area has a lot to offer as well and if you're going to use a tradie, try a local one first. These businesses spend their money back in the town, their kids go to school here, play sport here and will ultimately work here, so let's support locals first.

There are a number of businesses advertised in our Local Trades and Services guide on page 44. I met a lady the other day who is renovating her new house and she has sourced all her tradies from Woopi News.

Last but not least, Fluro Friday

has been a bit low key of late. We moved to zoom meetings when the Covid restrictions started, then when outdoor crowds restrictions lifted to 20, we ventured back to the beach. Now that the limit has been increased again, we are hoping to be able to welcome more people to come back and join us, or even to come down for the first time. Fluro Friday is a fun platform that we use to bring awareness to mental health. We use the culture of surf, sunshine, sand, salt and social inclusion. Now that it is getting warmer, we will start swimming and surfing again. We've been doing this for four years now and it's heartwarming to see the friendships that have formed. If you're feeling a bit lost, depressed, anxious or lonely, come and join us. We know it can be rather daunting walking into a group of strangers, but trust me they are a lovely, welcoming, non-judgemental group of people. The other day, one of the crew said "You never walk away from a Fluro morning feeling bad" It's so true.

Hope you all have a great month and enjoy our latest edition of Woopi News.

Cheers, Lisa and Brad.



 Please recycle your edition. If you're not saving it, pass it on to someone else.

Also please don't forget to tell our advertisers ... 'You saw them in Woopi News!'



Freddy Byrne embracing the Shop Local, Shop Woopi Challenge



Shop Local - Shop Woopi

Woopi (aka Woolgoolga and the Northern Beaches) has the most amazing collection of shops, cafes and restaurants.

Our local Chamber of Commerce would like to encourage everyone to shop local whenever and wherever you can. They don't just mean at Christmas but all year round and not just retail and hospitality. If you need a tradie, please consider using a local one. Each time you shop local you are helping a small business and their family and you are helping our town to thrive. With Christmas coming there is a great selection of gifts that you can purchase. There's not that much that you can't get in Woolgoolga, so give it a go.

Some options for gifts are Audrey G's, Big Garden Furniture, Bluebottles Shop, Botanicus, Coastal Chemist, Crazy Sams, Eco Threads, Feather and Nest, Lalu Lalu, Magpie Books, Mitre 10, Nourished Earth, Oze Kids, Secret Valley Plants, That Beach Shop, Woolgoolga Newsagency, Woodseys Wheels and XS Surf. All the cafes, clubs and restaurants offer Gift Vouchers, so keep that in mind for the hard-to-please person. Beauty Salons and Hairdressers are a lovely treat, as is a massage, even yoga and pilates lessons. So consider vouchers for these. Lots of places offer food hampers or you can make your own from a selection of stores. If you get really stuck, why not buy some Woopi Dollars. These will allow you to purchase from any of the participating businesses. As another enticement to shop local, The Chamber is offering you the chance to win \$2000 worth of Woopi Dollars. Just write your name on your docket and leave it in the collection boxes at every participating store. Participating stores list can be found on the Woolgoolga social media pages and we will publish one via www.woopinews.com.au. Watch out for our December issue for our special Christmas Gift Guide edition.



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Woopi News

Give the gift that lasts all year

Woopi News has created a beautiful 2021 calendar from the talented photographers that we feature each month.



There are photos from popular community and Woopi News photographer, Robert Watkin. Chris Skibba, who has since moved back to his hometown in Wisconsin USA. Woolgoolga's Lisa Davis, Emerald Beach's Karen Newlyn, Corindi's Lu Townsend and Jessica Royal, Sandy Beach's Darren Bromell and Iain Bennett, Emerald Beach's Gail Yager, Safety Beach's Bill Board, David Bryant who lives in Sydney but spent several months here during the Covid shut down period here with his family in Country Club, the lovely Emilly Hambly from Woolgoolga and Liz McGinnes, who lives in Sawtell but works in Moonee.

Only \$25 plus \$5 postage or we offer Free Postage if you live in the 2456 postcode area. Use 2456 at checkout. <https://woopimerch.com/products/2021-calendar-woopi-news>



WOOPINews						
Open Beaches on Woolgoolga Main Beach						
JANUARY 2021						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31		Robert Watkin Sandy Beach Sandy Beach Sandy Beach	1		2	
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29						Chris Skibba Sawtell Sawtell & Moonee
Australia Day						



WOOPINews						
Rainbow over Green Water Beach						
FEBRUARY 2021						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				Liz McGinnes Sawtell & Moonee
Storm clouds over Port Macquarie						



WOOPINews						
Storm clouds over Port Macquarie						
MARCH 2021						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				Liz McGinnes Sawtell & Moonee
Line Skies						



WOOPINews						
Kangaroos on Land at the River Headland						
APRIL 2021						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				Adam Hart Sawtell & Moonee
Australia Day						



WOOPINews						
A glorious view of the new Woolgoolga River Headland						
MAY 2021						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1	2	3	4	5
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27	28	29	30			
Home Return on Sunday Month						



WOOPINews						
Home Return on Sunday Month						
JUNE 2021						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
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22	23	24	25	26	27	28
29	30	31				
Line Skies						

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Woopi News - The Corindi Pony Club

The Corindi Pony Club holds Rally Days on a regular basis. Woopi News visited one during October to see what it was all about.

Rally Days are training and fun days that are held pretty much monthly at the Corindi Sports Ground. The Pony Club has around 35 members, being a combination of adults and children riders. Apparently there is only one other pony club in this zone that accepts adult riders.

The day we visited, most of the young riders were at a gymkhana in Coffs, so it was time for the adults to shine. Some members from the Grafton Pony Club were also there, which was nice.

There were three training groups in action.

Ground Work with Catherine Parker, which is where you learn to control the work on the ground, so the horse learns that you are the leader.

Dressage with Sloane Scott, which is obedience under the saddle, working on obedience with the horse so that the relationship is fluid.

Then there was Poles and Grids with Fiona Hayes, which is working on rhythm for show-jumping horses. This teaches the horses things like pacing and

stride, so when jumping you approach the jumps at the right speed and distance.

The Corindi Pony Club also offers a "come and try" on these days for only \$25 plus \$7 ground fee, a perfect way for you to see if Pony Club is for you.

When the horses have finished their paces for the day the riders all change into their swimmers and take them down to the beach for a swim to cool down. What a great way to end the day, for both horses and riders.

The club has a very social, learning and encouraging environment, being competitive but with the emphasis being more on having fun and learning skills.

In November a Ribbon Day competition is planned which will cover a little bit of everything, so something for beginners right through to the highly experienced. This will be on Sunday November 15.

A Christmas camp is also planned where everyone can stay over for a couple of days in the camping area for a relaxing weekend.

If you're interested in learning more about pony club check their facebook www.facebook.com/CorindiPonyClub

or call 0429 667 620. 🐾



Giving the horses a rest before moving on to the next activity



Toni receiving a lovely sloppy kiss from her horse, Sky



Catherine Parker running through some Ground Work



Kids having fun and learning new skills

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Humans of the Northern Beaches

BLUEBOTTLES

Yes, I love Bluebottles. No, not the stinging type! I'm talking about Woopi's famous icon. Surely you've been there? It's our local celebrity cafe, Bluebottles.

Its guardians/owners
Dan and Renae Weiss are this month's Humans of The Northern Beaches.

So, I started by asking how long they have lived in Woopi? D - "I've lived here for 22 years" R - "and I've lived here for 10 years."

Renae, you moved from where? R - "I'm originally from Sydney but wandered around NSW for a bit, Grafton, Yamba, Newcastle, Coffs and then Woopi and I just love Woopi. This is where I want to be forever." What about you Dan? D - "I've lived here 20 odd years. I was born and raised on the central coast and have been here since 1999. Love it."

How did you discover Woopi? D - "My mum moved up here 30 years ago and originally bought the charcoal chicken store. I came up to visit for holidays and never went home."

I've noticed the new BBs retail store, so how long have you operated both? R - "The retail store has just hit three years in September and BBs just over six."

Are you happy business owners? D - "Oh yeah, it was a lifestyle choice we made. We both left high-paying managerial roles in large companies behind, to have this as our office."

You've brought life back to Bluebottles that must be a good feeling? R - "Absolutely. It's like we are caretakers of BBs, as it's been around for so long. We used to come here before we owned it. After we bought it we just



©Freedomfotoart

It's a family affair at Bluebottles, pictured here is Emmett, Dan, Tia, Maddy and Renae Weiss

wanted somewhere in Woopi where you could get a good coffee and have a nice meal, you know. When it was closed for a bit we just knew we had to bring it back."

Yes, and bring it back they have. Bluebottles needs love because it's a part of Woopi and that's exactly what Dan and Renae gave it.

They employ 24 locals and if there's one word that comes to mind that you feel when there, it's passion.

I asked about the new logo? D - "I've learnt a lot doing it." R - "We had a design team help with the process and we like it."

Yeah, I do too, it's like Bluebottles itself, it grows on you. So, what's your fave thing about living in Woopi?

R - "Everything." D - "It really hit the nail on the head for me last Christmas when someone came in to pay at the till and they said they had spent two weeks up on the headland for 4K and they'd do it all again tomorrow if they had time off from work."

In one word describe your customer base? D - "Loyal." R - "Good friends."

So I asked them my last and most famous question is it Woopi or Woolgoolga?

D - "Woopi." R - "Woopi!"

Dan and Renae are Humans of the Northern Beaches and I can't wait to speak to more.

- Garrett Nicholls



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Woopi Wonders

Some of you might know Rhiannon Glattback from her stints at working with her dad, Peter, at his café Taffy's.

Well Rhiannon was on a travel adventure when COVID-19 hit. She was living in India at the time, and instead of coming home decided to move to a more remote area in the north and volunteer for the Himalayan Farm Project. A three acre organic farm in the mountains in Nainital District of India. The Himalayan Farm Project is an off-grid community farm and is open to volunteers from all across the globe.

The farm is surrounded on three sides by a pristine mixed deciduous forest. A forest rich in bird life and populated by leopards, porcupines and deer. Yes, I said leopards!

It's a place where you can change the way you live, change habits and return to mother nature.

There are also many subsidiary projects on the farm, including helping the local village and school, hosting workshops on sustainable living, buying tools to help build with natural materials and many other fabulous things.

However, living with nature has its own unique set of challenges. Their biggest problem is caused by the deer, porcupine, monkeys, mongoose and leopards. They are loved and respected and an important part of the ecosystem, but they are destroying a lot of the hard work the farmers do. So they have been spending the money they raise selling their crops to help build better fencing.

As a volunteer organisation it can be hard to put these plans into action, as they are working and living on a donation basis. With the recent global pause, this has been even harder on them due to the limited volunteers available to keep the farm running.

The farm is located amongst the mountains and is a 45 minute trek from the local village and another 40km to the nearest shopping facilities. It takes three buses in order to buy food and supplies for the farm.

Rhiannon was talking with her dad about this and how they were trying to raise \$700 to buy a small motorbike to use to travel to and from the village easily and safely. This was proving difficult for them, so Peter sent \$500 over to The Himalayan Project as a donation from Taffy's. The farm is now the proud owner of a motorbike and there are big smiles everywhere.



If you would like to learn more you can follow them on Facebook [facebook.com/TheHimalayanProject/](https://www.facebook.com/TheHimalayanProject/) or visit their website himalayanfarmproject.com Better still, if you would also like to donate to the farm, please contact Peter at Taffy's or send them a message on Facebook.

As for Rhiannon, she is having the time of her life, learning how to live off the grid and how to avoid being eaten by a leopard.



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What's New in Woopi



If you like a good advertising slogan then you will love this one.

Piggott Can Dig It!

Local Sandy Beach boy Jayke Piggott has come home after a few years away working at the mines and has invested in a neat little 1.7 tonne excavator and tipper. It's a little unit with a lot of grunt.

His new business, Piggott Excavations, specialises in 'Tight Access' earthmoving. This means that his equipment is compact and can even squeeze through a gap as small as one metre wide.

Thinking of a new retaining wall? Or levelling your yard for turf or paving?

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He is a nice bloke, and it's great to see another young local starting his own business.

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What's New in Woopi - Skate and Create

Three talented artists, who also have a love of skateboarding, have combined to bring a brand new activity space for the entire family to enjoy.

You probably already know Jimmy Wags and Tulli Stevens from the Mullaway Creative Co and Matt Day from Lionheart Studio. Well, these three Mullaway locals have built an indoor skate park in Woolgoolga, where you can learn to skate, ride your skateboard, paint a skateboard or anything paintable really. It's called Skate and Create and is at 24a Hawke Drive and will be open early November.

