

Tammy's Tumbling and Dance Center

12157 Bridgeton Square Drive
 Bridgeton, MO 63044
 (314) 739-FLIP



Class Schedule 2023

	Room A	Room B	Room C
Monday	5:00-5:45 pre-Beginning Tumbling (4-6) 5:45-6:30 Middle/ High school Drill Team Prep 12 and up * 6:45-7:30 Intermediate Tumbling*	5:00-5:45 Beginning Hip Hop 5:45-6:30 Intermediate Hip Hop 6:45-7:30 Adult Dance Fit	5:00-5:45 Classes 5:45-6:30 Mini Poms/ cheer ages 3-6\ 6:45-7:30 Classes
Tuesday	5:15-6:00 Silks* 6:00-6:45 Silks * 7:00- 7:45 Silks * 7:45- 8:30 Adult Bungee/silks	5:00-5:30 Pointe* 5:30-6:15 Sr Ballet* 6:15-7:00 Sr lyrical/ Jazz/ contemporary* 7:00-7:30 Sr Tap/* 7:30- 8:15 Sr Hip Hop*	5:00-5:45 classes 6:00-6:45 Adult Jazz 6:45-7:30 Classes
Wednesday	5:00- 5:45 Preschool tumbling 5:45-6:30 Intermediate Tumbling* 7:00-7:45 Cheerleading (Int/ADV)* 7:45-8:45 Adv/ Elite Tumble *	6:00-6:45 Int/Adv Jumps and Leaps *	5:00-5:45 Jr Ballet* 5:45- 6:15 Jr Jazz* 6:15-7:00 Jr Tap*
Thursday	5:00-5:45 Beginning Tumbling 6:00-6:45 Int Tumbling* 6:45-7:30 Beginning cheerleading ages 5-11 7:30-8:30 Bungee	5:00-5:45 Dance Combo(ages 4&5) 5:45-6:30 Beginning Dance (ages 5-9) 6:45-7:30 Ballet/ Tap/ Jazz (8 and up) 7:30-8:15 Adult Tap	5:00-5:45 Preschool Dance 5:45-6:15 Tutus
Friday			
Saturday (call for classes)	8:30-9:15 Bungee 9:30-10:00 Preschool Tumble 10:30-11:00 Preschool Tumble	10:00-10:30 Preschool Creative Dance (2-4) 11:00-11:30 Preschool Creative Dance (2-4)	

*must have instructor approval

Please call 314.739.FLIP for class availability