

Tammy's Tumbling and Dance Center

12157 Bridgeton Square Drive
 Bridgeton, MO 63044
 (314) 739-FLIP



Class Schedule 2024-25

	Room A	Room B	Room C
Monday	5:00-5:45 pre-Beginning Tumbling (3-4) 5:45-6:30 Mini Cheer 6:30-7:00 open 7:00-7:45 Int Tumble	5:00-5:45 Jumps and Leaps 5:45-6:30 Intermediate Hip Hop 7:00-7:45 Adult Dance Fit	5:00-5:45 Beginner Hip Hop 5:45-6:30 open
Tuesday	5:15-6:00 Silks* 6:00-6:45 Silks * 7:00- 7:45 Silks * 7:45- 8:30 Adult Bungee/silks	5:00-5:45 Sr Ballet* 5:45-6:30 Sr lyrical/ Jazz/ contemporary* 6:30-7:00 Sr Tap* 7:00-7:45 Sr Hip Hop*	5:00-5:45 open (Kayla) 6:00-6:45 Adaptive Dance
Wednesday	5:00- 5:45 Preschool tumbling(3-4) 5:45-6:30 Intermediate Tumbling* 7:00-7:45 Cheerleading (Int/ADV)* 7:45-8:45 Adv/ Elite Tumble *	5:00-5:45 Jr Ballet* 5:45- 6:30 Jr Jazz* 6:30-7:15 Sr Jumps, leaps and turns	6:30-7:00 Jr Tap
Thursday	5:00-5:45 Beginning Tumbling 5:45-6:30 Int Tumbling* 6:45-7:30 Beginning cheerleading ages 5-11	5:00-5:45 Dance Combo(ages 4&5) 5:45-6:30 Beginning Dance (ages 5-7) 6:45-7:30 Ballet/ Tap/ Jazz (8 and up) 7:30-8:15 Adult Tap	5:00-5:45 Preschool Dance (3&4) 5:45-6:30 Tutus (18 mos to 3)
Friday			
Saturday (call for classes)	9:30-10:00 Preschool Tumble	10:00-10:30 Preschool Creative Dance (2-4) 10:45-11:15 Beginning Dance (5-7)	

*must have instructor approval

Please call 314.739.FLIP for class availability