These guys are big on families and hope to make this a family affair. Dad can skate, kids can learn, mum can paint, or mum can learn, kids can skate while dad paints ... and so on. The choices are limitless. It's going to be so much fun.



Jimmy Wags, Tulli Stevens and Matty Day having a quick break from the building and painting of their new skate and create zone.

Jimmy and Matt have designed and are building the adaptable and interchangeable skate ramps with help from dads and local tradies, Josh 'Frog' Freudenstein, Steve Kennedy, Mick Bellamy and Mick Day. Mitre10 Woolgoolga has also helped them out with materials. Mark Osborn, the Poolman, is sharing his warehouse space with the trio, allowing for stage one to be built. All going well, stage two won't be far behind.

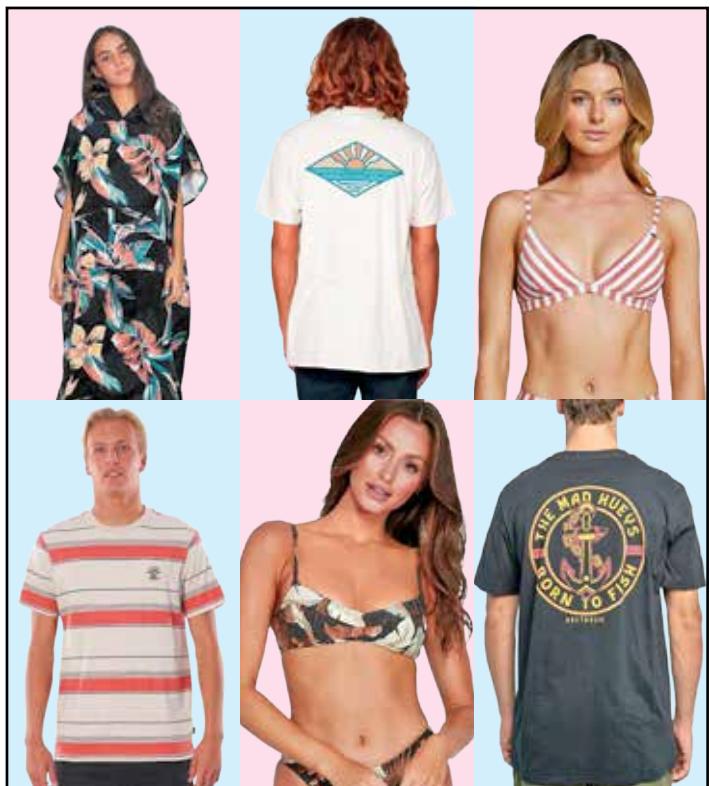
The room will be painted with all three of their signature-style arts, making it fun, funky and super interesting. Next edition we will bring you more photos. The skate park and creative zone will be open from 3pm most afternoons and then all weekend. There are a few Pass Packages that you can buy to have access to the area starting from \$15. Keep an eye on their socials for more information.

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Woopi News - Budget Update with Stasha

2020 - The year the spacebar went out of fashion with the introduction of JobSeeker, JobKeeper, and now JobMaker. You may have noticed, I followed suit, opening StaySharp Accounting in July.

For those self-assessing their eligibility for JobKeeper 2.0, there is a new 80-hour test to consider, in addition to the decline in turnover test. This is used to determine which of the two payment rates the employer may be entitled to. Be sure to notify your employees once you have assessed your eligibility.

The JobMaker Hiring Credit is not yet legislated. If passed, this is designed to stimulate the employment of people between the age of 16-35 by subsidising wages to encourage businesses to employ people currently on Centrelink benefits. It is important to note this will not be an opportunity to replace an underperforming staff member, as the employer needs to show an increase in the staff headcount.

The current Apprenticeship Subsidy, which subsidises 50% of apprentice wages, has been extended and expanded to include small and medium-sized employers and is now available until 31 March 2021. This is a big win, particularly for tradespeople.

Another win for our local businesses is the extension of the small business instant asset write off, now with no upper limit. As usual though, there are always a few things to consider, such as the depreciation limit for vehicles, now

\$59,136, the assets business use percentage and whether you are a small business to begin with. If you are a contractor predominantly selling your personal services, knowledge or skill, it's worthwhile making a quick phone call to your accountant to ensure you meet the tests to be considered a small business, as not all ABN holders qualify.



Last, but certainly not least, the announcement that impacts almost everyone in the workforce - tax cuts! The long-awaited shift in the tax brackets is now legislated. If you earn over \$37,000, more of your income will now be taxed at a lower percentage. Those receiving wages will start to receive more in their net pay over the coming weeks. Please take this opportunity to spend this extra disposable income here in Woolgoolga and support our local economy in the lead up to Christmas.

There are also tax offsets that may be available when your 2021 Tax Return is lodged. Including, an increase in the low-income tax offset from \$445-\$700 for those earning up to \$66,667. Also, the low and middle-income tax offset has been extended for another year, a big win particularly for those earning between \$48,000-\$90,000 who will receive the maximum \$1080 offset. The combination of these two offsets and the tax-free threshold means that we can now earn up to \$22,801 before paying any income tax or the Medicare Levy in the 2021 Financial Year.

The Company Tax Rate for the 2021 Financial year is now 26% (previously 27.5%) for those entities that meet the small business and base rate entity criteria.

Companies that make a loss in the 2020, 2021 and 2022 financial years can now carry back these losses to offset a prior financial year's income in the 2019, 2020 and 2021 financial years. However, the amount refundable is limited to the corporate entity's income tax liability in the relevant prior year and its franking account balance in the year the tax offset is claimed.

It is important to note that not all budget announcements are legislated. You must always check you meet all the criteria, before making decisions.

If in doubt, obtain advice from your Accountant.



Book a meeting with Stasha:

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Photographer of the Month

Hi! My name is Euie Uren.

I am seven and in Year One at Woolgoolga Public School. I love arts and crafts. I have always thought that flowers look pretty and I love the beach and exploring on nature walks.

When I was five I used to watch my Mum taking photos wherever we would go. I'd ask for a turn too.

When you see something beautiful a photo helps you to remember it.



My Mum is showing me new ways to take photos of different things and I am practising not getting my shadow in the picture and to be creative with different angles, like sometimes looking past what's right in front of you and looking up or down too. My brother Nate, who also likes drawing and painting, sometimes gives me new ideas for a photo, like the one here I took of him blowing a dandelion.

I like to use Mum's big camera and the camera on her phone, where I sometimes take sneaky shots and videos for her to find later to make us all laugh.

When I grow up I hope to have my own big camera so I can be an explorer who travels everywhere taking photos and making paintings.

I have my own Instagram page to share my photos, you can follow me at [beauty_through_euies_eyes](https://www.instagram.com/beauty_through_euies_eyes)



'Paper • Wax • Scissors' Exhibition - Meet the Artists

Two lovely and incredibly talented ladies have combined forces to bring us an incredible art show this month



Sherilyn Hawley

Sherilyn was born in Sydney to an artistic family. As a child, her pastime was drawing and painting.

In the 1980's she pursued landscape oil painting at night school but children and work commitments needed to come first. In 2016, after a long career with big corporate companies, she retired early and moved to Sandy Beach with her husband Steve. There would now be time for art.

Sherilyn joined two local art groups and attended classes and workshops to fine-tune her craft.

She draws, paints in watercolour, oil and encaustic. Encaustic, a medium that has been found in Egyptian tombs, is made with hot beeswax tinted with oil paint. It has excellent archival qualities.

During the Covid lockdown Sherilyn taught herself traditional mask-making and sculpting.

Shown in their combined exhibition will be Encaustic paintings, small sculptures and maybe even a mask.



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35 River Street, Woolgoolga

6654 0111

'Paper • Wax • Scissors' Exhibition - Meet the Artists

Opening at Woolgoolga Art Gallery, Turon Parade on November 7 through till December 1 - 10am to 4pm



Harriet Bystrom

Harriet Bystrom (Arieta) was born in Sweden and migrated to Sydney in 1973, when she was 10.

Harriet's creative history started when she worked in art stores as a young girl and then did interior design for 13 years for IKEA. She then moved to Fiji and designed and sold dyed and screen-printed clothing. That's where Harriet was named 'Arieta' and her signature name came about.

After three years, she moved back to Australia.

Harriet started painting when she moved to Port Macquarie to manage the new Spotlight store and also attended some classes.

After seven years in Port She moved to Coffs Harbour to study visual arts and work part-time.

She now lives in Upper Corindi and Mixed Media art is her passion. She also teaches at Woolgoolga Art gallery.

In this exhibition she will have Mixed media artworks, big and small, earrings and hand made tiles.

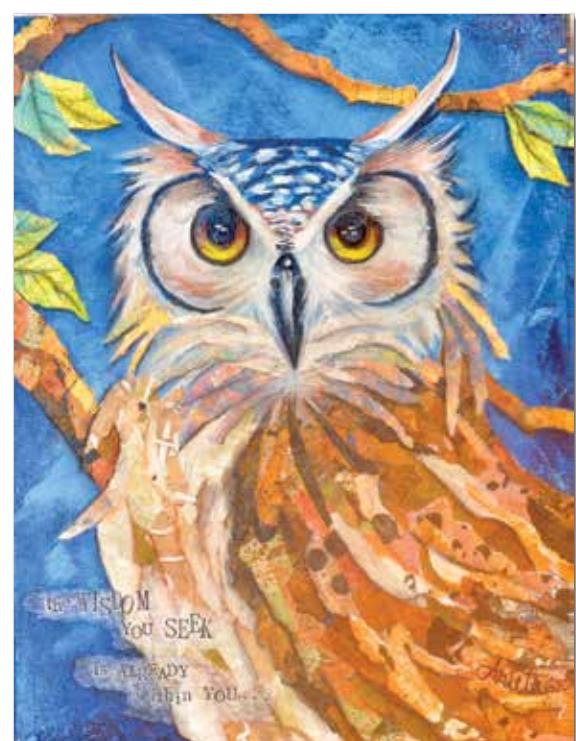


'Paper • Wax • Scissors' Exhibition

Woolgoolga Art Gallery,
Turon Parade, Woolgoolga
6654 1054

November 7 through till December 1
10am to 4pm

www.woolgoolgagallery.com.au



A message from Kevin Hogan

New Woolgoolga Sports Complex

This month we are turning the sod on the new \$25 million sport and multi-purpose centre. This is a game-changer for Woolgoolga and the Northern Beaches. It will be great for local families and sporting clubs. It will allow us to attract major sporting and cultural events. It will also create and support

jobs in our community.

The Indoor Multi-Purpose Centre includes two indoor courts for basketball and netball, a stage, kitchen, café, multi-purpose rooms and male and female amenities.

The outdoor fields will include an AFL field, cricket field (turf wicket), training nets, touch football fields, two

rectangular fields and bright lighting to allow for night games.

141 jobs will be created during construction. Many more will be supported by sports tourism and events this facility will bring to our region.

2020-21 Federal Budget

The 2020-21 Federal Budget was recently presented to the Parliament. It is important as it outlines our Economic Recovery Plan.

Around 25,990 age pensioners in our region received two support payments of \$750 in April and July this year as stimulus. They will receive a further two \$250 payments in December and March. That is \$2000 in extra stimulus over 12 months.

We will also provide an additional \$17.8 billion in personal income tax relief for more than 11 million working Australians. This is about putting more money in your pockets to spend in our small businesses and help create jobs.



Rainbow Cottage
EARLY LEARNING CENTRE
Woolgoolga

- A not for profit community based long day care service operating Monday to Friday from 7:45am-5:45pm
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TAKING ENROLMENTS FOR 2021 NOW!

For more information please contact us: Ph: 02 6654 2277 Email: rainbowcottage@westnet.com.au



Woolgoolga Performing Arts Studio

Our performance in the spotlight this month is an incredibly exciting and new opportunity for everyone involved.

The Cave Of Wonders

A Live Action Theatre and Dance Movie!

2020 may have brought a lot of twists and turns with it for the performing arts industry, however, the team at WPAS has definitely found the diamond in the rough.

For the first time ever, the studio's end of year performance will premier on the big screen.

Never would the staff and students of WPAS have ever dreamed that they would be producing an exciting film version of their theatrical dance show.

'The Cave of Wonders' is a Woolgoolga Performing Arts Studio film production that features the Junior and Intermediate and inter-teen students. It follows the story of Aladdin and his sidekick Abu right up until he gets trapped in the Cave of Wonders and discovers the Genie's lamp. When he rubs the lamp the entire cave comes to life, with everything from carpet rides to jewels that will blind your eyes. This film will immerse you into the untold tales that the cave withholds!

The Cave of Wonders will be screened at a Red Carpet Premier at BCC Cinemas Coffs Harbour, on Sunday 6th December.

For more information about the event, tickets sales and other updates check out the WPAS website

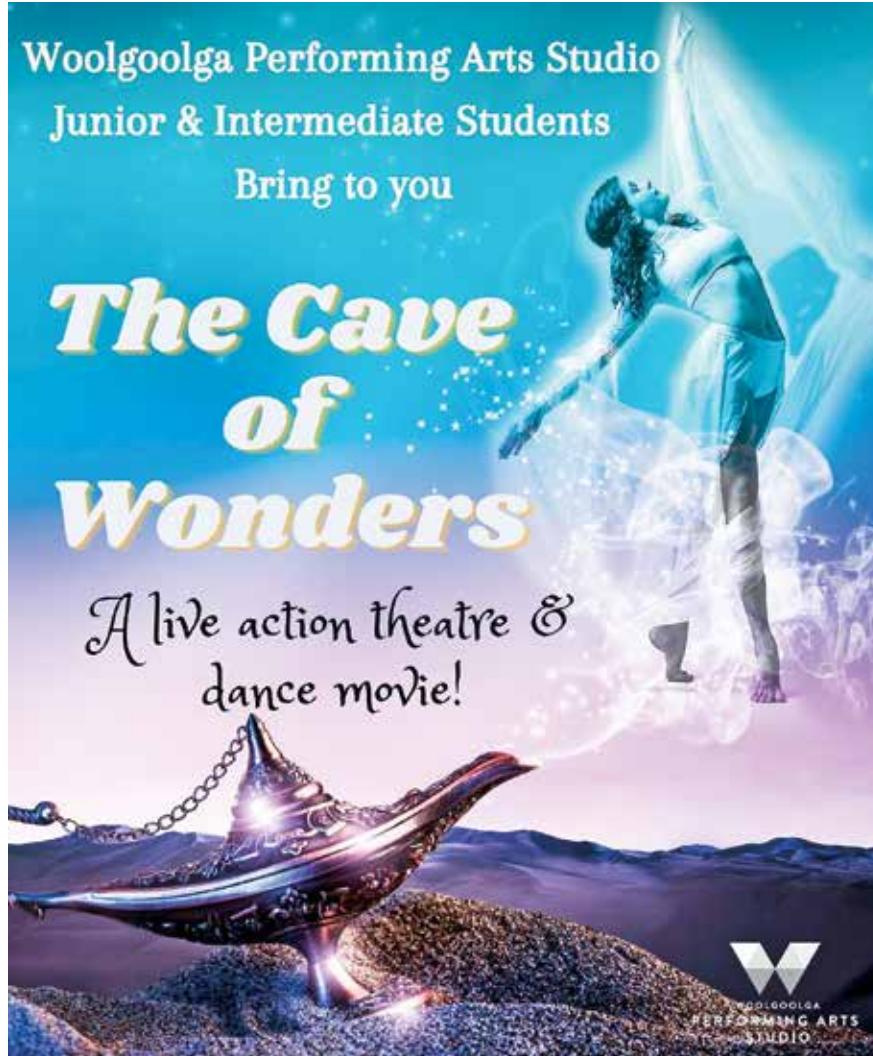
www.woolgoolgaperformingartsstudio.com

Or follow Woolgoolga Performing Arts Studio on Instagram or Facebook.

Woolgoolga Performing Arts Studio
Junior & Intermediate Students
Bring to you

The Cave of Wonders

A live action theatre & dance movie!



WOOLGOOLGA
PERFORMING ARTS
STUDIO

To be premiered at a Red Carpet Premiere at
BCC Cinemas Coffs Harbour on
Sunday 6th December!



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PERFORMING ARTS
STUDIO

ARE NOW TAKING ENROLMENTS FOR 2021

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OR EMAIL US: INFO@WOOLGOOLGAPERFORMINGARTSTUDIO.COM



Woopi Food - Woopi Fresh

Woopi Fresh Makes a big Move

For those people who shop on a regular basis at Woopi Fresh up on River Street you will all know how tight the shop is for room.

Well, the owner Peter, has decided that it's time to make a move and expand the footprint of his shop.

The move is gonna be huuuge ... they are going right next door to 3/66 River Street.

The philosophy at Woopi Fresh is locals supporting locals. Wherever possible, the team tries to support local growers and stocks a wide range of fresh local produce. That's why Peter says the motto is 'Where Fresh meets Local'.

Not everything can be grown on the north coast. If they

have to bring in products from the markets, they make sure they are of the highest quality and value for money.

They also carry a range of locally produced pickles, jams, local eggs, honey and bread, including their now famous Kurdish bread.

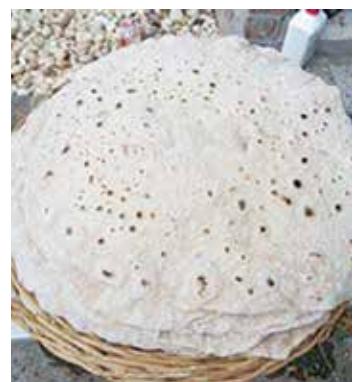
And wait for it ... a delicious range of handmade chocolates.

If you make any home-made pickles, jams or preserves and want an outlet, feel free to go and have a chat with Peter.

Woopi Fresh has also become renowned for its blueberry seconds, as well as always having fantastic specials on bananas and local avocados.

The other exciting news is that, with the aim to meet the local community's

requests, they have now sourced certified seasonal organic products at competitive prices. They are partnered with Organigrow Farms to assure customers that the produce is grown locally and ethically. The produce arrives in store every Friday morning, freshly picked the day before. All the produce is certified organic and pricing is very competitive.



Woopi Fresh's famous Kurdish Bread



Organics Now in store



Blueberry Seconds



Woopi Fresh is the small fruit and veg store that is here to support locals. We are located at the start of River Street, near Hastings Street. Come in and check out our great range of fresh fruit and veg.

Woopi Fresh Fruit and Veg

4/66 River St Woolgoolga Phone 0417 144 710

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Woopi Food - Anchor Farm, Mullaway

Welcome to Anchor Farm, Mullaway

Yes, Anchor Kitchen and Bar now has its own organic garden to harvest and bring straight to your plate.

While the restaurant was shut down due to Covid, the boys got busy gardening. Mates since their teens, Matt and Amos, the owners of Anchor Kitchen and Bar in Market Street Woolgoolga, have turned their friendship into a partnership that keeps growing and growing, in more ways than one.

Their business was powering when the covid restrictions hit. The disappointment of having to close, unexpectedly brought forward one of their long term business goals. That was to grow their own organic produce and add an extra dimension to their ethos of using only ethically and sustainably caught fish and crustaceans as well as local organically grown produce and livestock.

Everything from the fit-out to the food is locally sourced. Amos, who is a carpenter by trade, was travelling around Australia. He stopped in to see Matt and never really left. He did the fit-out of Anchor and decided to invest further. He is always thinking of new ways to update the venue. All the timber he has used for the walls, tables and decor is sourced from their farm, bringing even more of the local area into their business.

Matt has lots of experience running restaurants, especially from his years in the UK. Most of his family are living in Woopi these days, so it was a perfect place for him to come home to.

At the moment, the farm is producing zucchini, kale, cucumbers, nasturtiums, lettuce mix, pumpkins, broccolini, and cauliflower romesco. Lots of different herbs, cabbage, carrots, silver beet, purple climbing beans, bartolini beans, capsicums and tomatoes. The greenhouse is full of micro herbs that add a special touch to their delicious meals. No chemicals are used, only Eco-Oil, which is an organic oil used to deter the bugs. All perfect for their spring Chef's Menu and their new Harvest to Plate menu nights that are planned.

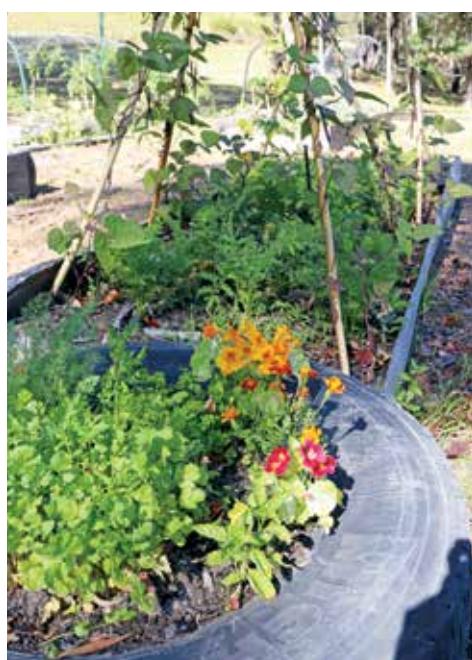


Matt starts every morning working in the farm gardens before he heads into the restaurant where there are lots of exciting things on the go. Another weekend of Critters Vodka nights is scheduled for November 13, 14 and 15, where your meals are paired with various Critter's Vodka cocktails.

They will also be introducing the Harvest to Plate nights this month, where chef Vinney will design his dishes around the fresh fruit, vegetables and herbs from Anchor Farm, Mullaway.

Vinney is their new head chef. He is Italian born and has had a passion for cooking since he was a kid. His pappy had a restaurant on the Amalfi coast. He specialises in seafood with a Mediterranean influence. He keeps it modern and likes to add some Japanese or Korean influence into his dishes to keep it fun and interesting.

Another exciting new initiative is that Anchor Farm, Mullaway will hold their inaugural Open Day at the end of this month, inviting people to come and visit the garden. There won't be produce for sale, but you will be able to buy seedlings for your own garden and maybe pick up a few tips on organic farming. Also stay tuned for some special foraging tours coming up. They sound like they will be amazing. We'll tell you more in the next edition. To learn more about Anchor's adventures or to book a table, check out their website www.anchorkitchenandbar.com.au



Woopi Food - The Pickled Pantry



You can never have too many condiments in your fridge...

especially if they're from the Pickled Pantry. Melissa from Emerald Beach and Tracy from Corindi both love cooking. Tracy is the owner/chef of Flamingos Restaurant at Darlington Park and in her spare time she teams up with Melissa to make beautiful relishes, pickles, chutneys, jams and sauces. Rumour has it that the business name could have more to do with their champagne taste than the fruit and vegetables, but at least you know they have been made with lots of laughter. They've even introduced a Peach Raspberry and Champagne Jam to their range, (which by the way is quite delicious). Other favourites are the Ploughmans Pickle, Bold Berry Jam, Blackberry Raspberry & Vanilla Jam and the old-time Fruit Chutney and Corn Relish. You can experience these delicious condiments when you dine at Flamingos, or you can purchase them at the restaurant or at Banana Benda's on Solitary Island Way.



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www.ccsp.net.au**

**CCSP are still open for face to face consultations and also offering a Telehealth option,
don't hesitate to call to discuss further.**

Woopi Food - The Sugar Kitchen



These cakes look too good to eat, but they are also too good NOT to eat.

Samantha from The Sugar Kitchen has talent beyond belief when it comes to cake-making and decorating. Each of these cakes has been made with the utmost precision and detail. Sometimes it's hard to believe it's actually an edible cake. A delicious mud cake to boot.

As you scroll through the Sugar Kitchen Facebook, Instagram or website you will be totally amazed. It was so hard to pick out my favourites for this story.

When I asked Sam which has been her favourite, she naturally said she loves them all, as you would, but she really enjoys the novelty cakes. In particular, the World Rally Racing Cars that she has created. She goes to the car makers website and studies a 3D image then perfects every curve and panel so that it's close to, if not, perfect.

She specialises in celebration cakes, meaning weddings, parties, anything, with her signature home-made macarons and fresh or dried flowers. She has replicated Yves St Laurent handbags, shoes, bottles of Dom Perignon, men's tool kits, motorbikes, cars, excavators, animals, teddy bears, kids' favourite movie characters, you name it, she will create it.

I met with Samantha at her kitchen in Woolgoolga and we talked for over an hour, but I'm thinking less story and more photos will show you how amazing her work is.

www.thesugarkitchen.com.au



Woopi Food - The Village Farmers Market

We are really lucky in Woopi to have so many fresh food options.

Woopi Fresh at Top Town, opposite the Tavern and Banana Benda's on Solitary Island Way, behind the service station, both offer a nice assortment of local and market sourced fruit and veges, as does Woolworths. Audrey G's and Bluebottles also have a selection of fresh produce.

Every Friday at the Basketball Courts on the corner of Queen and Market Street you can enjoy the Village Farmers Market, brought to you by Sherry, Carl and the team from [Another Tasty Event](#).

Most of the stalls are local or from the local Coffs Coast area and most offer you organic or spray-free produce. Have a read through the following pages to see what is on offer every Wednesday 7am till 11.30am

You can even pick up your copy of Woopi News each month while you are there.

Nuts, Snacks and Fresh Flowers



The energetic husband and wife team, David and Nicole, is the driving force behind 'Nuts, Snacks and Fresh Flowers'.

Flowers have been a family business for Nicole for over 80 years and with flowers being seasonal, they added nuts and snacks to the range to fill the void during the off seasons. You can also see their range at www.nutsandsnacks.com.au

Teahouse Teas



Julie loves selling tea! She established her 'Teahouse' tea label in 2008, specialising in organic, full leaf specialty teas, which all come beautifully packaged. Julie enjoys to source, select, and blend and is very proud of the Australian-grown range of teas that she offers. Stop by her stall. She will love to chat with you about your favourite cuppa.



TurmeriX

TurmeriX is an exciting mix of herbs and spices, blended into a balanced consumable powder. Turmeric is an amazing spice that has different reactions and health benefits for each individual. Up to a tablespoon a day can make a huge impact on your daily life. The curcumin within turmeric is a natural anti-inflammatory that can help reduce inflammation in the body. With turmeric being the main component of the TurmeriX product range, the blend is a safe and easy way to consume turmeric powder. Stall holder Cherie first found TurmeriX at the Canberra Floriade four years ago. She became a customer to help with the arthritis in her knees, after confirming this was possible with a Naturopath and Herbalist. She bought the all New Turmerix powder, doubled the dose as prescribed and within four days her pain was minimal, compared to not being able to do stairs well at all. Cherie heard Turmerix was looking for distributors in the Coffs Harbour area, so she studied up on the product and took it on as her own business. It has gone from strength to strength. Turmerix is TGA, Therapeutic Goods Registered as the only Wholefood Turmeric Product in Australia.



Kungala Road Eggs and Produce

There's nothing better than fresh free-range eggs for breakfast. Kungala Road Eggs and Produce is a licensed free-range egg farm. Their promise is that you will not get an egg from them that is over three days old! They guarantee freshness and you can't get fresher than that. All their produce is grown without spray and they use their own chook poo as fertiliser. They pick their produce on Thursday, so it is fresh for market day. Everything is grown on their property by Jack, Julie, Kylie, Cameron and Liam. Three generations of farmers living and working together.

Woopi Food - The Village Farmers Market

Bellingen Pasta

James (pictured) and Eli took over Bellingen Pasta just on two years ago. After working together as chefs, they decided to see what the other side of the supply chain was like and jumped at the opportunity of producing high quality, locally sourced pasta for local restaurants and retailers. Eli is born and bred in Bello.

The original founder of Bellingen Pasta was Eli's high school English teacher! You can find their products weekly at markets and also in several local restaurants and grocers.

They produce a range of products including, Fresh Whole Egg Pasta, Potato Gnocchi, Tomato Sugo, Extruded Pasta and much more!

Their product is proudly 100% Australian-made with most of the ingredients sourced in NSW. The high quality semolina is grown near Tamworth and their eggs come from Bartlett Farms at Heron Creek.

They have also recently begun catering for Weddings, Private Dinners & Corporate Functions.

If you would like to know more just visit

www.bellingenpasta.org



OMG Decadent Donuts

An inclusive treat that is delicious and can be enjoyed by those who often miss out!

These donuts don't compromise on taste but can still be enjoyed by those who have Coeliac disease or suffer from a number of food allergies and intolerances.

The donuts are completely Vegan, Gluten Free, Wheat Free, Dairy Free, Egg Free, Nut Free, Sulphite Free and 100% Yummy!

They cook their Donuts fresh on site, then they are dusted in your choice of fresh fruit and spice blends. With twelve flavours to choose from, one of the most common comments they receive is that they offer too many choices! From traditional Cinnamon to the popular Strawberry Patch flavour there is a flavour to indulge every taste bud!

Owner Amber, and Sam (pictured) have been overwhelmed with support from our local community and are really excited to continue to bring their donuts weekly to the Woolgoolga Village Farmers Market, as well as their new shop coming very soon in the Cinema Walk Arcade on Harbour Drive, Coffs Harbour.



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Woopi Food - The Village Farmers Market

Aisha's Farm



Aisha's Farm grows its produce on about one and a half acres down in Eungai. The farm grows both vegetables and fruit trees and they only farm with chemical-free and organic fertilisers. This ensures they're bringing you fresh and healthy food. The farm is located at 71 Eungai Creek Road, Eungai Creek and if you're ever down that way you can stop by their farm gate stall and pick up some fresh produce. But in the meantime Aisha will keep bringing her spray-free freshly picked fruit and veges along to the Village Farmer Markets every Friday.

Mullee Fruit & Veg



Direct from the farm to you. Roger is a third-generation Australian farmer, who has a long and proud history in the fruit and vegetable industry. Roger, together with his wife Bhinder, are regular stallholders at local markets in the Coffs Harbour and Woolgoolga region, and pride themselves on providing quality, chemical-free fruit and vegetables to their customers for over 30 years. They have built and continue to build genuine relationships within the local community, delivering fresh and flavoursome produce.

Raw Food Hub



The role of Raw Food Hub is to help farmers and local food producers take their differentiated products to the market. They provide customised aggregation, distribution and related supply chain services as they strive to deliver on local market promises on the good food values driving interest and growth. They also have an organic subscription produce box service, fresh from their farmers to your door! Many people choose to collect their boxes each Friday from the markets, saving on a delivery fee. Check them out on www.rawfoodhub.com

Rainbows End Avocados



Chemical Free Hass avocados. There are roughly 200 trees on the Rainbows End property which provides about 4-6 months of produce a year. Available at the Village Farmers Market every Friday. You can choose from small, medium, or large or by the bag. Cindy loves to recycle, so don't forget to bring your bag back each week to refill!

Bellingen Smokehouse

Is all about flavour. Anyone who's tried their products will know this. The fish is smoked using traditional methods and their processes have been proven over 15 years of supplying our region. They take great care in the selection of fish, which are delivered fresh and processed within hours of them arriving at the Smokehouse. The same amount of care is taken when selecting their smoking timbers, which all come from within the Bellingen Valley. There are no artificial preservatives in their products - only sea salt and wood smoke. You can learn more via www.bellingensmokehouse.com.au or go down on Friday and have a chat with Greg.



Woopi Food - The Village Farmers Market

Fig Tree Cottage Soaps



Gardening and creating her own natural products from home are two significant components in living the self-reliant and sustainable lifestyle Jo is working towards.

Fig Tree Cottage Soaps evolved from combining these two favourite hobbies.

Naturally handcrafted from the garden, Jo's soaps give people the opportunity to avoid artificial ingredients and reduce their footprint.

Great gift idea or why not treat yourself and your body?

Chooz Earth



Terri is an organic food and product producer and an old Woopi local, supporting the Village Farmers Market, with her home grown, handmade goodies.

Organic vegetable seedlings, seeds, fresh vegetables, jams, jellies and relishes all made from seasonal produce.

Beautiful, crafted gift packaged soaps, skin care, deodorant, all natural. Fresh kimchi, sauerkraut, made from authentic Korean recipes. She is also a permaculture teacher, so available to answer gardening problems and offer advice.

Dirty Creek Farm



Marty grows totally chemical free fruits and vegetables at his farm in Dirty Creek.

Marty tries to keep his produce affordable. "The more you buy, the cheaper my produce is. I have no middleman, straight from me to you."

Coming in December will be watermelons, rockmelons, and honeydew melons.

He grows heritage tomatoes and says flavour is his game.

"Come and try my tomatoes ... just like Nan used to grow.

Bakarindi Bush Foods

Bakarindi Bush Foods was created with passion and commitment by Manda and Ian Gentle to inspire people to respect and love Australian native bush foods.

They purchased their 100 acre farm back in 2004 at Upper Corindi, where they decided to concentrate on producing what is meant to grow best in the area in an environmentally friendly way.

They're producing an interesting selection including Davidson Plums, Anise Myrtle, Lemon Myrtle, Riberry and Rosella Flowers.

Currently they have over 400 Finger Limes trees of various varieties. Finger Limes are a unique fruit with a very robust citrus tang. You can use them wherever a lime or lemon is recommended.

The recipes in the product range were developed by Manda, Ian and their daughter, Jemah (pictured), utilising the bush foods to give new and exciting taste sensations which are uniquely Australian. Their Products range includes award-winning relishes, jam, pickles, chutneys, satay sauce and seasonings.

www.bakarindi.com.au





Grown in Emerald Beach

There's a makeshift sign hanging on the brick wall outside our house. It's made out of an old plank of wood that I found washed up on the beach. I carried it home and before I even knew what I'd use it for, I painted

it. Grown in Emerald Beach. Those words gave me a sense of pride. Pride for knowing and caring for this place. Pride for home-grown food, for the reclaiming of the space and the skills needed to live sustainably and with resilience. The sign

now hangs above our edible verge garden. At the moment it's growing corn, beans, pumpkins and zucchini. In the corner is a papaya tree that, just a year ago, was so small it would barely graze your ankle. Now it fans out above my head and is starting to bear fruit.

This garden was the seed for what's become a bigger project. I knew that I wanted to grow food, more than I'd be able to produce in our front yard. So I reached out to Facebook groups and to friends of friends. I asked if they'd be open to me growing food in their backyards. They'd be able to pick the fresh produce, and I'd be able to take a portion to share with a handful of keen locals through a weekly veg box.

I had pretty humble aspirations. I knew that I wasn't going to feed the entire neighbourhood. What I felt I could do was tell the story of our food. A story of gratitude and care. A story shaped by, and belonging to, this place. What would it feel like to know that the food on your plate supported the livelihoods of your neighbours? To know that it was grown just a short drive from your home, or in some cases, just down the street? It's a few months on now and I've accepted that even with the generosity of those that have offered me their

backyards, I won't be able to fill ten veggie boxes each week. Thankfully, I don't have to do it on my own. As the project's evolved, other local growers have started to emerge. Honey, garlic, eggs, mulberries, avocados, silverbeet – the list of naturally grown produce that could be sourced locally went on and on. It's been wonderful to be able to support fellow small-scale growers in this way, to name and celebrate their contribution.

I know that it will take many hands to redesign our food system to be fairer and gentler on the planet. For now, I will continue to make the most of the small space I occupy on the margins. It's here, in my gardens, that I feel most hopeful for our future.

Grown in Emerald Beach is about sharing local food that's been grown with love. If you're a grower and this resonates with you, please get in touch. I'd be proud to have your produce in our veggie box. @Growninemeraldbeach - 0421 418 529 - Written by Melanie Hunter (pictured)

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Woopi Food - Booshie Boxes

What do you do when you've just had a new baby but you are used to working two or three jobs at a time, and your husband is away working? You start your own business don't you.

Jess Balnave of Safety Beach must just love being super busy. With baby Jameson by her side she has just started an exciting new business creating grazing and gift boxes.

The Grazing boxes are perfect for date nights and special occasions, full of lovely finger

foods. They can be savoury or sweet or a perfect mix of both. The gift boxes have been very popular and can be custom-made for any occasion. Jess offers free local delivery, or pick-up is available. Selected boxes can be posted with Australia Post, Australia wide. You can find Booshie Boxes on Facebook - Booshieboxes Instagram - @Boohsie_boxes or call Jess on 0423 877 893



Cheryl Midavaine
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Woopi Food - Banana Benda's

Steve the Banana Benda, down behind the United Service Station on the old highway, not only sells lots of local fresh fruit and vegetables, he has a dehydration setup out the back. He has several industrial dehydrators and uses precise timing and measurements to get the best quality products. He checks each product for the correct dryness with his special moisture metre ensuring the drying process is complete.

He has dried bananas, blueberries, apples, oranges, lemons and whatever fruits are in season. He also makes his own spice powders from Turmeric, ginger, chilli, pepper, cinnamon, etc. all dried and then cryovaced to seal in the freshness.

Steve says, "When you dehydrate something like a potato it makes the flavour five times stronger. So it makes sense that when you add all the extra spices and vegetables, you can make a five times tastier vegetable patty.

He also has a dehydrated cabbage mix, which is particularly handy if you are limited for space. You could take the

small bag camping then just add some mayo and it rehydrates into coleslaw.

Some of the benefits of eating dehydrated food are:

It is All Natural. You have access to all-natural foods all year round, regardless of the season.

Healthy and Nutritious. The amazing benefits present in fruits and vegetables are left unchanged when dehydrated, and sometimes they even increase in nutritional content.

No Sugars, Additives, or

Preservatives. There are no hidden sugars, trans-fats, additives or preservatives in dehydrated foods.

Antioxidants and Fiber. Fruits such as apples, cranberries, strawberries, and mangoes retain all their antioxidants



and nutritional value.

Perfect for Plant-based Diets. There are unlimited plant-based recipes that you can make, including fruit snacks, crackers, trail mix and even vegan jerky.

Eating Fewer Portions. When you dehydrate fruits, you get concentrated fruit sugars and a high level of nutrients that you need to preserve your energy while performing active tasks.

Reduces Waste. The dehydrating process greatly extends the shelf life of food. So, by taking food that is almost reaching its expiry date and dehydrating it, you have extended its usage for even longer.

Prepares You for an Emergency. It allows you to have enough healthy food on hand that keeps you well for a long time.

It's well worth a visit to Banana Bendas. Parking is easy. Go have a look.

Stay tuned for Steve's exciting new Smoothie Bar to open soon. He already has freshly squeezed and chilled sugar can juice available. Yum.



A little about our business:

With over 30 years of experience, DFM Financial Group Accountants specialise in all business and personal taxation services.

We have a strong team based here in Woolgoolga and benefit from a larger group of Financial Specialists throughout NSW.

We welcome new business consultations and can provide the expertise and advice you need to make the right business decisions.

We work with everyone from start-ups to well established businesses looking to expand operations, improve business efficiencies and increase profitability.

We can look after your business with the preparation of Business Activity Statements, bookkeeping, Accounting compliance and payroll; so you can look after the really important things like running your business.

Taxes touch every aspect of personal finances – from income and investments to superannuation, home loans, financial plans and assets to transfer to future generations. We have strategies and tax structures that can significantly reduce your taxes, increase your cashflow and build your wealth.

We look after every aspect of Self-Managed Superannuation Funds from set-up and management to Audit and Advice.

DFM Financial Group Accountants are experienced, accurate, reliable, informative and knowledgeable on all tax matters.

WOOLGOOLGA

4/5 Market Street
Woolgoolga NSW 2456
Phone: 02 6654 1690

COFFS HARBOUR

182 Pacific Highway,
Coffs Harbour NSW 2450
Phone: 02 6652 6977

PO BOX 1564,
Coffs Harbour NSW 2450

www.dfmgroup.com.au

Woopi Food - Love's Harvest

Love's Harvest, is exactly what this new vegan treats and chorizo business is.

Kurt meets Ange and they fall in love. Each night after the kids go to bed Kurt and Ange play around in their Corindi kitchen making, creating, producing healthy vegan treats that are delicious for everyone.

They both work full-time They both love food.

As vegetarians they found it difficult to source vegan chorizo so they decided to make their own.

Lots of nights experimenting with herbs and spices has led them to producing a delicious range of chorizo, sausages and bratwursts. Without a single animal product in sight.

They extended their new-found cooking adventure a little further and have also delivered an amazing range of Vegan Sweets. All vegan and vegetarian/gluten free.

Fudges, slices, soft centred dark chocolate strawberry hearts, choc chilli calypso delights, caramel and macadamia slice, hazelnut and dark chocolate fudge.

Their Bliss Balls (aka Protein Balls) are full of energy and taste. You can try the Pumped up Pumpkin, the Rum Raisin Rebellion or the Spicy Sublime Bliss Ball.



Are you hungry yet?

Love's Harvest products are currently on the menu or for purchase at Beachouse, Ground Earth, Black Apple, Syncroncities Espresso (coffee van at Coffs Jetty and at Coffs Twilight Markets).

Kurt and Ange are hitting the market circuit, so follow them on facebook to see where they will be next. www.facebook.com/lovesharvest2456

Look out for their Christmas gift boxes. They are perfect for non vegans too.



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Woopi That Was

Dear Editor,

Your recent story about the Newman family-led Arts and Crafts organisation of Woolgoolga's early days has prompted my recollection of one called the "Woolgoolga Musical Activities Group".

The old RSL Hall was a huge building and very useful for all sorts of performances. The Club had a common wall with the Hall and the building has had two upgrades, in about 1975 and 2015. The available space was absorbed in the new plans which prevented its use by large audiences. The period when the Music Group was most active coincided with the influx of young teachers just out of Teachers College - a number of them married to other young teachers. There really was a wealth of talent to merge with existing residents who had past experience as performers. The Headmaster of the school at the time, Charles O'Brien, allowed a schoolroom to be used for early night-time rehearsals. The fresh young talent, mixed with the experienced residents produced wonderful entertainment. It brought the town together. Local lady, Joyce Thorburn, had a lovely voice, Elaine Thompson, wife of a teacher, had been a leading lady in Gunnedah Musical Society productions and

Woolgoolga's town comedians were anxious to appear on stage! Several of the shows were actually written by Woolgoolga people.

The best productions were taken on tour! Grafton had its "Pelican Players" who even owned their own theatre in South Grafton. Bellingen had its Hall. Coffs Harbour, the Jetty Theatre. Nambucca, its Entertainment Centre. Dorrigo has a Theatre. They all got a visit.

Roy Atkins, the butcher, lent his truck to transport the scenery ... and it was "all go!" and "a good time was had by all".

One of the most successful productions was "One Wild Oat", a comedy which had a great run in London ... and in Woolgoolga and the surrounding area in about 1960. A poster advertising it has been found and framed, and is on display at Eco Threads (formerly "Asian Outlet") in Market Street. That poster is full of historical interest. The actors and vocalists came from teachers, banana-growers, young shop assistants, housewives - even a conductor from the NSW State Railways! "The Oat" had a cast of thirteen! Would you have known any of them? All that is left are the memories ... and the big poster.

But the opportunity could be here again. The \$10 million in funding announced by Kevin Hogan MP and the \$8 million by the State Government to Council and Alastair Milroy and his extraordinary community team makes the West Woolgoolga Multi Purpose and Sports Centre a reality. The Multi Purpose Centre which is being designed with a permanent Stage and changing rooms should enable a return of the good old days. The town is much bigger now. Its residents can enjoy the talents and endeavours of their neighbors - or travelling shows - without having to travel too far from home. The indoor sport and community facility will be useful for so many town activities ... and as a school subsidiary as well. It will be two years before completion because it is a multi purpose proposal, expected to be about the end of 2022.

But those of us with memories will warm to the thoughts that Woolgoolga will have had returned to its people a facility which will include drama and music, and the chance to see our neighbours' enthusiasm at again sharing their talents with the rest of us. And a sports facility catering for all. It's character building!

Makes you feel good!

- Don Clinch

Woopi News has had the most amazing response to all our history pages

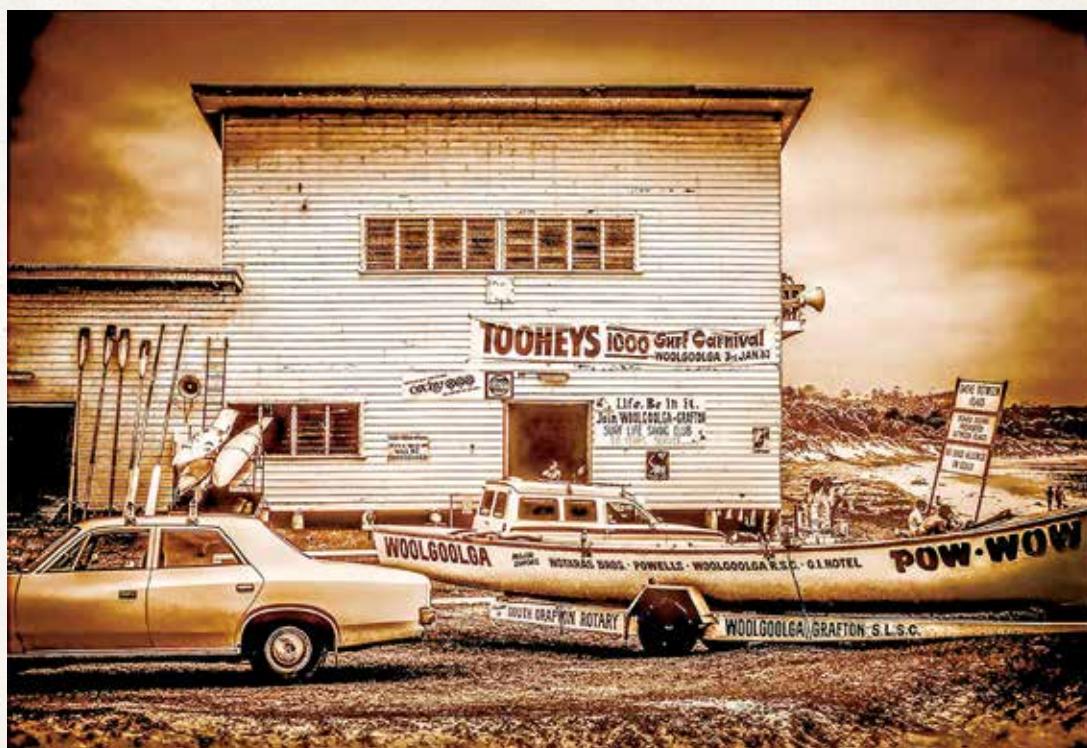
In particular the recent Surf Life Saving Club edition.

We are honoured to have been given some more photos of the old club house, taken by well known photographer Bob Weeks.

This old lady, who has given so many of us so many memories is scheduled to be demolished this month.

It will be sad to see this icon of Woolgoolga go, but she has had her day.

Woopi News will keep bringing historic photos and memories each month so like our jetty she will be gone but not forgotten.



Woopi that Was



SHIRLEY McLANE
as "Cherie"



JOYCE THOBURN
as "Caroline"



CHARLES O'BRIEN
as "Steve"



MAX. MCLENNAN
as "Gibby"



VERA O'BRIEN
as "Annie"



ROBIN ZILLMAN
as "Lydia"

*It's the birth of mirth
with a laugh a line . . . when . . .*

THE WOOLGOOLGA MUSICAL ACTIVITIES GROUP'S DRAMA SECTION PRESENTS

ONE WILD OAT

BY VERNON SYLVANE (a farce in three acts)
produced by DON CLINCH

WOOLGOOLGA

R.S.L. Hall — Friday, 5th August

Bookings: Clinch's Pharmacy

SOUTH GRAFTON

School of Arts — Monday, 8th August

Bookings: Vicki Wennings

COFFS HARBOUR

Jetty Memorial Hall — Thursday, 11th August

Bookings: Sampsons and Grovers

Adults 6/-

Children 3/-

STANLEY PRICE CLINCH

Woopi News - Community

WOOLGOOLGA LIONS SETS THE KITCHEN ALIGHT

Continuing their quest to support our Local Community, the Lions Club of Woolgoolga recently donated a Kitchen Fire Simulator to the Fire and Rescue Service, Woolgoolga (FRS) valued at \$2500.

There is only one other simulator in the wider Coffs Harbour region, which is sometimes difficult for RFS units in the area to have access to. This one is a smaller unit, making it easier to transport to various locations for demonstrations.

Once the COVID-19 restrictions have eased sufficiently, the Woolgoolga FRS will be able to arrange demonstrations at local organisations, schools or groups. This will give the FRS the opportunity to pass on their valuable knowledge and show us just how easy and dangerous it is for kitchen fires to occur.

The FRS recently gave members of the Woolgoolga Lions a first-hand demonstration. The above picture is the



result of a small saucepan with 100ml of oil doused with 100ml of water and the instant devastation that is caused. A picture tells a thousand words, but a demonstration like this really drives the message home.

It is believed that this unit is the only one donated by a Lions Club to any Fire and Rescue Station.

A spokesperson for Woolgoolga Lions said that it is a great privilege to belong

to such a great organisation and it is with pride that the club can assist the FRS to get their message out to the public to "Keep looking while cooking" and never ever pour water onto an oil fire.

If you would like to join the Woolgoolga Lions and become part of great community activities like this please email woolgoolga@lionsdistrict201n1.org.au



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Woopi News - Community

Look past stereotypes and give them a go.

With the help of CHESS Connect that is exactly what Crazy Sam's in Woolgoolga has done – offering permanent employment to two interns after completion of the PaTH internship.

It was a collaborative effort by the Woolgoolga CHESS Connect Team and together with co-owner of Crazy Sam's Alan Hartl, young people in the local area have now been given the opportunity to enter the workforce.

For Alan Hartl (pictured), one half of the Crazy Sam's duo, making the decision to embark on a PaTH internship with CHESS Connect was an easy one.

"There's a good feeling about doing something right, and about giving people an opportunity that they wouldn't otherwise have it," says Alan.

"And from a business perspective, especially due to the increased demands on our staff during COVID with COVID Safe practices, it's allowed us to have extra people on the floor."

Interns at Crazy Sam's are given general shop assistant duties, initially for the first couple of weeks receiving training on managing stock levels, general cleaning, merchandise and eventually progressing to customer service and working on the registers for suitable applicants.

CHESS Connect Recruitment Partner, Daniela, was the driver of the success of the PaTH program for Crazy Sam's, by introducing the concept early on.

"Before speaking with Daniela, I had never heard of PaTH, but she simplified the process and took care of the details and put everything in place."

The CHESS Connect Woolgoolga Team further supported the success of the program with Recruitment Partner, Lisa, securing the referrals for the business and Customer Experience Coordinator, Ailsa, ensuring the Workplace Risk Assessments met the required standards.

"For the jobseeker, it's a chance to reskill and build your resume," says Alan. "See the bigger picture - you're



getting an opportunity. And if you do the right thing, work hard – you might just get a permanent placement."

For the employer – Alan says to look past stereotypes.

"COVID has changed the employment landscape. These days, you can't just look at a resume and see gaps in employment as a bad thing or question why someone hasn't been working. At the end of the day, just give them a go."

PaTH Internships - Prepare, Trial and Hire are short placements in the workplace that give young people an opportunity to demonstrate their skills to a potential employer, develop vocational skills and improve their employment prospects. At the same time, employers have the opportunity to trial young job seekers in a structured work experience placement, to see if they are the right fit for their business.

REBALANCE

Remedial Massage Therapy

Phone 0407 992 011 for Appointments

When I first walked in to Re-Balance I almost needed a walker due to the pain. I was shuffling my feet and eased onto the massage table in stages of painful movement. I could not turn over easily. After a few visits I am able to walk freely, get out of, and make my bed. I am continuing with two visits a week and have returned to the gym to regain my strength and flexibility.

Ricki Moore

I walked into Kyle's rooms with long term back pain and very sore feet that would make me cry due to plantar fasciitis. After a few treatments I am standing straight without pain and can walk all day in comfort!

Rayna Davidson-Hill

Woopi News - Community

WOOLGOOLGA AND DISTRICT RETIREMENT VILLAGE AUXILIARY

Street Stall and Monster Raffle

For the Community, by the Community

The next street stall will be held on Friday 27th November between 8.30am and 12 noon. You will find these lovely fundraising volunteers set up on the footpath outside the chemist, on Beach Street Woolgoolga.

Cakes, relishes, jams, plants, knitted baby wear, craft items and lots more will be available on the day.

The annual Monster Raffle will be drawn at 11.30am, with seventeen lucky winners. Prizes include a beautiful hand made quilt and a giant hamper full of goodies just in time for Christmas. Volunteers will be selling tickets at Woopi Central every Thursday and Friday leading up to the draw.



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WINNERS ARE GRINNERS. The Seaview Tavern has been winning lots of awards lately, one being the 2020 Travellers Choice on Trip Advisor. The Seaview is an avid supporter of our community sponsoring many clubs, sports teams and events. Woopi News is very thankful for support they gave us in holding recent Men's Mental Health Events.

Here are some of the team. Charlotte Rogers, Ben Cardillo, Kieran Taylor, Ric Gianoli, Clinton Hunter, Mark Mihai, Carla Angel, Matt Scroggy and Laura Howe.

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Mind your Mind



open mind is often referred to as a positive mindset.

A positive mindset is not about believing every situation is good or okay, neither is it about sticking your head in the sand and ignoring unfavourable situations. Rather it is about approaching each situation in a positive and productive way. You may even be looking for where you can learn from each situation.

How do we create a positive mindset? The first thing is to identify the tone of your inner dialogue or self-talk. This is the constant stream of thoughts that occur in the mind. These automatic thoughts can be positive or negative. Some of your self-talk comes from logic and reason. Other self-talk may arise from misconceptions that you create because of lack of information. Over a day, notice the quality or tone of your self-talk. Are your thoughts generally positive or negative?

Next month I will give you some more insight into why a positive mindset is a good thing and how you can build your own.

Author: Local, Anna Miley, Exercise Physiologist, Certified Yoga Teacher, Integrated Health Coach.

Disclaimer: Mindfulness techniques are useful in supporting wellbeing. Nothing in this article should be considered medical advice.

Ups and Downs

Such is the nature of life, it has its ups and it has its downs.

However, I don't like to use the analogy of life being like a rollercoaster as that infers we are hurtling along through life without any direction, which isn't true, as we have a choice in every moment to choose how we wish to respond.

Sure we can't control situations, circumstance, events, or other people but we can choose how we respond.

Like the saying, "When life gives you lemons, make lemonade", we have the capacity to choose what our response is to an unfavourable life event. Choosing to look at the ups and downs of life with an

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Thank you to the families of Woolgoolga and Northern Beaches who entrusted to our care

Joan Evelyn Taylor - Woolgoolga
17th September 2020

Marjorie Louisa Morris - Woolgoolga
17th September 2020

Paul Shaun O'Rourke - Woolgoolga
27th September 2020

Kenneth Raymond Hall - Korora
28th September 2020

Sylvia Janice Lewin - Moonee Beach
29th Sept. 2020

Mark Anthony John Stanley - Mullaway
29th Sept. 2020

John Gaston Ewart - Woolgoolga
2nd October 2020

Robert James Burnes - Sapphire Beach
2nd October 2020

John Hinton - Moonee Beach
2nd October 2020

Audrey Joyce Weston - Woolgoolga
13th October 2020

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Car Maintenance Tips

Spring Clean Your Air

I read an interesting study recently that found that the level of air pollution inside a vehicle can be 10 x higher than outside. Another fun fact: cars are the mouldiest form of transport! Yes, even your immaculately cleaned interior may be a breeding ground for mould and bacteria, as they love the inside of your air-conditioning system. If your cabin filter is missing or looks like one of the grimy specimens I've found lately, it'll be letting pollutants from outside accumulate inside as you drive.

So here we have the two main culprits for poor air quality in your car - your air-conditioning and your cabin filter.

The air you breathe inside the car circulates through the cabin filter, whether it comes from outside when your settings are on fresh air or from the air conditioner when it's on recirculate. The cabin filter's job is to filter out contaminants and absorb odours and harmful gases, so it needs to be changed on schedule.

As the air conditioner is pumping out cool, de-humidified air, it's collecting moisture within the internal components of the system. This is where, well out of sight, mildew, mould and bacteria can thrive. The result is contaminated air which can go completely unnoticed, but in some cases causes odours, headaches or contributes to allergies and asthma.

If you've now decided to switch off the air and drive with all your windows down, there is a simple fix that your local mechanic can do. Ask about a professional air-conditioning sanitisation treatment along with a new cabin filter, if it's due, and you will be set for summer. Drive safely.

Bryson Kelly, Mechanic



A dirty cabin filter

Are you in pain and nothing seems to work?

Concerned about the addictive nature of pain medications?

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**“Palaszczuk,
open the border!”**

My contact details:

email: kevin.hogan.mp@aph.gov.au

Grafton Office:

ph: 02 6643 3973

1/83A Prince St, Grafton

Lismore Office:

ph: 02 6621 4044

63 Molesworth St, Lismore

Find us on Facebook:

Kevin Hogan MP

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[kevin.hogan.mp/](https://www.instagram.com/kevin.hogan.mp/)

Authorised by K Hogan MP, National Party of Australia - NSW, 63 Molesworth Street, Lismore NSW 2480

Law Learnings

Summer storms – what does your insurance cover

Summer is on its way and we can already feel it here in Woolgoolga. When I think of summer I think of the beach, ice creams, swimming ... and summer storms. While I love a good storm, it can often come with unwanted side effects - strong winds, lightning strikes, hail and damage to buildings and cars.

Most people assume their insurance covers "storm" damage to their property or vehicle, but do you know how your policy defines storm damage?

Be prepared, review the Produce Disclosure Statement (PDS) that was provided with your insurance policy, make sure you understand what is/ what is not covered. Some storm-related damage may be included under your house insurance but examine the wording. Policies often specifically exclude loss or damage caused by storm surges, flooding, or actions of the sea. Comprehensive motor vehicle insurance policies usually cover hail damage but windscreen replacement or a hire vehicle while repairs are undertaken are often optional extras. Check that your policy covers everything you need and decide whether to pay for those extras you may want. If you do need to make a



Photo taken by KC - Her inspiration for this month's story.

claim, you will need to notify the insurer of the damage and confirm any loss suffered, usually through a claim form. Please carefully consider your responses to questions in claim forms or in statements provided to investigators as that information will form the basis of how the insurer will assess your claim. Take some photos of any damage to your property or vehicle as soon as possible after the storm has passed and it is safe to do so, preferably on a device that records the time and date. Photos can be vital evidence if there is a dispute later. If you are asked to estimate the value of an item, investigate the costs of a replacement

and be as accurate as possible. It will not be in your interests to estimate the value of damaged property to be \$500 when it will cost \$1000 to replace!

After receipt of a claim, the insurer may request further information or may send an assessor to view the damage to your property/vehicle before they make a decision. Insurers generally have up to four months after receipt of a claim to determine liability, but you should be kept informed of the progress of the claim at regular intervals. That time frame can be extended to up to 12 months but only if exceptional circumstances apply.

If your claim is refused, you should receive written notification from the insurer setting out the reasons for refusal and how to make a complaint. Be aware that time periods may apply for seeking a review of the decision if you disagree.

If your claim is accepted, you may be given the option of being paid a cash settlement rather than the insurer paying for repairs. While a cash settlement may seem like an attractive option, it

is important that you make your own enquiries regarding the costs of repairs before accepting, as often repairs/ replacements are a lot more expensive than you may think. The settlement could also finalise your insurance cover and exclude you from claiming for any potential further damage to the property. If you are unsure about any offer of settlement, do not sign anything without seeking independent advice. So enjoy the ice cream and the warmer weather but if that destructive summer storm does occur and you need advice or assistance in relation to making an insurance claim or are unhappy with an insurer's decision, contact KC Hilton at WNB Legal, 0419 464 946 to discuss your matter.



Local legal firm providing advice and assistance in relation to Wills & Estate Planning, Probate Applications, Workers Compensation, Personal Injury and Insurance Claims, and General Legal Matters.

Contact KC Hilton on 0419 464 946 or khilton@wnblegal.com.au for further information.



Woopi News - Storm Season

The Corindi-Woolgoolga Volunteer SES Unit is based at Corindi and services the Northern Beaches of Coffs Harbour, from Emerald Beach north.

Volunteering with an emergency service is challenging but rewarding. They are currently recruiting and would welcome the opportunity to talk with you about a role as a volunteer with SES.

Interested? Good?

Please call a duty officer on 6649 1251 for a friendly chat. Roles vary from Field and Flood-boat Operators to Communications and IT functions. Many of the skills used in SES you will already have, and there are training pathways to be explored that cover all of the things they do. Meanwhile, take care and stay safe.



Storm Season

Are you at risk? Storms can happen anywhere, at any time of the year. It is important to prepare your family and property now and stay prepared all year round. Storms are the most costly natural disaster to affect NSW, causing an estimated average of \$217 million dollars annually (source: Bureau of Transport

Economics, 2008).

During storms, it is important to protect your family and property from the major impacts such as high winds, hail, and rising water levels (flash flooding). Damaging winds can bring down trees, branches, powerlines, remove roofs and blow around outdoor items. Hail can injure people and damage property.

Heavy rainfall can cause water to:

Damage: exposes homes and belongings

Rise: rapidly, flooding homes, property and roads

Drain: rapidly making floodwater, drains and other water courses a safety hazard.

Damaging surf can be unsafe and flood homes and properties in coastal areas.

How the SES can help you. The State Emergency Service (SES) is responsible for responding to storms in NSW. This includes planning for storms and educating people about how to protect themselves and their property.

The SES can give safety advice, place tarpaulins on damaged roofs, remove fallen trees and branches from buildings, roads or property and rescue people trapped or injured by storm activity.

SES volunteers can clear access and carry out temporary repairs to damaged property. However, you will need to engage professional tradespeople to carry out permanent repairs.

Call SES 132 500 or for more information - www.ses.nsw.gov.au

Extra Bus Services to and from Woopi

A new Sunday bus service will operate all day from Woopi Skate Park to Coffs Harbour Base Hospital. Also, a new early service on weekdays to Coffs Harbour Base Hospital, leaving Woopi Skate Park at 6am.

There is now an afternoon bus from Coffs to Woolgoolga from 3pm to 11pm. In addition to the existing Saturday run, a new service will commence at 4pm from Woopi Skate Park to Coffs Harbour Base Hospital until 11pm.

For timetable information go to transportnsw.info/trip click on plan, drop down to routes and timetable, go to bus tab and type 372. Then click for current timetable.

Don't forget **Woopi Connect** is operating now on Saturdays 8am - 2pm no phone appointments. Saturday bookings only on the app, but you can phone book the day before if you are unable to use the app. www.woopiconnect.com.au



WOOLGOOLGA PODIATRY CENTRE

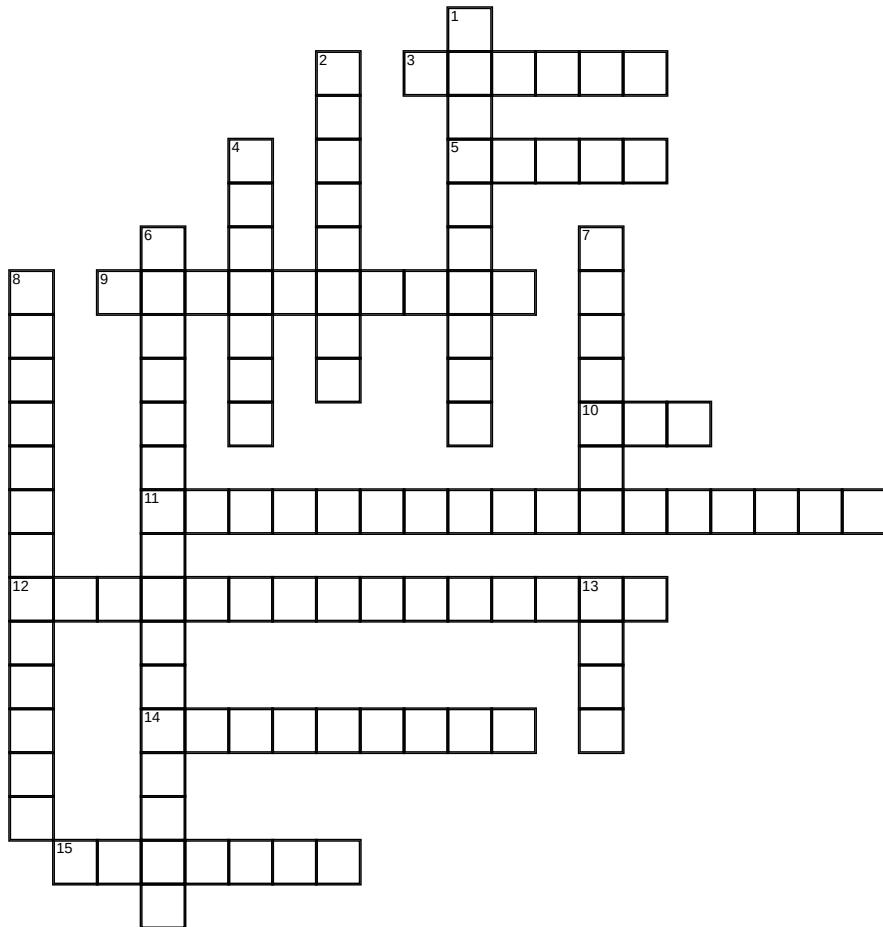
- General Services
- Footwear Advice
- Ingrown Toenails
- Skin Care
- Nail Surgery
- Custom Orthotics
- Diabetes Foot Assessments
- Cryotherapy for plantar warts
- Diabetes Foot Care
- Paediatrics
- Gait Analysis
- Home visits from Coffs Harbour to Red Rock
- Foot Pain
- Theragun Percussive Therapy
- Plantar Fasciitis

Josie Prime | 7/4 Market Street | Woolgoolga 2456

6654 8860

Woopi puzzle time

Woopi Trivia Crossword



Across

- Which local restaurant has it's own organic farm?
- Where should you shop this Christmas?
- Mexican Restaurant in Emerald?
- Fresh Vegan Donuts business
- Who brings us the Village Farmers Market?
- Where in Woolgoolga can you buy fabulous Novelty Cakes?
- Indian Restaurant in River Street?
- Pony Club is here.

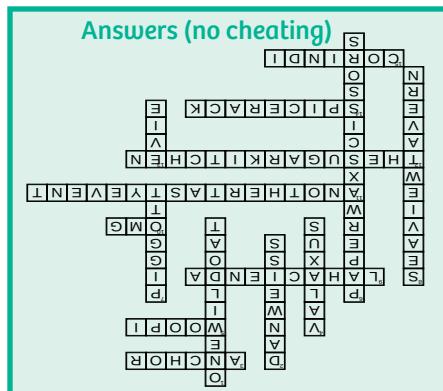
Down

- Name of theatre production held in Woolgoolga during the 60s?
- Human of the Month?
- Local NBN service supplier?
- Name of new exhibition at the Woolgoolga Art Gallery.
- Who can Dig it?
- Which local business won the Trip Advisor Travellers Choice Award?
- Photographer of the Month?

Woopi Findaword

Z	G																		
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D	S	E	M	N	W	F	A	E	P	A	H	L	A	T	U	R	V	T	L
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Answers (no cheating)





Scams!

With Christmas just around the corner, this seems to be the time of year people are falling victim to various types of scams – with “Tech support scams” being the most prevalent, and arguably the most successful.

I have written an article previously revolving around scams and what to do if you have been targeted.

However, I have been contacted by people who have been targeted recently, so I wish to share some information about these types of scams, what they are and how to avoid them.

Tech support scammers may call you directly, and pretend to be representatives of a trusted software company. Other variants may display a pop-up message on a website you have visited, or an OS notification displaying a contact number for you to call to unlock your system or make the message go away. They will then ask you to install some remote access software so they can gain control of your device and address the issue on your behalf.

Here are a few tips that will help you avoid falling victim to these scams:

- ☒ Microsoft does not send unsolicited email messages or make unsolicited phone calls to request personal or financial information, or to fix your computer.
- ☒ Any communication with Microsoft has to be initiated by you.
- ☒ Don't call the number in the pop-ups. Microsoft's error and warning messages never include a phone number.
- ☒ Download software only from official vendor websites or the Microsoft Store. Be wary of downloading software from third-party sites, as some of them may have been modified without the author's knowledge to bundle support scam malware and other threats.

As I mentioned earlier in this article, this is something I have written about previously, but due to recent activity in the local area with these types of scams especially, I thought I would write a friendly reminder to everyone to stay on alert.



Woolgoolga's Own

News from 87.6 FRESH FM (Woolgoolga's Own)

G'day Woopi! Terrific things are happening at FRESH-FM, we are very close to getting our iOS app approved by Apple and ready for iPhone users. Don't worry android users, yours will be coming in the not too distant future, baby steps here, we just need to see how things work with this first. Nevertheless, I hope that you all are aware that now you can access us online with any device. Put this link into your device (phone, tablet or computer) and you'll be connected.

<https://s3.radio.co/sc2c861965/listen>

The response to the 'ALL AUSTRALIAN' programs has been exceptional. Listeners and artists alike are giving great feedback ... remember Wednesdays & Saturdays at 8-10pm, Thursdays 1-4pm. On that, Stuart Coupe Publicity is giving FRESH - FM fantastic support. Stuart has sent us a stack of CDs for you lucky listeners. Just drop us an email or call the station on 6654 2422 and we'll get something out to you. And listen in for the ON-AIR competitions. Much of what Stuart has sent will also be heard in our 'COUNTRY' programs 1-4pm Sunday & Wednesdays. On Stuart, I imagine many of you would have heard of him, he's well known as a music journalist, author, band manager, promoter, publicist and music label founder. Most recently Stuart has released a biography on Paul Kelly. Well worth looking into buying or getting from Woopi library. Coincidentally there's also a local connection with a CD sent by Stuart. Helen Townsend's mother Wendy, a felt artist, lives in Woopi and sister Lu is a photographer up in Corindi. Listen out for Helen's new release 'Devil's Curse'.

Keep those requests coming for the 'Drivetime' program on at 4-6pm every day. The challenge is still out there. We've been able to source out EVERY song requested. Got a little gem you want to hear? We'll find it for you.

The call still is out there for any businesses that would like to have a promo played over the air. Please let us know as we are always seeking sponsors. Of course, being community-orientated, if you wish to contribute or have anything you would like us to announce, all you have to do is contact us. Check out our Facebook page or webpage to know when we have programs running and for special announcements. Please don't hesitate to contact us on 6654 2422 or by email at fresh.fm.87.6.radio@gmail.com

Don't forget ... get us online and Happy Listening ♪

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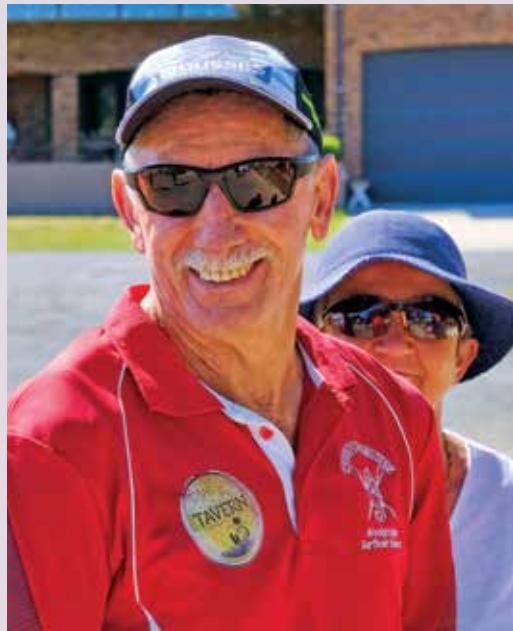


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People who make Woopi Woopi



↑ Most Saturdays you will find Jenny Barnier (centre) under a tree, down at the beach, offering free home made slices, cookies and muffins to anyone who is interested. Pictured here is Ranjit, who was on a day trip from Grafton and Christine, who, in her words, has run away from home (down south of Wollongong) and found herself loving life, camping at Main Beach Caravan Park.



Thank you to Robert Watkins for supplying most of these fabulous photos

People who make Woopi Woopi



⬆️ Bella O'Brien talked her Pa into buying her a chocolate coated banana from Steve the Banana Benda
(P.S. I want that skirt!)



Two local legends, full of smiles
⬆️ Cheryl Midavaine and ⬇️ Sam Newman



⬆️ The loveliest couple you will ever meet, lovebirds Pat and Colin Robertson.

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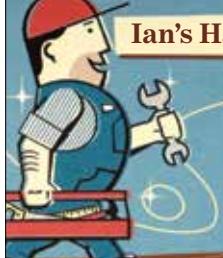
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Woopi Sport - Surfing

Woolgoolga Boardriders Club

The latest round of the Woolgoolga Boardriders competition was held on the 4th of October in small sunny conditions at middle Mullawarra.

Finally, after a rough year for the groms, we had some smaller waves on offer. All the kids made the most of the small but fun conditions.

Wow! The super groms were all on fire this month. We even saw a couple of 8 point rides (which means they are up in the excellent range). These youngsters are improving more and more every comp. Well done to Koa, Freya, Jazz and Charlotte on a tight four-way final.

In the under 12 girl's division, all the girls voted to attack the day without parent assist. This was great to see and is the next step in the development of their surfing. Kalani and Georgia thrived on their forehand in the little rights, while Gracie opted for the lefts down the beach which really paid off. But it was Kalani who found the winning wave to take it out. Well done girls.

The 12 boys was once again a man-on-man battle, with Vann taking the win over a much improved Tyler. Good stuff boys.

While the smaller conditions were ideal for the younger brigade, it was much more challenging for the senior divisions, particularly the older crew. The 14s, 16s and 18s all produced some excellent surfing and displayed an array of awesome small wave manoeuvres to impress the judges. Thanks to everyone for turning up and competing, making for a great day of fun in the sun.

Brett Pilon



Jazzie Kennedy shows them how the girls do it.



Dash Mitchell making it look too easy.



Max Mackay shredding it.

10 Mixed
1st: Koa Messer-Quandt
2nd: Freya Stewart
3rd: Jazz Kennedy
4th: Charlotte Vrouwenvelder
10 Boys
1st: Vann Geerligs
2nd: Tyler Walsh
12 Boys
1st Xavier Poole
2nd Cooper Grayson
3rd Eli Nalder
4th Jax Fuller
12 Girls
1st: Kalani Grayson
2nd: Georgia Vrouwenvelder

3rd: Gracie Kennedy
4th: Lyla Freudenstein
14 Boys
1st Max Mackay
2nd Cooper Grayson
3rd Jax Fuller
4th Serge D
16 Boys
1st Will Mackay
2nd Eli Anderson
3rd Jack Burrows
18 Boys
1st James Hill
2nd Charlie Hubbard
3rd Angus Budd
4th Sam Hodgson

Opens
1st Zane Hutchinson
2nd Tom Geyson
3rd James Hill
4th Angus Budd
Womens
1st Kristie Drough
2nd Dael Wuiff
3rd Alexis Grayson
Over 35s
1st Travis Mackay
2nd Luke Connor
3rd John Mitchell
4th Mellow
Over 45s
1st Steve Kennedy

2nd Billy Budd
3rd Brett Pilon
4th Simon Burrows
There is one more competition remaining for the year
Sunday 22nd November
See you all there
You can follow Woopi Boardriders via www.facebook.com/woopiboardriders or call Luke Connor on 0408 667 834.

Photos taken by Robert Watkin

Woopi Sport - Ladies Golf



Safety Beach Golf Course is the home course of about 35 active, keen lady golfers who play regularly every Tuesday. Their program is nice mix of fun and competitive games which are always well supported. The Pennant team make many visits to other clubs around the area to participate in competitions, travelling between Woolgoolga, and Bowraville. A 9 Hole Wine Run is available to play during the week and is a great way to have a social game. The ladies support charities during the year, one being the Breast Cancer Pink Day, as you can see pictured. Pro Terry is always available to give lessons to those who want to get back into the game after a break or those who would just like to learn the game and get outdoors with like-minded ladies. New members and players are always welcome to join in. Call 0497 020 232 for more information.

Woolgoolga Golf Club Results

Woolgoolga Vets 9 Hole Stroke

14 September Winner Scott Rodham
R/up Dick Cooper

21 September Winner Ron Strauch
R/up Graeme Geyson

28 September Winner D. Cooper,
R/up D. Williams

12 Oct Winner D. Williams,
R/up C. Cafferky

Mens Matchplay Championship

A Grade Winner L Toms

A Reserve Winner I. Thornecroft

B Grade Winner P. Sexton

C Grade Winner P. Francis

D Grade Winner R. Weeks

17 October

Individual Stroke 86 Starters

A Grade Winner T. Bellamy(12) 42pts
B Grade Winner G. Skinner(18) 41pts

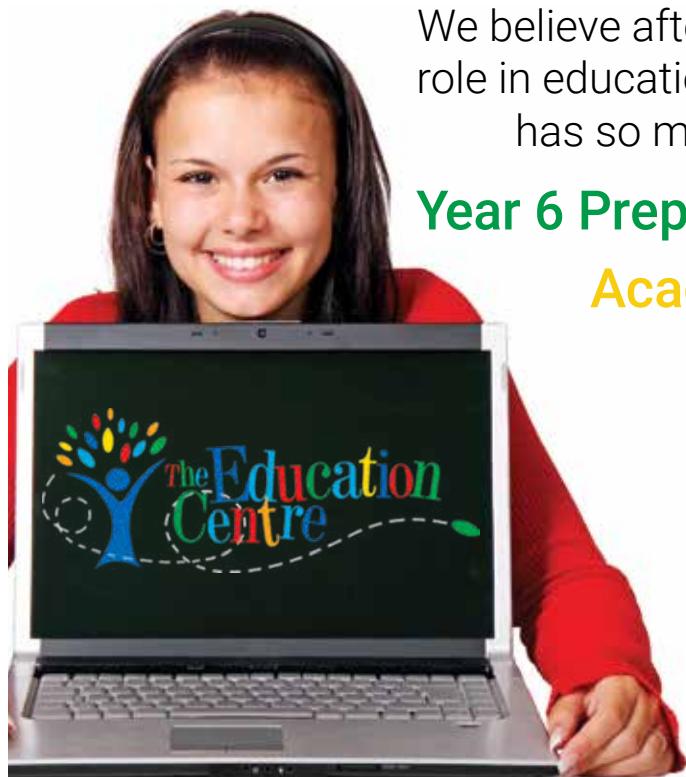
C Grade Winner K. Gentle(229) 45pts

7 October

Single Stableford Comp Sponsored by Woolgoolga Golf Club - 84 Starters
Winner T. Swan,

(continued bottom of next page)

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Woopi Sport - Woolgoolga United FC

October also saw the North Coast Football Grand finals. Woolgoolga United FC was well represented with the Mighty Woolgoolga Wolves defeating the Bello Bats 4-2 in a hard fought entertaining match in the second division men's final. Goal scorers:

Antony Baston - 2, Aaron Clancy - 1, Agustine Garcia-Vampa - 1

The 15 Boys division Woolgoolga Dolphins defeated Northern Storm 3-1

The 12 Girls division Woolgoolga Waves 7 defeated Coffs Lionesses 0



⬆️ Luke Beresford goes high over the heads of the pack while Justin 'Tig' Hundle looks on

⬇️ Aaron Clancy is surrounded by his team mates after scoring the goal of the match for the Wolves



(continued from previous page)

R/up M. Aubusson, 3rd G. Summer
26 September

4 Man Teams Stableford

Sponsored by Woolgoolga Golf Club
- 99 Starters - Winner B. Lawrence, J. Smith, S. Camseoloise, P. Crook 124pts
R/up K. Mavin, M. Hodge, N. Wells, L. Hill 121pts 3rd R. Isaacs, R. King, R. Weeks, K. Gentle 120pts

Pizza Place 9 Hole Stableford

Sponsored by Pizza Place J. McFarlane
12-16 October - 30 Starters

Winner G. Mallett, R/up P. Crook, 3rd W. Biggin

5-9 October - 41 Starters

Winner G. Mead, R/Up M. Ashcroft, 3rd G. Thompson

28 September-1 October 38 Starters

Winner D. Cooper, R/up R. Jennings, 3rd P. Connors

21-25 September - 33 Starters

Winner S. Camseoloise, R/up B. Fairclough, 3rd T. Bettison

30 September

Single Stableford Mens 18 Holes

92 Starters Winner G. Pattison, R/up L. Hill, 3rd G. Burgess

3 October

Stroke (Monthly Medal)

110 Starters

Winner A Grade S. Bird

Winner B Grade S. Ewart

Winner C Grade D. Morrison

Medal Winner Gr. Harris

Super Senior Winner G. Pattison

👉 Hole in one I. Thorncroft Hole 11

23 September

Single Stableford Mens 18 Holes - 84 Starters Winner T. Swan, R/up Z. Mikulski, 3rd J. Jurotte

26 September

Single Stableford Mens

18 Holes 104 Starters

Winner A Grade N. Wells

Winner B Grade R. Gray

Winner C Grade C. Ayres

Woopi Sport - Nippers

The Woolgoolga Nippers ended last season on quite a disappointing note as yet another casualty of COVID-19, with the committee forced to make the difficult decision to cancel the presentation. Disappointment was felt by all the Nippers, club officials, parents and friends at having to end the season without being able to celebrate the achievements of our junior members. To overcome this, the launch of our new season from our new clubhouse provided a fantastic opportunity to recognise all our nippers as we hit the ground running for the next chapter of Woolgoolga SLSC.

The two major award winners were proudly announced, with Emma Williams named as Club Person of the Year, while Xavier Poole was awarded

Club Champion for the 2019/20 Season.

Other award winners were

U14s

1st – Emma Williams/Nick Alford
2nd – Arabella Chaplin/Jack Leeson
3rd – Emily Bell /George Wells

U13s

1st – Ava Wilson/Riley Nugent
2nd – Lily Bartlett/Luke Bartha
3rd – Brodie-Lee King/Aidyn Pearce

U12s

1st – Charlotte Ricketts/Toby Alford
2nd – Clare Edwards/Billy Macpherson
3rd – Ameera Alam/Finn Casper

U11s

1st – Isabel Kelly/Xavier Poole
2nd – Lara Hannaford/Riley Burgess
3rd – Paige Holder/Jack Munro

U10s

1st – Bayley Johnson/Thomas Ricketts
2nd – Munsa Lehl/Jordy Macpherson

3rd – Myndee Howell/Lennex Casper

U9s

1st – Zara Johnson/Dylan Hannaford

2nd – Olivia Kelly/Harry Wyatt

3rd – Hannah Burton/Byron Fraser

U8s

1st – Quinn Chaplin/Myles Viney

2nd – Darcie Hodgson/Haylan Skibba

3rd – Sari Pearson/Sevak Singh

With already record numbers it's not too late to come along and join in our Nippers program providing surf skill, awareness and FUN!

Nippers meet at 8:45am Sunday mornings in front of our new clubhouse.



Under 8 2019-20 Champions



Under 9 2019-20 Champions



Under 10 2019 Champions



Under 11 2019 Champions

Woopi Sport - Nippers



Junior Club Person 2019-20 Emma Williams

The Junior Club Person of the Year recognises the Under 14 age group and is awarded based on the member's contributions, sportsmanship and achievements. It is always a tough and close decision with the winner determined via secret ballot. Emma has been a member of the club since Greenhats and has always shown impeccable sportsmanship. She regularly assists at outside events like Curryfest and Carols by Candlelight (a now proud and ongoing tradition with this age group), showing that Surf Life Saving extends beyond the flags.



Junior Club Champion 2019-20 - Xavier Poole

The Club Champion is open to all competitive age groups and based on the performance at club, branch, country and state level carnivals, with points accumulated for placings in events. For Xavier to take out this award in just his first full year of living in Woolgoolga is pretty special. He showed great promise from the first time he stepped onto the beach, joining midway through the 2018/19 season.

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Woopi Sport - Bowls

WOOLGOOLGA LADIES BOWLING CLUB

October 6. On the day we had four games of three bowl triples. The rules were after six ends the winning lead moved to the left game, at the 12 end the winning second moved to the left game, they stayed in this team till the end of the game. The people that played as lead were L Walsh, J Gibbons, Y Cunick, C McGifford, R Flick, S Sweeney, V O'Brien. Seconds were J Hampstead, S Bracher, S Goodsir, J Hinchley, H Dunbar, J Lynn, M Short, M Campos. SKIPS were V Valentine, W Bracher, J Barratt, S Lund, M Brookes, E Nielsen, D Porta. The winners were decided on a composite win.

October 8 was the first twilight bowls for the year. Any one is invited to play, you don't have to know the game, it is a night of fun. Equipment will be supplied. Meet at the club by 5.30 for a 6pm start. It's a night of great company, wonderful music and nibbles and raffles at the end. Contact M Brookes on 0411 278 298. Each team played two games of 10 ends. We had five games on of two bowl triples and four of three bowl triples. Triples game S Sweeney, W Bracher

M Brookes (V) S Bracher, F Bennell, R Bennell, each won a game. J Gibbons, P Bailey (V) D Hodge, D Valentine: D Hodge and D Valentine won both games. H Pallister, R Shaw (V) C Mitchell S Bailey Both teams won one game each. E Ryan, R Ryan(V) Glenda and Gary each won a game each. M Hodge, V Valentine (V) G Pallister, T Allan they had a win to Gary and Tom and the second game was a draw.

October 13. Ends one to five the skip place the jack on center line, six to ten the skip places jack on end line on the left, 11 to 15 boundary line on right side 16 to 20 it is placed in the ditch and mat comes up to 21m line. Winner was decided on winning card with the most number of winning ends. Second prize the same. Rink 9 J Lynn, V O'Brien, J Barratt, (V) S Bracher, L Walch, S Lund Rink 10 C McGifford, M Brookes, D Porta (V) S Sweeney, C Boyden, W Bracher Rink 11 J Hampstead, N Hines, Valentine (V) J Hampstead, R Gurber, E Nielsen. Rink 12 M Campos, J Hinchley, M Short (V) J Gibbons, S Goodsir, H Dunbar.



The game was enjoyed by all, winning team S Bracher, L Walsh, S Lund. Second prize went to S Sweeney, C Boyden. W Bracher. Resting toucher went to V Valentine.

October 15 Twilight Bowls we plated six rinks of three bowl pairs, two games of ten ends power play on game one fourth end game two fifth end. The winners were decided won highest score on random ends. Rink two M Hodge, V Valentine (V) R Shaw, B Merchant. Rink three J Lynn, S Sweeney (V) C Mitchell, S Bailey. Rink four F Bennell, T Allan (V) D Hodge, R Ryan Rink five J Gibbons, R Bennell

(V) S Bracher, D Valentine. Rink six J Keegan, B Parker (V) N Lynn, S Rodham.. Rink & Milly Campos, C Boyden (V) B Richards, J Merchant.

October 19 We have had a carnival of two bowl triples, all of the bowling clubs in the district were invited to attend, we had 16 teams the format is five x one hour games that start and finished on the bell, no jack rolling this was placed by the skips. Prize money for first to fourth places. Woolgoolga Teams came first E Nielsen Team Second Woolgoolga H Dunbar Team, third L Kaufmann team, fourth C.ex Coffs, M Buckley's team.

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Woopi Sport - AFL

The Northern Beaches Blues, Girls Senior AFL team made it to the Grand Final this year. They played hard and to a very excited Woolgoolga crowd who had travelled to the Coffs Harbour International Stadium to show their support. Our photographer Robert Watkin was on the sideline trying his hardest to keep up with them. Great game girls, better luck next year.



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